

There's a whole world out there of people that need you to serve them. You are now investing your time and your energy and you are stepping up to be that person and that woman who makes investments like this, who takes her business seriously, who's willing to go on, who is driven, who is ambitious, who is going to make shit happen no matter what. This is focused, fierce and financially free. Here's your host Jen Scalia. Hey, Hey, welcome to focus years and financially free. This is your quick byte podcast for all my entrepreneurs who want to create wealth and freedom with their business. You're in the right place if you're looking for not only the strategy but the mindset to get seen, known and paid online. I'm your host Jenn Scalia, success and wealth strategist and I wanna thank you for joining me. I am excited to

bring you every single week, a short 15 to 20 minute actionable training on how to build wealth from the inside out. Today's episode is definitely a treat. This is something I possess personally and all of the biggest leaders and most successful entrepreneurs know how to do this properly, and that is how to make Swift and powerful decisions because when you're in limbo, when you're going back and forth, when you're thinking for days on end about whether you should do something or whether you shouldn't, that takes your power away. Today we're diving into how to make Swift and powerful decisions and really understanding why this is so important and crucial to your success. But let's go ahead and dive right in. Welcome to day 28 of wealth from within and today is all about making Swift and powerful choices with them. Powerful decisions and I am really excited to share this concept with you and you may have heard it before, but I'm going to share it in a way that hopefully we'll actually get through to you.

I think that, you know, being able to make swept and powerful choices is the number one key to my success. I've really been able to listen and trust myself and be able to know exactly what I need, what I need for my business, what I need for my life, what I need for my relationships, and be able to take action in alignment for that. So this lesson really is about combining all of the lessons that we've done previously. Trusting yourself, knowing what's right for you, trusting your intuition and saying yes to yourself. The by definition, the word decide means to cut off all other options. So we've talked about this way in the beginning of these lessons, but that's what I want you to think about today when you're thinking about making Swift and powerful choices for your life, for your business, and even maybe for your relationships.

This is really how you let the universe know that you are serious. And when it comes to business, money loves speed. We'll talk about that more when we talk about inspired offerings and really just acting on your intuition and creating based on what's in your gut. We talk about that in the next couple of days. But I want you to just have that in mind. That money loves speed, and when we make powerful choices, that equals powerful results. And this can be making a decision to invest in a certain code, making a different decision to completely cut off a certain area of your business. It could be to cut off relationships, but making this powerful choices, it just allows you to step into your power and know that, you know what? I know what's best for me and I can trust myself. When we make that slice of action, it's because we're clear.

We know exactly what we want and what decisions will fully support us in getting there. There's one caveat to this. I want you to know that a decision or making a decision, does it always have to be saying yes? And I think that's a common misconception for a lot of people. We think, Oh, if I make a decision, it just means that I have to say yes to something. But as decision can also mean no to and I want you to. So just remember that, right? As long as you decide whether it's yes or no. If you're Teeter tottering, if you're in the middle, if you're not sure if you're, maybe if you're someday, if you're a later on, that's not

making a decision. Making a decision means yes or no. It's not one foot in and one foot out. It's jumping in with both feet or fully pulling away.

If it's something that doesn't suit what you desired. Today's lesson is short, but it's also probably one of the most important lessons that you're going to learn in this program. Once you're able to make clear and powerful decisions, you literally are a rock star. You have power, you have confidence, you have clarity. What I want you to do today is think about where in your desires or in your life do you feel like you need even more clarity because clarity is really the key to making these powerful decisions. When we know what we want and know exactly what we don't want, we can easily spot the decisions that are going to support us in getting there or keep us from getting there. Where do you need to go back and get even more clarity on your desires? Then I want you to think about where in the past has indecision caused you to miss out on something you ultimately wanted, and this might be tough for some of you because you may not want to admit this.

Even the other day I had a friend write to me and say, you know what? I was holding off on something and I just didn't make a decision about it. I didn't say yes, and it ended up costing me an extra \$10,000 because you didn't jump in on like a payment plan or early bird or something like that. So that's just a small example, an example nonetheless, of waiting or having a decision that caused her to miss out on something that she ultimately wanted. She knew she wanted it, but she wasn't diving in and it ended up costing her money. Next, I want you to think about where now, right now in this present moment in this day, are you being indecisive about taking action or saying yes or no to something? This should be pretty easy. Typically what I find is that when we aren't in decision and we're not really sure about something, we have that feeling.

We have a feeling in our gut. We have this gray cloud following over us like, Hey, what's going on? Are you going to make a decision? And we're kinda going back and forth and we're not sure. And it just breeds negative energies. Similar to yesterday's lesson where we talked about just having these feelings of waiting to do something and wanting to do something or putting something off, it still causes a negative vibe and negative energy and not making a decision does the same thing where now in your current life business, are you being indecisive about taking action or saying yes in something? And what I want you to do this week and even today of possible is make that decision yes or no. Where in the past has indecision caused you to miss out on something you ultimately wanted? And the reason why I want you to do this exercise because I want you to see what indecisive action looks like and what it means when we don't like the decisions.

And what we could possibly miss out on that we really actually want if we don't make a decision. Finally, where do you need to go back and get even more clarity on your desires? Where is it that you're kind of wishy washy or not sure? Because I'm telling you, once you have clarity, you know exactly what to do. You know exactly what to say yes to. And you know exactly what to say no to. That isn't for today's lesson, like I said, short, but extremely, extremely powerful. And I want you guys to step into your power. I want you to step into knowing what's right for you and making decisions, making Swift and powerful decisions. Because remember, money loves speed. So watch out for the next couple lessons. You're going to love them. Really going to be talking about how taking this decisive action and creating inspired offerings can actually make you rich.

We will see you in the next lesson. Alright, so that wraps it up for today's show. I know this is a biggie. This is something that is just really gonna be so powerful for you to develop. I really hope that you take this training, start to implement some of these things so that you can stay out of limbo as much as

possible and you can really start making these strong and powerful decisions and also just standing behind them and making these decisions very boldly, right? Because that is what's going to lead to your massive success. Make sure that you head on over to Jen scalia.com forward slash E 20 that is the letter E and the number 20 what you'll find the show notes for today's episode and I also have some free goodies for you on today's show notes as well, so make sure that you head on over there, Jen scalia.com forward slash eat 20 N and

make sure that you come back for the next episode on how inspired action and creation can make you rich. Now I know I say this all the time, but you don't want to miss it episode if you're really trying to make a name for yourself online. If you're really trying to create wealth and impact and freedom with your business, make sure that you tune in for the next time. Let's keep this conversation going to join us in the private discussion group, the ambitious Bay, but we're ambitious, driven online

entrepreneurs. Go to get the mindset and strategy to grow and scale their online empires. Join the ambitious babe at Jenn scalia.com/tribe

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