2020 LACROSSE 2021 CONTRACTORSE CONTRACTORSE CONTRACTORS		
FIELDHOUSE		
(Formerly Royalton Fieldhouse)		
"HIGH SCHOOL" Player Registration Form High School players must be in grades 9 – 12		
PLAYER NAME ( PRINT )		
POSITION: Attack Midfield Pole Goalie CITY		
BIRTH DATE / GRADUATION YEAR		
PHONE: School you are representing:		
EMAIL:		
***PLEASE PRINT CLEARLY***		
Years of Lacrosse Experience Interest in the Summer Travel Team? Y / N		
Payment method: CHECKS ONLY - Check #		
*A Man Up Lacrosse pinnie is required to play in this league. If you do <b>NOT</b> own one, you must purchase one – <b>pinnies are \$10 each (Add this to your total if needed)</b>		
REGISTRATION DETAILS		
Registration Fee (Circle one) – FALL <u>(or)</u> WINTER \$150 Each Register for <u>BOTH</u> leagues & SAVE! BOTH SEASONS - \$280		
Early Bird Registration - \$270 for BOTH leagues - Register by 8.21.20!		
<ul> <li>Mail this completed form along with registration fee: (checks payable to Man Up Lacrosse LLC) to <i>"Man Up Lacrosse LLC"</i> 7910 Dresden Ave / Parma, OH 44129 by September 30th, 2020 (Fall League) &amp; December 5, 2020 (Winter League)</li> </ul>		

Six straight seasons have **SOLD OUT** and we've had to turn players away! <u>**Don't be left out!**</u> Sign up early to guarantee your roster spot, secure additional discounts, and any requests such as carpooling or playing with teammates!

# **League Details**

- FOURTEEN 7 v 7 (24 minute) lacrosse games per 'season'
- Games will be officiated by a minimum of **two** officials

# League Schedule: FALL: 10/11/20–11/22/20 - Sundays: 5, 6, 7 PM WINTER: 12/13/20 - 1/31/21 - Sundays: 5, 6, 7, 8 PM \*\*\*No games on 12/27/2020 (Holiday Break)\*\*\*

- **League Structure:** Seven-week season consisting of 10 pool play games followed by two weeks of playoffs / consolation games.
- Uniforms/Equipment: Players must provide their own gear; mouth guards are mandatory; tennis shoes / molded cleats <u>only</u> permitted on turf. Man Up Lacrosse pinnie is required for play (NOT included in league fee-see page 1)
- League complies with all OHSAA rules and regulations for off-season play.

# What sets Man Up Lacrosse League apart from the competition?

- Man-Up Lacrosse allows NCAA coaches the opportunity to scout.
- Solution Diversity: Fifteen different schools were represented in the 2019/2020 seasons!
- Solution Solution Solution will be provided in the event of a goalie no-show.
- ✗ Two −24 minute running games provide for a better competitive experience!
- **X** Facility with true turf, lined fields, bright lighting, and additional viewing area.
- K Centrally located minutes off of the Route 82 exit on 71!
- **X** Fall champions receive a team gift. Winter Champions receive the league trophy!
- Tirector of Lacrosse Operations: Jeffery Fedor (Holy Name Head Coach)

### HOLD HARMLESS AGREEMENT

I/we, the undersigned participant/parent, on behalf of myself and/or my designated minor child, and our heirs, legatees, personal representatives, successors and assigns, hereby agree to defend, indemnify, save, and hold harmless and waive any liability of the Manta Field House and its owners, officers, agents, representatives, employees, successors and assigns in connection with our health, safety, security, and any injury, death and/or disability arising out of, or resulting from our respective participation in the Man Up Lacrosse League presented by Manta Field House. We further agree, understand and represent that we are participating in these activities and programs on a strictly voluntary basis, and understand the possible consequences, risks, and dangers of such participation. I/we further agree to waive, release and relinquish, to the fullest extent of the law, any and all claims, damages, injuries, expenses and causes of action arising in our participation in the Man Up Lacrosse League presented by Manta Field House in any manner. We therefore do fully release and discharge, and agree to defend, indemnify and hold harmless the Man Up Lacrosse League presented by Manta Field House and its owners, agents, servants, employees, insurers, successors and assigns from any and all claims resulting from injuries, including but not limited to loss of life, damages and losses sustained by us arising out of, connected with, or in any way associated with activities of the program. Refunds of any kind will not be given following payment processing. "High School" league is open to any player between the ages of 13-18, or, any player who represents a local high school team.

PARENT SIGNATURE	DATE
PLAYER SIGNATURE	DATE



# 2021 Summer Travel Teams Northeast Ohio (NEO) Mighty Ducks

Man Up Lacrosse LLC is focused on having athletes develop their game year round to compete at the highest level possible. We believe that dedicated and relentless hard work will not only increase player fundamentals and athletic ability, but will also help these athletes grow as men and learn the true meaning of leadership. We will take this additional time over the summer months to work to make each player better than they were when they arrived. We are committed at Man Up Lacrosse LLC to do whatever it takes to not only grow the game of lacrosse in northeast Ohio, but to honor it as well.

Travel teams serve two main purposes. The first is to truly showcase each player's talent to college coaches in hopes to achieve a spot on a college roster or to earn an athletic scholarship. All attended tournaments will have numerous collegiate coaches on hand scouting for the upcoming years. The second reason is keep a stick in your sons' hand year round giving him a greater opportunity to become a better all around player.

Each team will be comprised of no more than 25 players and a minimum of two qualified coaches. Each team will have a minimum of 10 practices and will play a minimum of 14 games spread over three tournament events.

### Three tournaments will be chosen for the 2021 Summer season.

Tournament 1 – Gem City Lacrosse Tournament (Erie, PA - Must take place between 6.10.21 – 7.29.21) Tournament 2 – Great Lakes Lacrosse Invitational (Mid July – Lansing, MI) Tournament 3 – To Be Determined (Must take place between 6.10.21 – 7.29.21)

### **Expected Travel Teams for Summer 2021**

**"Varsity" Select Team:** High School graduation years of 2022/2023 **"Junior Varsity" 2023/2024/2025 Select Team:** High School graduation years between 2023 – 2025 If enough players are interested, we will create a third team which will alter the aforementioned groups.

**Team Try Outs:** It is highly recommended to all players interested in playing on the Summer team play in our indoor leagues and simply notify one of the many coaches that you're interested. We will then use your time during these indoor leagues as your 'try out.' If the number of players interested in joining exceeds the number of roster spots available, a late Spring tryout would occur.

**Cost to Participate: \$740 per player**. This fee covers the costs of tournament fees, insurance fees, uniforms, field rental for practices, equipment overhead, and coaching staff. This fee does not cover, nor is Man Up Lacrosse responsible for, travel expenses of families or players. As of this point, Man Up lacrosse has the lowest cost for summer teams in the state of Ohio. Fee can be paid all at once or in two installments due no later than 3.30.20 and 5.30.20!

**Interested? Let Us Know!** If you're interested in playing for one of the tournament teams please fill out the questionnaire found on <u>www.manuplacrosse.com</u>. Simply click the "Tournament Teams" tab and submit. This will help immensely if you're playing in the Fall or Winter Man Up Leagues as coaches will have an opportunity to see you play prior to the try out date increasing your chances of making the final roster!

### If you have any questions please e-mail Coach Jeff Fedor at Jdfedor@hotmail.com