



## OUR ADVENTURES ABROAD IN BULGARIA

We had an amazing time in Bulgaria this Summer. We asked some of our travelling members what they thought of their holiday:

Nigel said, 'Everything was amazing in Bulgaria. We stayed in a villa and I shared a place with Desmond and Adrian. I had a double bed all to myself. There were two pools, a big one and a baby one. It was peaceful and quiet and the sun was out a lot. The villa had its own bar and I helped out with making food and setting the tables. I prepared salads for anyone that wanted one. On the 10th September I had a 50th birthday party at a hotel. We had a meal and a disco. I had a big cake with sparklers on it. I proposed to my girlfriend Louise. I got down on one knee and asked her if she would be my wife. She said yes and gave me a big hug and kiss. I gave her a red rose too. Now we are engaged!'

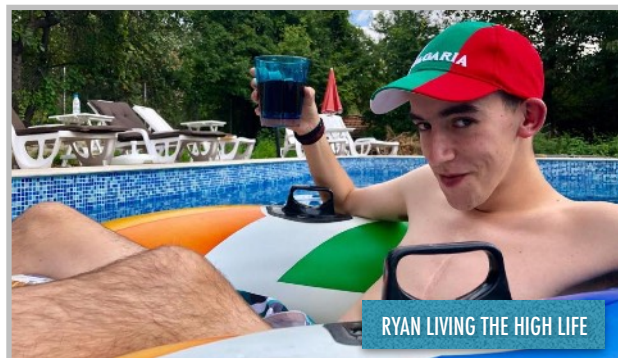
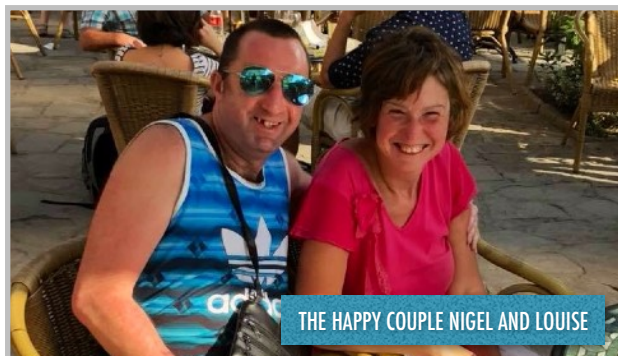
Ryan said, 'We stayed in a different villa than Nigel. It had its own bar and we all had a go at making cocktails and mixers. We had quite a few trips out and went to a lot of restaurants, cafes and bars. My favourite was the Italian where I had Pizza and a nice cold beer! We met up with a friend of Sallyanne's called Peggy in her village. She bought me the Bulgaria cap I'm wearing in the photo.'

Desmond said, 'We flew from Terminal 1 in Manchester airport to Sofia. We stayed in Villa Maximus - it was a lovely place. I went shopping and bought some CDs that we used the other day in Sound Waves to make some music from. We went off-roading, it was absolutely fantastic. We were in a jeep which was driving through the woods and on dirt tracks. We got out for a breather and to look at the views which were amazing. We also went to see a Monastery, where there was a lovely little church full of candles.'

Sophie said, 'We went off-roading through the meadows and the jeep was bouncing around and moving from side to side. Cathy was sat next to me and she was screaming but she was ok! I liked chilling by the pool. I got pampered by Kayleigh; she painted my toenails pink and my fingernails a glittery purple. The weather was hot so I had a swim in the pool. I jumped in and it was freezing but I got used to it! We walked down to a big castle which lit up with all different kinds of colours. We went out to lunch to a nice restaurant and to a big market on the street and we bought some veg to cook back at the villa and I helped out prepping for lunch. One night we did Bulgaria's Got Talent Karaoke Night, I sang Ed Sheeran, Little Mix and songs from The Greatest Showman and Marry Poppins.'

Cath said, 'We went out for cocktails at a bar. I enjoyed the sunshine and going out for meals. We stayed at the hotel alegre one night for Nigel's 50th birthday party. My favourite thing to do was to hang out at the pool swimming and sunbathing. I bought some dresses, one white and one pink, and a sunhat to keep me cool in the heat. I really enjoyed it and I'm going to go to Barra with Waves next year.'

Tracy said, 'I loved swimming in the pool but it was a bit cold when I first got in. I threw water at Nicola Boothroyd and my brother John. We had a lot of fun. We went to a castle show that was really magical. There were all kinds of colours like red, green, yellow and blue lighting up the walls and you could hear stories of the history of the area. I bought a colourful bracelet from a nearby stall that I am wearing now. I bought a dress that I wore at Karaoke. I sang the Abba song 'I Have a Dream'. We chilled out watching some movies like Stuart Little 1 & 2 and The Greatest Showman.'



## IN LOVING MEMORY OF SHIRLEY HIRST



George Hirst lost his granny in March and part of the money raised by a collection at her funeral has gone to the Waves Token Fund. Shirley Hirst, who lived in Marsh, wanted the money split between Waves and two other organisations, The Huddersfield Support Group for Autism and Cancer Research UK. In the end £259 was donated to the Waves Token Fund.

George lives at Scapegoat Hill and his dad, Andy, said: "George loves coming to Waves every day and leaves the house with a smile on his face. Granny knew how happy he is at Waves which is why she was so keen that money raised at her funeral was donated to this wonderful day care centre."



*ShimmyHipz Bellydance is  
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*Bellydance For All  
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Lots of fun and fitness too, to book call Debbie

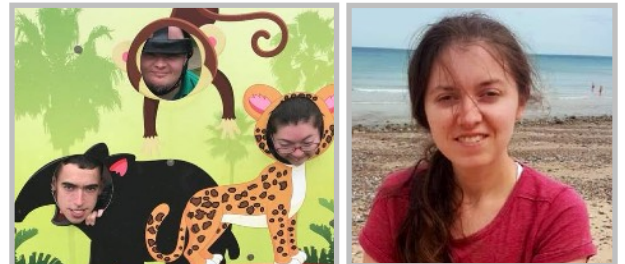
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**PANSY HANGING BASKETS WILL  
BE AVAILABLE TO BUY FROM  
THE WAVES GARDEN SOON**



## WAVES WEEKEND IN CROMER



Leila said, 'We packed up all our stuff in the Waves Bus. It was a long journey to Cromer. We stopped on the way for lunch and drinks. I travelled with my friends from Waves; Cameron P, Neil, Harry, James & Rachel D, & staff Jacqui, Freda and Shaun. Bridget travelled on the train with Ryan, Saku & Ashton. I stayed in a room with Rachel. The weather was really mixed, there were boiling hot sunny days but also rain and storms. We went to the beach but the sea was really cold so I decided to skip having a swim and I got a Pikichu Tattoo instead! There was a fairground near the sea and by now the sun had come out and it was really hot! On Saturday we went to a show at the theatre. They sang songs from musicals like Phantom of the Opera. After the show we watched fireworks. We also went to a place with animals and lots of different stalls. There were sheepdogs, ferrets and kestrels. I bought souvenirs for my family. I got my sister a crab magnet, my Dad a scented soap and my Mum a dream catcher. We had such a busy weekend that I fell asleep on the bus ride home! Ryan was singing songs from Phantom of the Opera on the Bus. The trip was amazing!'

## WAVES SUMMERTIME HOLIDAY REPORTS



JOE HARTY



This year my parents and I went to stay in a log cabin at Loch Linnhe in Bonnie Scotland. We did a lot of walking and exploring in the beautiful countryside. The highlight of the trip for me was riding on a steam train called the Jacobite. It was a really beautiful journey full of amazing views. It's used in the Harry Potter films for the Hogwart's Express scenes. We had some lovely local food. I had haggis and my Mum had mussels. It was a cracking holiday, thoroughly enjoyed by all.



NINA ALLEN

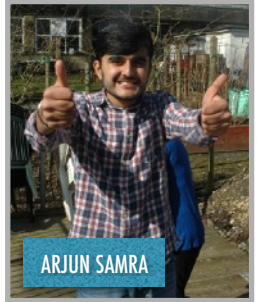
This I've been to Lanzarote with family and friends - there were seven of us, I've been a couple of times already. We stayed in a bungalow and I swam lots of miles in the swimming pool. The bungalow was number 33. It was red hot out there, warmer than England. We walked on the promenade by the sea. I saw boats, fish in the water and shops. I bought two tops with skulls on and I'm wearing one of them in the photo above. We also went to the beach a couple of times but I liked to stay in the apartment best because we were already really close to the beach and the sea.



HANNAH STEAD



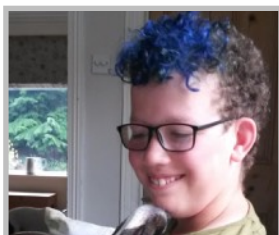
When I got to Holland we stopped at a hotel near Rotterdam airport and after one night we stopped at a campsite near Utrecht. On the campsite there were all sorts of activities such as bowling, cycling, crazy golf and swimming. Some days we decided to visit Amsterdam and a beach in north Holland. I particularly enjoyed some of our take aways from the snack bar on the campsite. When we came home from Holland we spent one extra night near Ipswich and then found a Tesco's for breakfast the next morning.



ARJUN SAMRA

I had a lovely time in Greece. The Hotel was great. It had two swimming pools. There were different entertainments like comedy, music, quizzes, magic and dancing. Our room was lovely, there were cosy beds, a TV and a fridge with cold drinks in it. I liked to relax in the sun lounge reading a book or go in the jacuzzi. The weather was very hot. We went in to the town and had delicious food at the restaurants. We sailed on a boat to three islands and I jumped off into the sea for a swim. I sang Sam Smith on the karaoke, the staff really liked it and the audience joined in - there was lots of applause and cheers!

## WE INTERVIEW OUR NEW MEMBER TOBY FAREY



### What are your Hobbies?

I like Hornby trains. I have a huge train set in my cellar at home on a train table. My favourite train at the moment is the Hornby Henry. I work at Kirklees Light Railway every other Sunday. I light the fires in the engines and do various jobs there. I also love horses, I have one called Hattie and I'm going to start riding her when she's got her saddle checked. Hattie is an Irish Cob / Mare. We've just moved her to a farm in Mirfield where she is settling in nicely.

### What kind of Music do you like?

I really love the musical, 'The Greatest Showman'. I play the guitar and learning to play the violin. I like listening to folk music too.

### What do you like to do at Waves?

I love messing about in the ball pool, it's so much fun! I love the food that Jules makes, it's delicious. She made an amazing beef sandwich which was lovely.

## DJ CASEY DUDE WOWS THE CROWDS AT EVENT



On August 12th I did a DJ set at the Knights of Malta International Holiday Camp of Great Britain in South Hampshire. I travelled down with my Mum Jacqui in the car. It was a four hour drive. We stayed in a posh 4 star hotel called Alton House which was lovely and comfy. I met my mentor DJ John Johnson from Power Entertainments at the hotel. On Sunday the 12th me and my Mum drove down to the camp. It was a 5 minute drive from the hotel. There were lots of food stalls and people with disabilities from lots of different countries. There was a huge tent with disco lights that I was going to DJ in. Before I went on there were Karaoke sessions. After that DJ John Johnson introduced me on to the stage and I started my set with The Black Eyed Peas. My set lasted about 2 hours, I felt very good. We finished after midnight! The crowd enjoyed it, everyone was up on their feet having a great time. We got back to the hotel at about 1 in the morning. On Monday morning we had a great breakfast at the hotel and then drove to Oxford for the day. I got a Harry Potter T-Shirt and a long sleeved shirt that says Oxford on it and then we drove back to Huddersfield.

## FROZEN REVIEW BY MARLI JULIEN



Frozen is quite an old film now but it is a classic. There are two young sisters in Frozen called Elsa and Anna. The film is full of shininess and sparkles. I like all the songs especially 'Let it Go'. The snow and ice remind me of Christmas time. Olaf the snowman is my favourite character because he's funny - he stars in a follow up film called 'Olaf's Frozen Adventures' which was made in 2017. It's quite sad in some parts but happy and funny in others. I give it 5 out of 5 stars. ★★★★★



## WAVES VOUCHERS

Stuck to know what to buy your son, daughter, relative or friend that attends Waves? These vouchers can be used for holidays, special trips or extra days.

Available by mail or to collect from Waves.

Phone Jayne Wright on 07805038888  
or email [jaynefield@hotmail.co.uk](mailto:jaynefield@hotmail.co.uk)



## HAPPY HIGHLIGHTS



Tom met snooker legend Dennis Taylor at a special dinner event.



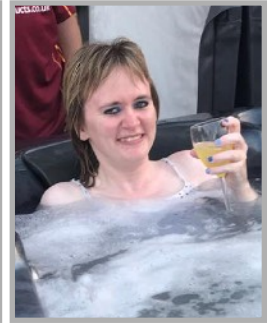
Good buddies Jasmine and Matthew are having a right good time in Waves 2.



Ryan's getting ready for a boat trip in Scarborough



Paige is enjoying herself in the swimming pool.



Alice relaxing with a drink in the hot tub in Scarborough.



Tom Cruise has got nothing on Nigel - master of the cocktails in Bulgaria.



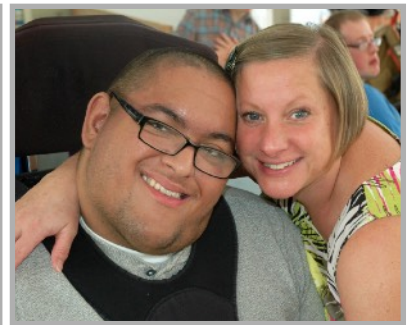
Gemma's got a new furry friend in the animal centre.



Ashton in the 1st class compartment to Cromer.



Jack is working hard in the Waves garden.



Cobi and Kirstean are proving that there is such a thing as a happy Monday at Waves. :)



Here's new member Marli - she did the film review in this issue.



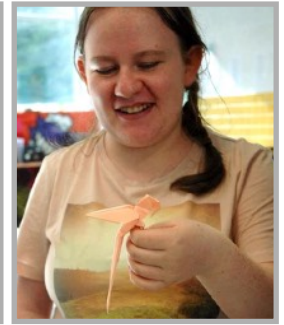
Sophie made this for her new nephew Alfie - Congratulations Auntie Sophie!



Tracy looking super-cool in Bulgaria



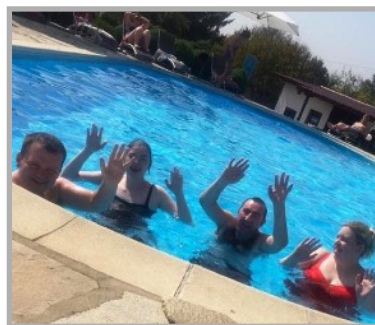
Sam approves of her hairdo courtesy of Jo in the Spa.



Jess made us this awesome origami macaw. Thanks!



Kathryn is getting a pampering from Kayleigh by the pool in Bulgaria - Luxury!



Cooling off and having fun in the pool at Villa Maximus in Bulgaria.



Heena is armed and dangerous in our new Nerf gun session.



Luke and Aaron are having a good laugh during the Media session in Waves 2.

## MY TOP FIVE HOBBIES BY KATE GRANT

### 5 - GYM

I like going to the gym to work out on all the machines. It helps me get fit and strong. I feel good after a work out. I listen to the music on the radio there to help me exercise.

### 4 - ANIMALS

I love my pets, they are very gentle. I used to have some guinea pigs and chickens. Now I have a dog called Digby. He's a very gentle lovely dog. He's black and white and he will be five years old soon.

### 3 - HORSE RIDING

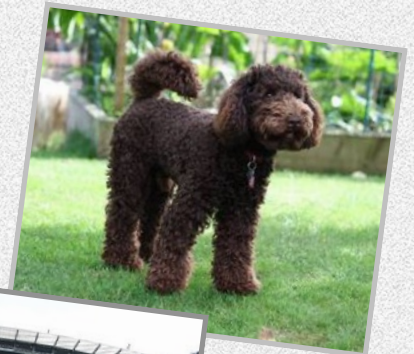
I used to go Horse Riding on Saturdays but at the moment I'm doing dancing instead. I used to go to Shelf in Queensbury and ride a black horse called Sally. She had a white stripe down her nose.

### 2 - DANCING

I go dancing every Saturday in Halifax, unless there's a home game for Man City. Megan & Rachel from Waves go as well. We do stretching and exercises to get loosened up and then we dance to lots of different songs. We put on shows too, our next one is in September. I like watching ballroom especially the men! I went to see Brendan Cole and Aljaž Skorjanec at the Victoria Theatre in Halifax. It was fantastic!

### 1 - FOOTBALL

I support Man City who have won the Premier League twice and the FA cup five times. I have a season ticket at the etihad stadium. I go there with my Mum and Step Dad for every home game. I used to manage a football team at Ravenscliffe high school in Halifax which was great fun. I won two medals for my management skills.



**Get ready for the Halloween Disco on Wednesday 31st October with DJ Michael Senior! Lets see your spookiest costumes!**

