

Category	Description	Website/email address/address	Phone number
BS2 area	Covid 19 Mutal Aid group	<a href="https://www.facebook.com/groups/stwerbscv/">https://www.facebook.com/groups/stwerbscv/</a>	
	BS2 Connect	<a href="https://www.facebook.com/groups/411296349032880/">https://www.facebook.com/groups/411296349032880/</a>	
BS5 area	Covid 19 Mutal Aid group	<a href="https://www.facebook.com/groups/506054493680258/">https://www.facebook.com/groups/506054493680258/</a>	
	BS5 Foodbank. New opening times are: Wednesdays 11.30am to 2pm and Fridays 1pm to 4pm. Please bring your voucher and you will be handed your bag(s) from the garden outside the cafe.	St Marks Community Cafe Foodbank, St Marks Road, Easton BS5	
	Councillors dealing with queries from any residents in Easton or Lawrence Hill	Cllr. Afzal Shah Mondays 2pm to 4pm, cllr.afzal.shah@bristol.gov.uk. Cllr. Hibaq Jama Wednesdays 2pm to 4pm, cllr.hibaq.jama@bristol.gov.uk. Cllr. Marg Hickman Fridays 2pm to 4pm, cllr.marg.hickman@bristol.gov.uk. Cllr. Ruth Pickersgill Saturdays 2pm to 4pm, cllr.ruth.pickersgill@bristol.gov.uk.	Afzal: 07789701603. Hibaq: 07786732945. Marg: 07967733735. Ruth: 07818422871
	Free Super Supper Club Takeway and Delivery Service	<a href="https://www.facebook.com/Super-Supper-Club-355560028591720/">https://www.facebook.com/Super-Supper-Club-355560028591720/</a>	
Self-isolating city wide/Aid	Acorn	<a href="https://acorntheunion.org.uk/corona/">https://acorntheunion.org.uk/corona/</a>	07432473293
	Bristol City Council support for extremely vulnerable people	<a href="https://www.gov.uk/coronavirus-extremely-vulnerable">https://www.gov.uk/coronavirus-extremely-vulnerable</a>	
	Bristol City Council support helpline	We Are Bristol	0117 352 3011
	List of community aid groups nationwide	<a href="https://secretldn.com/uk-community-aid-groups-by-area/?fbclid=IwAR1muVqyy8S7GGeCr2dNXZ3MhQss-IEu3N7jNT71OM7R5_B7BROL6NZKRnc">https://secretldn.com/uk-community-aid-groups-by-area/?fbclid=IwAR1muVqyy8S7GGeCr2dNXZ3MhQss-IEu3N7jNT71OM7R5_B7BROL6NZKRnc</a>	

	Can do Bristol food parcels, prescriptions, errands, art packs for kids	<a href="http://candobristol.co.uk">candobristol.co.uk</a>	
	Health Watch advice	<a href="mailto:contact@healthwatchbristol.co.uk">contact@healthwatchbristol.co.uk</a>	07944369180
	Health Watch covid-19 info	<a href="https://www.healthwatchbristol.co.uk/advice-and-information/2020-04-07/covid-19-links-help-and-support">https://www.healthwatchbristol.co.uk/advice-and-information/2020-04-07/covid-19-links-help-and-support</a>	
	Age UK helpline, providing a range of practical, emotional and social support	<a href="https://www.ageuk.org.uk/bristol/">https://www.ageuk.org.uk/bristol/</a>	01179297537
	Self-isolating Bristol Facebook group	<a href="https://www.facebook.com/groups/1705415982932579">https://www.facebook.com/groups/1705415982932579</a>	
	Talo Can help with dropping off essentials, shopping, providing soup, picking up medicines and providing benefits and rights information. Plus provide children activity packs.	<a href="https://www.facebook.com/talo.community/">https://www.facebook.com/talo.community/</a>	079199 68660
	Bristol Aging Better Support Hub for older people and a community radio show. Shopping and delivery or orders and prescriptions as well as weekly befriending phone calls	<a href="mailto:admin@ageukbristol.org.uk">admin@ageukbristol.org.uk</a>	0117 929 7537
	Baby bank essential toiletries/baby stuff for families in need	<a href="https://www.babybanknetwork.com/contact-us/">https://www.babybanknetwork.com/contact-us/</a>	
	Providers for older people across Bristol have come together to provide this hub	<a href="https://www.voscur.org/system/files/Support%20Hub%20COVID19%20Helpline.pdf?fbclid=IwAR306sWxCzhQV-sS2VOsa8HitHt4MSNK9ILwhn3HZrAp3ZsjT1auLawgm8M">https://www.voscur.org/system/files/Support%20Hub%20COVID19%20Helpline.pdf?fbclid=IwAR306sWxCzhQV-sS2VOsa8HitHt4MSNK9ILwhn3HZrAp3ZsjT1auLawgm8M</a>	
	Wellspring settlement distribution of food parcels, cooked meals, collecting prescriptions and dog walking; family services, including		0117 9556 971

	access to the garden facility for families with no outdoor space, parenting support over the phone as well as nappy, wipes and formula distribution; and befriending telephone support		
	Short film recognising the challenges of observing Ramadan during the coronavirus pandemic, and offering support to families and individuals	<a href="https://www.youtube.com/watch?v=Ma3iNRlmtbo">https://www.youtube.com/watch?v=Ma3iNRlmtbo</a>	
	Bristol City Council Emergency payments including gas and electric top up	<a href="https://www.bristol.gov.uk/benefits-financial-help/apply-for-an-emergency-payment">https://www.bristol.gov.uk/benefits-financial-help/apply-for-an-emergency-payment</a>	
Organisations self-organising/working with volunteers	Voscur online resource	<a href="https://www.voscur.org/resources?field_core_category_tid=7927">https://www.voscur.org/resources?field_core_category_tid=7927</a>	
	Bristol Noise finding volunteers for your organisation	<a href="https://www.thenoise.org.uk/volunteeropportunities">https://www.thenoise.org.uk/volunteeropportunities</a>	0117 9791399
Food	Foodcycle food delivery service Every Saturday from 4 April, 11am to 1pm, Barton Hill Settlement	<a href="mailto:alexh@foodcycle.org.uk">alexh@foodcycle.org.uk</a>	07377 866335
	National food service bristol resources	<a href="https://www.nationalfoodservice.uk/covid19">https://www.nationalfoodservice.uk/covid19</a>	01173250450
	National Food Service Bristol pre-prepared meals, Call any time to leave a message and a volunteer will get back to you between 10am to 6pm Monday to Friday	<a href="mailto:nationalfoodservicecampaign@gmail.com">nationalfoodservicecampaign@gmail.com</a> / <a href="mailto:bristol@nationalfoodservice.uk">bristol@nationalfoodservice.uk</a>	
	FareShare south west food to charities	<a href="https://faresharesouthwest.org.uk/get-food/">https://faresharesouthwest.org.uk/get-food/</a>	0117 954 2220

	St Lukes Lunch provide meals and/or ingredients to low income families	<a href="mailto:lunchstlukes@gmail.com">lunchstlukes@gmail.com</a>	07801762655
	BASE Easton Free food delivery service	<a href="mailto:baseandroses@riseup.net">baseandroses@riseup.net</a>	07731 845211
	The Plough Inn, Easton Cowboys and Cowgirls sports and social club food free delivery service which can feed people who are vulnerable, self-isolating or are struggling financially. Complete online form	<a href="https://docs.google.com/forms/d/1S3nSbpmdANqkVWHfbQco0WukXSxDH6xydDgZznEK6Gc/viewform?edit_requested=true">https://docs.google.com/forms/d/1S3nSbpmdANqkVWHfbQco0WukXSxDH6xydDgZznEK6Gc/viewform?edit_requested=true</a>	
	Map of food shops and suppliers doing deliveries and providing pick ups across Bristol	<a href="https://www.google.com/maps/d/u/0/viewer?fbclid=IwAR0vMmv4HnGYycgGm2w1IRvZo7vfx95gMbtEm_L5OGqU-Pbl54ErgcPJSnl&amp;mid=1qJCe4-Ywiin1ezDrICA8x3YOzcHisPHS&amp;ll=51.444429955350444%2C-2.6106822471931537&amp;z=10">https://www.google.com/maps/d/u/0/viewer?fbclid=IwAR0vMmv4HnGYycgGm2w1IRvZo7vfx95gMbtEm_L5OGqU-Pbl54ErgcPJSnl&amp;mid=1qJCe4-Ywiin1ezDrICA8x3YOzcHisPHS&amp;ll=51.444429955350444%2C-2.6106822471931537&amp;z=10</a>	
Signposting	Bristol Women's voice signposting	<a href="https://www.bristolwomensvoice.org.uk/covid-19-resources/">https://www.bristolwomensvoice.org.uk/covid-19-resources/</a>	
Support Groups	Womankind email and webchat support phone and webchat support 50 minutes listening support via phone	<a href="mailto:info@womankindbristol.org.uk">info@womankindbristol.org.uk</a>	0345 458 2914
	Womankind email and webchat support	<a href="https://www.womankindbristol.org.uk/helpline/">https://www.womankindbristol.org.uk/helpline/</a>	0117 916 6461
Advice	Babbasa job support advice for young people	<a href="mailto:engagement@byep.org.uk">engagement@byep.org.uk</a>	
	Bristol City Council Safeguarding advice	<a href="https://www.bristol.gov.uk/crime-emergencies/help-people-affected-by-coronavirus-covid-19">https://www.bristol.gov.uk/crime-emergencies/help-people-affected-by-coronavirus-covid-19</a>	
	Voscur information and support for Coronavirus	<a href="https://locality.org.uk/services-tools/resources/coronavirus-covid-19-information-and-support/">https://locality.org.uk/services-tools/resources/coronavirus-covid-19-information-and-support/</a>	
	Older people Support line/website	<a href="https://www.thesilverline.org.uk/">https://www.thesilverline.org.uk/</a>	0800 4708090

	Advice for asylum seekers, available in different languages	<a href="https://www.bristolrefugeerights.org/how-we-help/i-need-help-i-start/">https://www.bristolrefugeerights.org/how-we-help/i-need-help-i-start/</a>	01179540446
	Citizens Advice Bristol offering advice via a call back service		03444 111 444
	West of England Growth Hub: advice and signposting for up to date business support options	<a href="https://www.wearegrowth.co.uk/">https://www.wearegrowth.co.uk/</a>	
	Sexual Violence support services	<a href="https://www.survivorpathway.org.uk">https://www.survivorpathway.org.uk</a>	
	Bilingual messages to help reach Somali community	<a href="https://www.facebook.com/bristolsomali.voice">https://www.facebook.com/bristolsomali.voice</a>	
	The Mix support service for young people from mental health to money, from homelessness to finding a job, from break-ups to drugs	<a href="https://www.themix.org.uk/">https://www.themix.org.uk/</a>	08088084994
	Protecting children during the lockdown if worried about a child's safety, Bristol's Children and Families Services	Monday to Friday between 8.30am to 5pm	0117 903 6444
Entertainment	Singing for Wellbeing	<a href="https://youtu.be/01JrsTZSna4">https://youtu.be/01JrsTZSna4</a>	
	Storybank weekly online stories	<a href="https://www.facebook.com/events/501308537438906/">https://www.facebook.com/events/501308537438906/</a>	
	Art and craft activities for all ages	<a href="https://www.facebook.com/groups/202893244303150/">https://www.facebook.com/groups/202893244303150/</a>	
	National Theatre weekly shows	<a href="https://www.youtube.com/user/ntdiscovertheatre">https://www.youtube.com/user/ntdiscovertheatre</a>	
	Junction 3 Library ebooks, audiobooks	<a href="https://www.librarieswest.org.uk/client/en_GB/default/?rm=JOIN+THE+LIBRARY">https://www.librarieswest.org.uk/client/en_GB/default/?rm=JOIN+THE+LIBRARY</a>	

	Boredom busting resources for children and young people	<a href="https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home?fbclid=IwAR2kNOL1gzNvz5iFGuyDod5-JSsMJJaWFWwEPEsAWEh2x_c205ql0GUkcrg">https://chatterpack.net/blogs/blog/list-of-online-resources-for-anyone-who-is-isolated-at-home?fbclid=IwAR2kNOL1gzNvz5iFGuyDod5-JSsMJJaWFWwEPEsAWEh2x_c205ql0GUkcrg</a>	
	Online Storytime	<a href="https://www.facebook.com/events/195054031775454/">https://www.facebook.com/events/195054031775454/</a>	
	Knowle West Media Centre online resources for young people and families to learn music-making, coding, digital design software and websites to use to prepare files for laser-cutting	<a href="https://kwmc.org.uk/projects/jumpstudios/">https://kwmc.org.uk/projects/jumpstudios/</a>	
	New podcast celebrating Bristol's communities during COVID-19	<a href="https://www.bartonhillsettlement.org.uk/held-in-common-podcast/">https://www.bartonhillsettlement.org.uk/held-in-common-podcast/</a>	
	St. Pauls Nursery School and Children's Centre activities, guidance, and other resources	<a href="http://stpaulschildrenscentre.co.uk/">http://stpaulschildrenscentre.co.uk/</a>	
	Wellread stories for wellbeing for children	mywellread.com	
	Barton Hill Family Centre - Tracey reads 'We're Going on a Bear Hunt' in the garden	<a href="https://www.facebook.com/watch/?v=253283299061980">https://www.facebook.com/watch/?v=253283299061980</a>	
	Cashmore Early Years Centre - Emmeline and friends have an indoor picnic	<a href="https://www.facebook.com/watch/?v=562972721267195">https://www.facebook.com/watch/?v=562972721267195</a>	
	St Philips Marsh Nursery School - Join Mr Holmes in the jungle for regular sing-a-longs	<a href="https://www.facebook.com/watch/?v=842651282906581">https://www.facebook.com/watch/?v=842651282906581</a>	
	Hannah More Primary School - Teachers are taking it in	<a href="https://hannahmore.org.uk/class-pages/bedstories">https://hannahmore.org.uk/class-pages/bedstories</a>	

	turns to read a bedtime story every weeknight		
	Free iNaturalist app for sharing your wildlife sightings from your windows, gardens and during your daily outdoor exercise	<a href="https://www.bnhc.org.uk/festival-of-nature-type/city-nature-challenge/">https://www.bnhc.org.uk/festival-of-nature-type/city-nature-challenge/</a>	
	Studio Meraki Art Kits for families	<a href="https://www.studiomeraki.org/art-kits">https://www.studiomeraki.org/art-kits</a>	
	Lockdown LitFest global literature and culture hub. Delivering interviews, readings, masterclasses and more, whatever your age or interests	<a href="https://www.lockdownlitfest.com/home">https://www.lockdownlitfest.com/home</a>	
Mental Health/Wellbeing	Bristol Mind Mental Health Advice helpline/email	<a href="mailto:admin@bristolmind.org.uk">admin@bristolmind.org.uk</a>	0808 808 0330
	Pre and post bereavement support St Peters Hospice	<a href="mailto:website@stpetershospice.org">website@stpetershospice.org</a>	01179159430/0117 915 9400
	Crisis Line	-	0300 555 0334
	Samaritans	-	0117 9831000
	Rethink	-	0845 4560455
	BCC Mental Health guidance	<a href="https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19">https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19</a>	
	Brahma Kumaris free online meditations every Wed	<a href="mailto:bristol@uk.brahmakumaris.org">bristol@uk.brahmakumaris.org</a>	
	Healthy Living Consortium - mental health directory during COVID-19	<a href="https://drive.google.com/file/d/1yLz57X-1SVqPJ2SqYns_j4xpJi72t5B6/view">https://drive.google.com/file/d/1yLz57X-1SVqPJ2SqYns_j4xpJi72t5B6/view</a>	
	Tips and advice for you to look after your mental health and wellbeing	<a href="https://www.nhs.uk/oneyou/every-mind-matters/">https://www.nhs.uk/oneyou/every-mind-matters/</a>	
	Team 100 Easton are running a Chat & Meet, Thursday 30 April 3.30pm to 4.30pm	<a href="mailto:team100easton@gmail.com">team100easton@gmail.com</a>	

Finance/benefits	Welfare Rights & Money Advice Service	<a href="mailto:welfarerights@bristol.gov.uk">welfarerights@bristol.gov.uk</a>	0117 3521888
	Universal Credit	<a href="https://www.gov.uk/universal-credit">https://www.gov.uk/universal-credit</a>	
	Council Tax		0117 9222900
	Council Tax Reduction Scheme	<a href="https://www.voscur.org/insight/news/council-tax-reduction-scheme-available-those-coronavirus-related-financial-1?utm_source=dlvr.it&amp;utm_medium=facebook">https://www.voscur.org/insight/news/council-tax-reduction-scheme-available-those-coronavirus-related-financial-1?utm_source=dlvr.it&amp;utm_medium=facebook</a>	
	CAB Universal credit support		0800 144 8444
	Warmer homes advice and money energy use & bills during the current crisis	<a href="https://www.cse.org.uk/news/view/2454">https://www.cse.org.uk/news/view/2454</a>	0800 082 2234
	Advice if you can't work, have been made redundant or have trouble paying your Council Tax and other bills	<a href="https://www.bristol.gov.uk/benefits-financial-help/covid-19-financial-help">https://www.bristol.gov.uk/benefits-financial-help/covid-19-financial-help</a>	
Funding	Voscur support for organisations funding applications	<a href="mailto:info@voscur.org">info@voscur.org</a>	0117 909 9949