5 DIY Natural Hair Masks for Every Type of Hair

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Here are 5 DIY hair masks to help you achieve shinier, silkier, healthier, and hydrated hair. And, these masks contain some natural products which you can find in your kitchen.

The Ingredients and Their Benefits

- Extra Virgin Olive Oil has always been used as a natural conditioner which can effectively prevent hair breakage, split ends, and even fly-away! Besides, it can lock in the moisture and prevent dryness of the scalp to produce soft and shiny hair.
- Honey is high in sugar content, thus it is great for retaining moisture in your hair and preventing hair fall-out. Besides, it can smooth and soft your hair, and bring back any lost sheen and shine to your hair!
- Coconut milk, a natural hair repairing remedy, nourishes the hair by giving moisture from root to tip. And, it is a great organic hair conditioner that will give you longer and thicker hair.
- Coconut oil keeps the hair moist and soft and prevents hair breakage because of its high moisture retaining capabilities. What's more, it can condition the hair and keep it soft and shiny.
- Lemon can absorb the excess oil and grease, thus it is best for those with an oily scalp. Besides, it can help your hair from any deposited products and dust because it is high in Vitamin C.
- Apple Cider Vinegar is known for its antibacterial and anti-fungal properties.
- It can help with flaky and itchy scalps.
- It can cleanse the hair without stripping natural oils.
- It can retain the moisture in your hair for better conditioning.
- Eggs help retain the luster and shine in your hair because they are rich in Vitamins A, D, and E, proteins and fatty acids.

- Brown Sugar, a great exfoliant for the hair, eliminates dead skin cells from the scalp and any residue that may have built up.

5 DIY Hair Masks You'll Love

1. Coconut Hair Repairing Mask It restores the moisture and softens hair.

- Mix 1 tablespoon of coconut oil and 1 tablespoon of honey into a bowl.
- Transfer mixture into a pot and heat up until melted.
- Apply mixture from top to bottom and cover with a shower cap.
- Let it sit for 15-20 minutes.
- Rinse it.

2. Avocado Hair Mask It restores shine, fight frizz, repair any damage and add moisture.

- Mix all ingredients (1 avocado, 2 eggs, 1 tablespoon of honey, and 1 tablespoon of coconut oil) into a bowl.
- Apply mixture to hair from the ends to the roots.
- Let it sit for 15-20 minutes.
- Rinse it.

3. Egg Hair Mask It softens hair and restores shine.

- Crack one egg into a bowl and beat the egg.
- Mix 1 cup of coconut milk and 2 tablespoons of extra virgin olive oil.
- Add a squeeze of lemon and mix well.
- Massage mixture into scalp.
- Let it sit for 15-20 minutes.
- Rinse it.

4. Strawberry Hair Mask It eliminates excess oil and grease. It gives hair a glossy shine.

- Mix 6-8 fresh strawberries, 1 tablespoon of coconut oil and 1 tablespoon of honey to form a puree.
- Apply mixture evenly to damp hair.
- Let it sit for 5-10 minutes.
- Rinse it with warm water.

5. Brown Sugar Mask It helps aid dry, itchy or flaky scalps and removes any dead skin cells.

- Mix 2 tablespoons of brown sugar and 1 tablespoon of extra virgin olive oil into a bowl.
- Apply mixture to hair from top to bottom.
- Let it sit for 15-20 minutes.
- Rinse it.