

Goal Setting For Busy Mom's

EXAMPLE

| Goal Area | Date | Description | Desire Date of completion | Celebrate! |
|-----------|--------|--|--------------------------------|------------|
| Marriage | 7/1/15 | Bi Monthly Date Night for July | July 10, 2015 July 24, 2015 | |
| Children | 7/1/15 | Keep rooms clean daily. (check am/pm and encourage to take care of belongings) | July 31, 2015 | |
| Home | 7/1/15 | Clean Kris room top to bottom Garage ~ clean out and organize! | July 4, 2015 July 10,2015 | YES!!!! |
| Career | 7/1/15 | Create new classroom "calling" cards, and edit Welcome Packet | August 6, 2015 | |
| Financial | 7/1/15 | Each paycheck put \$50 into a Christmas Account to pay cash for Christmas gifts without using savings. | December 15, 2015 | |

EXAMPLE

| Goal | Tools needed to complete the goal |
|-------------------------------|--|
| Bi Monthly Date for July | Situate kids with an easy to prepare meal for themselves, or plan sleepovers away from home on those nights. CLEAR social calendar with neighbors. |
| Keep kids rooms Clean | Each morning check and have the kids put away whatever is out, make beds, remove any trash that might be in room. Vacuum and dust on days when the rest of the house is vacuumed and dusted. Each night before bed, do a quick walk through. |
| Clean Kris room top to bottom | Black trash bags, lots of music, patience, and time. |
| Garage clean out and organize | Black trash bags, lots of music, time, cold water, on a day that I do not have a ton of other things planned. |
| Edit Welcome Packet | This can be done by changing out co teacher's information once it is released. Send a copy to other pod lead teacher to edit for own class. |
| Create Calling Cards | Play in word/works/ and create new card to attach to packets. |
| Christmas Account | Open a special account just for this and do not take money out of it unless it is for a Christmas gift that is on sale. Planning on a big shopping day after the 15 th unless one of the kid's gifts goes on sale (BIG sale). |

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