

In last week's episode, we talked about how to stay high vibe. But today I want to really dive into how to embody the sexy money vibes to attract clients nonstop. You are not going to want to miss this. This is all about you being and how you're showing up and how you're representing yourself online to make it effortless and easy for people to come to you and pay you.

There's a whole world out there of people that need you to serve them. You are now investing your time and your energy, and you are stepping up to be that person and that woman who makes investments like this, who takes her business seriously, who's willing to go on, who is driven, who is ambitious, who is going to make happen no matter what this is meant for millions. Here's your host Jenna face. Hello, and welcome to meant for millions. The podcast for online entrepreneurs who want to create wealth and freedom with their business. So you were in the right place. If you're looking for the mindset and strategy to get fame known and paid online, I am your host, Jenna faith, formerly known as den Scalia, success and mindset strategist for entrepreneurs who want to leave a legacy and build a sustainable and predictably profitable business, make sure that you join us each and every day.

The week when you'll get a short 15 to 20 minute audio training on how to build wealth from the inside out, there is absolutely no fluff here. You'll get a little bit of strategy, a whole lot of mindset and a healthy dose of tough love with 100% authentic, raw and real advice on how to navigate this crazy world of entrepreneurship. So do I have a treat for you today? This is actually an audio that is ripped from one of my intensives called of course. Yes. That is the name of the program. And in this episode, I'm going to be sharing with you how to embody the sexy money vibes to attract clients nonstop. So in the previous episode, we actually talked about how to stay high vibe. So if things were going astray around you or the world felt like, Oh, I can't take this anymore.

How do you stay high vibe? Now, I want to show you how to take those high vibe, how to take that and really leverage it to your advantage. Really use it to attract all of the things you want, clients, money opportunities. Let's go ahead and dive right into today's episode. So this is really interesting because this is another thing that came to me during my journaling process. This is why I feel it is so important to lock in and connect with your own practice. Not only is it good for grounding yourself and really connecting with that woman that you want to be, but it also helps with ideas with downloads with ways that maybe you haven't thought of being or things that you may not have thought of that will come out during the sessions. It comes out during this kind of like unconscious writing that you have going on.

So I was in the process of doing, and I just wrote out during my or affirmations, I ooze hot love facts and money vibes. I ooze love sex and money vibes. And I was just like, wow, like where did that come from? But it sounds really awesome. And so I kind of played into that and continued with that. And that's what I want to talk about today, because what attracts people to you, what makes people buy? What makes people want to be around you is your energy is your vibe. And we have a really special opportunity as women because we have this feminine side, right? We have the side. And even though some of us may work in the masculine a lot, like I do, we have this natural, feminine energy. And if we can tap into that, that's what creates the magnetism. That's what creates people who just want to be in our space and just want to be in our aura.

So I want to talk about the masculine and feminine a little bit. And then I want to go over some prompts that you can do. And some things that you can consider into, how do you get into that vibe and how do you stay in that vibe and how do you just naturally be in that vibe so that it doesn't feel like a push? So I am someone and I have a feeling. A lot of you are also because I tend to attract people who are similar to me who operate from the masculine a lot, especially in the business. We want to control things. We want to know that things are happening. We want to make sure that things are correct. We are very animal, a little cold. We are wanting to just, you know, create thing, right? And we know that we have the power, but sometimes we step into this really raw, like masculine, controlling energy.

That is not the issue, attractive energy. That's actually the push energy. That's actually almost repellent energy to the right people. There's gotta be a balance, right? I'm not saying to go completely full on in your feminine or completely stay full on in your masculine. We have both pieces. We have both sides. And for us to find a harmony between when we use those certain things are really going to allow you to create the life and business that you want to create the buzz in your business, but also to create harmony in your home with your spouse, with your family, with your friends, with your children, if you have them, it's really important for us to understand and know like when we're in, in these places, when we're in these modes so that we can use it for our good, and we can use it to really leverage the innate power that we already have.

So I'm not going to go into the masculine piece of it today because I really want to tap into the feminine. I really want to tap into just the sexy vibes. I want to tap into the attractive vibes, the money vibes, the stuff that makes you feel really, really good, because remember your energy and your vibe is what makes people buy. If there's nothing else that you remember, remember that this is why when you're in those modes where you're in like constant push, or you are trying to make something happen, or you're micromanaging the details of a launch or a promo, or you're just like trying to figure things out, it feels difficult. It feels difficult to allow things to happen for us. It feels difficult to get clients. It feels difficult to make our launches work when we're in that place. So this is about really leaning back and allowing things to happen for us, allowing things, all of the seeds that we have planted along the way, all of the things that we have done, allowing that to actually work without controlling it without micromanaging it, without trying to figure out why it hasn't worked.

Right. And so I have talked about this previously in one of my manifesting series where I call it the ice method. Really, it's just that first piece, which is the I and ice is for indulge. And I'll also link the audio for that as well, so that you can understand what I mean by the ice method. But the ice means indulge. And what that means is being in a place where you're indulgent in yourself, what makes you feel good? What brings those good vibes to you? What brings those EAs vibes to you? Whether that is sleeping in, maybe it's taking a nap, maybe it's going for a run, maybe it's prayer or yoga or sex, or it doesn't matter what it is, but I want you to tap into what are those things that feel good. So we talked about this previously, but I really want you to dial into what that is.

I also want you to think about not just what makes you feel good, what makes you feel sexy? This is the feminine, and it doesn't matter what sexy means to you. It's going to mean something different for every person. You know, for some women, they feel sexy when they're wearing a dress and heels and makeup. For some women, they feel sexy when they're in their sweats and they're just able to just be themselves and lounge around. There's no real definition for sexy besides what it is for you. So what gets you in that place where you feel like you're in receiving? That's what the sexy feeling it's the sexy feeling is I have received, I am open to receiving. I am allowing things to come to me. And so for me, I love wearing sweats. I love wearing sweats. I love wearing hoodies, but one of the things that I do is I do make sure that like I do my hair and I put some lipstick on because that makes me feel really sexy.

It makes me feel really attractive. So what is that for you? I want you to think about what makes you feel sexy. What puts you in a high vibe? Maybe it's even chatting with a friend. Maybe it is having fun with your kids. Laughing, playing outside. Really think about what puts me in that good vibe. See what happens is when we are so focused on work and we're so focused on the masculine piece is that we spend so much time trying to make things happen that we don't get to enjoy life. And that's really what it's about. That is really what the attraction is about. It's us enjoying our life. So if we're just sitting there and we're trying to make things happen all the time, working our little butts off, and we are non-stop on the computer and we're not out there connecting with humans, we're not out there living our life.

We're not out there tapping into the adventurous side of ourselves. There's a mismatch, there's a misalignment there. So this is so important, especially if you're somebody who finds that you are more in that masculine mode, you are more in that du, du, du, du. I want you to really take this lesson to heart. I really want you to think about what are all those things that have nothing to do with work. Like literally have nothing to do with work, going to the gym, reading a book, doing some art. I don't care what it is. I want you to tap into what it is for you. So what makes you feel good? What puts you in high vibes? What makes you feel sexy? One of the things that I tapped into during quarantine in the beginning of the year was I was just like, Oh, I'm not going anywhere.

I can't do anything. We're locked in our homes. I'm just going to sit in my pajamas all day. And that did not make me feel sexy at all. You know, it kind of made me feel a little bit depressed, kind of made me feel like, Oh, like I was moping around. Right? And so we have to act as if right, we have to kind of dress. The part, what I started to do was I actually started to get up every day early. I would do a routine. I had my own things going on. I would do my journaling. I did a dance routine for 30 minutes a day. That made me feel really, really sexy. Really helped me get into my body. Really helped me get into receiving. Then I would do my hair, do my makeup, put lashes on. I just felt so amazing.

I felt so good in my body. I felt so good in my skin. I felt so good about myself, that I would come on and do live streams or show up for my clients in a more powerful way. So I want you to take note two, are you someone who's just kind of being lazy or you're just kind of being like frumpy around the house because you know, there's nowhere to go or you work from home and there's no need for you to do your makeup or your hair. And like I said, you don't have to do hair and makeup. If that's not your style, if that's not really who you are, but what is it for you? What makes you feel sexy? What makes you feel good? What makes you feel attractive? What makes you feel like yes, I'm the bomb. Yes. I am going to turn heads.

Yes. People are going to stop in their tracks and they're not even going to know why it may not even be the way that you look, right. It could just be your energy and your aura and your vibe. Again, the reason why the journaling is so important because you tap into that next level of woman, you tap into that person that has it all. I also want you to consider what are some of the things that make you feel ? It's good for us to know what makes us feel as well. Let's not void that. Let's not try to distract ourselves from that. Let's understand and know what makes us feel . What are some of the energy leaks that we're experiencing? What are some of the distractions that we need to get rid of? A lot of times, it's like, it's the stuff that's happening in the background that you don't even realize.

You don't even know that like, Holy crap, this is like such a huge leak in my energy. It's just wake up every morning. And as much as you try to connect it, as much as you try to be sexy and as much as you, I try to be attractive, there's a thing that's just hanging out in the background. It is so important for you to understand, know what that is and get rid of it. No, that adds that next level version of yourself. You are not tolerating that crap. That is not who you are. That is not acceptable to someone like that. This for me was like a really, really huge thing as well. Especially being by myself during lockdown. It was just these like little things like YouTube and, and watching these like long documentaries and kind of getting sucked down that rabbit hole of like politics and all of this stuff.

And I just realized that like, while it was entertaining at the time, it was a huge energy leak. I just couldn't sleep. I just was always occupied. My mind was always occupied. I couldn't really focus on work. And I was like, what is going on? Like, why am I feeling this way? And I realized that I was being so distracted and that these thoughts that were going on in the background were actually huge energy leaks for me, calls me to be not productive. What is it that it makes you feel ? What are the energy leaks and distractions that you need to get rid of? Now, I want to talk about one more thing and that is neutral. I actually don't believe that it is possible, especially as women, especially as humans that have

cycles and that go through different things at different times of the month, I feel like it's almost impossible for us to be high vibe all the time.

And so when I talk about being high vibe, or I talk about being in these like seconds, money vibes, like this is not you forcing yourself to be somebody that you're not, this is not you forcing yourself to feel good when you need a break or when it's not that time for you to feel that kid. And I feel like this is something that a lot of people don't talk about. This is something that I have, I've been talking about with my clients this entire year is really tapping into those moments of time. Those times of the month, where you, I feel really good and leveraging that. And then, and knowing that there's times of the month, you're just not going to feel good. You have your hormones going, you have, you know, maybe you're somebody that's affected by the moon. Like we've got different things going on.

Right. You know, knowing also that in those moments where you don't feel fully high vibe and you don't feel like sexy or attractive, that it's okay, and that you give yourself grace. What I'm talking about in today's lesson is when you're in the space, how you can leverage it because people love it. These are going to be the times where it's like, things are so easy for you. And you're like, I don't get it. Like, I don't know, understand, like, why are things so easy for me? It is your energy. It is your attraction. It is your vibe. This is what you want to tap into. But like I said, it's not possible for us to do this 30 days out of the month. It's just not humanly possible. It's just not womanly possible. So give yourself grace in the times you don't. But in the times that you don't, what I want you to do is tap into neutral vibes versus trying to get yourself from like low to high.

So this is something that Abraham Hicks talks about a lot. And I don't know what their concept is around this, but my concept around this is that I would rather have you be in a neutral vibe than a low vibe.

Okay. So if you're low, don't force yourself to go high vibe, don't force yourself to go sexy vibe. Don't force yourself to do anything, but try to get yourself more into a new where it's, you know, not amazing, but it's not terrible because what happen when sometimes there's when we get into those downward spirals, we prolong it. Like we make it happen longer, you know? And it's just like, Oh, I feel sorry for myself. I feel like . I don't feel like doing anything. I feel like just laying up on the couch again. Totally fine. Totally. Okay. Give yourself grace with that. But that should not be a long-term thing.

That should not be something that's lasting more than just a few days. That's not something that should be lasting weeks because those weeks will turn into. So if you're in those stages, give yourself grace and try to get yourself into neutral vibes. The rest of the month. Rest of the time you want to tap into the sexy vibe. You want to embody the money vibes. So you want to embody the attraction vibes, right? Because that again is what makes people buy. So I'm going to go through some of the questions that I want you to ask yourself. Number one is what makes you feel good? What makes you feel good? Is it an activity? Is it talking to a friend? Is it listening to music? Is it doing your rituals or your daily things that you do? What puts you in house vibes? So I think, feel good vibes and highlights.

Those are kind of different things. Like, feel good vibes or like, yeah, feel good. High vibes. They're like, wow. Wow, amazing. So feel good vibes, but amazing vibes as well. Like what puts you in that amazing high vibe? What makes you feel sexy? What makes you feel sexy? Again? This is not exclusive. What sexy means. It's up to you. When do you feel sexy? When do you feel attractive? When do you feel like you're in that rarer, like his face, right? Like what is that for you tap into that next question is what makes you feel ? What makes you feel ? We do have to know what that is. What are the energy leaks and distractions that you need to get rid of? Because once you can really be aware and have a conscious knowing of what works for you and what doesn't, you're able to leverage it and use it to your benefit, to attract clients effortlessly, to attract money and abundance and all of those things that we all want with ease.

All right. So that wraps it up for today's show. Want to thank you so much for tuning in head on over to the show notes@jennscaliam.com forward slash E 79. That is the letter E and the number 79 over there. You'll find some handy links for you, as well as the transcript for today's episode. If you are loving the show, make sure that you subscribe to the podcast so that you don't miss an episode. And if you're really, really loving the show, I would love for you to leave a positive review on iTunes. This will actually help us get this podcast, get this show in front of more amazing entrepreneurs. Like you make sure that you come back next week, where you'll get another quick bite episode to build your business from the inside out.

Let's keep this conversation going. Join us in the private discussion group. The ambitious babe, where ambitious driven online entrepreneurs go to get the mindset and strategy to grow and scale their online empires. Join the ambitious babe at JenScalia.com/tribe.