

SCDN Dunbartonshire Online Network Meeting

Tuesday 7th June 2022, Old Kilpatrick Food Parcels

Present: Isobel Plunkett, Activist - AOK/OK Community Council, Claire Guthrie, Community Worker – East Dunbartonshire Council, Anne-Marie Timoney, Community Worker, East Dunbartonshire Council, Stephen Burns, Community Project Worker – West Dunbartonshire Council, Lynn Sweeny, Community Safety Advocate - Scottish Fire & Rescue Service, Barry Scottish Fire & Rescue Service, Susan Campbell – CD Consultant – SCDN

Apologies: Joyce Kerr - Community Safety Advocate, Scottish Fire & Rescue, Nikita Shah, Regeneration Officer - East Dunbartonshire Council, Stephen Horsburgh, Resource Generation Officer – East Dunbartonshire Council

Welcome

Susan welcomed everyone to the meeting which was the first face-to-face gathering since February 2020. Isobel gave us a tour of the venue which provides a variety of different classes as well as the food pantry. It is a real community hub.

Throw Line Training

Lynn and Barry had agreed to offer the group throw line training this morning as part of their work in getting the message across about water safety. Barry explained that this training is being offered to community groups and followed up with CPR training and awareness raising on what to do when someone comes out of the water.

There have been some issues with vandalism of the lines and they would like to do a lot more in terms of promoting this work and offering the training, but they have lots of ideas for taking this important work forward.

We went outside to a grassy area near the venue and Barry and Lynn showed us how to throw the line. The following points were made of what to do if you see someone has fallen into water:

- Shout 'Look at me swimmer'
- Tell the person to lie on their back as they use up less energy this way
- Phone 999
- Secure the area you are standing on to ensure you don't fall in when you throw the line
- Throw the line to the swimmer

A good App to download is [what3words](#). This shows the co-ordinates of your location to share with the control operator when you dial 999.

We all had a few turns at practicing throwing the line to each other and thanked Lynn and Barry for their informative training session.

Catch Up

On returning to the venue there was not a lot of time remaining so we had a quick catch up on how everyone was and a discussion about the next meeting. It was agreed that it could be useful to visit another network next time to find out about their work. Susan suggested that the Ayrshire network may be a possibility.

The Ayrshire network is meeting on 15th June so Susan will speak to them and see if we can attend their following meeting.