

The Corona virus
(SARS) is wiped out at

56°C



Well, you got the virus.

You do have to go to the hospital, but before, you may try this ideas.

Don't waste your time if they do not work, because the "Shortness of Breath" it's a serious conditions and the lungs might get irreversible damage by the Corona virus.

This will not replace a medical examination, handling or advice.

It's just what I would do in the first day of feeling like crap.

Shortness of breath is coming from the liquid in your lungs, so, you'll need diuretics to get the fluid out.

This virus is not heat resistant.

The problem is that you cannot raise your body temperature in order to wipe it out...but you might have a chance by doing the following.

Step#1:

- A very hot bath...well, if the symptoms are not gone..go to step2:





[About the SARS virus on wiki](#)

[And a study from WHO](#)

remember
Heat and Diuretics