



Erasmus+

system & generation

# INFOPACK

## Volunteering for Generation: NesilFEST 2015



[www.systemandgeneration.eu](http://www.systemandgeneration.eu)

# Content

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What is EVS?	3	
Summary of the Project	4	
Description of the Hosting Organization	6	
Objectives/ Activities/ Tasks	7	
Venue	9	
Accomodation	12	
AXA Insurance	13	
Financial Conditions	14	
Youthpass	15	
How to apply	16	<b>2</b>
Useful information	17	
Vocabulary	19	

## What is EVS?

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**European Voluntary Service (EVS) is the European Commission's project that allows a young person (18–30 years) to become a volunteer in another country for a specified period of time, usually between 2–12 months.**

### Definition of volunteering:

According to the European Youth Forum an activity can only be defined as volunteering if it is:

- undertaken of a person's own free will and involves the commitment of time and energy to actions that benefit others and society as a whole;
- unpaid (although it can involve reimbursement of expenses directly related to the activity) for a non-profit cause, primarily undertaken within a nongovernmental organisation, and thus clearly isn't motivated by material or financial gain;
- not used to substitute or replace paid employment.

3

What to expect from EVS: [CLICK HERE!](#)



# Summary of the Project

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The NesilFEST (Generation Festival) was developed as an output of the local project called AYNA which our organization implemented last year in cooperation with Turkish Ministry of Family and Social Policy. The idea of the project is to organize a better communication between youth and elderly people, by involving them in different activities. The Project consists of diverse modules for the development of different skills and competences.

As System and Generation Association, we want to host groups of 28 volunteers on 2 months short term EVS, within the Volunteering for Generation-NesilFEST2015 Project starting from November 2015. There will be 7 volunteers from 6 programme and 1 partner countries (For more info <https://www.erasmusplus.org.uk/participating-countries> ). We have planned a learning-oriented course for our volunteers in preparation-execution-dissemination of NesilFEST. In an age that inter-generational interaction is declining, we want to carry out the NesilFEST, which is the product of a successfully completed project called Active Lifestyle-Oriented Inter-generational Interaction Model Project, four times a year. During the project, which is an example of social entrepreneurship, mainly non-formal education methods will be used and “meeting of generations” themed activities and workshops will be held. Within the framework of NesilFEST preparations, there are five modules to be applied;

Consideration and Dialogue oriented Volunteering for Generation: 5 o'clock teas will be organized, journeys will be planned, young and elder individuals will improve their communication by musical and trekking activities.

Technology and Information Retrieval Oriented Volunteering for Generation: Young volunteers will explain to the elders how the internet, computers and cell phones work. Being able to use communication technologies in times of need/crisis will increase the quality of life of the elder population.

Experience Sharing oriented Volunteering for Generation: In this module, memories, knowledge, experiences and photos of artists and craftsmen are shared.

Manufacturing oriented Volunteering for Generation: Cooking, knitting and ceramics workshops in NesilKAFE, which will be an example of social entrepreneurship.

Fitness-oriented Volunteering for Generation: Exercises accompanied by physical therapists/volunteers will be done to decrease the risk of disease and contribute to the healthy development of future generations.

Social Responsibility Oriented Volunteering for Generation: All preparations for NesilFEST will be coordinated by young and adult individuals. Products of the workshops and modules will be shared with the public.

As conclusion, our goal is to support adult productivity, youth individuality and youth bio-psycho-social development with learning-focused workshops and activities.

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5



## Description of Hosting Organization

S&G: System and Generation Association was established in 2008. The aim of our organization is to make young people integrated into the society, encouraging their entrepreneurial spirit, helping them acquire knowledge and qualification, getting them to know young people from different cultures, empowering sympathy and tolerance, improving cooperation and encouraging European cooperation with young people, supporting the cooperation between the international institutions.

System and Generation gets into the act about; increasing of economic growth, providing efficiency about increasing of production, sustaining the production, sustainability that cares socioeconomic needs and planning that analyse the problems, and also with the belief of projecting Process, considering co-working culture by reaching this target as the best way, combining the systems which made in EU and creativity of our citizens especially the youth.

Our organization is the member of few international networks and their representative of Turkey:

**Anna Lindh Euro-Mediterranean Foundation for Intercultural Dialogue Between Cultures.** Co-Coordinator of Turkish Network <http://www.euromedalex.org/networks/turkey>



**ENYC: Europe Network of Youth Centres:**

<http://www.eycn.org/full-enyc-members>

**Turkish representative of World Neighbours' Day:**

<http://country.european-neighbours-day.com/tr>

**Local Relay of EuroDesk in Turkey:**

<http://eurodesk.ua.gov.tr/>

## Objectives/ Activities/ Tasks

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This programme has been planned under the spirit of EVS and focused on the following learning objectives:

- Communication in the mother tongue
- Communication in foreign languages
- Mathematical competence and basic competences in science and technology
- Digital competence
- Learning to learn
- Social and civic competence
- Sense of initiative and entrepreneurship
- Cultural awareness and expression

EVS volunteer will have the opportunity to participate in many different activities and projects throughout the EVS.

## There are 4 different periods for EVS:

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7

20/11/2015 and end on 17/01/2016

23/01/2016 and end on 23/03/2016

01/06/2016 and end on 31/07/2016

01/08/2016 and end on 30/09/2016

## The tasks of the volunteers:

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- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li>▪ Task 1-<br/>Organizing/Assisting/Facilitating physical activities for elderly (physical exercises, games(Möllky, Bocce), cultural visits, walks in the Nature)</li> <li>▪ Task 2-</li> </ul> | <ul style="list-style-type: none"> <li>▪ Task 5-<br/>Organizing service and leisure for elderly</li> <li>▪ Task 6-<br/>Taking photos, videos about the events, working on video production</li> </ul> |
|---|---|

Representing his/her culture during cultural events (indoor & outdoor activities)

- Task 3- Participating in fund raising activities (selling handmade stuff in NesilKAFFE or NesilKARAVAN)
- Task 4- Organizing workshops (handicraft, cooking, activities with kids)

updating the website of S&G, and working on promotion materials

- Task 7- Organizing cultural events (dance evenings, song evenings, theatre, music).
- Task 8- Preparing YouThelegraph and Video of Volunteering for Generation NesilFEST2015 activities.



The volunteer will work 7 hours per day, 5 days per week. Sundays and Saturdays are free. Holidays: the volunteer will have two consecutive days off per week and will also have two days of holiday per month for the whole duration of the EVS project. Sometimes the volunteer will give a hand on projects at weekends. In this case, the volunteer will have compulsory days off. Turkish Language Lessons are the compulsory part of the weekly schedule. A teacher will give lessons five hours per week either in the volunteer's home or in the S&G office. The language course will be adjusted according to the volunteers needs.



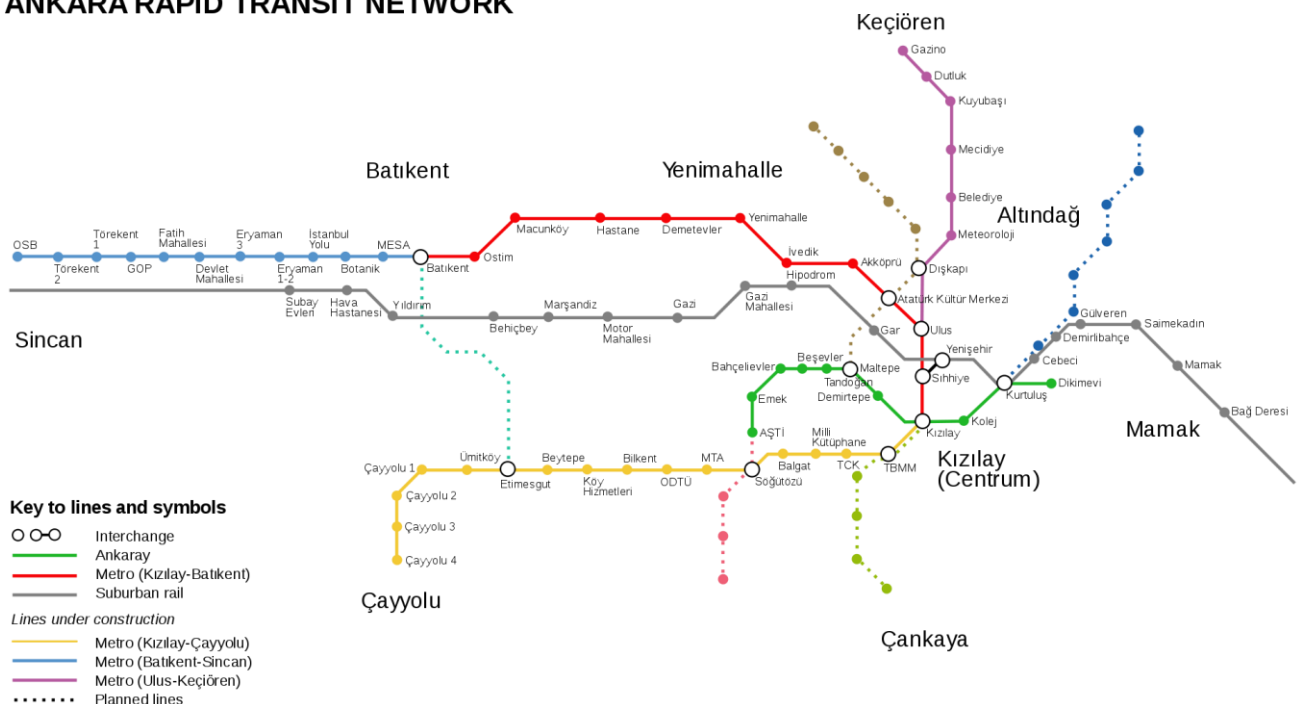
# Venue

The venue for EVS service: Ankara – is the capital of Turkey and the country's second largest city. Located in Central Anatolia, Ankara is an important commercial and industrial city. It is the center of the Turkish Government, and houses all foreign embassies. It is an important crossroads of trade, strategically located at the center of Turkey's highway and railway networks, and serves as the marketing center for the surrounding agricultural area. The population of Ankara – more than 5 min. Ankara has a hot-summer continental climate. Due to its elevation and inland location, Ankara has cool, snowy winters and hot, dry summers. Rainfall occurs mostly during the spring and autumn.

The Electricity, Gas, Bus General Directorate (EGO) operates the Ankara Metro and other forms of public transportation. Ankara is currently served by a suburban rail named Ankaray and three subway lines of the Ankara Metro.

9

## ANKARA RAPID TRANSIT NETWORK



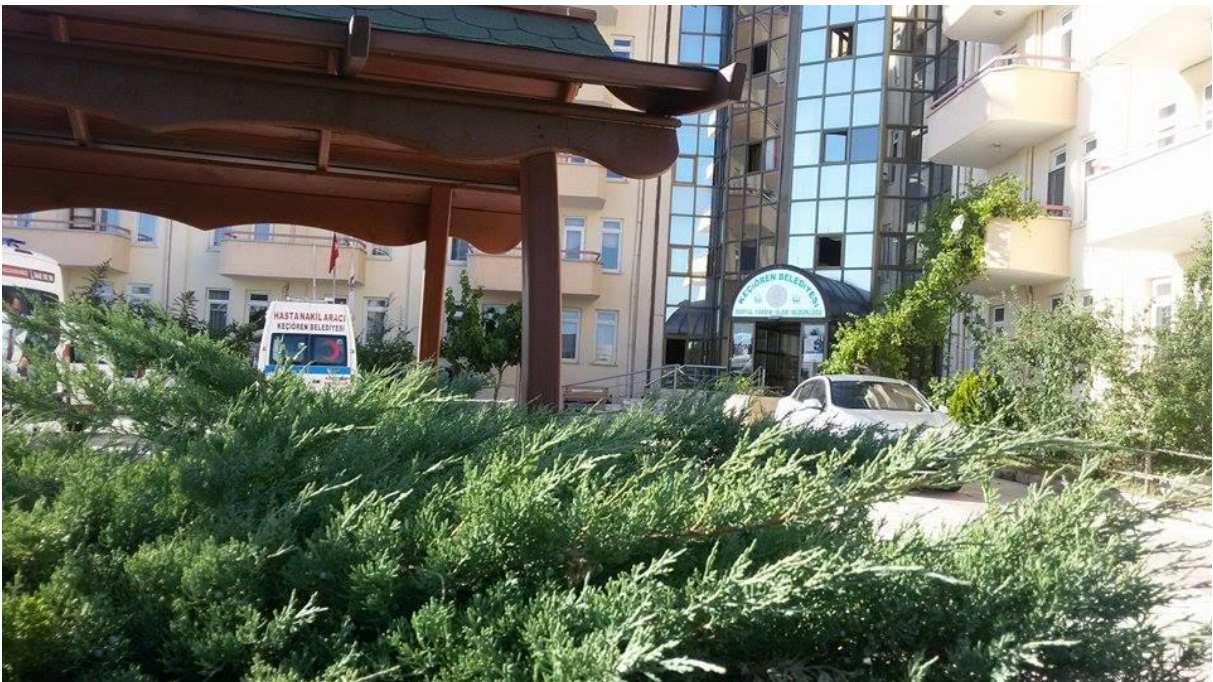
Ankara Intercity Bus Terminal (AŞTİ) is an important part of the bus network which covers every neighbourhood in the city. Esenboğa International Airport, located in the north-east of the city, is Ankara's main airport. The working place of volunteers located in Keçiören district – one of the oldest districts of Ankara with 1 million population.



## Working places:

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### 1. Keçiören Nursing Home:



10

## 2. Yunus Emre Cultural Centre



## 3. Clock Tower/ Cafe



## How to get from airport to the city centre

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From the central entrance of the airport there are many shuttle buses stops named **Belko Air**.

The ticket for this bus is 10 TL (~3 EUR) and they depart from airport every 30 min.

Travel from airport to city center takes around 30-40 min.

Volunteers should go to the city centre - the stop named: KIZILAY. From there we will pick him/her up!

12

## Accommodation

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Volunteers will live in apartment sharing room with other volunteers from the same gender. There are many stores around. And it is close to working area. To go to the city center volunteers could use local transportation. The apartment is equipped with WiFi connection, washing machine, fridge, iron, etc. There are also pillows, quilts, blankets and bed sheets and all equipments for cooking.

To protect this House there are few simple rools for inmates:

- use all the equipment and furniture carefully and keep it in a good condition;
- keep the home clean;
- do not make noise after 23.00 and do not disturb neighbours;
- in case of any technical problems in the house contact your EVS Coordinator.

## Be environmentally friendly:

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**TURN OFF COMPUTERS AT NIGHT.** By turning off your computer instead of leaving it in sleep mode, you can save 40 watt-hours per day.

**HANG DRY.** Get a clothes line or rack to dry your clothes by the air.

**BAN BATHTIME.** Take showers instead. Baths require almost twice as much water. Not only will you reduce water consumption, but the energy costs associated with heating the water.

**BRUSH TEETH WITHOUT RUNNING.** You'll conserve up to five gallons per day if you stop.

**TURN OFF LIGHTS.** Always turn off incandescent bulbs when you leave a room.

**LOWER YOUR THERMOSTAT IN THE WINTER.** Raise it in the summer wearing a sweater in the winter and short sleeves in the summer saves energy and reduces pollution.

13

## Insurance

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Volunteers coming for short term EVS (2 months) do not have to obtain visa before they arrive in Turkey.

The Sending organization will register volunteer into insurance database: Cigna (<http://www.cignahealthbenefits.com>) not later than 14 days before EVS project will start.

More information about insurance will be send to selected volunteers by email.

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# Financial Conditions

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Volunteer will receive:

Food Money – € 120 per month (in Turkish currency). Half at the first week of the month, second half on the third week of the month.

Pocket Money - € 80 per month (in Turkish currency). Payments will be done in cash within first 5 days of each month.

The travel costs will be reimbursed by the coordinator accompanied by the receipt of complete and original tickets, invoices, bills, receipts, boarding cards etc. – 50% of the travel costs will be reimbursed after the volunteer arrives to the Hosting organization, not later than 2 weeks (in Turkish currency) and provide travel documents: tickets, boarding passes etc.

50 % of the travel costs will be reimbursed by bank transfer to the bank account of the volunteer/sending organization after the Hosting organization receives originals of back travel documents.

Regular air tickets must be accompanied: by the original invoice (signed and stamped)/ receipt/ pay order/ proof of payment; the boarding pass (the small ticket stub you receive before boarding the plane); and the prices stated in the invoices, receipts etc., must coincide with the price on the ticket. E-Tickets must be printed out and they must include the name, the exact fare which was paid, details of the flight written on the same page; presented along with the credit card receipt for the payment or a copy of a bank statement (clearly showing that the payment has been made); handed in with the boarding pass. Train/ Bus tickets – it is important that the arrival and departure time as well as the price are clearly visible (+invoices if available).

14

# Youthpass

All volunteers who have completed their EVS project are entitled to a certificate called a Youthpass signed by the Head of the Youth Agency. This certificate validates their period of voluntary service and provides details of the activities in which they were involved.

More details about the Youthpass Certificate:

<https://www.youthpass.eu/en/youthpass/>



15

## How to apply:

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DEADLINE FOR APPLICANTS: 21st of May 2016.

To apply for EVS vacancy in Project, please fill [on-line form](#) or send your CV and Motivation letter to: [evswithsystemandgeneration@gmail.com](mailto:evswithsystemandgeneration@gmail.com) with the subject: "NesilFEST2015".

Potential candidates will be invite for Skype interwiev by email before the selection.

**Selected volunteers will be informed by email as soon as decision taken by EVS Selection Committee of S&G**

## Useful information

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### S&G OFFICE address

Necatibey Caddesi 50. Yıl İş Hanı  
No:19/21,  
Çankaya, Ankara  
Tel: +90 (312) 230 53 41

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16

### EVS Coordinator to contact

s.canbasoglu14@gmail.com  
+90 543 950 92 92  
Sezgin Canbasoğlu



### LEAR of S&G:

evswithsystemandgeneration@gmail.com  
+905334255299  
Gürkan Akçaer  
Skype: youthcaravan





# Turkish Vocabulary for the first days

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1	Hello	<b>Merhaba</b>	MEHR-hah-bah
2	Good morning, good day	<b>Günaydın</b>	gew-nahy-DUHN
3	Good evening	<b>İyi akşamlar</b>	EE ahk-shahm-LAHR
4	Good night	<b>İyi geceler</b>	EE geh-jeh-LEHR
5	Goodbye	<b>Allaha ismarladık</b>	ah-LAHS-mahr-lah-duhk
6	Bon voyage	<b>Güle güle</b>	gew-LEH gew-LEH
7	What is your name?	<b>Adınız ne?</b>	AH-duh-NUHZ neh
8	My name is...	<b>Adım...</b>	Ah-DUHM...
9	How are you?	<b>Nasılsınız?</b>	NAHS-suhl-suh-nuhz
10	I'm fine, thank you.	<b>İyiyim, teşekkür ederim.</b>	ee-YEE-yihm, tesh-ek-KEWR eh-dehr-eem

17

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11	Pardon me	<b>Affedersiniz, pardon</b>	af-feh-DEHR-see-neeZ, pahr-DOHN
12	Yes/no	<b>Evet/hayır</b>	eh-VEHT/HAH-yuhr
13	Please.	<b>Lütfen</b>	LEWT-fehn
14	Help yourself.	<b>Buyurun(uz)</b>	BOOY-roon-(ooz)
15	Thanks.	<b>Teşekkürle r[or] Sağ</b>	teh-sheh-kewr-LEHR, SOWL, mehr-SEE

		<b>ol[or] Mers i</b>	
16	You're welcome.	<b>Bir şey değil</b>	beer SHEHY deh-YEEL
17	Friend	<b>Arkadaş</b>	Ar-kah-DAHSH
18	What?	<b>Ne?</b>	NEH
19	How?	<b>Nasıl?</b>	NAH-suhl
20	Who?	<b>Kim?</b>	KEEM
21	Why?	<b>Niçin [or]neden?</b>	NEE-cheen, NEH-dehn
22	When?	<b>Ne zaman?</b>	NEH zah- mahn
23	Which one?	<b>Hangisi?</b>	HAHN-gee-see
24	What's this?	<b>Bu ne?</b>	BOO neh
25	How much/many?	<b>Kaç/kaç tane?</b>	KAHCH/tah- neh
26	What does it mean?	<b>Ne demek?</b>	NEH deh- mehk
27	Give me ...	<b>... bana verin</b>	bah-NAH veh- reen
28	I want ...	<b>... istiyorum</b>	eess-tee-YOH- room
29	...this	<b>...bu(nu)</b>	...boo(NOO)
30	...that	<b>...su(nu)</b>	...shoo(NOO)
31	...the other	<b>...o(nu)</b>	...oh(NOO)

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3 2	hot/cold	<b>sıcak/soğuk</b>	suh-JAHK/soh-OOK
33	big/small	<b>büyük/küçük</b>	bew-YEWK/kew- CHEWK
34	new/old	<b>yeni/eski</b>	yeh-NEE/ehss-KEE
35	open/closed	<b>açık/kapalı</b>	ah-CHUHK/kah-pah- LUH
36	not ...	<b>... değil</b>	deh-YEEL

37	It exists/doesn't exist	<b>Var/yok</b>	VAHR/YOHK
38	And/or	<b>Ve/veya</b>	VEH/veh-YAH
39	Good/bad	<b>İyi/fenah</b>	EE-ee/ feh-NAH
40	Beautiful/ugly	<b>Güzel/çirkin</b>	gew-ZEHL/cheer-KEEN

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41	Where is a/the ... ?	<b>... nerede?</b>	NEH-reh-deh
42	__ railway station	<b>__Gar/istasyon</b>	__GAHR, ees-tah-SYOHN
43	__ bus station	<b>__Otogar</b>	__OH-toh-gahr
44	__ cheap hotel	<b>__Ucuz bir otel</b>	__oo-JOOZ beer oh-TEHL
45	__ toilet	<b>__Tuvalet</b>	__too-vah-LEHT
46	__ restaurant	<b>__Lokanta</b>	__loh-KAHN-tah
47	__ post office	<b>__Postane, PTT</b>	__POHSS-tah-neh, peh-teh-TEH
48	Room	<b>Oda</b>	OH-dah
49	Shower	<b>Duş</b>	DOOSH
50	Bath	<b>Banyo</b>	BAHN-yo

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51	<u>Turkish bath</u>	<b><u>Hamam</u></b>	Hah-MAHM
52	Soap	<b>Sabun</b>	Sah-BOON
53	Toilet paper	<b>Tuvalet kâğıdı</b>	too-vah-LEHT kyaah-uh-duh
54	Hot water	<b>Sıcak su</b>	Suh_JAHK soo
55	Luggage	<b>Bagaj</b>	Bah-GAHZH

56	Clean	<b>Temiz</b>	The-MEEZ
57	Laundry	<b>Çamasır</b>	Chah-mah-SHUR
58	Light(s)	<b>Işık(lar)</b>	Uh-SHUK (uh-shuk-LAHR)
59	<u>Money</u>	<b><u>Para</u></b>	PAH-rah
60	Water	<b>Su</b>	SOO
61	<u>Tea</u>	<b><u>Çay</u></b>	CHAH-yee

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62	street, avenue	<b>sokak, cadde(si)</b>	soh-KAHK, JAHD-deh
63	Left/right	<b>Sol/ sağ</b>	SOHL/SAAH
64	straight (on)	<b>doğru</b>	doh-ROO
65	Here/there/over there	<b>Burada/ şurada/ orada</b>	BOO-rah-dah/ SHOO-rah-dah/ OH-rah-dah
66	Near/far	<b>Yakın/uza k</b>	yah-KUHN/oo-ZAHK
67	map	<b>harita</b>	HAH-ree-TAH
68	ticket	<b>bilet</b>	bee-LEHT
69	one-way/round-trip	<b>gidiş/gidiş-dönüş</b>	gee-DEESH/ gee-DEESH-dur-NEWRSH
70	airplane	<b>uçak</b>	oo-CHAHK
71	airport	<b>havaalanı</b>	Hah-VAH-ah-lah-nuh
72	train	<b>tren</b>	TREHN
73	ship	<b>gemi</b>	GEH-mee
74	bus	<b>otobüs</b>	Oh-toh-BEWSS
75	car	<b>araba</b>	AH-rah-bah
76	Day, daily	<b>gün, hergün</b>	GURN, HEHR-gurn
77	today	<b>bugün</b>	BOO-gurn
78	tomorrow	<b>yarın</b>	Yahr-uhn
79	week	<b>hafta</b>	hahf-TAH
80	Sunday	<b>Pazar</b>	pah-ZAHR
81	Monday	<b>Pazartesi</b>	pah-ZAHR-teh-see

82	Tuesday	<b><i>Salı</i></b>	sah-LUH
83	Wednesday	<b><i>Çarsamba</i></b>	char-shahm-BAH
84	Thursday	<b><i>Persembe</i></b>	pehr-shehm-BEH
85	Friday	<b><i>Cuma</i></b>	joo-MAH
86	Saturday	<b><i>Cumartesi</i></b>	joo-MAHR-teh-see

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87	month	<b><i>ay</i></b>	AH-yee
88	year	<b><i>sene, yıl</i></b>	SEH-neh, YUHL
89	<u>January</u>	<b><i>Ocak</i></b>	oh-JAHK
90	<u>February</u>	<b><i>Şubat</i></b>	shoo-BAHT
91	<u>March</u>	<b><i>Mart</i></b>	MAHRT
92	<u>April</u>	<b><i>Nisan</i></b>	nee-SAHN
93	<u>May</u>	<b><i>Mayıs</i></b>	mah-YUSS
94	<u>June</u>	<b><i>Haziran</i></b>	HAH-zee-RAHN
95	<u>July</u>	<b><i>Temmuz</i></b>	teh-MOOZ
96	<u>August</u>	<b><i>Ağustos</i></b>	AH-oo-STOHSS
97	<u>September</u>	<b><i>Eylül</i></b>	ehy-LEWL
98	<u>October</u>	<b><i>Ekim</i></b>	eh-KEEM
99	<u>November</u>	<b><i>Kasım</i></b>	kah-SUHM
100	<u>December</u>	<b><i>Aralık</i></b>	AH-rah-LUHK

Here are the <b>Turkish cardinal numbers</b> with pronunciation guides.		
0	<b>sıfır</b>	SUH-fuhr
-1/4	<b>çeyrek</b>	chehy-REHK
-1/2	<b>yarım</b>	YAH-ruhm
-1/2	<b>buçuk</b>	boo-CHOOK
1	<b>bir</b>	BEER
2	<b>iki</b>	ee-KEE
3	<b>üç</b>	EWCH
4	<b>dört</b>	DURRT
5	<b>beş</b>	BEHSH
6	<b>altı</b>	ahl-TUH
7	<b>yedi</b>	yeh-DEE
8	<b>sekiz</b>	seh-KEEZ
9	<b>dokuz</b>	doh-KOOZ
10	<b>on</b>	OHN
11	<b>on bir</b>	ohn BEER
12	<b>on iki</b>	ohn ee-KEE
13	<b>on üç</b>	ohn EWCH
20	<b>yirmi</b>	yeer-MEE
30	<b>otuz</b>	oh-TOOZ
40	<b>kırk</b>	KUHRK
50	<b>elli</b>	ehl-LEE
60	<b>altmış</b>	ahlt-MUSH
70	<b>yetmiş</b>	yeht-MEESH
80	<b>seksen</b>	sehk-SEHN
90	<b>doksan</b>	dohk-SAHN
100	<b>yüz</b>	YEWZ
200	<b>iki yüz</b>	ee-KEE yewz
1000	<b>bin</b>	BEEN

2000	<b><i>iki bin</i></b>	ee-KEE been
10,000	<b><i>on bin</i></b>	OHN been
1,000,000	<b><i>milyon</i></b>	meel-YOHN
1,000,000,000	<b><i>milyar</i></b>	meel-YAHR
1,000,000,000,000	<b><i>trilyon</i></b>	treel-YOHN
1,000,000,000,000,000	<b><i>katrilyon</i></b>	kah-treel-YOHN