

Several friends living outside of the country have expressed their immense frustration with current affairs in America. For those of you in a similar situation who want to act, but are unsure how to so (especially with the current emphasis on in-state residents putting pressure on their Members of Congress), I thought I would write up a few CTAs that you can still pursue even if outside of America proper.

*You can still call Members of Congress. For free, even! You can sign up for a Google Voice account, which allows you to choose an area code, and it will display on caller ID. BOOM. You now have Senators who are accountable to YOU.

*We need watchdogs. Substantial and accurate media reporting are one of the extremely important forces holding fascism back. Set up a twitter account / call media outlets (with your new Google Voice number!) when:

a. Euphemisms like “alt-right” and “alternative facts” are being used to normalize abhorrent behavior. Let’s call a spade a spade: the words you’re looking for are “neo-nazi” and “lie”.

b. Media outlets continue to amplify the voices of those who are deliberately spreading misinformation and undermining the clear line between truth and opinion (or outright lie). Perfect example w/ Conway’s recent appearance on MSNBC, defending the Muslim Ban by citing a non-existent ‘Bowling Green massacre’. DO NOT LET THIS PASS UNNOTICED. We are all their consumers; we fund their organizations, either directly via subscriptions or indirectly via ad revenue. Demand that news outlets refuse to let this administration create its own truth or set their agenda.

c. And similarly: shout from the rooftops when they act with integrity. CNN did an excellent job of refusing to blindly air the White House Press Conference live. Instead they listened to the content, and reported on what was newsworthy, rather than being a mouthpiece for the Administration.

<http://money.cnn.com/.../sean-spicer-press-secretary-stateme.../>

*Help Sleeping Giants with their mission to stop racist, sexist, anti-Semitic and homophobic news sites by stopping their ad dollars. Because of "programmatic" ad buying, many companies don't even know they are appearing on these sites. Sleeping Giants informs them and help them with advice on taking their ads down. More info here: http://www.slate.com/.../sleeping_giants_campaign_against_bre...

*Sound the alarm. Make a list of your friends/family who may want to take action (update this regularly). Take note of where they live. Join online activist groups in these geographic areas, and spread the word when something comes up that may affect them. Keep an eye on legislation in these states: you can sign up for alerts for bills that you are passionate about. Let everyone know when bills are in danger of (not) moving forward.

*Help with delegated tasks. There is SO MUCH to do. Several watchdog groups are spending every spare moment gathering resources and vetting new sites and cataloguing events... if research appeals to you, your efforts can be put to good use! Potential outlets for such energies include [What Do I Do About Trump?](#) and [RISE Stronger](#).

*There are several coordinated, multi-site protests in the works over the coming months, including:

Feb 11 - [Planned Parenthood Support Action](#) (counter-protest)

(various dates) - Black Lives Matter

April 15 - [Tax March](#)

April 22 - [March for Science](#) (Earth Day)

June 11 - [National Pride March](#)

Let's make these movements international; connect with organizers and add an event in your neck of the woods.

And that's just the tip of the iceberg. This is a marathon; it's vitally important that there are pathways for everyone who wants to be involved to be involved.

Make some noise; fight back. More ideas for involvement are in the works. But most importantly: find something that taps into your passions, skills, and concerns.

Much love, y'all.