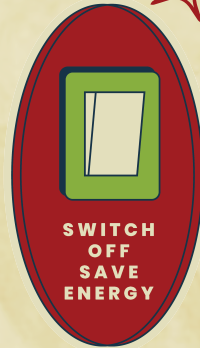
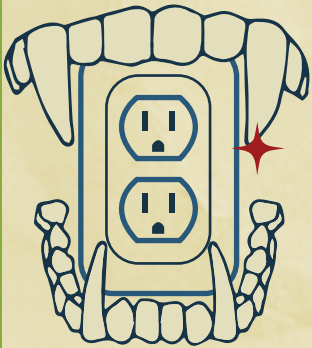


GREEN HABITS 101

Unplug devices

Vampire Loads

Like the stealthy mythical creatures, energy is slowly drained from plugged-in devices even if they are "turned off".



Switch to LED bulbs

reduces our energy consumption, reducing our carbon footprint.

The average LED's lifespan is about **35,000 hours**



 Incorporating smart plugs can help save energy!

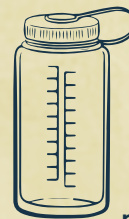
Alternative Transport

Lower carbon emissions & harmful chemicals result in better air quality!



Turning off the sink off when brushing your teeth saves 2.2 gallons of water per minute!

Every minute you spend in a shower uses up to 2.5 gallons of water.



Reusable Waterbottles

Saves an average of **156** plastic bottles annually

Show off your bottle using [#ULemotionalsupportwaterbottle](#)

House Plants

Lowers stress levels & helps remove toxins from air, releasing fresh oxygen!

Beginner plants:

- Snake Plant
- Gloden Pothos
- Peace Lily
- Spider Plant

Show your growth using [#plantsofUL](#)



Good to Geaux

Reusable containers are available to use for campus dining services:

- Lagniappe Café
- Café Fleur di Lis
- Cypress Lake Dining Hall



Learn More at Louisiana.edu/GoodtoGeaux

Recycling Rule



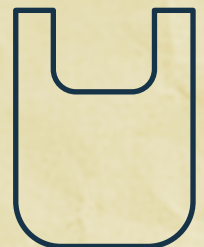
EMPTY GLOBE CLEAN GLOBE DRY



Does your plastic bottle have a neck?
RECYCLE IT!



Plastic bags can be recycled in designated bins through out campus.



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