

Directions for the Treatment

Writh this treatment the patient is not allowed to eat at all for 42 days other than taking the vegetable juices and teas recommended. The juices can be taken only in the amounts stated. They can be taken as much as required for hunger, though not in excess of one half liter (2 cups/500 ml) per day. The less juice the patient drinks the better.

It is possible, and in a way preferable, to make the juice at home, if you can obtain organically grown vegetables.

If this is not the case or if you do not want to take the trouble, most health food stores offer the organic "Breuss Vegetable Juice Mix" which is prepared by a Swiss company under my directions.

My Juice Mixture:

To prepare the juice, take 3/5 beets, 1/5 carrots, 1/5 celeriac, and then add a little black radish and one egg-sized potato. For example:

300 g (9.6 oz.) beet root
100 g (3.2 oz.) carrots
100 g (3.2 oz.) celeriac (celery root)
30 g (1.06 oz.) black radish juice
1 potato, the size of an egg

Note: It is not crucial to add the potato juice, except for cancer of the liver where it is absolutely necessary. Instead of adding the potato to the juice mixture, you can drink a cup of potato peel tea each day. This tea is to be slowly sipped cold. To prepare the tea, take a handful of potato peelings in one cup of water and boil for two to four minutes. If this tea does not taste good, then your liver does not need it, so you do not have to drink it.

Use a modern juice extractor, or press the vegetables the old-fashioned way, then put the juices through a tea strainer or a linen towel. There is a tablespoon of

sediment for each quarter liter of juice which must not be consumed. This sediment would make the juice more difficult to drink and, more importantly, would serve as food for the cancer.

The cancer lives only on solid foods taken into the body. If for 42 days the patient only drinks vegetable juices and tea, the cancerous growth dies while the person can live through it all very well!

During this time the patient may lose 5 to 15 kg (11 to 33 lbs) but will feel quite well during the treatment period. I myself have tried this treatment and was able to work harder than ever before. It is better if a few days before starting this treatment, the patient drinks approximately one quarter liter (1 cup/250 ml) of juice per day. The patient may go up to one half liter but this is not necessary.

Drink the juice slowly with the help of a spoon. Do not swallow it immediately but let the juice remain in the mouth for a few moments. Every now and again the patient may have a mouthful of sauerkraut juice which is beneficial to the patient.