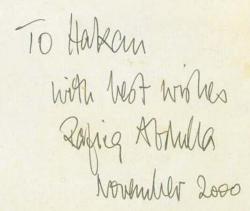


alaluddin Rumi, the great Sufi mystic born in 1204, wrote poetry as a means to express and teach divine illumination. He believed that we have the potential, if we surrender ourselves to the power of love, to live in a condition of infinite bliss. His poems reflect the universal desire for something greater than ourselves; a psychic and spiritual energy which radiates love and draws us to our true nature. This expression of passionate yearning for the Beloved is timeless.

Words of Paradise features poems from the Divan to Shams-e Tabriz, odes to the inspirational and mysterious figure who changed Rumi's life and led him to spiritual enlightenment; from the Ruba'iyat, which are brief lyric pieces of a set form; and from the Mathnavi-e Ma'navi, the Poem of Inner Meanings, which, through its esoteric teachings, offers moral and spiritual knowledge.

In this collection of poems, selected for their intimacy and lyricism, Rafico Abdulla captures the metabolic, transformative energy of the original. Through rhythm and powerful imagery, he recreates the ecstatic state, full of joy and bewilderment, which Rumi considered so crucial to reach enlightenment. Each page is illustrated with miniatures and decorations from Islamic manuscripts, including ancient Mathnavis. The intricate patterns which match the words reflect the true spirit of the poems, and illuminate the teachings of one of the world's greatest mystics.



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Words of Paradise

SELECTED POEMS OF RUMI

New Interpretations by Rafico Abdulla



Illustrated with Persian and Islamic Manuscripts

FRANCES LINCOLN

To Adam & Marianne for keeping my feet on the ground, which is where we all begin . . .

-R.A.

TO MAULANA RUMI

Poet - first a seeker of Truth Then a lover torn from the glove Of your passion; you learnt to Speak from the heart, your voice Like the unlettered prophet intoned Miracles. Your sun was more fiery Earth then fire and bound to die When his work was done. Suffering Was the black work of his absence, It seduced you into visions lighting The landscape of memory – a man Made new with each whirling second. Your words conscript generations, With you, God ceased to be a cliché, He had come to pluck the diamond Of himself from your burgled heart.

- R. A.

Introduction

Why do we read the poems of Jalaluddin Rumi today? He is a man from a different time and a different culture, a mystic, an Islamic scholar of the 13th century CE who wrote in Persian. What is it about the poems that make us read them time and again? Why do we feel a thrill of recognition reading them 700 years after they were written?

I believe the secret lies in the quality of lived experience, the intense yearning or desire for something greater than ourselves, something which emanates power, awe, love and beauty (one of the ninety-nine names of God in the Islamic tradition is Jamal which means beauty). It is the feeling of homecoming in a world in which we are displaced, un-rooted, that is the essence of Rumi's verse and what draws us to it. Of course, there is more to Rumi's poetry. It is filled with great wisdom and passion, like so much mystical or spiritual verse. It moves with an erotic energy, something akin to what the writer Rolande Barthes has called *jouissance* – an orgasmic, joyous quality that grabs and revitalizes us, even though it speaks of longing and loss.

Reading Rumi's poetry is like making love. We should be ready to lose ourselves in it, as only then will we find the Other, that greater energy which contains us. Rumi wrote poetry not only to be read in the silent privacy of the mind, but to be listened to with other like-minded people, as we listen to a symphony, and move with its music. It's no wonder that Rumi was the founder of the whirling dervishes, as he understood that true ecstasy – the feeling of transcending one's physical and spiritual limitations – occurs

paradoxically through movement of the body which opens new levels of awareness in the consciousness. There is no mind/body division in Rumi's world view. Everything is in flux, flowing constantly from one situation to another; everything is a manifestation of the Divine, emanations transmitted like light from the sun through our solar system. We are particles in orbit around this wonderful source of power and love — this sun — longing to return to it, to be annihilated by it and discover our true nature. Rumi's verse exemplifies this mercurial quality of loss, longing and love — we always look for completion, and the only true completion we find is in losing ourselves in the Beloved.

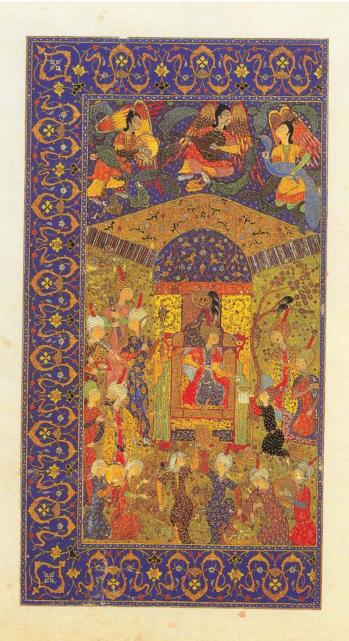
Most of the poems selected in this book come from two major sources: the *Divan* to Shams-e Tabriz and the *Mathnavi-e Mainavi*. The *Divan* is the collection of lyrical odes to the inspirational and controversial figure of Shams-e Tabriz. He came into Rumi's life unbidden, and turned it upside down by his presence and secret teachings. When he disappeared as mysteriously as he had come, his absence almost drove Rumi out of his mind. However, through a process of personal transformation, Rumi's love for Shams was transfigured into the Beloved, the leitmotif for the Divine.

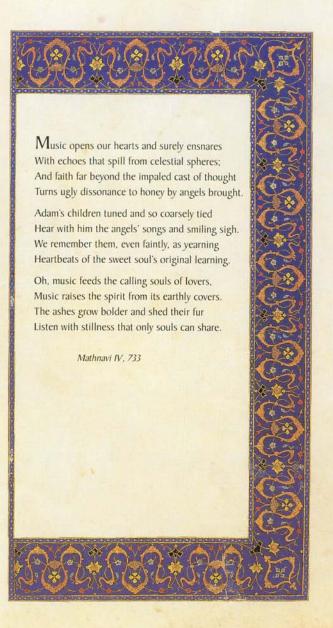
The Mathnavi-e Ma'navi or Poem of Inner Meanings runs for thousands of verses and is made up of countless interweaving stories, interspersed with more generalized observations. In this great didactic work, Rumi attempts to describe every aspect of mystical perception and aspiration. The Mathnavi is so highly regarded in the Muslim world that it has been audaciously called the Qur'an in Persian.

Unfortunately, as most of us are unable to enjoy the musicality and outflowing energy of Rumi's poetry in the original Persian, we try to capture it in translations, or transpositions and interpretations, in languages we can understand. There is no such thing as an exact translation unless it is the translation of the reader or listener who reads the source text fluently. This may be possible with contemporary texts but, I believe, it is not possible

with poetry from other historical periods which inevitably was written for, and understood by, readers with different expectations and values. In such cases, we are not only reading a text from a remote period which catered to people who are long dead, but the significance of the poem in its context has also passed away irrevocably. We may only guess at it. More importantly, we can re-create the poetry in our own idiom. This is a tricky business - and in bridging the cultural, linguistic, and chronological gulf between the original and its modern re-creation, I have not shied away from radical departures from a 'literal' understanding of translation, in order to convey that part of the original's spirit that most clearly speaks to the modern reader. I have tried to interpret these poems of Rumi, threading the maze of their meaning and language into a contemporary idiom whilst keeping the original energy, tension, eclectic imagery and lucidity of Rumi's verse. I have endeavoured to retain the significance of the spiritual concepts he used, making them more accessible to the modern Western reader. Inevitably we are confronted with deviations of form and language, but my aim was to come closer to the feel and lyrical intention of the original. I want to convey something of the beauty and intensity of Rumi's language and imagery whilst keeping us close to some of his spiritual insights which, after all, are the kernel of what attracts us to his poetry in the first place.

Rumi wrote poetry to transform his listeners and readers, to take them out of themselves, to make them drunk with the Divine. In this disenchanted age where we float aimlessly in a sort of postmodern irreality, where images cheat us of a sense of ourselves, Rumi has something important to say to all of us. His poetry lights a fire in us, something incandescent with longing to attain greater levels of awareness in ourselves, to break out of the mould of our solitude to a greater, life-enhancing whole.



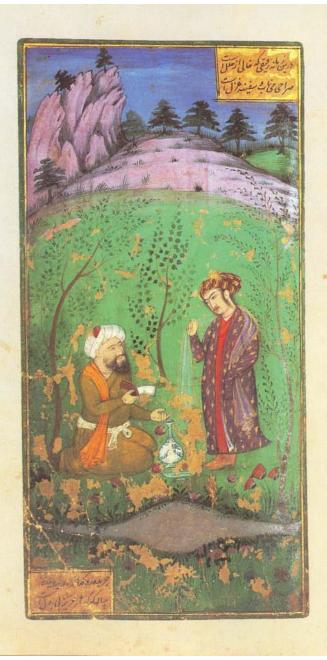


Dawn – conceived light: the pregnant moon Rises concave into the blood-streamed sky Casting off the face of fading night. Hovering over my uplifted eyes. It showers me with legendary silver, Then like a falcon hunting its prey It swoops down to take me in its talons and rise, Rise again in a great signature curve naming God. High into the breaking sky. My soul in flight straining gravity sees naught Save the mythic eye of the moon which fills My paltry body with the cool grace of silver light Refining the unlettered soul from dross; it grows Tenderly transparent with the teeming height. Transparent as the mercy of flowing water: Polished by the fire of Being - felt not spoken -Until the lens of my unskinned soul Opening to the Void, is carelessly dissolved.

Divan 649

Now that your soul has entered my all-too-present flesh And made with it a soul in kind, Your each embarking thought, The breathing swing and sway of your every movement Makes an impression on the wax of my surrendering will. My mind is but a pillow Indented by the flow of your passing thoughts. My newly-moulded soul is alight with Your pulsing grace, your secret deceptions Have transformed dead stone to fire. Each new day is a slow beginning. New lamentations rise From the reed of my longing for your lip: Your loving candour strokes the mouth of the reed With a sweet languishing refrain. My soul imitates and installs Your moon's soft milk-light in its chambers. I mould myself to fit your form Like a belt for the waist, even when Your eye has tethered me with angry scowls Turning me this way and that until My distracted heart jumps out of itself. Divan 2313





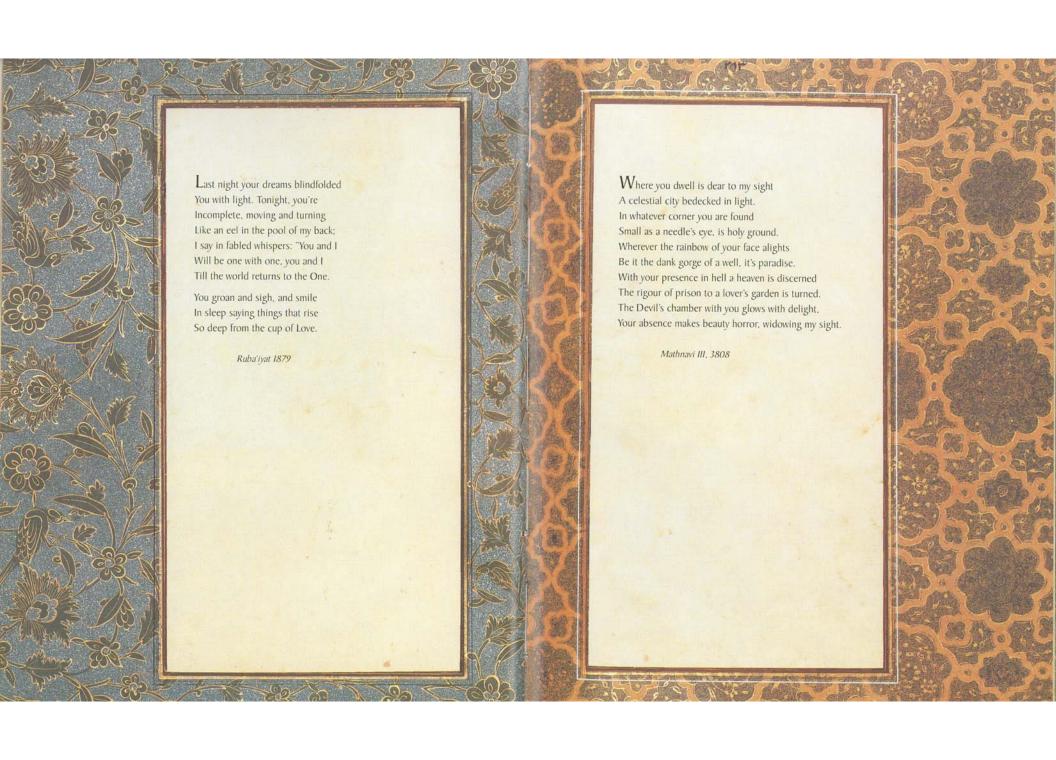
Seated here attached to the present of this royal place We are a singing joy, you and I. Two in form two in figure, two to the outward eye We're one in one, you and I. The grove's verdant green picked in birdsong Treats us kindly with a trace of eternity As we enter the garden, you and I. The unnumbered eyes of the stars gaze on us. We turn on them the moon's face, you and I. You and I, refined with joy, more than you and I Set apart from the dross of empty words, you and I, We are, you in I and I in you, the envy of gorgeous Birds of paradise when we melt in secret laughter, You and I, the mystery is you and I as we sit Together in this royal place, yet in this cusp Of being in the shade of common bliss we are one You and I. You and I. We are at once in Iraq and Khorasan You and I.

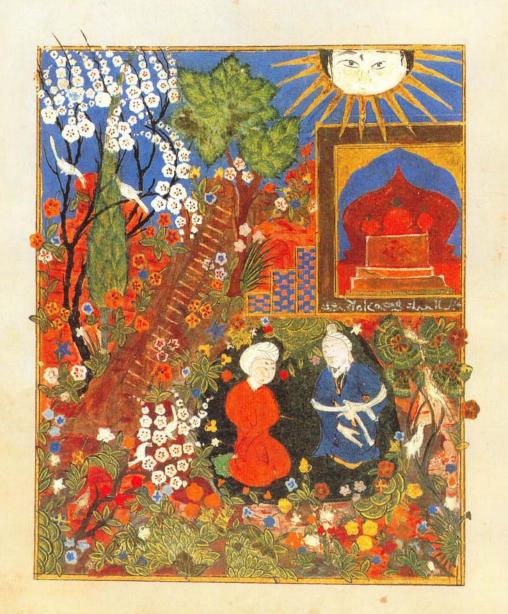
And this is Love – the vertigo of heaven Beyond the cage of words, Suddenly to be naked in the searchlight Of truth, no shade no leaf for the senses. You are a victim, Love's felony pillages your breath Knocks away your feet, makes you blind with insight. So that you may clearly see for yourself. Congratulate your heart whilst you can, for it has Clambered into the inner chamber of circling lovers: Now it sees with uncluttered eye and rashly Enters the rough neighbourhood of loving breasts. What is the origin of your energy, O heart? Where is the drastic home of your pulse? Birds may sing their busy language I shall hear them with a lover's newfound ear! The heart complains: "I was in travail As the body was burnt. I fled the workshop Even as it was being made. When I was exhausted Beaten down, I was dragged through madness beyond Description, torn apart beyond the good sense of sounds."

Divan 1919

I am you and you are me, you in me, me in you, Oh Beloved, do not wander from your longing breast, Oh Beloved, do not think you're estranged from me, Do not Beloved, do not exile yourself from home. Do not Oh Beloved, do not taunt my head, don't tempt My foot so I become a fool who stamps his cruel heel Upon his broken head. I'm fired with you Oh Beloved, I flow from you as your leaning shadow; you cannot, My Beloved, plunge your dagger into this shadow of yours. Cherish this dancing darkness like a tree nurses its own, Letting it sway from the founding path of its trunk. Bring all the shadows into the sun of your eye so they Will merge in the light of your cheek. My heart's domain Is disordered by your distance, torn with civil strife; Mount your throne Oh Beloved, remain in charge. "Reason is the crown" the Caliph Ali said With the emancipation of a poet; now take from your grace Oh Beloved, place on your throne a new diamond Mined from the shadow of your being.



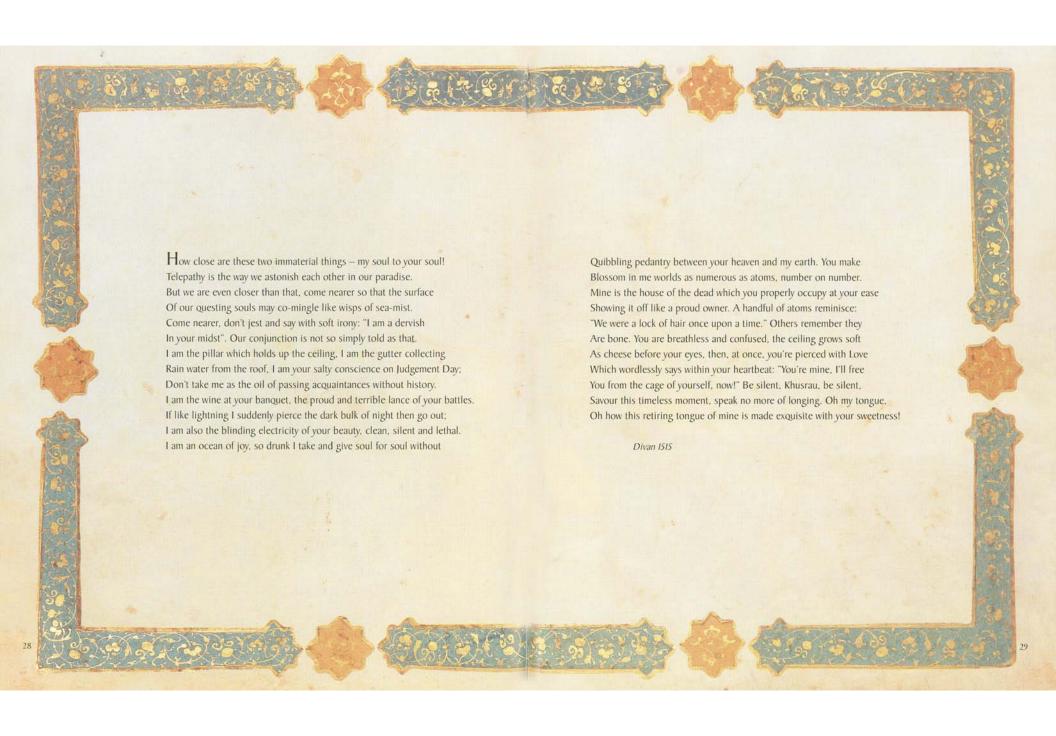




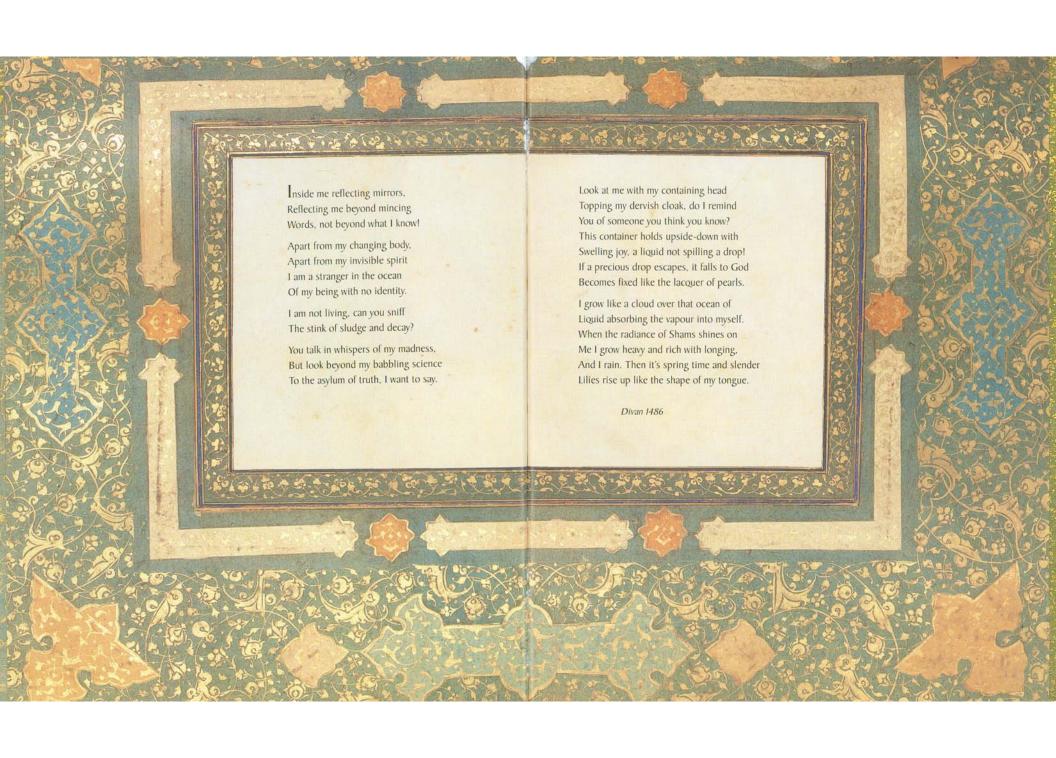
Each of My creatures has its own path Each way to worthy each is in My gift; Hardness of heart plucks each from the hearth, You are My servant whose words should uplift All who hear you and receive My message. I am not labour to be lost in the fickle passage Of a fine tongue and splendid speech, there's more Much more I seek for My creature's prayer to be sure. It is the spirit and the spring of inner feeling, The innocence of heart that sorely beseeches the Lord Which knows not clever language, but appealing From his centre My creature finds always the words Untainted by conceit and its siblings but fired with Love. Words born of bereavement, conceived from burning Burning, burning which rises up like thirst above The carcass of thought and fine speech, freshly turning Their faces to Me in their simple, heart-felt yearning. Remember, Moses, the supplicant who sets his heart In forms is a shadow; the soul which burns to be a part Of the Greater is the living heart within the encrusted form Of prayer, which cries out constantly to be taken by storm.

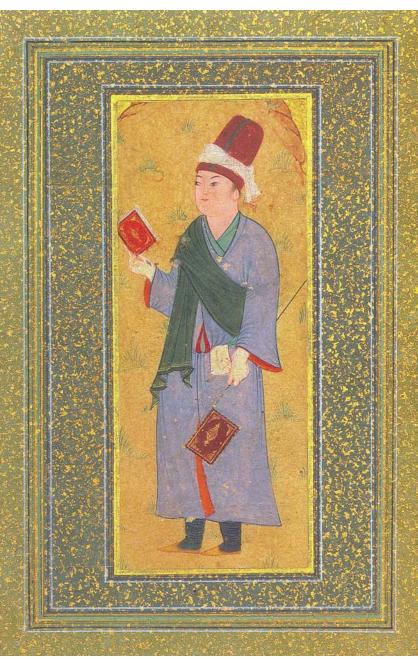
The religion of the heart is not a stark monument of stone; Lovers of God have no religion save yearning for Me alone.

Mathnavi II, 1750

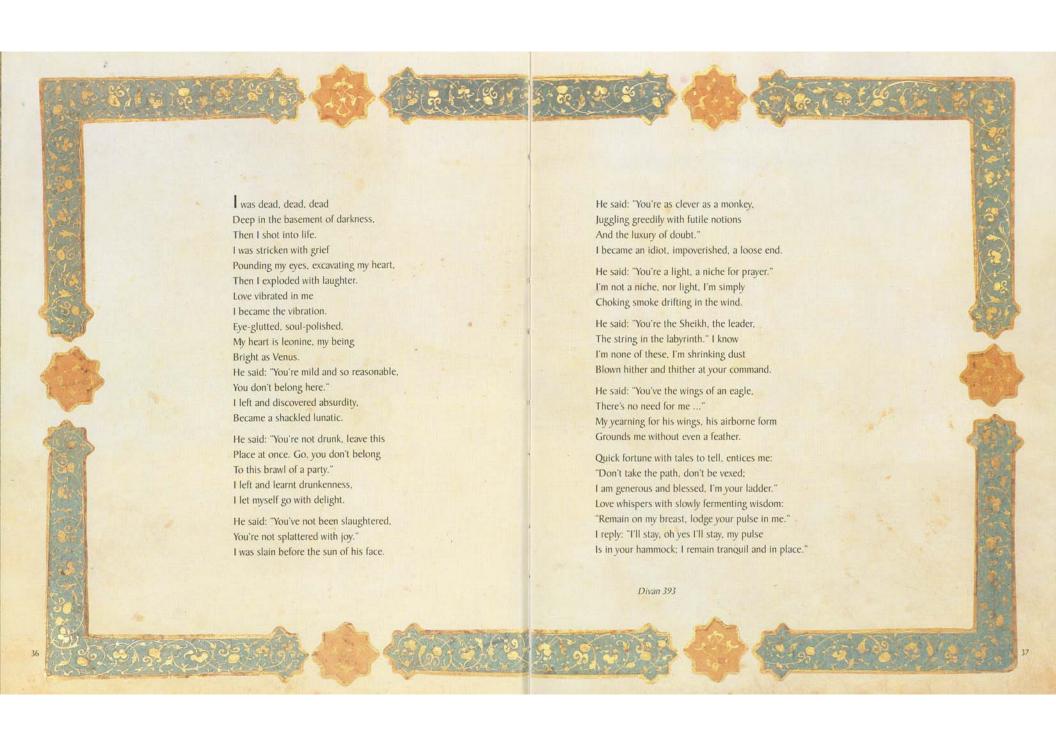


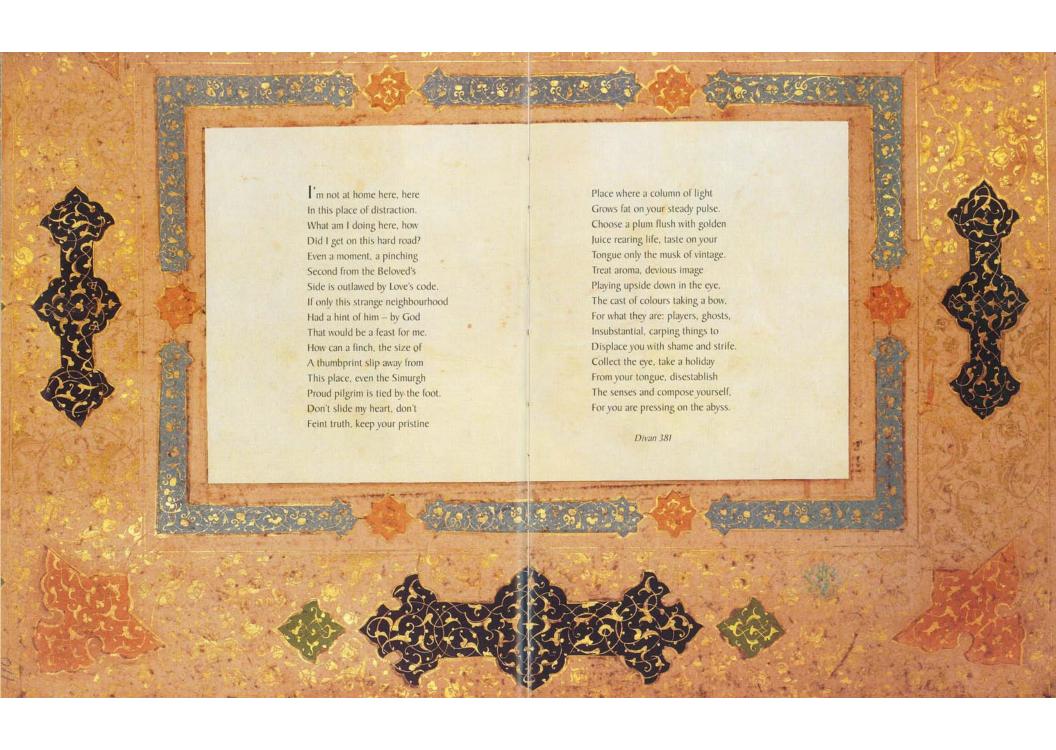


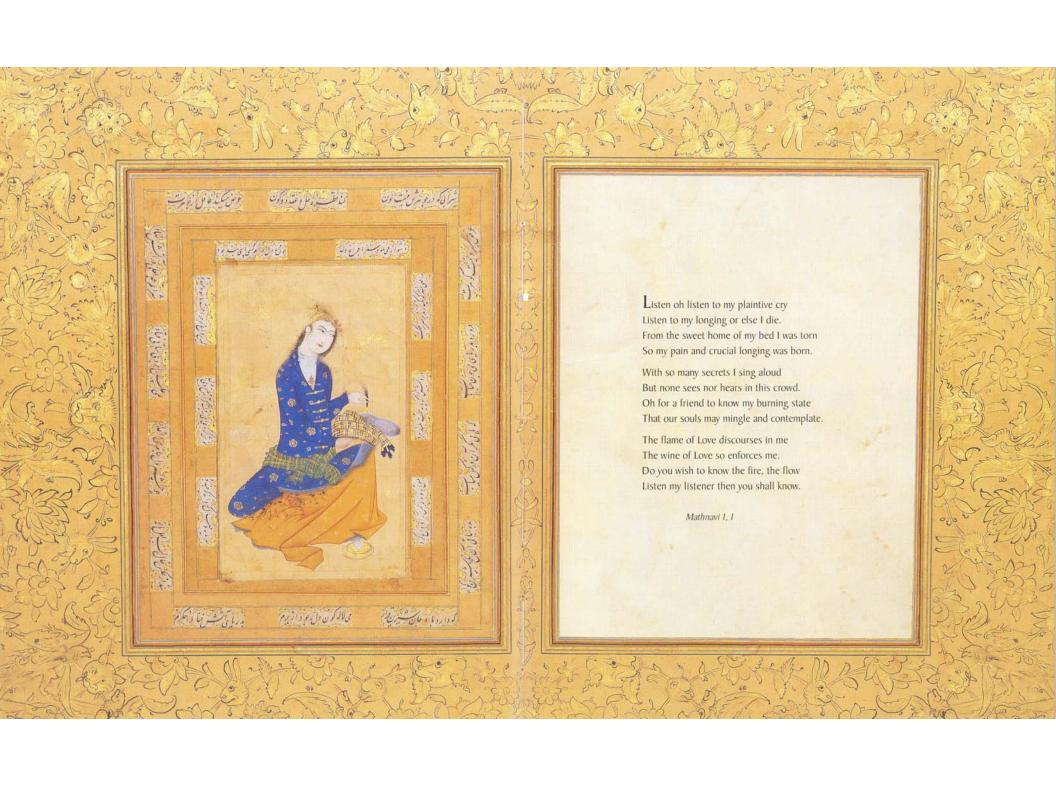




These words of mine are no stones To pick and throw at passing fancies. They're yeast-sounds, bread waiting To be broken whilst they're still fresh. Leave them overnight and they become Hard as rusting bolts, not fit for eating. My verse is harboured in lovers' hearts. Expose it to the indifferent world Busy with its traffic and it chokes to death. Like a fish it swims in the lover's blood, Land it on the rocks and it gasps for life Then slowly dies, cold and stiff as an icicle. You must be rich with metaphors, Like an ore of gold waiting to be mined If you are to digest my words When they're fresh. Know this, My friend, it's nothing new, These words are turned to bliss when you Read them with your own imagining heart.



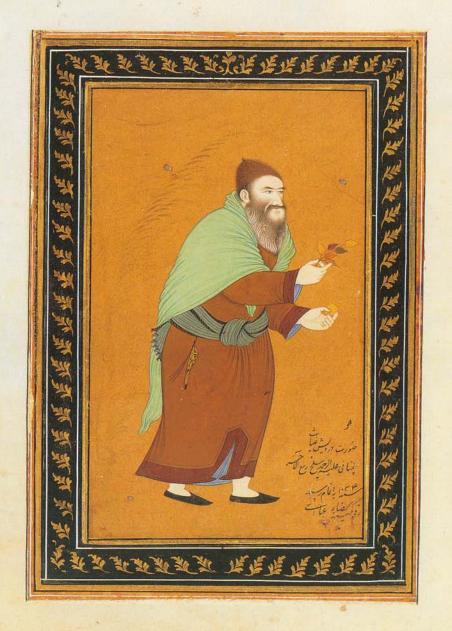


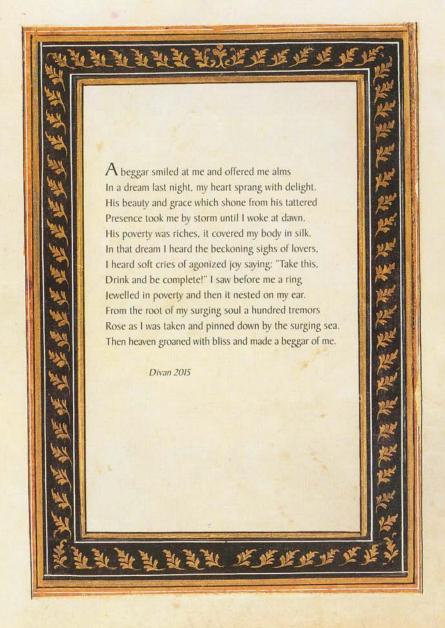


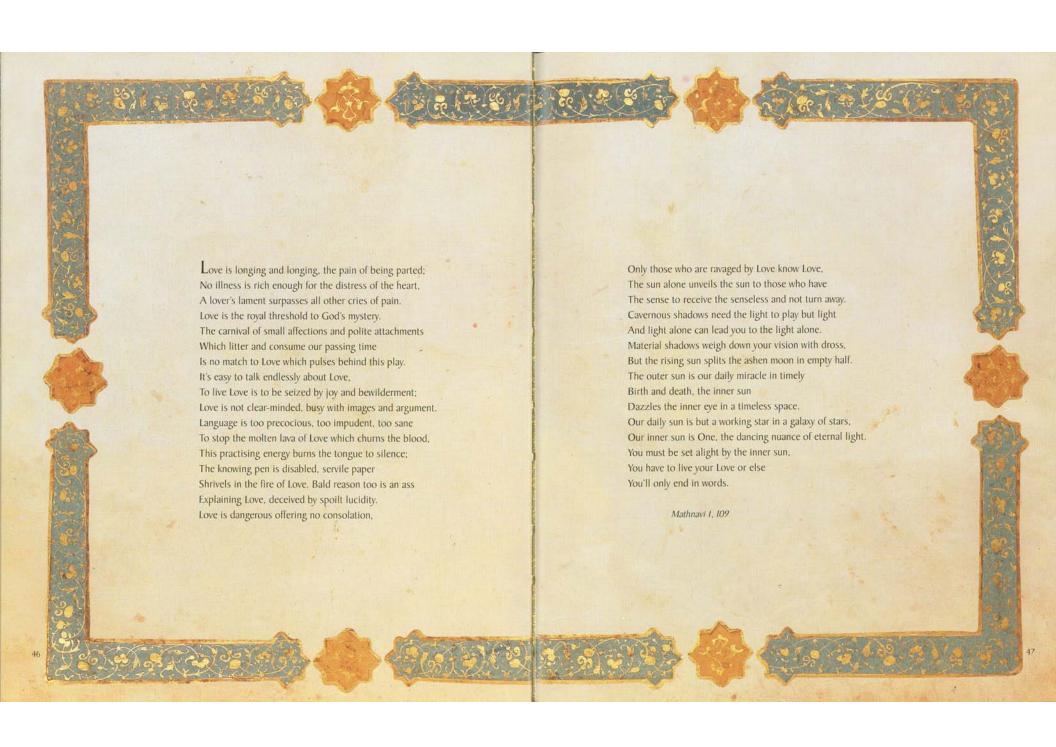
he moon. O the moon has returned to me This unique moon is no mere trafficker of light; It is a creator of fire beyond water's power. Look at my body's poor leaking shelter, regard The proper element of my soul, Love has made The one drunk and has dismantled the other. When the landlord and my heart sit together At table, my blood turns to wine, Love cooks My heart for the feast. The eye is bestowed with His image. Then I hear a voice cry out: "Like a baton The cup is raised, the velvet wine is blushing with encores." Suddenly, my heart is laid open, penetrated by Love It sees Love's ocean; like a springing gazelle it leaps up Dancing away to that waiting diamond sea, shouting: "I can't stay, I must find the way. Come, come now Follow me!" The sun appears and finds me here waiting For Shams al-Din's radiant face, and all longing hearts are Drawn to it like clouds rushing to the midsummer horizon.

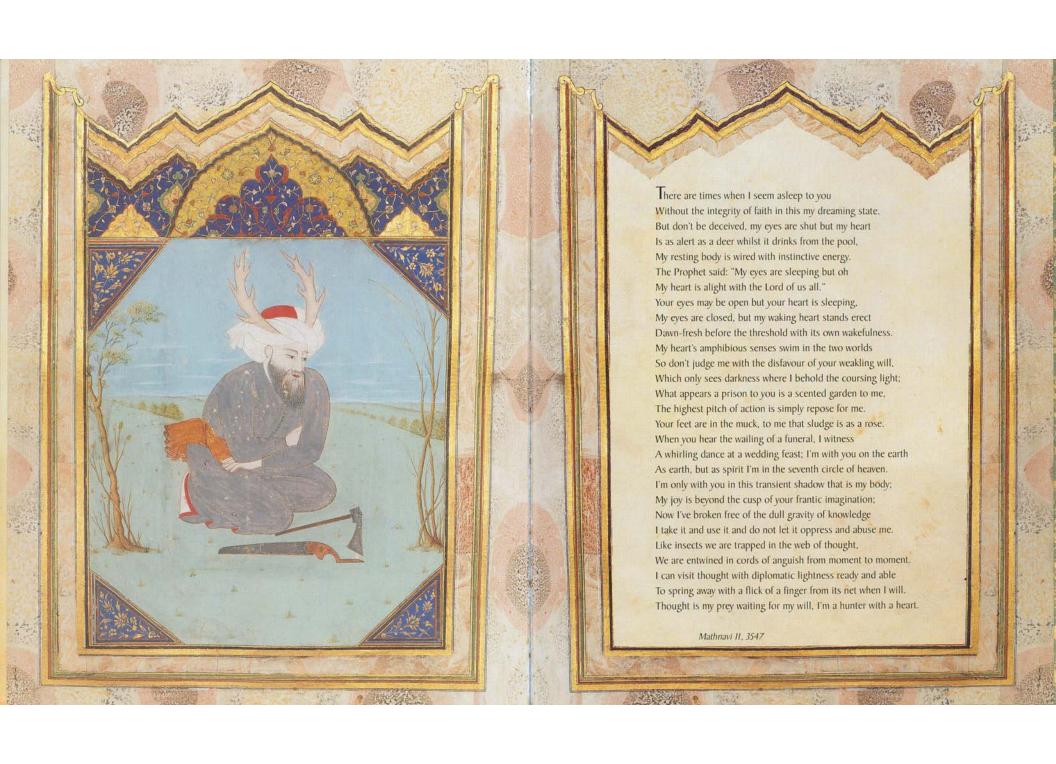
Divan 310

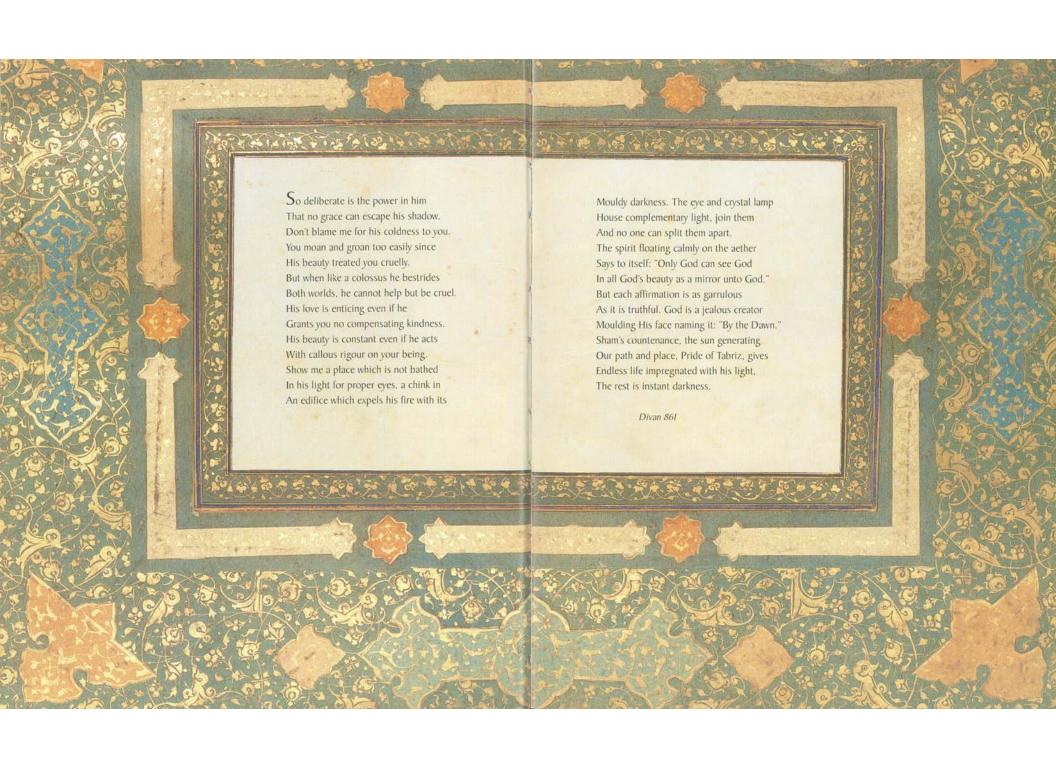
Look to the unreaped horizon dancing in this desert of ours. Our restless hearts, our fitful spirit are fleeting impressions. Myriad of worlds, place upon place, time in time take shape. To which do we belong? When you see a man lose his head, Compelled towards the centre of being, then ask, Ask him to reveal our secrets, you'll hear from his lips The hush of our hidden mystery. How would it be if A discerning ear danced before you speaking the language of Birds? How would it be if a bird flew up with Solomon's secret Attached like a licence to its collar? What can I say. What can I imagine? This story is nowhere to be seen in The borough of honest knowledge. But there's no way I can Remain silent as I'm made more compact with distraction. What sorts of birds, hunter and prey, fly in this mountain air, In the dancing sun-tipped air of the seventh sky Where lies my entrance! Let's leave this stuttering story Too mercurial for daily utterance. Only Salah-al Hao wa'l Din Can show in the place of fickle words The terrible, unspeaking beauty of our hidden Lord and Creator. Divan 239







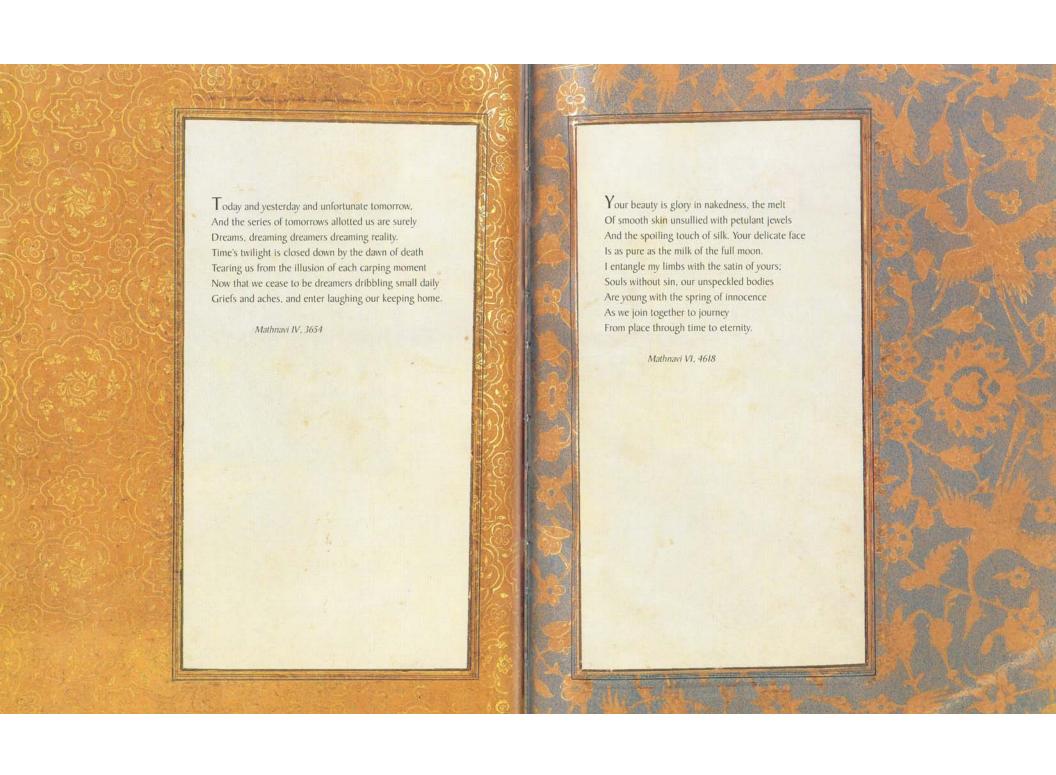


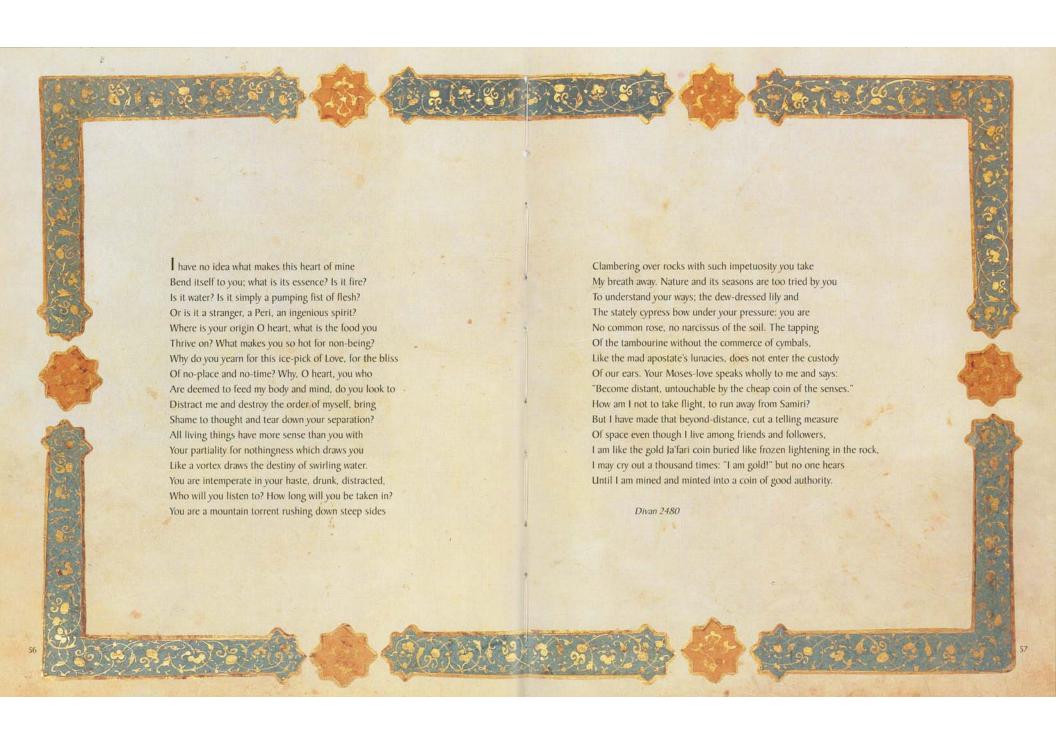


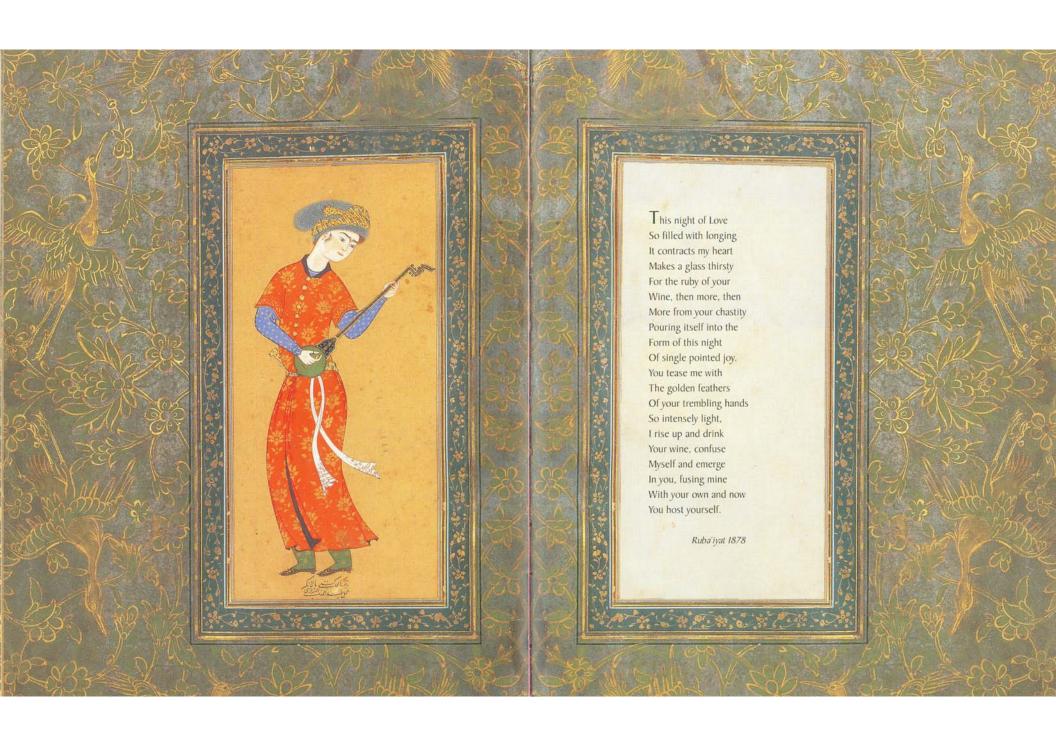
From moment to moment the soul Dies and grows in your presence! How can any person plead for a single soul? Your feet are like fecund rain feeding a parched land. From each footprint a new head springs up Yearning for you. How can anyone Take leave of you for a created head? The moment the pointing soul sniffs your scent It trembles in anticipation and scrambles towards you. Once you fade and withdraw, my bewildered mind Stiffens with grief, sleek hair grows dull and grey In lamentation for you. My heart is emptied In readiness for your banquet and the Exquisite bed on which I may die with joy. I'm dissolving myself like salt in water So that you may grow and supplement my being. My soul, in the churning wake of Shams-e Tabriz, Steals along the pearling ocean like A rusting ship without a keel.

Divan 622

I ime passes, time passes wearing out all clocks Travelling into the eye of night. The dance Of senses is stilled in night prayer The path to the Unseen unveils itself. Sleep's angel shepherds its flock of spirits towards Spectral cities and rose-proofed gardens Beyond the deadly confinement of place and time. Now the spirit freed from the cell of the sleeping Body and the drab images of its daily Senses, feels with the heart's revealing eye A thousand forms and shapes, origin of origins, Of one eternity and unblemished moment. You could justly say the spirit has come home, Refreshed and a child again in this shy epiphany. Its heart now an inner space made clean by contiguous Forms coating its skin with recovered bliss.



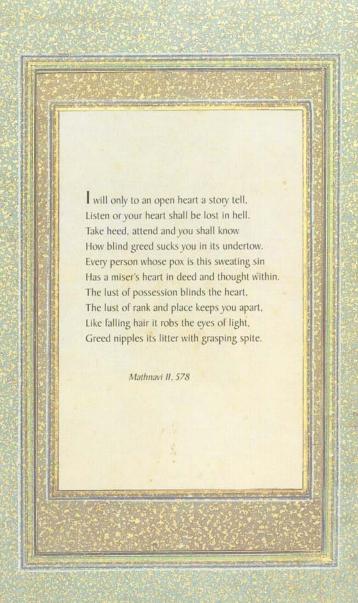




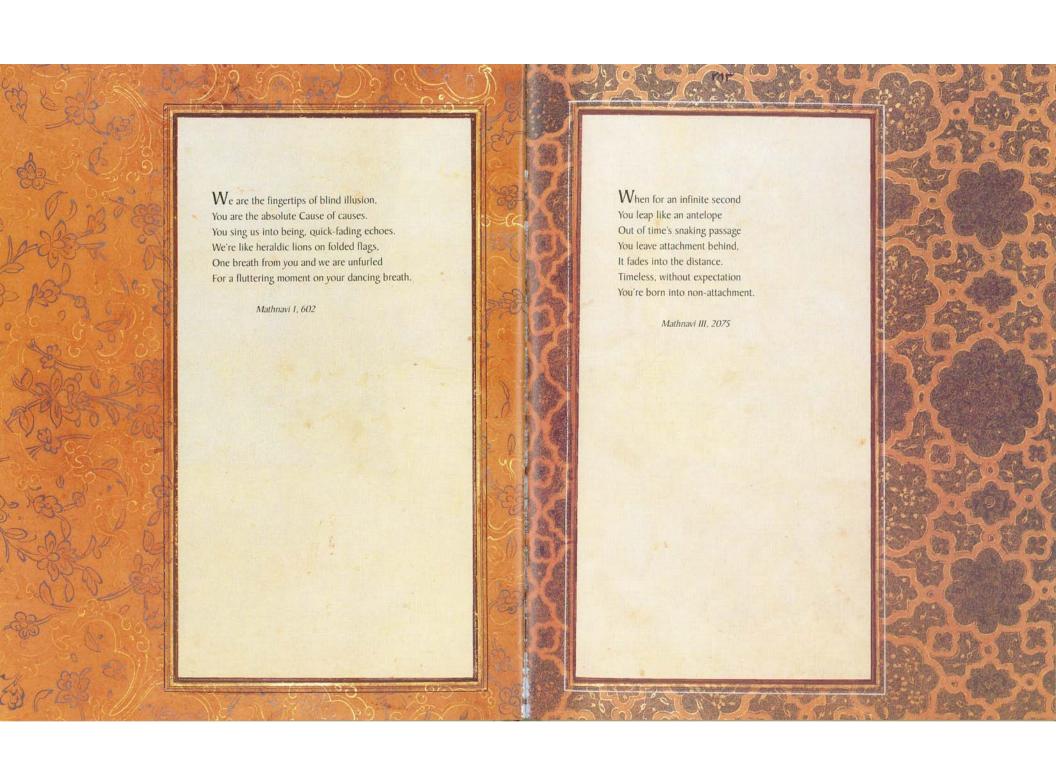
You're so at home in this passing state. In the lottery of the here and now, In slumber you find yourself in another Space no stranger than the waking place, Now ill at ease in a forgotten panel of your mind; You do not say: "What place is this So strange, so different and yet the same?", Not at all; the diffident city of sleep Is as imaginary as that of sullied day. Is it surprising then that the soul, the inner child, Which remembers nothing and nothing forgets. Should not recall its home and birth place when it's Drugged with body's weight, trawled through The five-pointed darkness of here and now, Wrapped like a star in eiderdown? This innocent traveller enters and passes through Many states, collecting, like a forgotten Piece of porcelain, valedictory dust, How can it review its estate and remember, When its memory is nothing but rust?

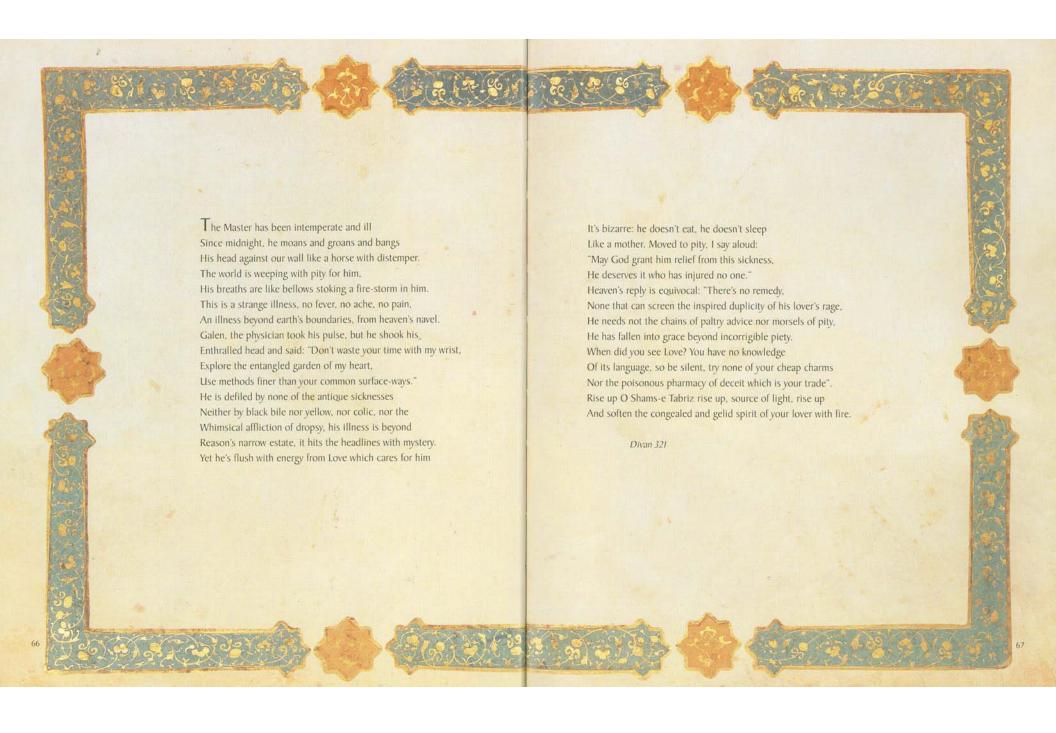
Mathnavi IV, 3628

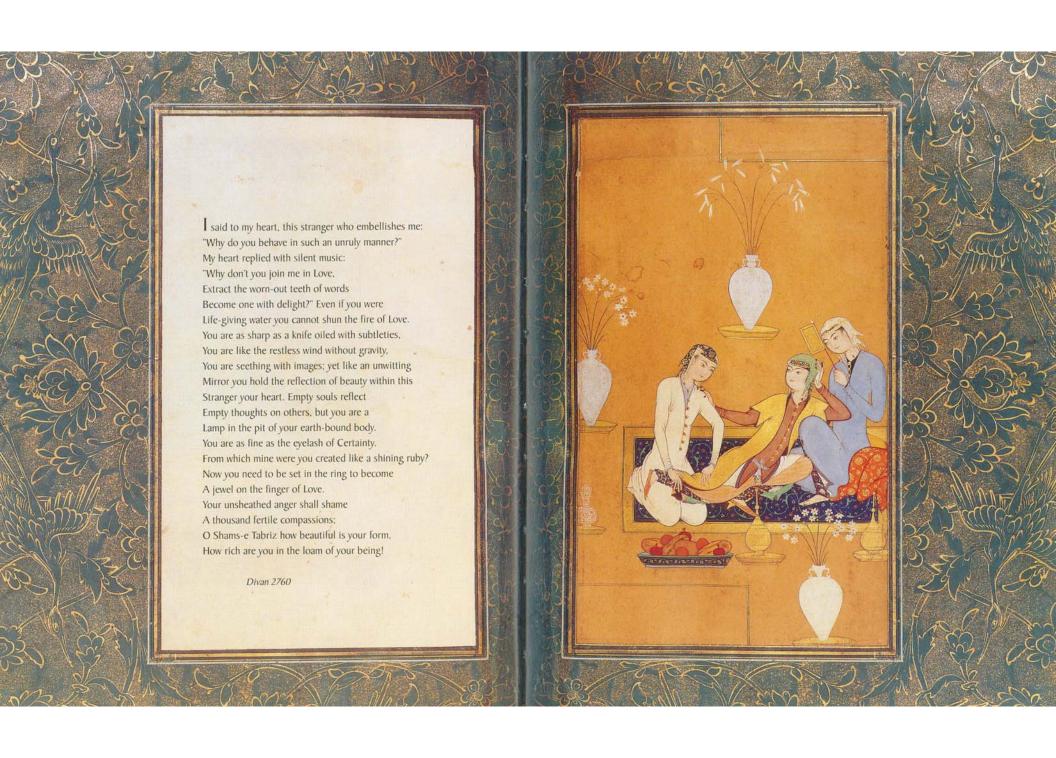
Stones rush to dance before the Laughing beauty of your face, Return from hiding once more And play like fire on our fickle senses So we may learn to unlearn and use a pick To crack the cold glacier of knowledge Before your dazzling light. Restore our rusting souls. Unveil yourself that water may discover A pearl in your simple reflection, Fire toy no more with destruction. Your beauty impales the moon, Wipes out those indifferent earthly lights Which hang and wait to be extinguished. When I'm before your face I have No time for the peeling mirror Of ancient heaven's sensual spaces. You have come and with your sigh Have created again this narrow world Now wide and clement as the sky, Let Venus play her harp to fire and fuse The solar energy of your loving eye. Divan 171











Today I saw clearly that gem, my Beloved, who With a prophetic leap took hold of the rope to heaven Like the spirit of Mustapha. How the sun frowned at his boldness, It spluttered with the intemperance Of a clogged heart when it spied his shining face. His incandescence turns water and dull clay From objects to glowing slaves of splendour. I cried out: "Where is the ladder On which I may climb to heaven?" He said: "Your head is the rung, place it At your restless feet, step upon it and you shall step Upon the head of the stars. Dive upwards Swim through the air, like this Take your heart with your head and come! Now the paths to heaven open up Like tongues of flame in you, you shall rise, Rise up to heaven like the silken sounds Of the faithful during morning prayer." Divan 19

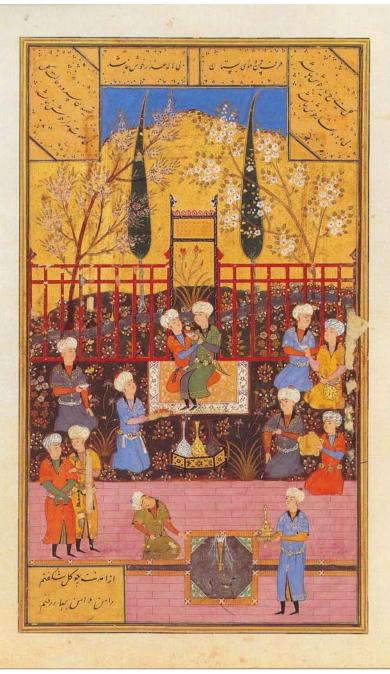
Your eyes must complete their course of Love For you to beat a path to courteous truth; Spend not your time with cold faces in dead places Or else your breath will freeze your breast and heart. From the pulp of yearning go beyond its form to seek More than solace in the natural suffering called Love. If you're obtuse and heavy as burdened clay enclosed By gravity, you'll never lift off and circle the sky; Come as fine as a thousand dancing particles of dust, So float and find your feet in the silken path of light. Choose to break or else be broken by the epic Of your maker; for death will break your fleeting self Like an empty shell without a pearl. When a leaf Withers, in season new roots duly restore it green; Why then flirt with rootless loves That steal your eyes from the Unseen?

am so drunk with the sagacious beauty of your face. So taken by the intoxicated pupils of your gazing eyes. O master, so netted my heart, that asylum Of anxiety and longing, writhes with Love, There is true affinity between eye and eye of lunatic and drunk. Take pity on my wasting heart and look on me fondly As the sun looks with gentle magnanimity on the crumbling Severance of broken things. Gaze on me With the spring-season of your eyes So that oaks may grow from a single acorn. Your hybrid eyes are concentrated origins Ready for ecstasy and blood with their fervour. Those eyes have invaded me and taken What they will from my heart So that the bewildered youth runs naked Here and there in the empty house. We will enter the garden of your face and abandon the house, Demolish a thousand like houses with our bare hands In eager expectation, turning them into powder. Salah-al-Din you are like a moon without a shadow; You have no need for this song of mine, No more the houri's golden hair has of a comb.

Divan 2412

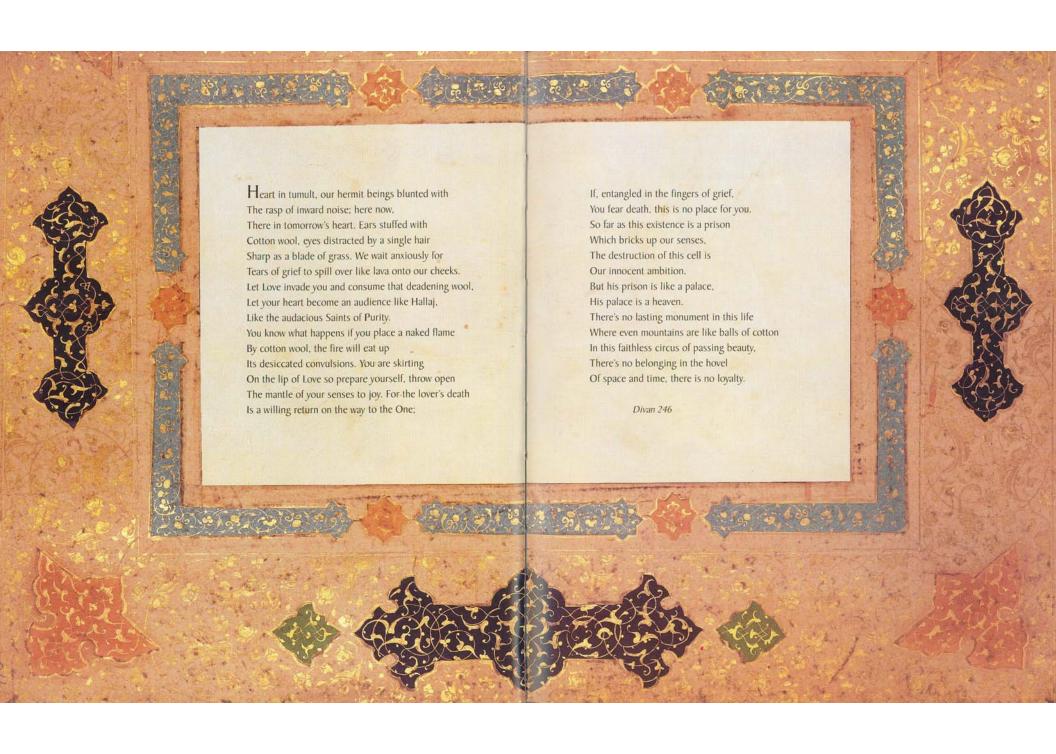
Seek to replace the lead of your eyes
With a living ear which learns to die;
For sacred words too fine to pierce the frost
Of blind hearts, live in hearts with light embossed.
The Devil insinuates the hearts which lie
As crooked feet only crooked shoes try.
You may intone sacred words and ancient sounds
With the mechanical tick of a clock expound;
For a fool words will fall on barren ground
Even if you mint them on the willing page,
Even if you speak them slowly like a sage;
Oh sinner! The devil may take you at your word
But wisdom's too wise by you it's not heard.

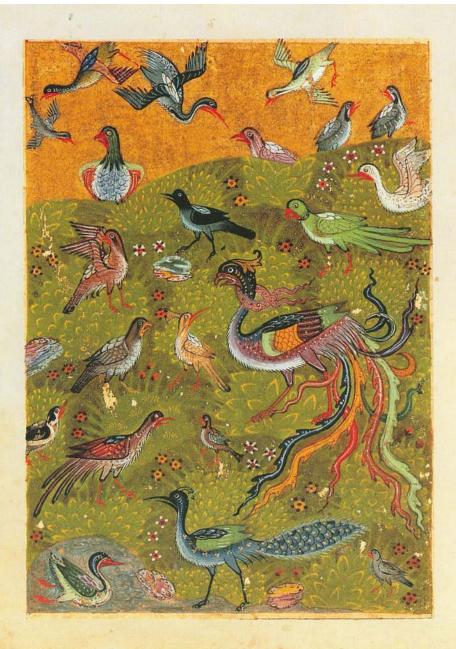
Mathnavi II, 315



We speak of God who is hidden Describing the indescribable. You philosophize, I only criticize Another refutes us both. Yet another. There are always others, Will pontificate and vilify And pin truth down like A dead butterfly. Everyone prognosticates And assassinates with A knowing word, a nod, A distant seeking look; Each insinuates even to Himself even that he knows. All these busy mouthing truths Cannot speak the hidden Truth; Yet each carries in itself An antidote for its being As blindness contains insight, As the fleeting moment Unveils eternity. Be patient With your counterfeit truths, Like false coins to the real, Is their value to be measured. So, like God's word in the Book We learn to discriminate -All is not true nor all entirely false -As a small dose of poison A potent medicine makes. So our partial errors our thirst For impartial Good do slake.

Mathnavi II, 2923



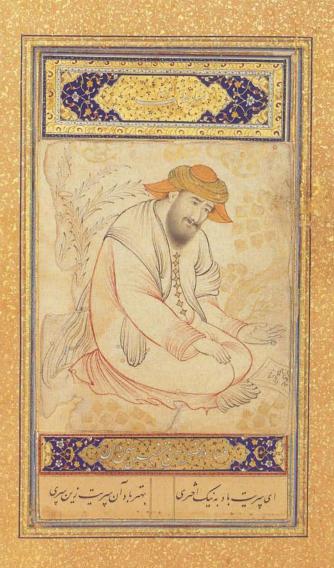


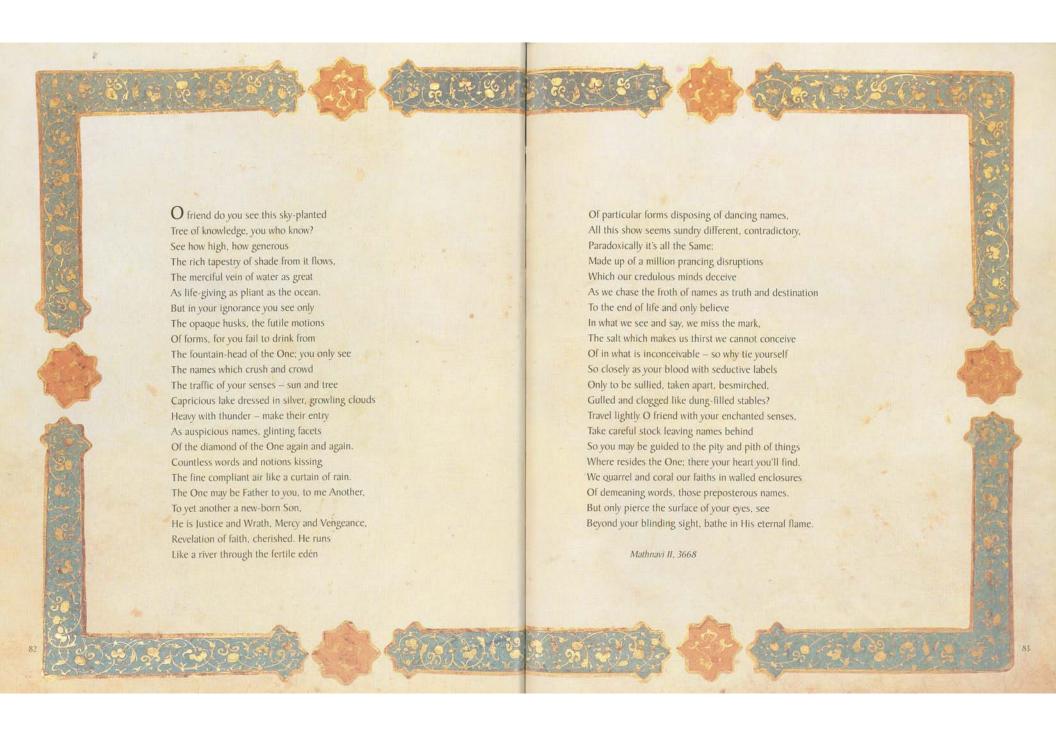
Look! Quickly, look there among the trembling feathers Of the copper beech, there, you see them - birds making Ready to ride the dawn skies. They'll rise up soon, rise up Leave behind their conferring selves, to skim the seventh Heaven turning and changing with the stripling light, They're no ants that serve a modest sky, their eggs are golden. Asleep, they cradle the sun and moon in their folded wings, When they swish over the face of the waking sky they're fishes With souls of whales; they're like wild roses dancing in the wind, They adorn the skies with capricious patterns, wings beating Like palpitating hearts. They are independent beings, teasing hell, Skimming heaven, free of blessings and curses they'll lord it On the day of resurrection they're so close to our handcuffed Souls no bodies can quite acquit. The bravado of their display, The swooping dives and daring curves upward to heaven daze The mountains with subtlety and the sudden converted sea, Now bitter now sweet; their agile flight refines bodies into indebted Souls; souls in turn are winnowed through the pale of Eternity; Dull stones are blooded into rubies and the hollow bones Of unbelief are filled with the marrow of dancing truth, picking Its way over the debris of our senses. They're so clear, so finely, So thrumming fast they're invisible to the eye. If you want to See them look quickly with your turning heart, powder your face With the dust from their claws, make ready to go to the ball. Prepare to blunt the sharp point of your questing mind so it may Look up into the skies and blossom as rose and eglantine. Now, if all this could be said, I would say it in such words That the chorus of angels and caustic jinn who seal our play Would shake their fiery locks and cusp their hands to pray.

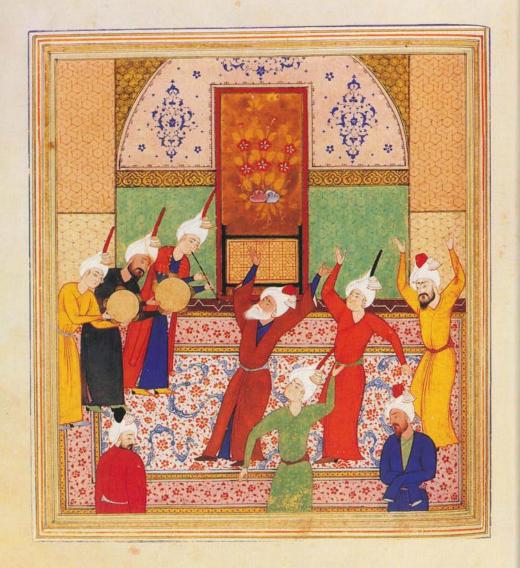
Divan 730

Again with burning lips I swore An oath in last night's heart, I confess with a sigh again I swore An oath on your ruby blood. I swore that I would fix My longing gaze on your chaste smile. I swore that I would not flinch Even if you struck me with a blade. My faith in you is green and strong It would rise again unscathed. I suffer, My heart is torn from your breast Which none can cure but you. You may wilfully cast me into fire But I am an ingot glowing for you. I swear I am dust, dry powder Rising from your path, as hapless atom, A circling world held by your gravity I turn and turn in your wake.

Divan 1559







Circling, circling like zekr coming and going, circling round and round ... With all true pilgrims I circle the cause of Love.

I'm not like the sly jackal, ears cocked, sniffling death as it approaches carrion.

I'm a gardener, shovel on shoulder seeking sun-sugared dates,

Striding through thorns

round and round ...

The fruit I circle and seek is not a dry, acidic pustule on a sour tree, My dates are brown as honey, they encourage my faithful body To circle on wings like Taiyar

round and round ...

The world is a serpent covering a treasure, I float above it

Flickering like a serpent's tail. My grief is not paltry though I wheel slowly

Like a heron about this sacred place

round and round ...

I do not want to own, to be fluent with worldly goods: I need the Prince, I long for the solace of his wholeness.

At each waiting moment, Khidr guides my circling feet whirling crazily
Like the lusting needle of a compass seeking true North
round and round ...

Can't you see I'm ill? I need a Galen for my fermenting mind seeking the vintner.

Don't you realize I'm the sky-hungry Simurgh flying over Qaf

round and round ...

The hidden treasure, ill-seen ill-sung? Can't you see I cannot stop circling?

Spinning agitation turns me like a top spilling circles on circles, here and there, round and round ...

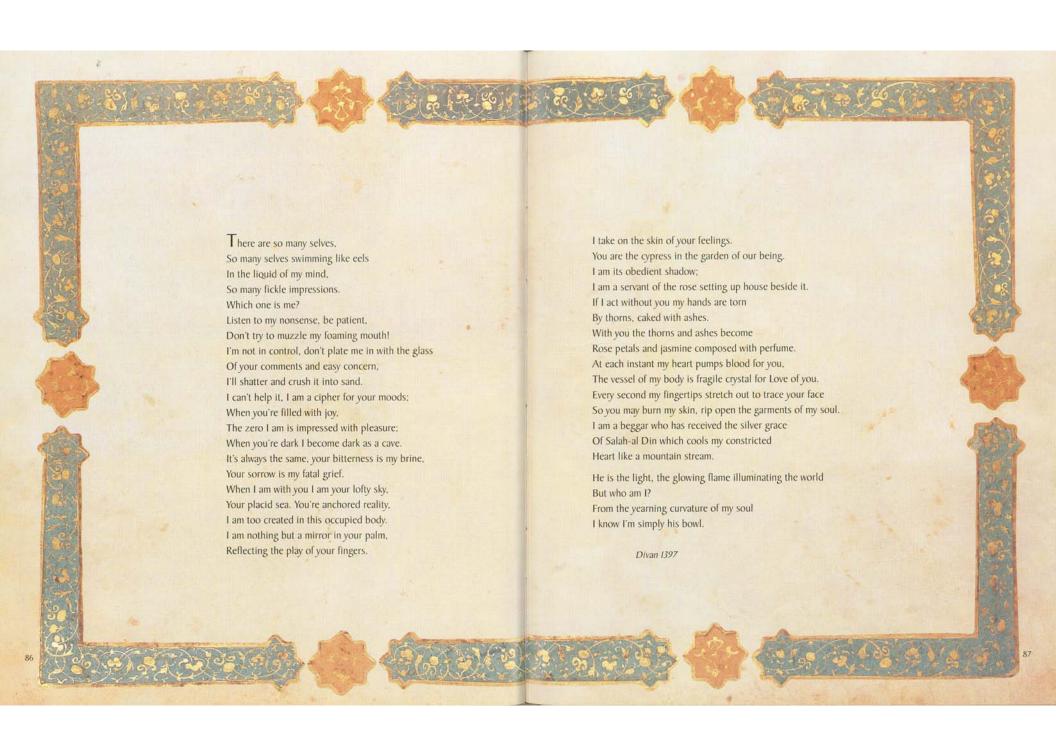
You say: "Slow down now, be more dignified!"

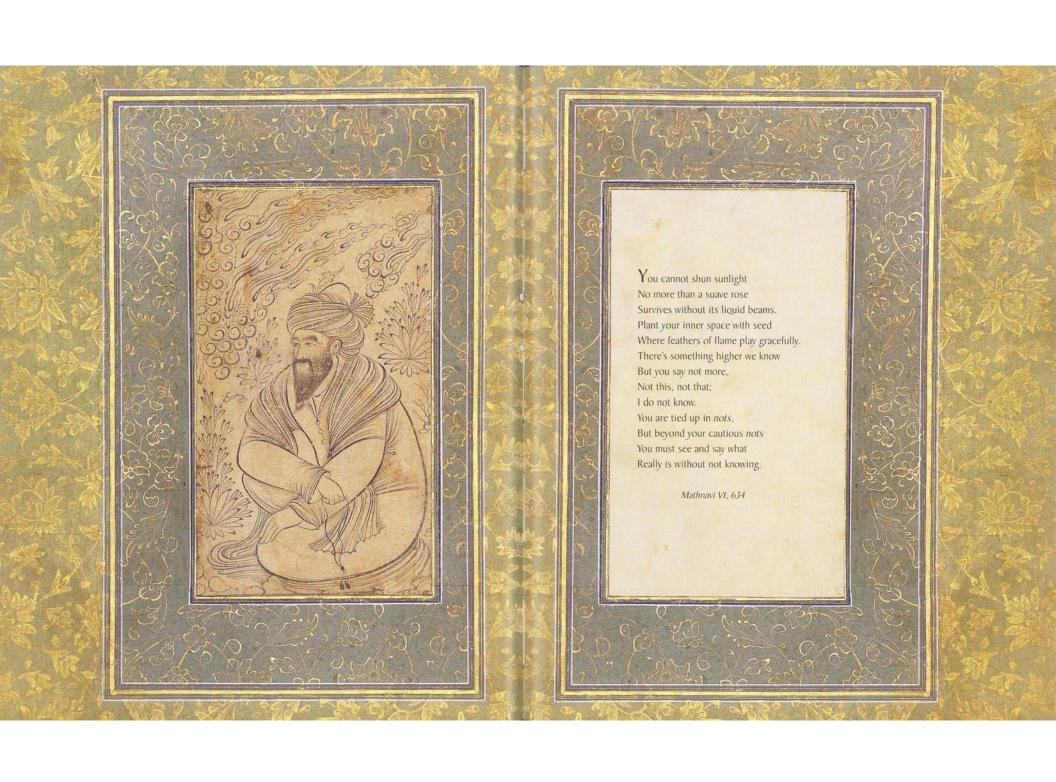
I'm sick of the trick of dignity, I am travelling, yes I am travelling round and round ...

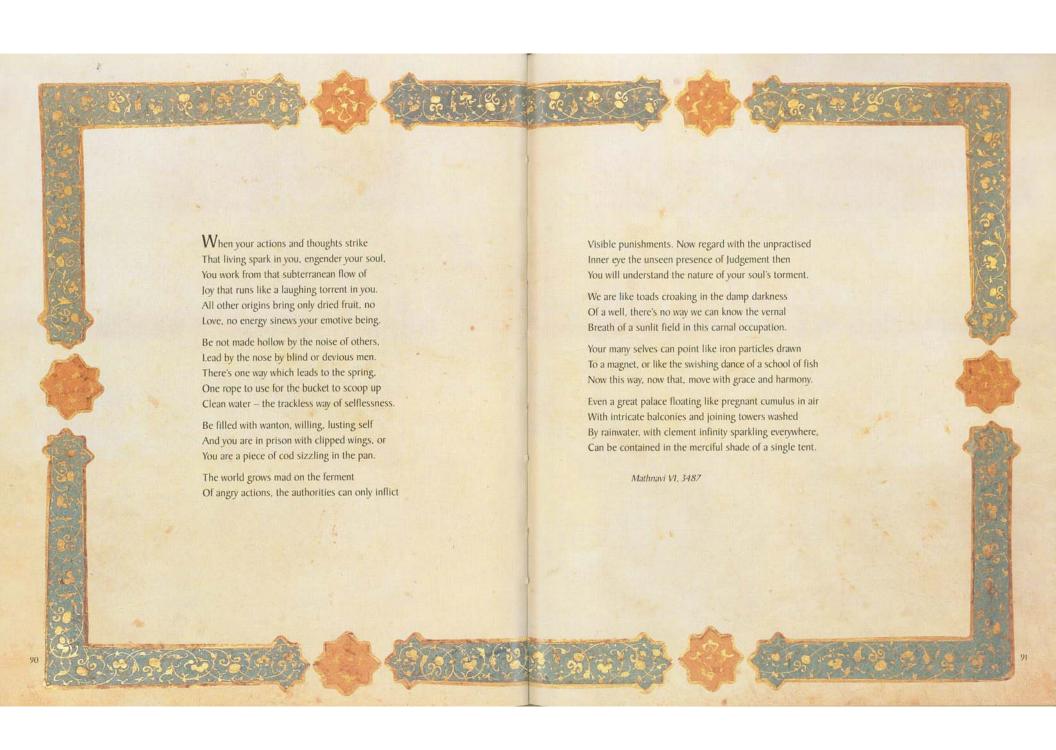
In a whirlpool of distraction. Bread is my pretext

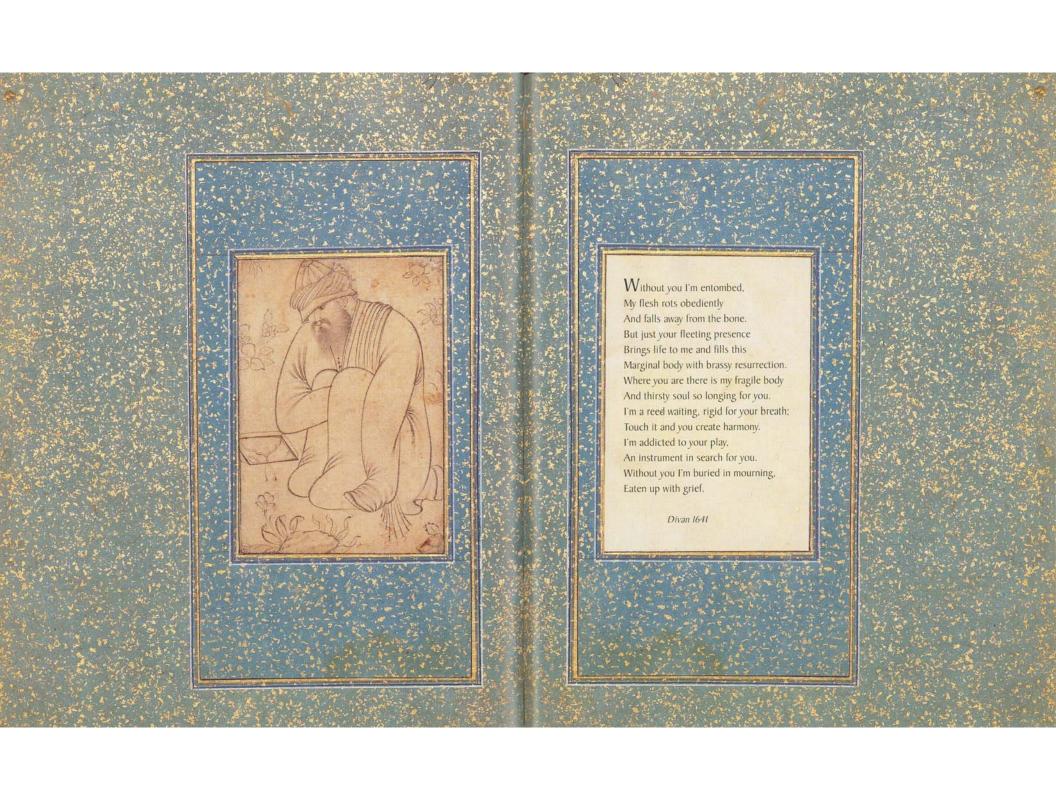
The baker my warrant. I'm not measured by the density of gold,
I am inaugurated in my circling
round and round ...

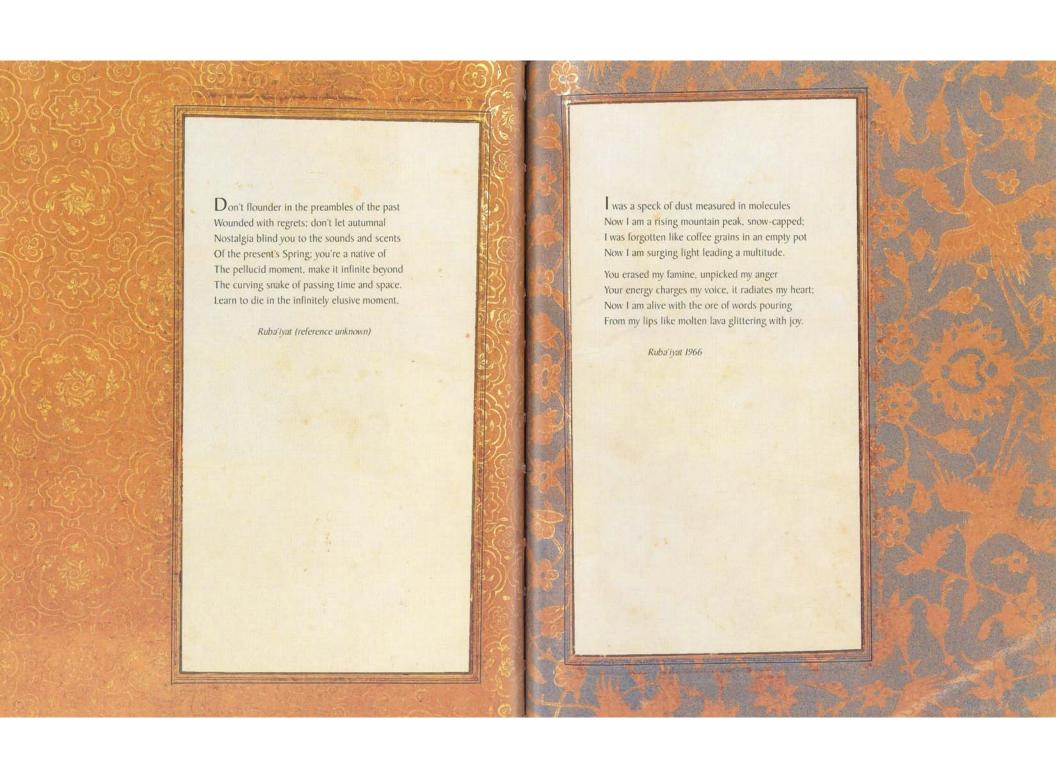
I have entered the airy, dancing lightness of Love.

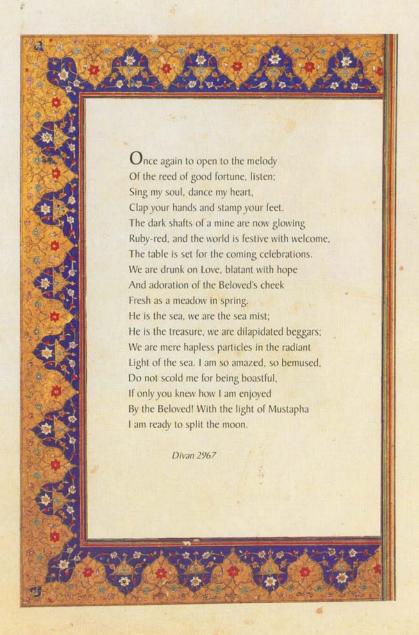














SEEKING THE BELOVED

Whirl and rejoice, find the ruby of your heart
Through circling degrees, your body becoming
A planet of the soul embedded in still serenity.
You are your arching senses sending energy
To the centre of the dance; the Beloved calls out
To himself rising like leviathan rejoicing.
Wars are fought here in your dancing blood
Chamber convulsed with joy, it looks upon God
From the famine of its lowly state with longing sighs.
Angels pierce you in your turning with the cool
Needles of their eyes, you are wounded with
Their peace you whirl and rejoice happily drowning
In that enchantment where no body may enter
No sun nor moon; as the dancer brings forth the dance.

- R. A.

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Notes about the Poems

p.13: Mathnavi IV. 733. Sufism extends and expands the Pythagorean theory of the heavenly music of the spheres to include the human soul. The Sufis maintain that Adam, the progenitor of humankind, heard the heavenly music when he was in Paradise. Henceforth, all human beings have been capable of recognizing that music in their souls, and are drawn by it towards God, the Beloved.

p.14: Divan 649. In Persian literature, the full moon is the paradigm of beauty.

p.15: Divan 2313. The 'reed of my longing' is a reference to the nay, the reed flute used in Sufi music. Its notes are the lamentations of the lover's soul for the Beloved.

pp.16-17: Divan 2253. This ghazal (lyrical love poem) is about the primordial attraction of the lover to the Beloved. The lover becomes golden from the shining light of the Beloved. The lover has no desire other than to drown in the infinite sea of the Beloved's love. As in the game of polo, though the mallet hits the ball, the ball will always place itself in the centre of the mallet's head.

p.19: Divan 322. A description of the mystical union between the souls of the lover and the Beloved. Khorasan in the east and Iraq in the west are used to express a geographical manifestation of this transcendental union.

p.20: Divan 1919. In the mystical tradition, madness often symbolizes the dissolving of the self, which in turn opens the mystic's heart to the true experience of Reality.

p.21: Divan 1254. Rumi compares himself to a shadow of the Beloved, which he beseeches the Beloved not to cut off. In the Sufi tradition, when a shadow becomes absorbed into the light, it is no longer separated from its source and achieves baga, immortality.

pp.22-23: Divan 1235. Rumi compares Shams, a symbol for the Beloved, to the light of a candle in the midst of darkness. His soul yearns for Shams, whose name, like the name of the Beloved, should be repeated by lovers. According to Rumi, kissing the hand of Shams at the point of death sweetens the mouth and removes the bitter taste of death.

p.24; Ruba'iyat 1879. The relationship between a true lover and beloved is not time-bound. This relationship, which is simultaneously immanent and transcendent, is a reflection of the eternal relationship between the lover and the Beloved.

p.25: Mathnavi III. 3808. For the mystic lover, man-made borders and divisions are meaningless—it is the presence of the Beloved that conveys true meaning to a place. According to Muslim mystical tradition, when Joseph was dropped into a well by his brothers, the rays of light from his beautiful face, representing the beauty of the Beloved, shone like the full moon and lit the dismal well so that it looked like Paradise.

p.27: Mathnavi II, 1750. From a famous story in the Mathnavi. One day, Moses heard a shepherd talking to God. The shepherd was a simple man, so he used simple words and simple language. Moses rebuked him for addressing God in this way. The shepherd was heartbroken, but then God called to Moses, telling him that God hears each and every one of God's creatures in the language of their own heart. It is the truth of the heart that matters to God, not the words of the mouth.

pp.28-29: Divan 1515: This ghazal describes the ecstatic state of the lover at the time of mystical union. The word dervish symbolizes humility and honesty. Here, it is applied to the Beloved. Like the rest of the poem, this verse uses much word play. Khusrau is the name of a legendary

Persian king who was in love with Shirin (literally meaning sweet). Their romance is described in the works of Nizami (a 12th-century Persian poet). The verse is a pun on the name of Shirin: the mystic lover is simultaneously talking about Shirin, the beloved of Khusrau, and *shirin*, the sweetness of the poem's ethos.

p.31: Mathnavi 1, 2930. The process of transformation in time is as necessary as transformation outside time. One process is temporal, the other eternal; they complement one another. The sweet fruit cannot come into being unless the flower first lives and dies — in the seed lies new life.

pp.32-33: *Divan 1486*. Rumi compares his soul to a mirror reflecting the Truth, which he therefore cannot pretend not to know. For Rumi, Shams is the person who contains the reflection of the Truth, and thus Rumi knows Shams in his soul.

p.35: Divan 981. For Sufi poets, words are a part of their life experience – in this case, literally the daily bread which sustains life. The 'bread of Egypt' is probably a reference to the unleavened bread which the Hebrews baked and ate in haste prior to leaving Egypt. Rumi would have known about this from the Qur'anic references to the story of Exodus.

pp.36-37: *Divan 393*. The literary and mystical importance of this poem is the constant contrasting of opposites. The mystic's experience can be expressed only in irrational and antithetical opposites.

pp.38-39: *Divan 381*. Sometimes a seeker takes a wrong turning and follows a false path. Rumi believes that any deviation or distraction from the path of the Beloved is to walk along the dangerous road of destruction of the soul. Yet even the mighty Simurgh, the mythical bird in Persian literature, is sometimes caught in this snare, let alone the insignificant finch. The heart knows that only the world of the Reality has life; everything else is false, fighting against the Truth.

p.41: Mathnavi I, I. The opening lines of the Mathnavi. The Persian reed-flute, nay, which is often associated with ceremonies of Sufis of the Mawlavi Order, symbolizes the human soul. The soul, like the reed, is full of air but has no sound. But when the reed is emptied of wind, just as the soul is emptied of the self, then the breath of the mystic who longs for the Beloved will fill the reed. It is then that the reed will sing for the Beloved the beautiful melody of the soul of the lover.

p.42: *Divan 310*. In the Sufi tradition, mystical experiences take place in the heart. In this *ghazal*, Rumi's heart is enlightened by Love, and reaches union with the Beloved by throwing itself into the ocean of the mysteries of Love.

p. 43: Divan 239. Rumi talks of the boundless space of experience, both physical and metaphysical, which a Sufi must go through. He uses the image of a severed head rolling towards the centre of the mystery as the symbol of a lover who is drawn self-less and will-less towards the Beloved. If only the Hoopoe, the bird who was the messenger between Solomon and the Queen of Sheba, would reveal the secret to us. But one needs a discerning ear to understand such a message, the message which is revealed in the seventh heaven. In The Conference of the Birds by Attar (a 12th-century Persian poet and mystic), the Hoopoe is the symbol of a spiritual leader. The reference in line 17 is possibly to Salah al-Din Zarkub (d. 1261) who, after the disappearance of Shams, became involved in the spiritual and mystical development of Rumi.

p.45: Divan 2015. Poverty of the heart is of great importance in the mystical tradition. It means emptying one's heart and mind of all worldly attachments, thus surrendering oneself totally and freely to God or the Beloved. In the biblical tradition, rings were inserted in the ear as a sign of servitude. Here, the mystic willingly and joyfully accepts the ring of servitude from the Beloved, for in this servitude lies true freedom.

- pp.46-47: Mathnavi I, 109. Rumi's description of love is a passionate amalgam of human and divine love. To achieve this effect, he combines the word for the sun in Persian (shams) with the name of his master and beloved, Shams. The result is that the reader constantly moves between the immanent and the transcendent, the conscious and the trans-conscious.
- p.49: Mathnavi II, 3547. Rumi explains the difference between consciousness as experienced by the five senses and the esoteric experience that takes place in the heart of a mystic. Though the eyes of a mystic are shut, he or she beholds and discerns with the eye of the heart.
- pp.50-51: *Divan 861*. This *ghazal* is about the emanation of the Light from God or the Beloved. The phrase 'By the Dawn' is the first word of Qur'an 93:1 (known as *The Sura of Glorious Morning Light*). This light, the light of the morning sun, is also the esoteric Light of the mystic. In the poem, this mystical Light is extended to the face of Shams, whose name literally means 'the sun'. Thus the metaphor is also a pun on his name.
- p.52: Divan 622. Rumi begins by stating how life and death continuously follow each other in the domain of God (the Beloved). Yet the mystic lover will not refrain from seeking the Beloved, though this means surrendering life itself. In preparation for union with the Beloved, the lover continuously empties the heart of all phenomena so that it may be filled with the Divine.
- p.53: Divan 943. Revelatory dreams are important in mysticism, since certain mystical experiences can occur during such dreams. Rumi explains that the spirit, when freed from the burden of daily life's consciousness, can experience the beauty of its original spiritual abode.
- p.54: Mathnavi IV, 3654. According to Sulis, a person who imagines that this world is the measure of all reality is as misguided as a dreamer who is unaware that he or she is dreaming.
- p.55: Mathnavi VI, 4618. In the Mathnavi, Rumi puts forward what would have been a daring and almost heretical concept to religious orthodoxy. He suggests that coming to the presence of the Beloved who is clothed in glory and majesty is an inferior experience compared to beholding the Beloved stripped of the veils of these attributes. But a human being can behold the Beloved only when he or she has reached a state of total inner annihilation.
- pp.56-57: Divan 2480. Rumi questions the essence of the heart. He likens the heart to a person living among a people, but not of that people. Similarly, the soul must free itself from the constraints of the body, because the soul is like a nugget of gold which is not appreciated until mined out of the earth. In the Qur'an, it is said that Samiri was the man who made the golden calf and led the children of Israel to worship it. Moses, who banished him from the camp, told him that his punishment was to become 'untouchable', Later on, the word 'untouchable' became associated with disease and leprosy.
- p.59: Ruba'iyat 1878. The word sagi, usually translated as 'cup bearer', is a metaphor for the Beloved's continuous emanation. When a person completely empties his or her heart and mind of every thought and feeling not related to the Beloved, then that person will become the container of mystical wine emanated from the Beloved.
- p.60: Mathnavi IV, 3628. The soul is like a traveller who seeks the perfect city, the city which it will recognize immediately as its city of origin. There is no separation, no isolation, and there are no strangers in that city. There, the soul is re-united with the Beloved.
- p.61: Divan 171. When the Beloved's divine beauty is revealed, even the inanimate world of stones becomes infused with the ecstasy of love. Nothing can be compared to that beauty, jamal. The moon and the sky are but a hanging light and a rusty mirror compared to the beauty of the Beloved.

- p.62: Mathnavi II, 578. Greed is the darkness which will prevent the eyes and heart of a person from receiving the light of Truth. Though this person possesses all the wealth in the world, he or she will be spiritually empty.
- p.64: Mathnavi 1, 602. Humans might think that they exist, but they are only the non-existent; their being is no more than a breath of wind. The only true existence is the One, the absolute Being, the Divine.
- p.65: Mathnavi III, 2075. Rumi explains the phenomenon of timelessness as experienced by the mystic. When the metaphorical and mystical leap from material time to non-material time occurs, then the duality of time and non-time vanishes and all that remains is Time.
- pp.66-67: *Divan 321*. This *ghazal* describes the outward manifestations of an inner affliction. When a person is truly in love, he or she appears to the common eye to be ill. To the enlightened eye of the mystic, this apparent affliction is in fact a blessing.
- p.68: Divan 2760. Kohl is a very fine powder, used for beautifying the eye. In the original poem, kohl is used as the symbol of a contrite and humble heart and, by extension, of the mystical experience which takes place in the heart of the lover. It is this which beautifies the eye of Certainty the absolute knowledge or mystical experience, which is permanent. This is set in contrast to rational knowledge, which is transient. It is acquired by the rational faculty and is subject to change.
- p.70: Divan 19. Mustafa is one of the prophet Muhammad's names. The Beloved's spiritual ability to experience the Divine is compared to miraj, the mystic Vision of Ascension of the Prophet to the Seventh Heaven (Qur'an 17). The placing of the head upon the feet is a reference to the prostrating posture in Muslim prayer. In orthodox religious understanding, this is how one bows to God. In the mystical tradition, God becomes identified with the Beloved.
- p.71: Divan 2865. According to the Sufis, one could make the mistake, when looking at beauty, of seeing merely the face or the form. This limited outlook does not enrich the spirit. That is why Rumi explains that the true mystic looks at beauty but sees Beauty. This is the experience that transforms a simple grain of sand into a precious pearl: this is what enables the human to become Human.
- p.72: Divan 2412. Houri is a nymph and also the virgin of paradise. Salah al-Din is the great Muslim leader of the Crusades, known in English as Saladin.
- p.73: Mathnavi II, 3I5. Sufis and jurists often did not see eye to eye about religious matters, and Rumi was no exception. Here he compares the heart of a spiritually ignorant person – though one who is highly educated in worldly subjects – to a deaf ear that cannot hear the Truth, but only distorted sounds.
- p.75: Mathnavi II, 2923. According to Rumi, all philosophies as well as all religions contain some truth, which is why human beings search for truth in different doctrines and disciplines. Charlatans, in order to gain worldly goods, take advantage of people's gullibility, and portray half-truths as the Truth.
- pp.76-77: Divan 246. This ghazal expresses the difference of perception between the mystic and the non-mystic. For a Sufi, the body is no more than a prison, which must be symbolically set on fire to free the incarcerated spirit. A mystic does not expect faithfulness from this world, because all worldly loyalties are meaningless when compared with the true fidelity between the lover and the Beloved. Hallaj was an iconoclastic Muslim mystic and poet of the 9–10th century.

His unorthodox views on the Unity of Existence with diverse manifestations led to the charge of heresy being brought against him. He was martyred in 922 CE.

p.79: Divan 730. In the mystical tradition, birds can represent the soul. Their beauty manifests the beauty and perfection of the soul of the lover. They are the free spirits who move comfortably between heaven and earth.

p.80: Divan 1559. In the original Persian, the phrase represented here as 'ruby blood' is 'by your life'. The lover accepts any punishment from the Beloved, even death. In the Sufi tradition, the lover trusts the Beloved totally. The lover rises like a particle of dust out of the path of the Beloved, and willingly returns to dust.

pp.82-83: Mathnavi II. 3668. This poem is part of a long section in the Mathnavi on how not to be misled by what outwardly seems to be real knowledge. A king has been searching for the tree of knowledge whose fruit bestows eternal life, but has failed to find it. A Sufi explains that the reason is that he has been looking for the tree rather than for the transcendental meaning of the tree. Those who seek the Beloved in names and concrete terms will fall into confusion and failure. The real seeker must look for inner meanings and through them be guided to true knowledge.

p.85: Divan 1422. Zekr literally means remembrance. In Sufism, it is the ceremony in which the 99 Beautiful Names of God are repeated, sometimes accompanied by music. Khezr (in Persian) or Khidr (in Arabic), means green. In the mystical tradition, he is a legendary figure who symbolizes the spirit of renewal, and is the guide of the seeker. Here, the Simurgh symbolizes a spiritual leader and adept mystic. Qaf is the mythical mountain where the Simurgh lives.

pp.86-87: Divan 1397. In the mystical tradition, only God or the Beloved has true Existence. All else is a reflection of that true Reality.

p.89: Mathnavi VI, 634. The original story in the Mathnavi is about a man, waiting to meet his Beloved, who falls asleep and misses her. Rumi is trying to explain that when people who are too busy negating and denying the Reality are given the chance to experience that Reality, they fall into the abyss of unconsciousness and miss their opportunity.

pp.90-9I: Mathnavi VI. 3487. This is from the story of Joseph in the Mathnavi, based on Qur'an 12. Joseph spent a long time in prison because, instead of putting his trust in God as the only omnipotence, he asked the butler to plead for him to Pharaoh. The butler, who was not an enlightened mortal and subject to daily cares and preoccupations, forgot all about Joseph. Rumi says that trusting in the power of the transitory world and its people is like asking the blind to lead the blind.

p.93: Divan 1641. The life experienced by a mystic separated from the Beloved is akin to death and decay.

p.94: Rubaiyat (reference unknown). Time is relevant to the world of existence and must be conquered. Timelessness belongs to the world of true Existence.

p.95: Ruba'iyat 1966. Here Rumi expresses the belief that the Beloved is the cause of all changes. It is love and service of the Beloved that causes a person, a simple speck of dust, to become like an eternal mountain.

p.96: Divan 2967. The splitting of the moon is a reference to Qur'an 54:1. The theme of this sura is the final judgement and truth of Revelation. If the moon is split asunder, the end of the world is nigh. Rumi's soul is so elated by the revelation which he has received from the Beloved, that he dares to split the moon, face the final judgement and be joined to the Beloved.

About the Manuscripts

During his life, Jalaluddin Rumi's home city of Konya in Anatolia was an important centre for the production of fine manuscripts. Their quality can be judged from the earliest surviving copy of Rumi's Mathnavi-e Ma'navi, which was produced in the city in 1268-9 CE, and which is still preserved there in the museum attached to Rumi's tomb.¹ It would be difficult to find a better example of the supranational character of medieval Islamic culture. The form and style of illumination found in this book was dependent on models developed in the Arab and Iranian lands during the 8th to 12th centuries CE, principally in the context of Koranic manuscripts.² Here, though, the book was a work in Persian, recently composed by a poet from what is now part of Afghanistan. The painter responsible for the decoration, Mukhlis ibn Abdallah, called himself al-Hindi, 'the Indian' — and he practised his art in a city that then had a mixed Turkish and Greek population. To a large extent, this supranational artistic unity was maintained throughout the long period when Rumi's works were produced in manuscript. The artistic presentation of these texts certainly changed over time, but a shared heritage and contemporary exchanges between important centres such as Istanbul, Isfahan and Agra preserved many common features.

In Rumi's time, non-figural illumination was the principal form of book painting in the Islamic world and, over the following six hundred years, a great number of manuscripts containing Rumi's works were decorated in this manner. In the beginning, the illuminations incorporated numerous geometric motifs, but this repertory rapidly lost ground to plant-based designs, including arabesques bearing the palmette motif and scrollwork set with fantastic chinoiserie blossoms. The extent of the illumination varied according to the resources of the artist's client, but it usually included an ornamental frame around the opening pages of text. In the grandest manuscripts and albums, there was illumination on every page, and this work came to include decorated margins. These were often painted or dyed in a tone that contrasted with the central area of the page, and then painted with an overlying pattern in gold that was sometimes further enhanced with other colours.

Illumination of this kind can be found in a magnificent l6th-century copy of the *Divan* of Hafiz, several examples of which are reproduced in this book. In these, the only geometric element to have survived is strapwork composed of rotating lobed figures (pp. 25, 54, 65, 94). Floral scrollwork is supplemented here and there by chinoiserie clouds (p. 64), or by cranes and other birds (pp. 24, 55, 58, 59, 68, 69, 95).

Soon after Rumi's death, towards the end of the 13th century CE, non-figural illumination was supplemented by a revival of book illustration, which developed rapidly under the patronage of the newly converted Mongol rulers of Iran and their ministers. The earliest surviving examples of these paintings occur in scientific and historical manuscripts but, from the 14th century, poetic works were also illustrated. Some of these had a strong Sufi content, as demonstrated by the miniature reproduced on page 84, which shows a group of dervishes engaged in an ecstatic dance to the music of a flute and two tambourines.

Where the miniatures were inserted within a narrative text, their content related directly to the story told by the text. An example reproduced here (p. 78) is from the Mantig al-Tayr, or Conference of the Birds, by Attar, which was also one of Rumi's sources of inspiration. Another type of painting, the illustrated frontispiece, was more common in manuscripts of lyric verse. It consisted of a painting covering two facing pages, or two matching paintings facing one another.

and it always preceded the text. The paintings on pages 58 and 69 form the frontispiece to the Hafiz manuscript mentioned above, while details from two other examples (pp. 12, 97) depict a standard theme for these compositions: a seated prince occupies the place of honour at an alfresco entertainment, which was, we are to understand, the ideal setting for listening to poetry.

Miniatures such as these were created within well-organized scriptoria, in which spare paintings, old cartoons and fragments of calligraphy were kept for reference. On occasion, such material came into the hands of connoisseurs who pasted them in albums. Gradually it became the custom to create drawings, paintings and calligraphic specimens specifically for inclusion in richly illuminated albums. Such album pieces are often in the form of single portraits of types or actual persons (see pp. 30, 40, for example). One group of individuals deemed particularly worthy of such portraits were Sulis, either because of their picturesque appearance or behaviour, or because of their spiritual qualities (see pp. 34, 44, 48, 63, 81, 88, 92).

Youthful beauty, both male and female, was also a subject of these paintings, and in this case the images could be used as aids to contemplation. Rumi believed that human beauty can be appreciated as a metaphor for the absolute beauty of God, and that by gazing at living examples or depictions of them we can gain some understanding of the Divine. The album painting shown on page 34 depicts a young Mevlevi dervish, a follower of Jalaluddin Rumi, and his bland good looks show how the Ottomans visualized this theme around 1600 CE; the youthful courtiers shown on pages 58 and 69 are the product of the Safavid imagination of roughly the same period. Even at this time, four centuries after Rumi's death, a common currency of Islamic aesthetics was maintained in both literature and the visual arts, even if a certain regional diversity influenced their realization.

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Zeren Tanindi, 1278 Tarihli En Eski Mesnevi'nin Tezhipleri, Kültür ve Sanat, no.8, Ankara, 1990, pp.17-22. The date in the title

Mukhlis ibn Abdallah's other known work (Dublin, Chester Beatty Library, ms. 1466) is indeed a magnificent Koran manuscript. which he illuminated in Konya in 1278 CE. See David James, Qur'ans and Bindings from the Chester Beatty Library, (London).

Rumi. He has written and presented numerous radio programmes about Islam for the BBC, including a series of talks on the Prophet Muhammad and the Four Caliphs, and a programme on the life and work of Jalaluddin Rumi. He has written award-winning screenplays for Channel 4, poetry and articles for a range of journals, and he is a frequent book reviewer. Rafico Abdulla describes himself as a secular Muslim and a lover of the arts, particularly music and poetry. He has recently been honoured with an MBE for his community work, especially for his ecumenical work among Muslims, Jews and Christians.

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