

Hypoallergenic Cat Breeds for People Prone to Allergies

Some people are very prone to small changes and react differently in certain circumstances. In most parts of the world, there are four kinds of weather but their time changes for countries located near the equator and those located in the South Pole. People prone to allergies can be affected by slight changes in the weather. Ask your vet about [can dogs eat corn](#). The most common form of allergy is pollen allergy that happens during the summer. For some people, it is so severe that they have to leave the place and usually move to a less green place.



There are many other types of allergies too but surprisingly, they can be controlled by keeping a suitable pet. Different hypoallergenic animals can be helpful for reducing allergic reactions. Hypoallergenic dog breeds include Bedlington Terrier, Bichon Frise, Kerry Blue Terrier, and Irish Water Spaniel. The famous hypoallergenic cats are the Siberian Cat, Russian Blue, Cornish Rex, LaPerm, Balinese, and many more. Try to know about [can dogs eat shrimp](#) from different guides.

By keeping these animals as pets, a person can avoid allergies altogether. These cats are called hypoallergenic because they do not produce any allergens. There is a hormone in cats known as Fel D which is usually produced in a cat's saliva and may cause an allergic reaction in an asthma patient. However, fourteen cat breeds do not produce much saliva or any other form of allergens. Instead, they can be used to treat different allergies which is why such cats are known as hypoallergenic cats.

These cats work as a natural remedy and a barrier for a person previously suffering from allergies. If you are also suffering from any kind of allergy then these cat breeds can be very helpful. Such cats can also be emotional support animals or ESAs. You cannot keep them in your house without an ESA letter provided to you by a licensed therapist. Oriental Shorthair Cat is a famous hypoallergenic cat used to lower allergic reactions. Read about [can dogs eat potatoes](#) below.

As its name indicates, this cat breed has very short hair with a lining on the body. Cornish Rex is another cat that helps to reduce allergic reactions. Other important hypoallergenic cat breeds are Sphynx, Bengal, Balinese, Devon Rex, Javanese, LaPerm, Siamese, Colorpoint Shorthair, and Ocicat. These cat breeds are extremely helpful in treating a person suffering from any type of allergy. However, one thing that is important to note is that an individual cannot keep such pets without a valid letter from a psychiatrist.

For that purpose, he needs to fulfill certain criteria. Only then he will be eligible to keep an emotional support animal. For example, an [esa letter for dog](#) is necessary to have an emotional support dog. An owner can enjoy certain privileges with such a letter and in some states, he is protected by law. He can keep his ESA in residential areas where normal pets are not allowed. Cats belonging to feline breeds are considered the perfect remedy for allergies as they do not produce any type of allergies. Such cats do not trigger any type of allergy.

According to The Asthma and Allergy Foundation of America, approximately 3 out of 10 people suffer from asthma or allergies because of dogs and cats. Cats and dogs indeed cause allergic reactions but hypoallergenic breeds are an exception as they do not cause sniffing itching or sneezing. Have some guidance about [can dogs eat peaches](#). The benefits of keeping such cats cannot be denied or ignored but one thing is certain that you cannot keep them without getting an ESA letter.

Useful Resources:

[Emotional Support Animal - Different Types & Benefits](#)

[Emotional Support Animal Laws - Policies Governing the ESAs](#)

[Emotional Support Dog Vest - Benefits & Best Vest Choices for 2021](#)

[Russian Bear Dog: History, Facts, & Physical Traits](#)