

Black Beans Chili

Makes 6 to 8 servings

Ingredients

4 can black beans
1-can dark kidney beans
1 can diced tomatoes
1 teaspoon dried cilantro
1 tablespoon of lime juice
2 cups ham, chopped
1 package McCormick Mex-Tex chili powder
1 1/2 teaspoon of salt
1/2 teaspoon black pepper
1 1/2cup vegetable broth/stock
2 teaspoons of corn starch

Directions

1. In 5 – 6 quart Dutch oven combine all other ingredients.
Stir well.
2. Cook on level 5 to a high boil for 15 minutes; stir occasionally, then reduce heat to level 3, add corn starch and simmer for 30 minutes, stirring occasionally to avoid food from sticking to pot.
3. Remove from heat and serve over rice