

*Cracking the “Despair Code” and  
Open your Ass and your Heart and Mind will Follow. . . .*

by

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*Cracking the “Despair Code”*

Do you ever feel like people have gotten so completely stupid and incompetent at almost every level of society that many things that used to be considered basic common sense are now regarded as some kind of esoteric knowledge? What if it were actually true? Would not then the most seemingly banal pieces of information about the actual nature of reality then take on the status formerly only held by grand towering metaphysical systems and esoteric doctrines about the deep mysteries of the universe? Does this suggest that there has been a reversal in the roles played by cultural reservoirs of knowledge? That “common sense” has somehow been perverted by metaphysical mummary that formerly only infected the minds of high minded people who spent all of their time in books and trying to figure out what the essence of a pumpkin is—simply in order to maintain itself?<sup>1</sup> Would that mean that the most closely guarded mysteries of the intellectual elite are now only available to the people who can make the most basic, banal observations about reality that actually happen to be true? A final question. If this were indeed the case. Would you not have to work just as hard to establish some sort of semblance of *basic common sense* for yourself as Hegel did in creating his total metaphysical system (which now is appearing to take on a concrete form with cybernetics and “data-mining” algorithms)?

What about people in possession of real wisdom and knowledge that went even beyond the basic fundamental bedrock of a common sense conception of reality? Would they not merely be towering intellects? Would their inner monologues not sound like a dialogue between quarreling gods?

We are caught each one of us in a lifeless dance of death. With our blinders on, we think we live in a world where everything happens with “no strings attached.” We are told simply that things are “complicated.” We are told that some people believe one thing to be true, but that other people believe the exact opposite to be true, and that there is no way of discussing the matter or even coming to understand one another. The lingua franca of western society is not the English language. The lingua franca of western society is its economic body. The most primitive form of communication is to simply draw attention to the “phenomenon” (entity) in question non-verbally. It is taken for granted that nobody really knows for sure what the truth behind what is going on is. However, out of this confusion at the intellectual level there has arisen apparent order, stability, and harmony for the relatively affluent populations within the Occidental *polis*. It is simply taken for granted in the United States that the Western individual acting of their own free will capriciously creates themselves. This is in spite of the fact that the diligent parents always take care to train their children more thoroughly than military dogs. The illusion of material stability and global harmony (climate change denial just being an example, also see Fukuyama's “End of History” and the “New Economy” philosophy of the 90's economists) was always just that. An illusion created by the fact that we all increasingly became hypnotized by the same pathways of information that all fed us the same narrative. A narrative which over the decades since the Cold War began became increasingly disconnected from reality and self-confirmingly circular.

The narrative we get from mainstream media journalism and opinions of those who still have their imagination machines hooked up to this monolith, is not a story about what is going on in the world at all. It much more closely resembles something like a secularized religion. The 24 hour news

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1 Could this possibly be explained by a “Red Queen” paradox in current western systems of knowledge?

networks intersperse their so-called “reporting” with sermons in which opinionated faggots, cucks, and bull dykes on the left and the right apply a priori principles of doctrine to any particular situation afflicting people at present times, and then run the examples unreflectively through the input-output functions of their a priori ideology programs. History is obsolete with a model like this except for pointing to “morally edifying” anecdotes that completely validate your side and discredit anyone who disagrees with you, much in the same way Christians tend to bicker about scripture by trying to “out quote” each other without building so much an overall story about how their quotes fit into the official doctrine of the divine word in any way; more of a process of individual contests to one up each other which is quickly abandoned once it becomes obvious that continuing to engage in this disgraceful display of autism is not becoming of a human being with any sense of decency and good manners. Unfortunately these disgraceful displays of autism are allowed to flow freely from the airwaves (and now the internet) and they are beginning to accumulate at an alarming rate. If scientific discoveries were being accumulated at this rate, we would have become wizards 5 years ago and would probably be God like entities by now.

America is analytically contained in the definition of “Democracy” and “Freedom.” Dissenting narratives of national events are shouted down with meaningless slogans that nobody is allowed to formally disagree with like “Support the Troops” or “Black Lives Matter” or “Pro-Growth” or “Getting things done” or “Hope.” What kind of asshole is against hope? The use of Hope in this political manner causes an unnoticed anti-anti-hope McCarthyism. All such bad forced memes devoid of any content are merely used to be abstract cudgels to bludgeon all opposition to mob rule into submission. The problem then becomes, what happens when so many diverse and evolving groups have been ruthlessly ground into submission by ideological dogmatism and insurmountable social pressure to conform, that the ideological superstructure of the culture no longer has any connection to any of the material individuals or groups or populations within that society?

No one pretends to be acting on any higher ideals. Not acting on higher ideals becomes an ideal in itself. It is taken for granted that if you patiently mind your own business and tend to your animalistic pleasures that the system will provide for us all. The inscription on the sign to Nerv in Evangelion reads “God's in his Heaven, All is Right with the World.” This more or less reflects the contemporary western attitude even into today regarding technology and capitalism. Even Bernie Sanders supporters don't want real socialism. They have just been taught that “socialism” is no different than having policies that help out lower and middle income people. Bernie Sanders intends to try to do this without eroding the edifice of capitalism in any way, but simply by returning us to New Deal politics that protected Americans against the ruthless vulture capitalism that lead to the great depression. In no way was the New Deal an anti-capitalist or anti-rich measure. Without it, it is doubtful that global capitalism as it currently exists would have been able to grow into its present form as quickly as it did. But that is besides the point. The social experiment of complete market control of society has only been going on since the Reagan/Thatcher years. It has never been tried at this level before, even during the hey day of Gilded Age capitalism when customer protections were unheard of. Nobody ever questioned until the late 20<sup>th</sup> century that political society could be completely replaced by “market democracy.”

The true ideology underlying the western world is an ideology that views the world as a vast, interconnected machine that is becoming revealed by the progress of science and technology, which naturally tends towards harmony and stasis, except for when humans intervene. This leads to many environmentalist fantasies about human intervention being able to restore stasis in the environment. Environmental stasis doesn't even exist in the first place. Would you call the dinosaurs being wiped out in a mass extinction event “stasis”? Where does this stasis come from? How is it observed in nature? It is not. The idea that the entire universe is an entire holistic system that we are in the process of beginning to rationally uncover and understand is nothing but naive enlightenment optimism. The rotting corpse of the hope of divine guidance and protection secularized is the idea of environmental

harmony and stasis developed by eco-systems theorists and silicon valley utopians during the Cold War. The same way that neo-conservatives think simplistically reverting back to “old time religion” will rid society of its present ills is naive, so is the reversion back to naive enlightenment optimism naive about the problems currently facing global society. Both are attempts to nourish oneself on God's rotting corpse. It can only sustain itself until the point where you start picking the meat from the bones. Then it becomes the coldest comfort in the world. Anyways, it is perhaps wrong to call it a “reversion” to this idea, because it has never ceased to be the guiding ideology of those in control of how the means of production are deployed and developed in the west, including in most of the production of knowledges, with some small exceptions.

Even though we are told increasingly that we now live in *the* system we are also told that things are “complicated.” I once had a computer scientist explain to me that capitalism was a completely “rational” system and not an ideology (an argument I have also heard from analytic philosophers, economists, politicians, systems theorists, and business people, but not many other people). When asked to account for why capitalism seemed throughout history to be constantly in crisis and at many stages collapsing, she said that “the system was rational, but the data was imperfect.” The data, of course, is us. We are what the data measure. Capitalism is a perfectly rational system that *we fail to live up to*. Insofar as capitalism fails us, *we* have failed to live up to *capitalism* because capitalism is *perfectly rational* and *not an ideology* so therefore it is beyond question that if we follow the perfectly rational path perfectly rationally we will get perfectly rational results. Any irrational results or contradictions within capitalism or crises generated by systems is a result of *our failure* to live up to the rational ideal of capitalism which is completely harmonious. The idea that we should participate in a historically particular form of class struggle in order to emancipate ourselves from the powers that be however, is not rational, and is pure ideology that does nothing but “radicalize” people.

Heidegger (the Nazi no one is allowed to bring up in philosophy anymore without having to answer ad hominem questions about how he was a Nazi) said philosophy had been replaced as the queen of the sciences by cybernetics. This is not only a deep philosophical point but a historical fact. Do your own research on the development and applications of cybernetics. Does cybernetics in any way ideologically parallel Christian Theology in the West during the middle ages? Could it possibly be *even more insulated from criticism and destruction than Christian dogmatism was*? Will there be a future where “non-believers” or “sinners” face the threat not just of a fantasy supernatural hell? But a secular materialized technologically possible one? What would stand in the way of the demons in this secular hell taking over the entire world? The nice “loving” people who decided to put them there in the first place to prevent “sin” or “radicalization” or whatever?

Now, consider the following poem by Richard Brautigan entitled “All Watched Over By Machines of Loving Grace”:

I like to think (and  
the sooner the better!)  
of a cybernetic meadow  
where mammals and computers  
live together in mutually  
programming harmony  
like pure water  
touching clear sky.

I like to think  
(right now, please!)  
of a cybernetic forest

filled with pines and electronics  
where deer stroll peacefully  
past computers  
as if they were flowers  
with spinning blossoms.

I like to think  
(it has to be!)  
of a cybernetic ecology  
where we are free of our labors  
and joined back to nature,  
returned to our mammal  
brothers and sisters,  
and all watched over  
by machines of loving grace.

Are we not constantly rebuffed as “technophobic” and “not with it” if we raise concerns about the development of new technologies when we seemingly can't seem to handle the responsibility of the technologies we already currently have? The idea of stability in society is becoming increasingly powerful even as it is being continually eroded even by the same forces which are supposed to grant society this stability. This is because instead of 3 or even 500 channels of carefully controlled media fantasies, which we began to recognize cynically as unreal, we are now bombarded with a kaleidoscopic hall of millions of mirrors of digital reflections that have created a permanent digital terracotta army of seemingly every historical event from the most significant turning points to the most banal useless commonplace information. The individual now shops around for ideological wombs with their own a priori systems of banal platitudes the same way they unreflectively try out different craft beers without noticing the difference in the flavor of any of them when they could have saved themselves loads of money just drinking some unoffensive beers like Guinness or Pabst Blue Ribbon.

However, where there is power to conceal, there is equal power to reveal.

From Holderlin;

Where the danger is, grows the saving power also

However, what is revealed is not always directly the thing in itself. What is revealed is merely at the outset the part of the narrative that has been concealed. The technique is much like Freud's model of psychoanalysis “Wo Es War, soll Ich werden” (English: where it was, shall I be). Freud's naivete did not lie in the “unscientific” nature of the interpretive work required by his psychoanalysis. It was in his not reading Nietzsche (the first philosopher to attempt to make human life and philosophy possible as contiguous with science and who prophesied the metaphysics of cybernetics that would ultimately be developed by the eco-“system” theorists of the 70's) closely enough. Freud thought that by shedding light on the unconscious, that it could become understood and incorporated into the conscious, necessarily increasing the power of the conscious. The reality of the complexity of the object of psychoanalytic inquiry is not one which is conducive to Freud's pseudo-optimistic goals about attaining self knowledge, although he helped to form an important technique in that enterprise to be sure.

To begin to uncover the repressed unconscious of “global” capitalist ideology is simply to be confronted with the raw nature, red in tooth and claw, that has been repressed and in some terrifying sense, reigned in by capitalism with terrifying mechanisms of destruction, bloodshed, and coercion.

This is a process that has been facilitated by the simulacrum of terracotta realities surrounding digital technologies. Individuals have more (in)direct knowledge about reality now than ever. It is still a path few chose to go down. Heeding the age old adage that “curiosity killed the cat,” to which Friedrich Nietzsche responded “We are conducting an experiment with truth! Perhaps mankind will perish of it! Fine!”

/end rant

tl:dr every idea you hear is really part of a culture based on systems theory models which are used to administer every human institution. They tell you that nobody knows how it all makes sense or works. It's just that plebs are too dumb to see what is going on with it. Many intelligent people have been talking about what is going to happen and why in society for a long time. Increasingly few people are able to understand them because of social brainwashing/conditioning both artificial and natural. A lot of this has to do with complicated historical conflicts, power struggles, and the philosophical development of the West. The idea of totality has linked up the narrative of the

world and now those who discover the unconscious repressed narrative encounter all of the pessimism about the present and the future that has been shut out by the dominant normie narrative at the same time. But it also provides the story about how everything that is happening now fits together. This is a story that ignorant blue pill people can't fill in. So they just write everything off as “bullshit” and “your opinion” except for their sacred holy cow morality of the week topics like Kony 2012 or BLM or Catlyn Jenner (sp? I honestly don't care) being beautiful. Discovering this reservoir and level of information can completely rewire the way you think and usually requires long exposure to redpills before the “despair code” takes over and you become locked in your own system of reality which has been self reflected through personal experiences in your daily life. This has the

effect of making all of your experiences so significant that it produces the similar “terracotta” reality effect I described in technological society but in your personal psychology. This either propels individuals to ecstatic euphoria and a feeling of unstoppable power or calmness, or into intense despair and apocalyptic dread. The fact that it has been called the “despair code” seems to indicate that many of the individuals talking about it fall into the latter camp. However, intellectual (r)evolution is accelerated, just as societal (r)evolution is being accelerated. If you manage to get your bearings and stay grounded in reality and skeptical about everything you see, hear, and believe, you can continue functioning and become extremely successful in your worldly as well as intellectual/personal desire related endeavors. You can also completely

collapse into madness. Or do both, in extremely rare cases.

## DISCLAIMER

If you are experiencing schizophrenic or severe mental health symptoms, you need to try and get them under control. You are not being targeted by the CIA MK Ultra program. You were not psychologically prepared for the level of clarity you have gotten on your worldview. You did not uncover the secret truth of the universe. You uncovered only what has been hidden by society, but it was still produced by society.

Stay calm and become who you are without completely losing touch with reality.

It is always better to go see a therapist or a psychiatrist yourself before something



happens and somebody else has to do it for you. It is also always better to “be your own dentist” for your mental health. Remember to floss and brush your teeth every day. Remember that we are all here, and we are all in the world together, this is really happening, and we don't know what is going on yet.

Always attempt to verify or falsify information or interpretations before abandoning an agnostic stance towards it.

#### Bibliography

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*Open your Ass and your Heart and Mind will Follow. . . .*

Poo in the loo. We all know the meme. We all know the reason for the meme. The Indians need to learn to poo in the loo. In point of fact, being around shit at any time is gross and generally unsanitary. Why then does Judge Scherber have sun beams coming out of his ass? What did Bataille mean by the “solar anus”? Is it the same thing as the Aristotelian/Socratic “daemon”? What is the Sun in the allegory in the cave? What is the “One” of the Platonic doctrines? Is all philosophical progress predicated on endless contrarianism and sophistic development of techniques of argument and persuasion? What is the force of negation that seems to be operative in our encounter with the world?

We are enjoined today by /s4s/ to “open your ass, and your heart and mind will follow.” A dank meme, to be sure. But what does it entail to take this seriously, even in an ironic way? Information and experiences are processed by the mind like nourishment for the body. Some of it is incorporated into the mind and deployed to keep it alive, and other waste material is excreted as waste or excrement—shit. With the body, distinguishing between the healthy products of the activity of another human being and their excrement is quite simple. If a person chooses to consume human excrement, they know full well what they are doing. However, with ideas, the situation is different. We have no objective basis to determine which ideas are beneficial, and which ideas are excremental. It ultimately might wind up being that the excremental ideas of certain persons can be of enormous benefit to us, and that another persons “beneficial” ideas might ultimately lead to great harm.

We now live in the west in a society where we can produce an infinite amount of excrement while maintaining the illusion of a pristine, clean world where everybody showers every day and buys sleek new apple products. The same principle applies in the world of ideology, except even our supposedly sleek clean possessions are often themselves excrement as well. We are drowning in our own excrement in a world where the dirty and the unclean is always swept under the rug. Unpleasant topics cause tension and are never openly discussed. We pretend not only that our shit doesn't stink, we pretend also that it completely disappears once we are done shitting.

Perhaps if we did not have modern sewage and plumbing. If we did not have municipal waste companies, we would not overflow the world with quite so much shit. Maybe the key isn't to figure out what we can do to learn how to accommodate even more and more shit safely. Maybe we need to learn to shit less often. Maybe above all, we need to learn how to shit well.

## SHITPOSTING

The art of the shitpost is constantly evolving. Refine it. Master it. Elevate it. Pass the traditions down on to later generations. It might be the only tool we have against the powers that be, who are not even now simply other individual humans, but the forces of power behind these humans pushing these agendas as well.

Open your Ass and your Heart and Mind will Follow is therefore not only a dank meme, but a formula for becoming one with your shitposting and becoming a master of what Zen masters and martial artists call “nothingness”

There is no particular political or spiritual agenda behind the “despair code.” Once you stumble upon it, your ass will open, and your heart and mind will follow. Some become devout catholics. Some become hindus. Some become christians and give away all of their possessions. Some becoming

scheming realpolitiker atheists bent on revenge for the phantom pain of an ideological womb and comfort robbed from them that they see normies all around them enjoying obliviously while they are subjected to daily torments. They all become daemons. The code takes over for a time and before they can get acclimated they are helpless to their impulses again almost as if they were a 2 year old forming basic cognitive abilities. Personal identity is revealed as a lie concealing a deeper reality about “what we are.” Most conventionally accepted distinctions are recognized as completely Manichean and distorting reality (which they do). If you open yourself up to the forces behind shitposting and meme magic, your heart and mind will follow. This is ultimately the process of the discovery of the “despair code” as best *we* understand it. But *we* are not **everybody**. **Others** may have been referring to something entirely different by the “despair code”, or otherwise they encountered the same forces we came into contact with and it sent them in an entirely different direction in trying to describe them. Perhaps their motivation is not to describe, but to be and to do and to act. Even when they are describing. Or maybe their desire is to describe at the same time as they act. To offer their everyday lives up as one continual prayer to the meme gods. Enough similarities exist between the accounts of various persons however to make similarities between reasonably clear headed persons accounts of their “revelations” noteworthy.

Also noteworthy, is that the meme sprang from a meme of Steven Pinker, an exemplar of the cybernetic “stasis-based analysis approach” to understanding reality that laid the foundations for the “despair code” to arise in its present form. Though this is certainly entirely coincidental. It's just a result of how pervasive the worldview is and not the (in)direct result of intervention by any of the “gods” or “divine winds” of meme magic.

Tl:dr

**GOTTA GO FAST  
GET GOOD SCRUB  
GET A GRIP**