

Bill of Fare Menu

The BOWD INN *Sidmouth*

Summer 2024

Starters & Light Bites

Always Homemade Soup OF The Day £7.50
With a Roll and Butter

Portobello Mushrooms (GF) £8.95
Topped with Bacon & Smoked Cheddar

Classic Prawn Cocktail (GFO) £9.95
*Plump Juicy Prawns & Seafood Dressing on Iceberg
Lettuce with Brown Bread & Butter*

Deep Fried Whitebait £8.50
Tartare sauce and Baby Leaves

Baked Garlic & Rosemary
Camembert (GFO) £9.50
With freshly baked Baguette and Cranberry Sauce

Traditional Favourites

Home Cooked Ham Egg & Chips (GF) £13.50

Beer Battered Fish Of The Day £16.50
*Chunky Chips, Tartare sauce, choice of Mushy or
Garden Peas*

West Country Beef Burger £16.50
*Chunky Chips, Relish Coleslaw & Salad
ADD CHEESE £1.50 ADD BACON £1.50*

Deep Fried Wholetail Scampi £15.50
*Chunky Chips, Tartare sauce, choice of Mushy or
Garden Peas*

Gammon Steak & Pineapple (GF) £16.50
Chunky Chips, Grilled Tomato & Mushroom, Garden Peas

Classic Chicken Curry (GFO) £15.50
Lemon Basmati Rice, Naan Bread & Mango Chutney

Chefs Home-made Pie of the Day £16.50
Chunky Chips and Garden Peas

West Country Sirloin Steak (GF) £21.50
Chunky Chips, Grilled Tomato & Mushroom, Garden Peas

Our Famous Flatbreads

Chicken & Bacon £14.50
*Chicken Goujons, Smoked Bacon, Cheddar Cheese,
Hummus, Baby Leaves, Chilli & Lime dressing*

Grilled Halloumi £13.50
Hummus, Tzatziki, Baby Leaves & Chilli & Lime Dressing

Falafel £13.50
Hummus, Tzatziki, Baby Leaves & Chilli & Lime Dressing

Children Under 11

Child Carvery £8.50

Cheese and Tomato Tagliatelle £7.50

Wholetail Scampi *Chips & Peas* £7.50

Breaded Chicken Goujons *Chips & Peas* £7.50

Vegetarian / Vegan

Falafel and Spinach Burger (ve) £14.50
Chunky Chips, Relish and Baby Leaf Salad

Wild Mushroom Tagliatelle (v) £14.50
Parmesan shavings and Peashoots

Homemade Vegetable Lasagne (v) £13.50
Garlic Bread and Baby Leaf Salad

Traditional Carvery

Adult (weekend) £16.95

Adult (weekday) £15.95

Under 11's £8.50



Our Carvery is served :
Wednesday to Saturday 12.00-2.00pm / 5.30-7.30pm
Sunday 12pm until it's all gone!

Lunchtime Sandwiches

Monday – Saturday 12:00 – 2:15

North Atlantic Prawn £12.95
With Seafood sauce

Westcountry Cheddar £9.95
With Branston Pickle

Hand Battered Cod Fish Fingers £10.95
With Tartare sauce

Somerset Brie £10.95
With Caramelised Onion

Home Cooked Ham & Tomato £10.95

*Choose from White, or Malted Brown Bread, Gluten Free available
on request Served with Skinny Fries and Salad Garnish*

Side Orders

Chips £3.95 Onion Rings £3.50

Salad £3.50 Garlic Bread £3.50

**PLEASE SEE OUR BLACK BOARDS FOR DESSERTS,
HOT PUDDING & ICE CREAM & OUR EVER-CHANGING
SPECIALS BOARD AVAILABLE LUNCH & DINNER
MONDAY TO SATURDAY**

Please inform one of our team if you have any questions, allergies or intolerances before ordering.