

---

**The breakfast of champions in bodybuilding** John Bosley Ziegler, the physician of US weightlifting team during the 1950`s had been attributed to the creation of the popular steroid Dianabol. It is popularly known by the name methandrostenolone. It is also nicknamed as methandienone. Dianabol is an informal name, and this drug is an anabolic steroid that is orally-effective.

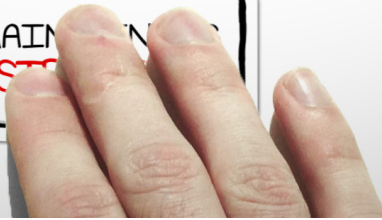
**Production History** Ziegler who worked in Ciba Pharmaceutical Company was supplying testosterone to patients for experimental purposes. These patients suffered from burns and handicaps. Until May 1959 the above experiments did not yield positive results for enhancing the power of patients. Russian athletes who outperformed Americans in weightlifting has physique that were suspicious. He invited the doctor for USSR for drinks and learnt the secret since the doctor became over-drunk and revealed those secrets. Ziegler then began to experiment this testosterone on selected weightlifters. Although the initial results were unsatisfactory, he became successful in synthesizing methandrostenolone. He even tested the drug upon himself and found it satisfactory giving desired results to enhance the power of patients. Ciba was able to launch the drug using the trade name Dianabol by 1960.**Being Tagged as the Breakfast of champions** Weightlifting, bodybuilding are the two communities that mostly use muscle power. Winners of world records in Mr. Olympia contest have themselves admitted to have used this drug for their health. Arnold Schwarzenegger who was one of the winners as above had even titled Dianabol as, "The breakfast of champions". Even athletics body in US does not ban the use of this drug. This drug is produced in countries where prescription-drugs regulations are not strictly banned.**Bodybuilding and after-effects** This drug has heavy masculinizing effect when taken as a tonic. The legal use of this drug was not disrupted until 2001. This drug is now placed under the Controlled Substances Act known as Anabolic Steroid Control Act of 10990. As a case of bodybuilding still some of the athletes use it illegally, as an injectable component. Long-term use of large doses will result in risks of cardiomyopathy. Detection of abnormal health complications by prolonged usage id done with urine. Low doses also result in masculinizing for women and effects in men will appear over time. There will be a significant water-retention that also gives a bad appearance in mass and strength gain. As discussed, it is sold in an injectable form and has been available online from US Companies.



## ASSISTING THE U.S. OLYMPIC TEAM

CONTEST  
PREPARATIONS

MAINTENANCE  
STACK



**Oral Dianabol:** Oral [Dianabol](#) also available in market. It's not actual dbol, its a mimic of original anabolic steroid. There are some bodybuilding stacks also available by Crazy Mass like [Bulking Stack](#), Cutting Stack etc. [The History of Dianabol](#)