

Anita has recently been diagnosed with type 2 diabetes Which kind of diet is best for her?

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With type two diabetes, you aren't supposed to eat many carbohydrates. So that means moderation of rice, potatoes, bread, chips, pasta, etc. What United States plan involved financial aid to nations with the ... Brainly.in needs to review the security of your connection before proceeding.

Protecting the human rights and feelings of individuals involved in ... Record all of the foods and beverages that you consume on each day. In the columns on the right, mark how many servings you are getting from each food group. In the Total Servings row at the bottom of the chart, add up the total number of servings in each column to see if you met the daily recommendations. Submit the completed chart at the end of 3 days. Breakfast What you ate? The answer is a diet with a lot of iron and a lot of protein from dairy products. Anita has recently been diagnosed with type 2 diabetes. The kind of diet best for her is a diet with a lot of iron and a lot of protein from dairy products. A diet with a lot of iron and a lot of protein from dairy products.

Get answers from Weegy and a team of really smart live experts. If your question is not fully disclosed, then try using the search on the site and find other answers on the subject Health. John must have at least 289 test points to pass his math class. The security system for this website has been triggered. Completing the challenge below proves you are a human and gives you temporary access.

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