

# LYMPHATIC SYSTEM

## Lymphomas

- ★ **Definition:** Primary malignant tumors of the lymphoid tissues.
- ★ **Predisposing factors:** Unknown but it may be due to viral infection (e.g Epstein-Barr virus), immunological deficiency, prolonged immunosuppression after organ transplantation, AIDS and autoimmune diseases, Sjogren's disease & systemic lupus erythomatosis.

★ **Pathology:**

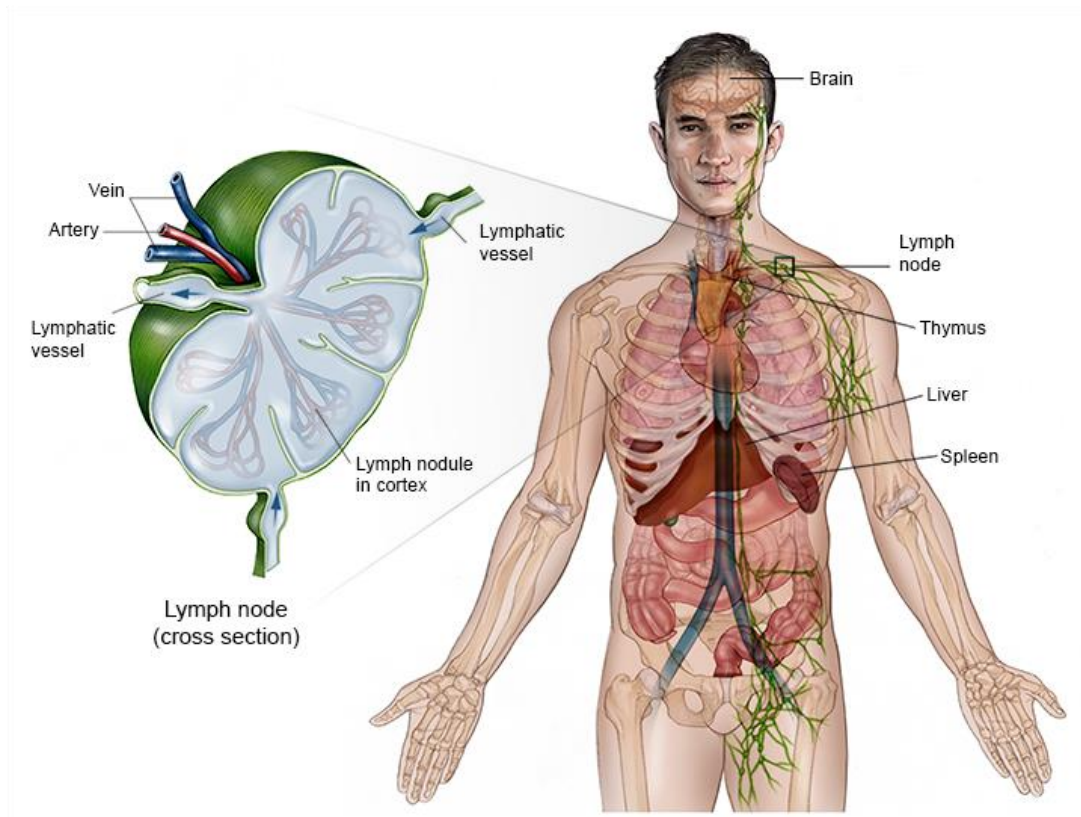
**I ) Gross Picture:**

1. **Sites:** in **any lymphatic tissue** e.g. L.Ns , spleen, liver ,thymus, bone marrow etc.....
2. **Types:** **Hodgkin's lymphoma , non-Hodgkin's lymphoma & Burkitt's lymphoma.**

<b>A) Hodgkin's Lymphoma</b>	<b>B) Non-Hodgkin's Lymphoma</b>
<ol style="list-style-type: none"><li>1. The <b>commonest</b> type.</li><li>2. <b>Moderate enlargement</b> of L.Ns.</li><li>3. <b>Delayed invasion</b> of the capsule &amp; surrounding structures.</li><li>4. <b>Spread</b> mainly by lymphatics to the other groups of L.Ns.</li><li>5. <b>Blood spread</b> is late to extra-nodal sites.</li><li>6. <b>Pinkish white</b> with <b>minimal</b> hemorrhage &amp; necrosis in <b>cut section.</b></li></ol>	<ol style="list-style-type: none"><li>1. <b>Less</b> common</li><li>2. <b>Marked enlargement</b> of L.Ns.</li><li>3. <b>Early invasion</b> of the capsule &amp; surrounding structures.</li><li>4. <b>Early lymphatic spread</b> to the other groups of L.Ns.</li><li>5. <b>Early blood</b> spread to extra-nodal sites.</li><li>6. <b>Greyish white with wide areas of hemorrhage</b> &amp; necrosis in <b>cut section.</b></li></ol>

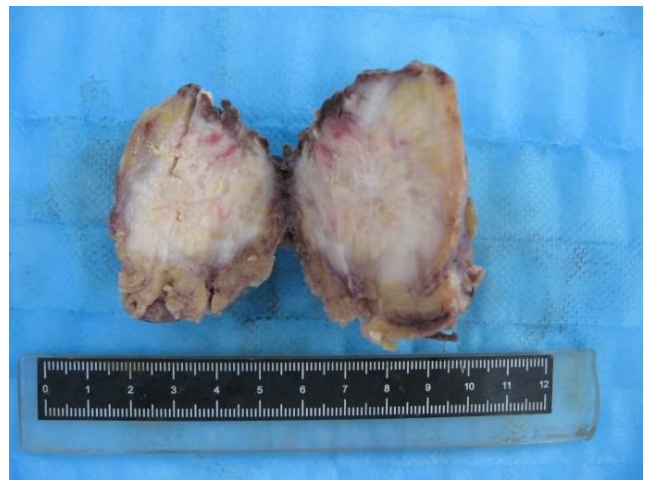
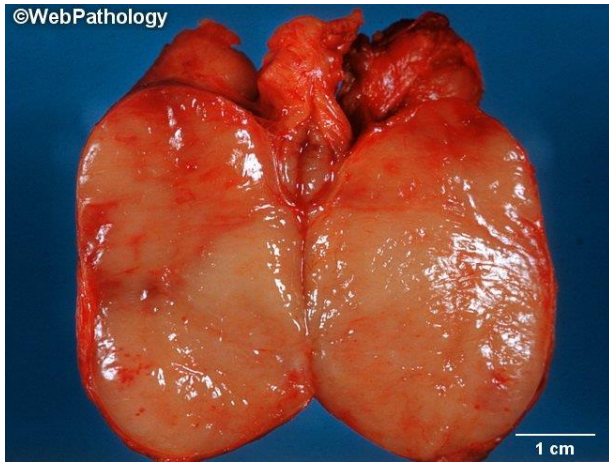
- C) Burkitt's lymphoma:** It is thought to be related to Epstein - Barr- virus which cause lymphoma in patient with chronic malaria.

# Lymphatic System



**Hodgkin's Lymphoma**

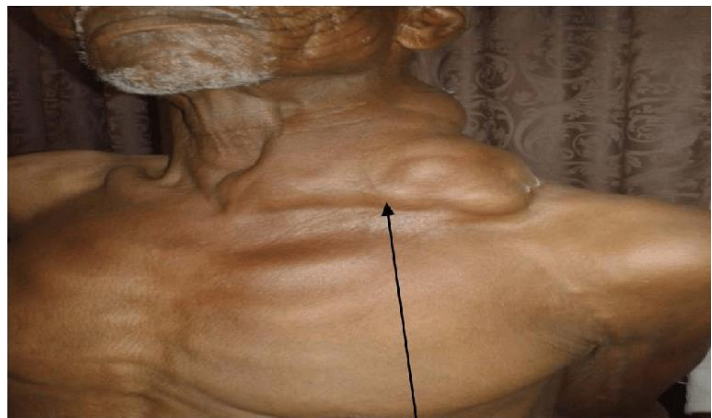
**Non-Hodgkin's Lymphoma**



Are lymph nodes matted?



**Hodgkin's Lymphoma**



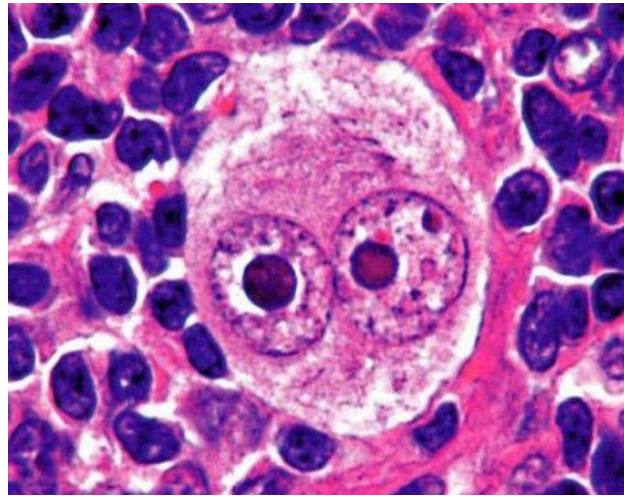
Cervical and supraclavicular lymph node mass

## II. Microscopic Picture and Classification:

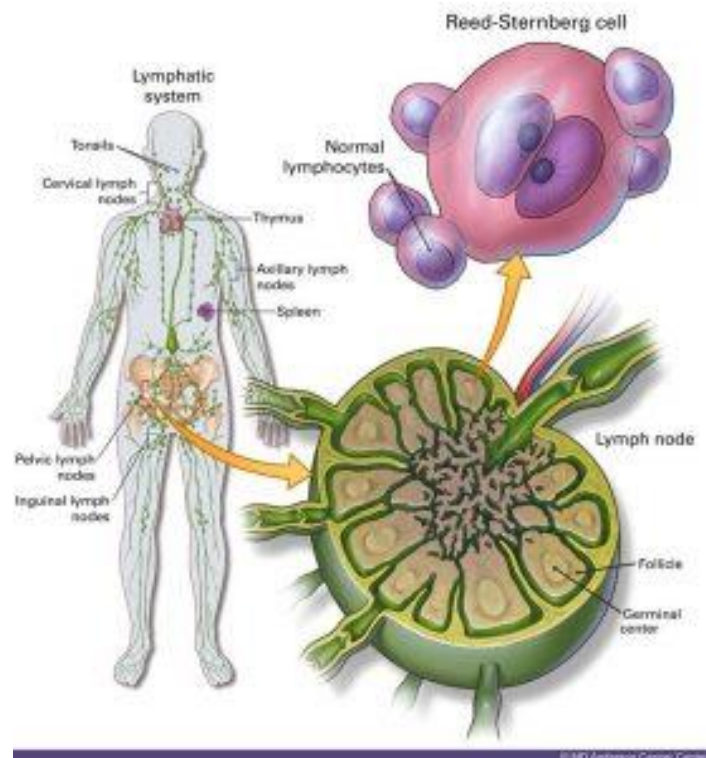
### 1) Hodgkin's disease:

- It is essential to identify **Dorothy-Reed-Sternberg cells** in order to establish the diagnosis of Hodgkin's disease.
- **Dorothy-Reed-Sternberg cells** are giant cells with multinuclei (2-8 nuclei) arranged in a mirror image in the center of the cells.

**Dorothy-Reed-Sternberg cells**



- The cellular origin of Hodgkin's disease is not yet established.



## Lymphatic System

- It is further divided into 4 histological subtypes in descending order of prognosis.

	1- Lymphocytic predominance	2- Nodular sclerosis (Commonest)	3- Mixed cellularity	4- Lymphocytic depletion
1- Lymphocytes	· Excess	· Moderate	· Moderate	· Absent
2- Thickening of capsule of L.N & fibrous septa divided its architecture	· Absent	· Present	· Absent	· Absent
3- Mixed cells (lymphocytes , eosinophils , plasma cells, neutrophils etc )	· Absent	· Present	· Excess	· Absent
4- Prognosis	· Good	· Good	· Bad	· Very Bad

**2) Non-Hodgkin's lymphomas:** is classified into

1. Histocytic lymphoma
2. Lymphoblastic lymphoma.
3. T cell lymphoma.
4. B cell lymphoma.

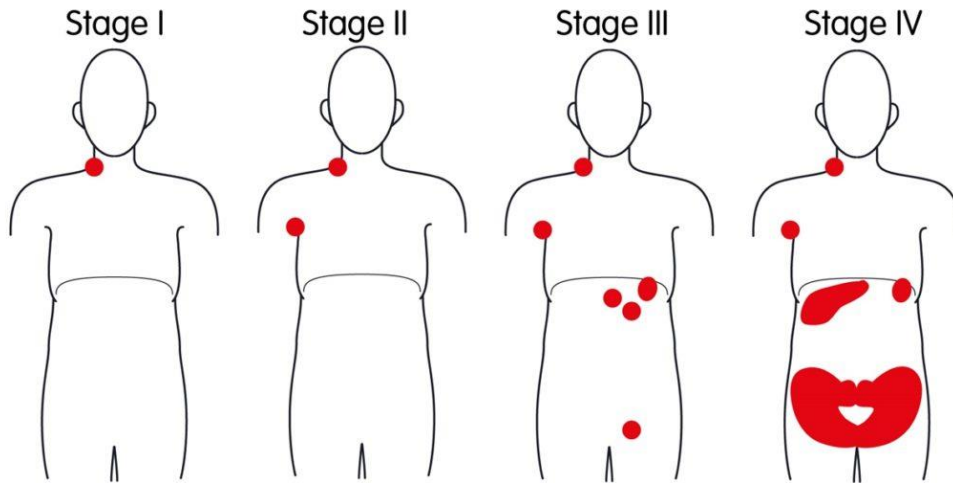
**3) Burkitt's lymphoma:** It is a malignant tumor of B lymphocytes .

**III- Staging of lymphoma:** (to determine the proper line of treatment).

- a) **Stage 1:** affection of L.Ns. in **one anatomical region**.
  - b) **Stage II:** affection of L.Ns. in **more than one anatomical region** in **one side** of the diaphragm.
  - c) **Stage III:** Affection of L.Ns. on **both sides of diaphragm**. Splenic affection is diagnosed as IIIs.
  - d) **Stage IV: disseminated extra-nodal** affection as skin, liver, lung, G.I.T or bones.
- ◆ Each stage is further subdivided into **A & B** (according to the presence of systemic manifestations), or **E** (localized involvement of an extra-lymphatic organ).

# Lymphatic System

## Staging of lymphoma

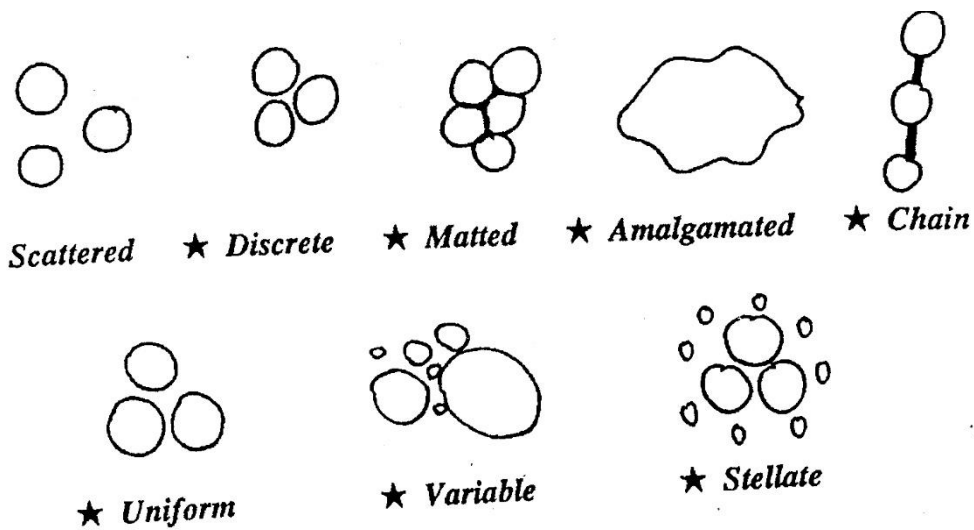


A: absence of B symptoms B: fever, night sweats, weight loss



## Non-Hodgkin's Lymphoma

## Skin manifestations



## Lymphatic System

### ★ Clinical Picture:

A) Hodgkin's Lymphoma	B) Non-Hodgkin's Lymphoma								
I. <b>Age:</b> 2 peaks, 15-35 & above 50 years. II. <b>Sex:</b> more in male.	I. More in old age. II. More in males.								
<p style="text-align: center;"><b>III. General Manifestation</b></p> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>● <b>Common in late stages :</b></li> <li>1. <b>Fever</b>, Sometimes <b>Pel-Ebstein fever</b> occurs (few days of fever alternating with few weeks of freedom)</li> <li>2. <b>Night sweat.</b></li> <li>3. Unexplained <b>loss of weight</b></li> <li>4. Pruritis, skin eruptions, fatigue, anaemia, malaise.</li> </ul> </td> <td style="width: 50%; vertical-align: top;"> <ul style="list-style-type: none"> <li>● Usually not present.</li> </ul> </td> </tr> </table>		<ul style="list-style-type: none"> <li>● <b>Common in late stages :</b></li> <li>1. <b>Fever</b>, Sometimes <b>Pel-Ebstein fever</b> occurs (few days of fever alternating with few weeks of freedom)</li> <li>2. <b>Night sweat.</b></li> <li>3. Unexplained <b>loss of weight</b></li> <li>4. Pruritis, skin eruptions, fatigue, anaemia, malaise.</li> </ul>	<ul style="list-style-type: none"> <li>● Usually not present.</li> </ul>						
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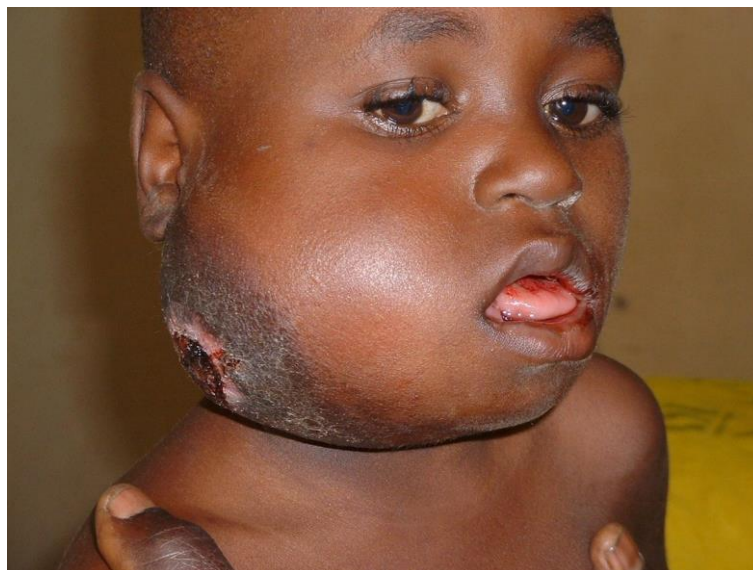
## Lymphatic System

4. **In late cases**, many groups of lymph nodes are affected with variable sizes with hepatomegaly, jaundice, ascites, splenomegaly & IVC. compression, mediastinal syndrome, S.V.C compression, pleural effusion, bony pain and spinal cord compression.

★ **N.B.: Non-Hodgkin's Lymphoma is characterized by the followings :**

- ◆ It is more likely to present in **extranodal sites** than Hodgkin's lymphoma.
- ◆ The disease is usually **disseminated** at the time of presentation.
- ◆ **Mycosis fungoides** is a type of NHL which presents by skin eruptions.
- ◆ **Gastric lymphoma** produces manifestations similar to carcinoma of the stomach.
- ◆ **Intestinal lymphomas** may produce intestinal obstruction, bleeding or perforation.

**C) Burkitt's Lymphoma:** A rare type of lymphoma occurs in the jaw & ovaries. It affects children and is endemic in eastern Africa which is known to be endemic for malaria.



## Lymphatic System

### ★ Investigations:

- **Aim:** Diagnosis of the cause of lymphadenopathy & staging of the disease.
1. **L.Ns biopsy** is diagnostic & the **most important** investigation.
    - The neck is the preferred site.
    - Inguinal LNs biopsy should be avoided as the usually enlarged due to chronic non-specific lymphadenitis.
  2. **Laboratory investigations:**
    - a) **Blood picture:** may show anaemia and lymphocytosis in Hodgkin's disease.
    - b) **E.S.R.** is raised in advanced cases
    - c) **Tumor markers:** Lactic dehydrogenase and beta-2 microglobulin are elevated and used for follow up.
    - d) **Renal and liver function** tests (if impaired, liver biopsy is indicated).
    - e) **Serum alkaline phosphatase** for affection of bones or liver.
  3. **Radiological investigations:**
    - a) **Chest and bone X-ray:** to detect mediastinal L.Ns. & bone involvement.
    - b) Mediastinal and abdominal **U.S, C.T. scan & MRI** Nowadays, they replace lymphangiography & staging laparotomy.
    - c) **Barium study of G.I.T.**
  4. **Bone marrow biopsy** from iliac crest can be done.
  5. **Immunophenotyping:** Identify subtype of lymphoma and leukaemia.



## Lymphatic System

### ★ Treatment:

#### **A - Hodgkin's disease:**

1. **Stage I & II<sub>A</sub>:** Radiotherapy.
2. **Stage II<sub>B</sub>:** Radiotherapy & combination chemotherapy.

**B- Hodgkin's disease Stages III & IV, Non-Hodgkin's lymphomas & Burkitt's lymphoma:** Mainly combination chemotherapy followed by radiotherapy especially for bulky sites.

## Tuberculous Lymphadenitis

★ **Incidence:** This condition usually affects poor children.

★ **Aetiology:**

**A) Predisposing factors:** Poor classes, bad health habits, poor general resistance, deficient diet, other debilitating disease, exposure to a source of infection, intake of infected milk, immune deficiency, D.M & AIDS.

**B) Organism:** Mycobacterium tuberculosis.

**C) Route of infection:**

**1- Lymph borne type:** The commonest.

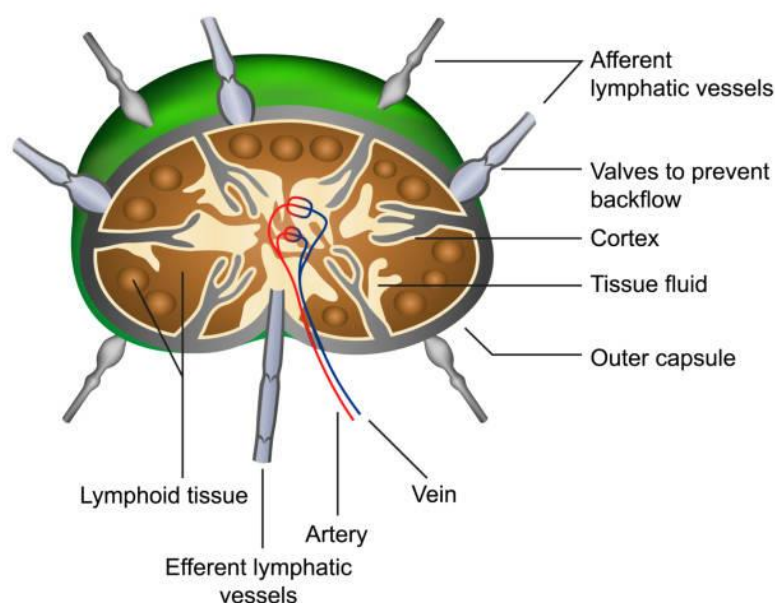
a) **From the tonsils** → upper deep cervical L.Ns. **(commonest site).**

b) **From the intestine** → mesenteric L.Ns. **(tabes mesenterica).**

c) **From the lung** → Mediastinal L.Ns. → Lower deep cervical L.Ns.

**2 - Blood borne type:** From any T.B. focus anywhere in the body.

### Lymph nodes structure



## Lymphatic System

### ★ Pathology:

#### A) Gross picture:

1- Lymph borne (caseating) type	2- Blood borne (lymphadenoid) type
<ol style="list-style-type: none"> <li>1. <b>Primary</b> infection</li> <li>2. <b>A highly virulent</b> organism reaches the L.Ns. by the <b>afferent lymphatics</b>.</li> <li>3. Initial lesion occurs in the <b>cortex</b>.</li> <li>4. Infection reaches the capsule → <b>T.B. periadenitis</b> → <b>matting</b> of L.Ns.</li> <li>5. Destruction → <b>caseation</b> → <b>cold abscess</b> → <b>collar &amp; stud abscess</b> → <b>T.B. sinus</b>.</li> </ol>	<ol style="list-style-type: none"> <li>1. <b>Secondary</b> to active T.B. focus.</li> <li>2. <b>Weak organism</b> reaches the L.Ns. by the <b>artery</b> at the hilum.</li> <li>3. Initial lesion occurs in the <b>medulla</b>.</li> <li>4. Infection does not reach the capsule → No periadenitis → <b>no matting</b>.</li> <li>5. <b>No caseation</b> → No cold abscess → No T.B. sinus.</li> </ol>



**Cold abscess**

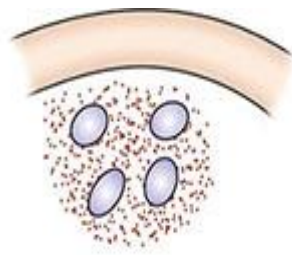


**T.B sinus**

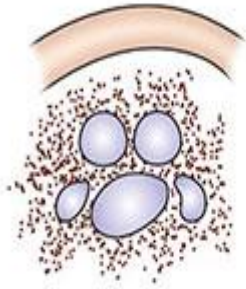
**Pyogenic abscess**



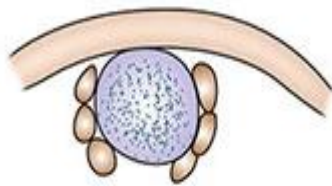
## Lymphatic System



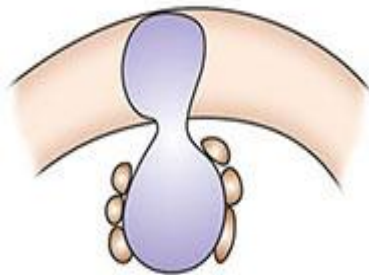
Stage I Lymphadenitis



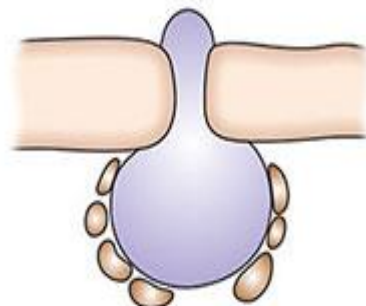
Stage II Matting



Stage III Cold Abscess



Stage IV Collateral stud Abscess

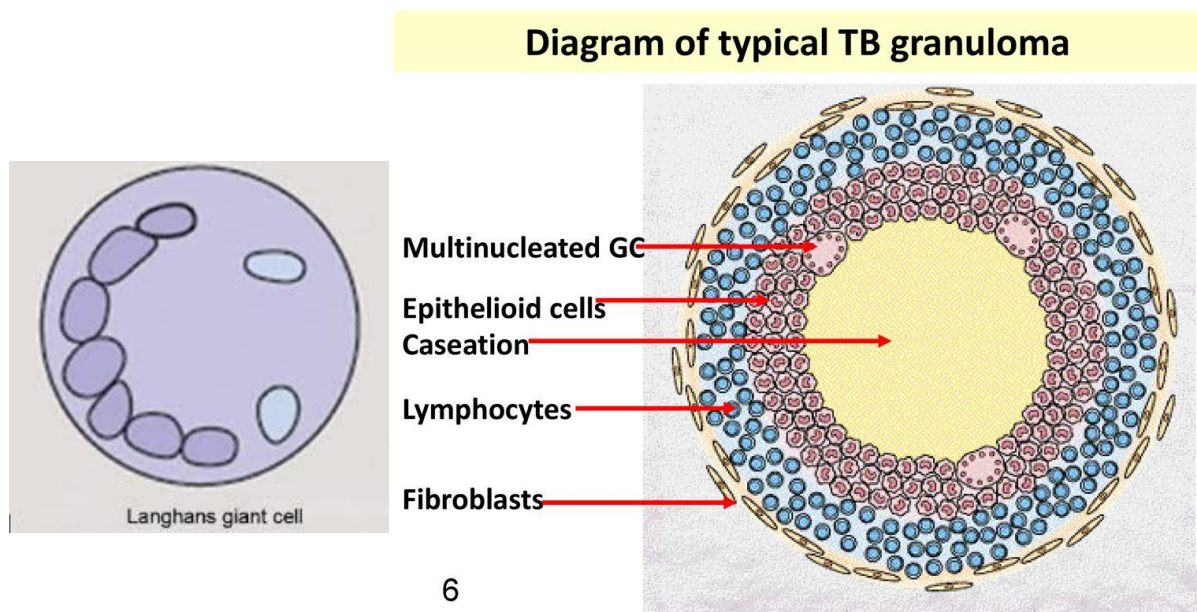


Stage V Sinus formation

## Lymphatic System

**B- Microscopic picture:** Multiple tubercles each consists of:

- 1. Central zone:** Structureless eosinophilic **caseous** material containing bacilli.
- 2. Mid-zone:** **Epithelioid** cells and **Langhan's giant cells** (peripheral multinuclei arranged in horse shoe manner).
- 3. Peripheral zone:** **lymphocytes**.



### ★ Complications:

- 1- Cold abscess** → perforate deep fascia → **Collar and stud abscess** (bilocular abscess) → skin break down → **T.B sinus** → Secondary **T.B of the skin**.
- 2- Secondary infection** → treatment is more difficult.
- 3- Spread** to other groups of L.Ns. or miliary T.B.
- 4- Rarely pressure** on the surrounding structures e.g. O.J & mediastinal syndrome.

★ Clinical picture:

1- Lymph borne type	1- Blood borne type
<p><b>I) General:</b></p> <ol style="list-style-type: none"> <li>1) <b>More common</b> &amp; usually in <b>children</b>.</li> <li>2) <b>T.B. toxaemia is minimal</b></li> <li>3) <b>No evidence of Iry T.B. focus.</b></li> </ol> <p><b>II) Local:</b></p> <ol style="list-style-type: none"> <li>1) <b>Localised</b> lymphadenopathy.</li> <li>2) <b>Variable consistency:</b> <ul style="list-style-type: none"> <li>◆ Early → fiim</li> <li>◆ Caseation → Cystic</li> <li>◆ Calcification → hard</li> </ul> </li> <li>3) L.Ns. are <b>matted</b> or arranged in <b>beads and strings</b>.</li> </ol>	<p><b>I) General:</b></p> <ol style="list-style-type: none"> <li>1) <b>Rare</b> &amp; usually in <b>old</b>.</li> <li>2) <b>T.B. toxaemia is marked.</b></li> <li>3) <b>Manifestations of Iry T.B. focus.</b></li> </ol> <p><b>II) Local:</b></p> <ol style="list-style-type: none"> <li>1) <b>Generalised</b> ImpHADenopathy.</li> <li>2) <b>Firm</b> in consistency.</li> <li>3) L.Ns. are <b>discrete</b>, not tender &amp; uniformly enlarged and mobile</li> </ol>

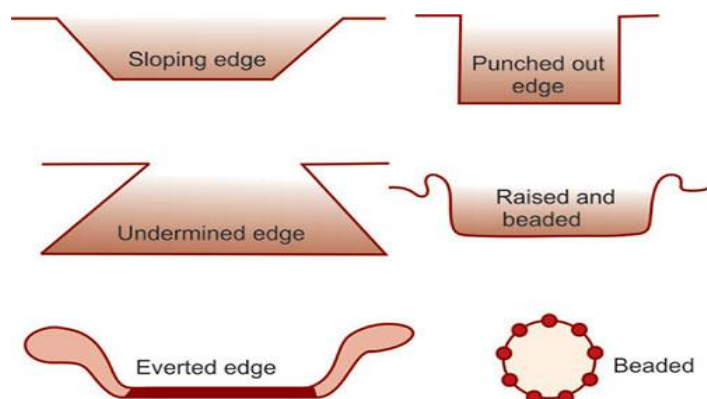
**d - Manifestations of complications:** (In lymph borne type only).

**1- Cold abscess:** Cystic swelling in the anatomical site of L.Ns. slightly tender, slightly warm with the overlying skin is first normal then it becomes dusky red.

- The cold abscess is actually **not cold** (it is warm but colder than pyogenic abscess) and **not abscess** (the contents are not pus).

**2- Collar and stud abscess:** S.C. ill-defined cystic swelling with another deep cystic swelling with cross fluctuation in between.

**3- Sinus:** A track can be felt as a thick fibrous cord, has a thin bluish margin, undermined edge with thin serous yellowish discharge.



## Lymphatic System

### ★ **Investigations:** (Mention in any T.B.)

- 1- **Blood picture:** usually shows anaemia and leucopenia with relative lymphocytosis.
- 2- **E.S.R.** important for follow-up.
- 3- **Plain X-ray** chest and abdomen.
- 4- **Tuberculin test:** if -ve it excludes T.B. in unimmunized person in non-immunized area.
- 5- **Bacteriological examination** for the aspirate **of cold abscess** **or** discharge of a sinus, it includes:
  - a) Film stained by Zeil Neilson stain.
  - b) Culture & sensitivity
  - c) Polymerase chain reaction.
- 6- **L.N. biopsy is diagnostic** and most important investigation.

### ★ **Treatment:**

#### I) **Lymph borne type:**

##### 1. **Before caseation:**

- a) **Medical treatment:** At least 2 antituberculous drugs for at least 9 months, good diet and sanatorium.
- b) **Excision of a single group** of L.Ns. if there is no response to medical treatment for 6 months.

##### 2. **After Caseation:** (Cold abscess)

- **Antituberculous drugs** with repeated **aspiration** & injection of **streptomycin**.
- **Aspiration** should be: (avoid infection & sinus formation)
  - Under complete **aseptic technique**.
  - In a **non-dependent** part.
  - In a **healthy skin** away from the abscess in a **valvular** manner. The needle pricks the skin, is advanced for a distance through the S.C tissue and is finally passes deeply to enter the abscess cavity.
  - Stop aspiration when blood appears in the aspirate

## Lymphatic System

(aspiration is **complete**).

- Aspiration is **repeated** once the abscess refills.



3. **Incision and drainage:** If there is secondary infection.
4. **T.B. sinus:**
  - a) **Medical treatment:** Antituberculous drugs & dressing with streptomycin powder until it closes.
  - b) **Excision of the sinus** with the underlying L.Ns. if there is no response to medical treatment.

**II) Blood borne type:** Only medical treatment and no place for surgery.

### **Acute Lymphadenitis**

#### ★ **Aetiology & pathology:**

- Infection passes from septic focus through afferent lymphatics to the draining lymph nodes → acute inflammation of in these lymph nodes.

#### ★ **Complications:**

- 1- Spread of infection to lymph vessels ,other lymph nodes and surrounding structures.
- 2- Suppuration and acute abscess formation.



## Lymphatic System

### ★Clinical picture:

1. **General:** Fever, rigors, headache, manifestations of the cause.
2. **Local:**
  - The affected L.Ns. are enlarged, mobile, firm, painful and tender.
  - The overlying skin is red and warm.
  - The intervening lymphatics between the cause and lymph nodes , appear as red tender streaks (lymphangitis)
  - In neglected cases, suppuration occurs (see C/P of acute abscess).



Vietnamese man with tuberculosis

- ★ **Treatment:** Treat the cause, antibiotics & local heat. If abscess is formed → incision is drainage.

### **Chronic Non-specific Lymphadenitis**

- ★ **Incidence :** A very common **clinically unimportant** condition , usually affecting **superficial inguinal** (walking bare foot) and **cervical** ( septic tooth, chronic tonsillitis or sinusitis) lymph nodes.

### ★ **Aetiology & pathology:**

- Infection passes from chronic septic focus through afferent lymphatics to the draining lymph nodes → chronic inflammation of in these lymph nodes.

- ★ **Clinical picture:** Manifestations of the cause & L.Ns. are **small** less than 1cm, **stationary**, firm, discrete, mobile and slightly tender.

- ★ **Treat the cause.**

## Syphilitic Lymphadenitis

★ Nowadays syphilis is eradicated in most parts of the world.

★ Syphilis is divided into 3 stages:

- 1. Primary stage:** Genital chancre → inguinal L.Ns of both sides are enlarged, firm, mobile, discrete, painless & not tender.
- 2. In secondary stage:** There is generalised lymphadenopathy, L.Ns. (as before), usually affect epitrochlear and cervical L.Ns.
- 3. In tertiary stage:** Acute septic lymphadenitis may arise from secondary infection of a nearby gumma (gumma of L.N is extremely rare).

## Malignant Lymph Nodes Enlargement

### 1. Lymphomas

### 2. Leukaemias (see medicine).

### 3. Metastases: From carcinoma, malignant melanoma or Ewing's sarcoma.

#### • Clinical picture:

- a) Early** the L.Ns are painless, progressive, not tender, discrete, hard & mobile but **later on** become matted, fixed to surrounding structures & painful.

**b) Features of the primary growth** usually can be detected but rarely it is in a hidden site e.g. hypopharynx, middle ear, nasal sinus, bronchi, stomach & testis.

#### ★ Treatment:

**A) In early operable cases** → excision of the primary tumor with radical dissection of the affected L.Ns.

**B) Advanced inoperable cases** → palliative chemotherapy or radiotherapy.

## Lymphadenopathy

★ It is a lymph nodes **enlargement due to any disease.**

▪ **N.B:**

- Normally L.Ns can't be seen or felt.
- Any lymph node less than ½-1 cm is clinically insignificant.

★ **The commonest causes of L.Ns enlargement are:**

**A. Localised lymphadenopathy:**

**1. Inflammatory:**

**a. Acute lymphadenitis:**

- ◆ Acute **non-specific** lymphadenitis.
- ◆ Acute **specific** as infectious mononucleosis

**b. Chronic lymphadenitis** which may be.

- ◆ Chronic **non-specific** lymphadenitis.
- ◆ Chronic **specific** lymphadenitis: lymph borne **T.B** & Syphilis (1ry & 3rd) is very rarely nowadays.

**2. Malignant.** Early lymphoma & metastases.

**B. Generalized, lymphadenopathy**

**1. Inflammatory.**

- a. Blood born T.B lymphadenitis.
- b. Second stage of syphilis.
- c. Fevers (see medicine).

**2. Malignant:** Advanced lymphoma, metastases or leukaemia (see medicine).

**3. Autoimmune & collagen** diseases (see medicine).

### Lymphedema

★ **Definition:** It is a hypertrophic condition of the skin & S.C. tissues due to chronic oedema caused by chronic lymphatic obstruction.

★ **Aetiology:**

**A- Primary lymphedema:** congenital, rare, it is due to:

1. **Aplasia or hypoplasia** of the lymphatics or L.Ns are the **commonest** congenital abnormalities.
2. **Congenital dilatation** & tortuosity of lymphatics (varicose lymphatics).
3. **Milroy's disease:** A congenital lymphoedema with family history.

◆ **There are 3 forms** of congenital lymphoedema:

1. **Lymphedema congenita:** Appears at or within one year of birth.
2. **Lymphedema precox:** Appears at adolescence (the **commonest type**).
3. **Lymphdema tarda:** Occurs after the age of **35** years.

**B- Secondary lymphedema:** acquired, **common**, due to obstruction by:

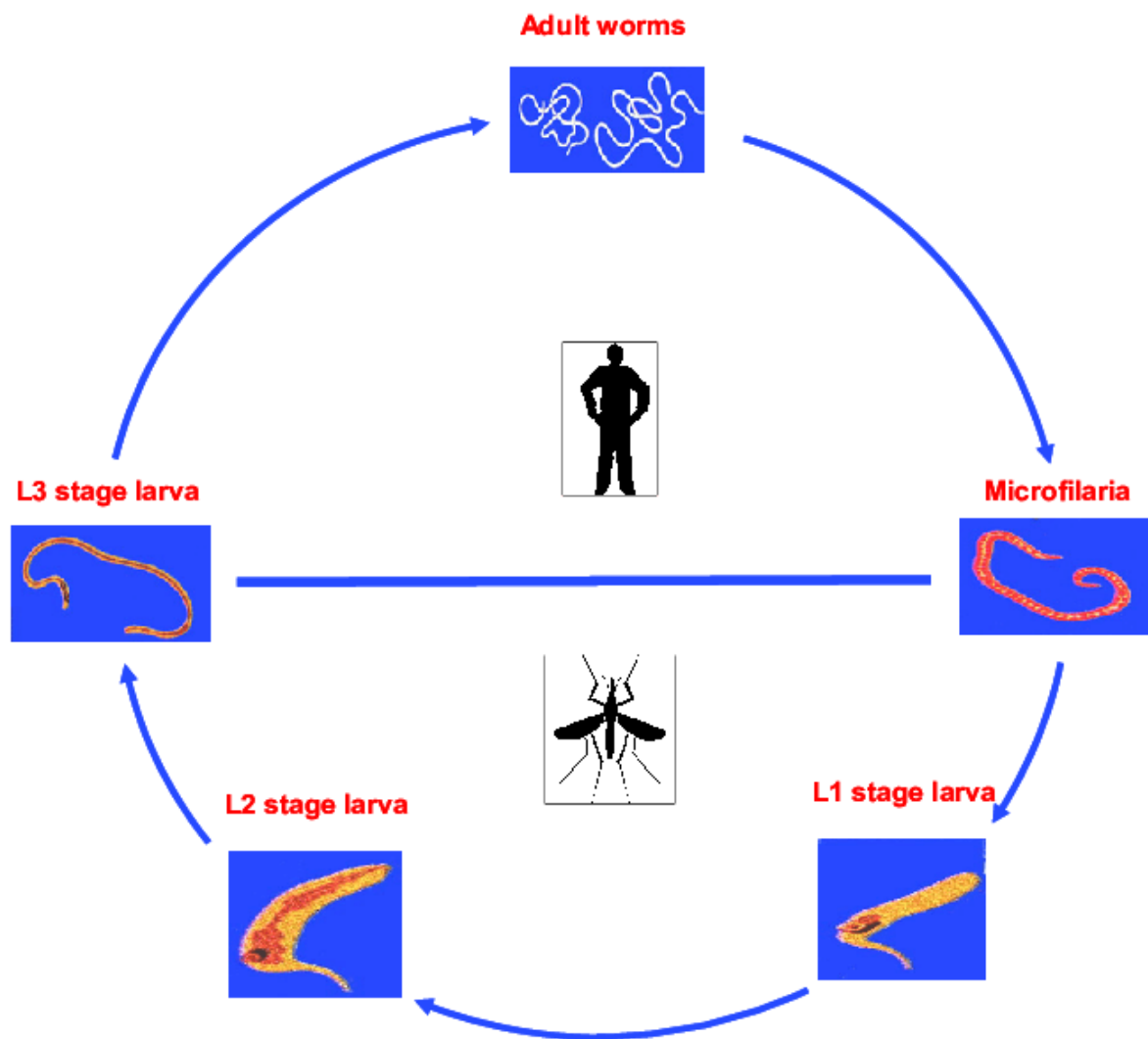
**1. Traumatic:**

- a) Transverse **incision** for inguinal abscess,
- b) Excess skin loss.
- c) **Block dissection** of inguinal or axillary L.Ns. in radical vulvectomy or mastectomy respectively.

**2. Inflammatory:** As T.B. lymphangitis or chronic non-specific lymphangitis.

**3. Parasitic:** filariasis is the commonest cause in Egypt. In this condition there is infestation with *Wuchereria Bancrofti* worm which lives in the lymphatics & L.Ns. of the groin, abdomen and pelvis → lymphatic obstruction.

## Life cycle of Wuchereria Bancrofti Worm

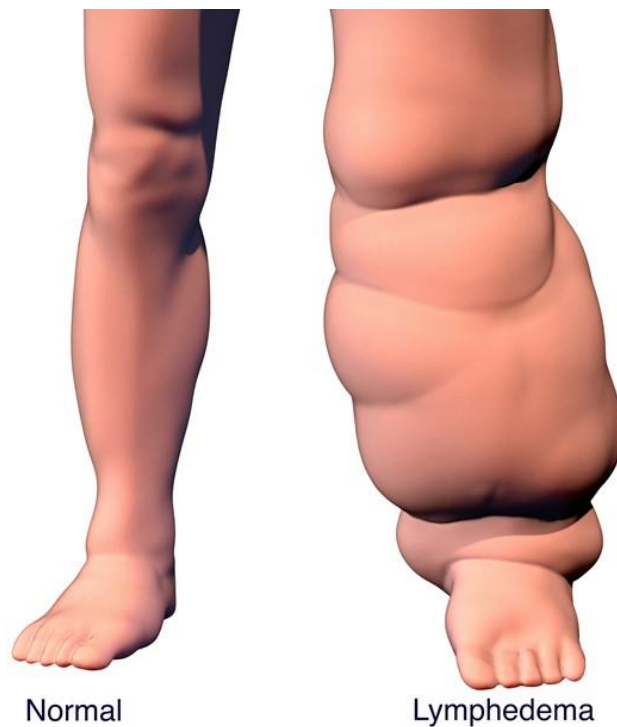


## Lymphatic System

- 4. Neoplastic:** May be due to lymphoma or metastasis in the inguinal L.Ns (as in cancer lower 1/2 of anus, vulva, scrotum) or in the axillary L.Ns (as in cancer breast).

### ★ Pathology:

1. The condition usually affects **lower limb** (80% of cases) or scrotum & rarely affects vulva, breast, or upper limb.
2. The condition affects **only skin and S.C.** tissue only.
3. Lymphatic **obstruction** → proximal lymphatics **dilate** → lymph **stasis** → recurrent attacks of streptococcal **lymphangitis** → **Progressive lymphatic obstruction.**
5. **The pathology passes into 4 stages:**
  - a) **Stage of soft pitting** oedema due to accumulation of protein rich fluid.
  - b) **Stage of lymphorrhea** due to rupture of dilated lymphatics.
  - c) **Stage of fibrosis** with hard non-pitting oedema.
  - d) **Stage of elephantiasis.**



# Lymphatic System



NOT DUE TO  
**FILARIASIS**

NOT DUE TO  
**PODOCONIOSIS**



**PRIMARY LYMPHEDEMA**

**ELEPHANTIASIS NOSTRAS VERRUCOSA**

## Lymphatic System

### ★ Complications:

1. Recurrent cellulitis and **lymphangitis**.
2. Formation of **blebs or bullae** due to distended lymphatics.
3. **Lymphoedema ulcer**: rare because diffusion & nutrition of tissues are normal.
4. Huge **disabling limb**.
5. **Lymphangiosarcoma**, is rare.

### ★ Clinical picture:

1. Adult patient from **an endemic area** (e.g. Domiat, Giza, Sharkiaha) complaining of **progressive leg swelling** with exacerbations and partial remissions.
2. **During exacerbations**: (attacks of streptococcal lymphangitis).
  - a) **General**: fever, rigor (elephantoid fever).
  - b) **Locally** the limb shows red, tender streaks travelling to the draining L.Ns (**lymphangiatis**).
3. The swelling is **hard and non-pitting** with deep **ankle crease** & the **sole** of foot is **not affected**.
4. **In late cases**: (Elephantiasis) Huge limb & the skin is dark, thick with multiple deep furrows, thick callosities and warty over growth.
5. The inguinal L.Ns. may be enlarged, firm and tender (**chronic septic lymphadenitis**).
6. **Other filarial manifestations** as lymphoedema of scrotum, filarial funiculo-epididymitis (acute and chronic), chylocele (rupture of lymphatics in tunica vaginalis). secondary hydrocele, chyluria, chylous ascitis, chylous diarrhea and chylothorax.

### ★ Investigations:

1. **Night blood film** between 10pm-2am may show microfilaria in active filariasis.
2. **Intradermal skin test** for filariasis.
3. **Blood picture**: shows eosinophilia in active filariasis.



## Lymphatic System

**4. Inguinal L.N Biopsy:** May show filariasis or malignancy.

### 5. Imaging of lymphatic system:

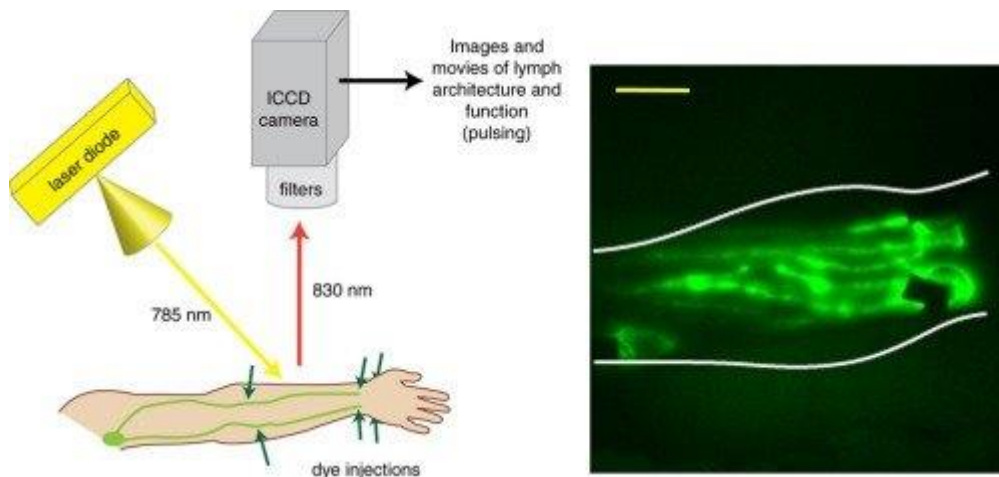
**a) Lymphoscintigraphy:** (recent, simple with no side effects)

- **Indication:** Chronic lower limb edema.
- **Method.**
  - Injection of **technetium 99 labelled antimony trisulfide** into the 1st web and then imaging the extremity with a gamma camera.
  - In lymphatic obstruction ,there are dermal back flow , delay **disappearance** of radioactivity at the injection site with delayed **appearance** of radioactivity in the regional L.Ns.
  - **In venous oedema**, there is normal lymph transport.

**b) Near-infrared laser fluorescence imaging:**

- It is a dynamic study that allows visualization of lymph flow.
- Indocyanine green is imaged with near-infrared laser light and fluorescence camera to visualize the lymph vessels and nodes.

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**c) Magnetic resonance lymphangiography:**

- Injection of contrast medium subdermally and MRI can visualize lymph vessels and nodes.

## Lymphatic System



**d) Ultrasonography** to evaluate edema and fatty tissue in the limb.

### ★ D.D.:

**a)** The most important is edema due to **chronic venous insufficiency**.

	<b>1- Venous edema</b>	<b>2- Lymphatic edema</b>
<b>1. Manifestations of:</b>	<ul style="list-style-type: none"> <li>• D.V.T., 2ry V.Vs. pigmentation, ulceration, etc</li> </ul>	<ul style="list-style-type: none"> <li>• Filariasis</li> </ul>
<b>2. Pain</b>	<ul style="list-style-type: none"> <li>• Painful</li> </ul>	<ul style="list-style-type: none"> <li>• Painless(except in lymphangitis)</li> </ul>
<b>3.Non-pitting edema</b>	<ul style="list-style-type: none"> <li>• In late cases</li> </ul>	<ul style="list-style-type: none"> <li>• Early</li> </ul>
<b>4. Ankle crease</b>	<ul style="list-style-type: none"> <li>• Absent</li> </ul>	<ul style="list-style-type: none"> <li>• Present</li> </ul>
<b>5. Duplex U/S</b>	<ul style="list-style-type: none"> <li>• Shows abnormal veins</li> </ul>	<ul style="list-style-type: none"> <li>• Normal veins</li> </ul>
<b>6. Lymphoscintigraphy.</b>	<ul style="list-style-type: none"> <li>• Normal</li> </ul>	<ul style="list-style-type: none"> <li>• Abnormal lymphatics and slow flow of lymph.</li> </ul>

**b) Causes of elephantiasis:** usually chronic lymphatic obstruction (**lymphoedema**) or rarely due to D.V.T. (**post-phlebitic limb**), neurofibromatosis (**elephantiasis neurofibromatosa**), congenital A-V fistula (**local gigantism**), lipoedema (pathological accumulation of fat in the lower limb) or **leprosy**.

## Lymphatic System



**Venous edema**



**Compression garment**

### ★ Treatment:

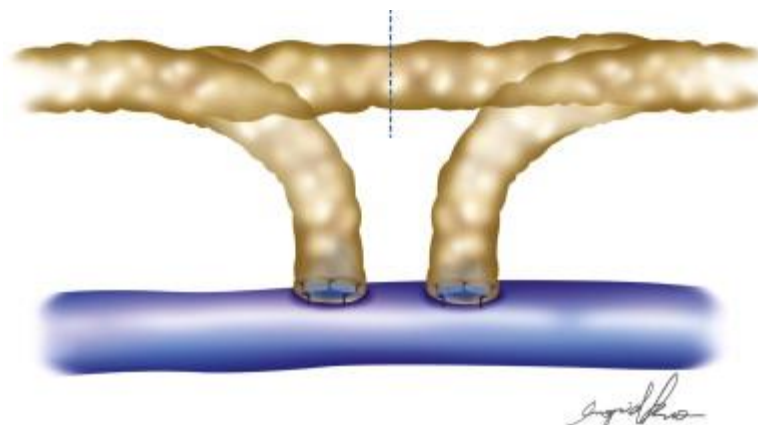
#### **A - Conservative & decongestive therapy: For early cases.**

1. Elevation, massage, exercise, compression garments, elastic stocking, diuretics, antibiotics (long acting penicillin every 3 weeks) to prevent lymphangitis, salt restriction, weight reduction, avoid trauma & infection.
2. Diethyl carbamazine in case of filariasis.

#### **B - Surgical:**

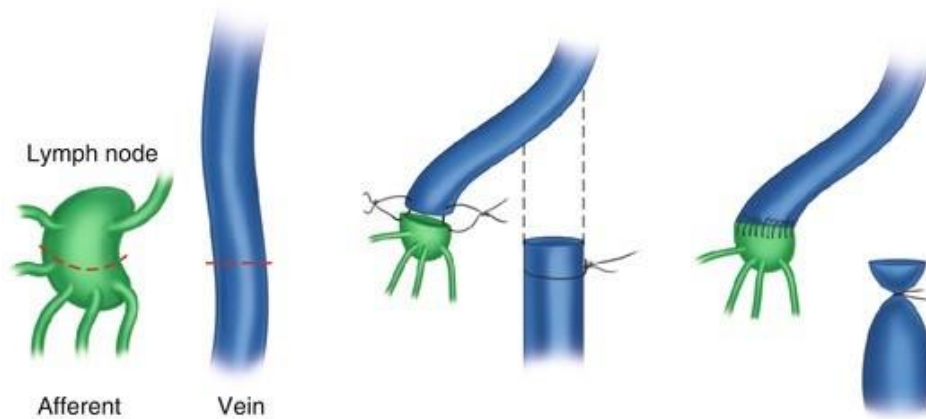
##### **I) Physiological operations:**

- **Aim:** Improve the lymph drainage of the limb or diversion of lymph across the obstructed zone.
- **Indication:** Early cases.
- **Methods:** The following **microsurgical** operations:
  1. **Lymphatico-venous anastomosis:** The dilated lymphatics are anastomosed to nearby veins.



## Lymphatic System

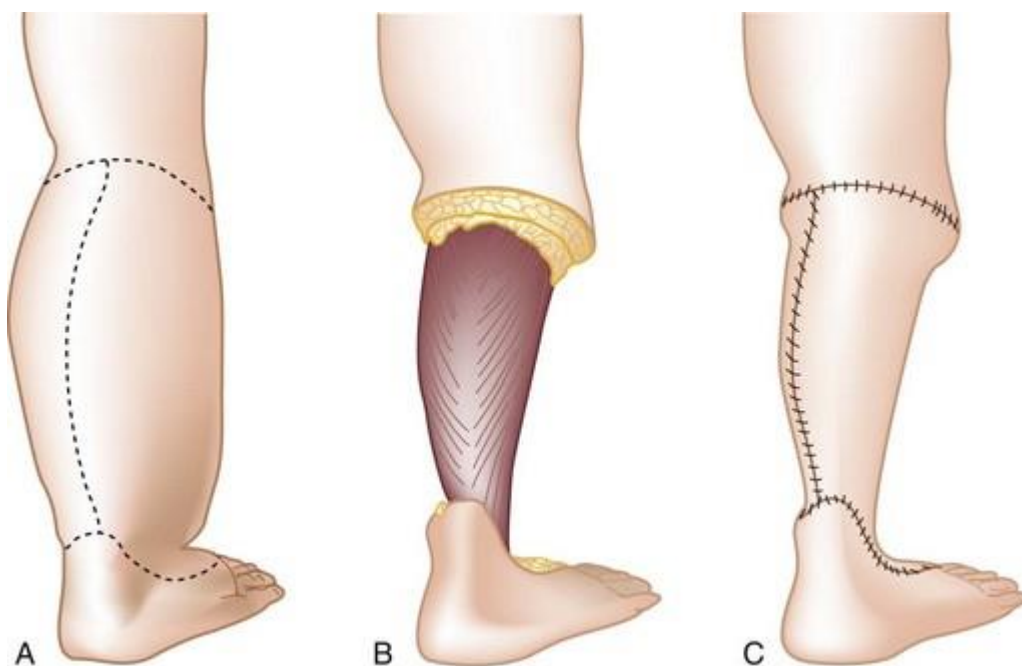
2. **Lymphovenous anastomosis:** The distal surface of bisected L.Ns are anastomosed to a nearby vein.



3. Autogenous lymph nodes **transplantation** to stimulate lymphangiogenesis.

### II) Excisional Operations:

- **Aim:** Reduce the bulk of the limb by excision of diseased skin, subcutaneous tissues and deep fascia with closure of the defect by skin graft.
- **Indication:** Advanced & complicated cases with marked disability.



## **Lymphatic System**

**III) Liposuction** is done to remove residual swelling.

**IV) Amputation:** For repeated recurrence, huge disabling limb or excessive ulceration and infection.

**IV) Plastic reconstruction** by excision of hypertrophied tissue is the procedure of choice in the scrotum, vulva or breast.