

I TRAVEL FOR A LIVING!

Want to get stuck in a working-vacay situation forever? Take it from four women who made the world their workplace. #Goals

ADI ZARSADIAS

Yoga teacher and writer
lovethesearch.com

HOW SHE DOES IT: "Yoga teachers are usually provided with free meals, accommodation, and an allowance. Teaching yoga in Pangulasan, El Nido was like a two-month vacation!"

A FAVORITE TRAVEL MEMORY:

"Living in a tiny hut on the rice fields by the riverside of Vang Vieng, Laos. I had ponies, buffalos and goats as neighbors. Watched Lao kids play football at sunset, and practiced my rock climbing skills at the Sleepy Wall."

YOU CAN AFFORD TO SEE THE WORLD, TOO:

"Learn a skill that gives you the freedom to work anywhere and have different income streams. I earn passive income from renting out a condo unit on Airbnb and I try to bring back unique items from my travels to sell to friends back home. You'll be surprised—you can actually make money to pay for an airline ticket!"

GOING ABROAD ALONE?

"I recommend Thailand. The people are warm and accommodating, and the food is cheap, healthy, and delicious. Go scuba diving, do Muay Thai training, or try massage, yoga, and healing therapies."



"LEARN A SKILL THAT GIVES YOU THE FREEDOM TO WORK ANYWHERE."

HANNAH REYES

Documentary and travel photographer
hannah.ph

HOW SHE DOES IT: "In the beginning, I photographed to travel, but these days travel comes second to telling a good story. You have to listen to your own voice. Many will tell you that traveling for a living is impractical, or stupid, or unattainable. But it isn't. You know better."

YOU CAN AFFORD TO SEE THE WORLD, TOO:

"You don't need to do lavish things to have a good time. Often, the safety of hiring tours hinders you from seeing a lot of a place. When I didn't have much, I walked because I didn't want to pay to do a tourist activity each day I was away. This turned out to be a blessing—somehow it made the experience my own."

NEED TO PACK IN A RUSH? "Figure out what you absolutely can't travel without. For me, it's my camera. I use zip-bags a lot, too. They take up less space than bag organizers, and you can make them more compact."

A WINNING TRAVEL TIP: "Do away with overly strict itineraries, and leave space for serendipity."



HOW SHE DOES IT: "I started We Are Sole Sisters five years ago when a former colleague and I decided to travel around Southeast Asia for six months. When I got back to Manila, I was jobless, homeless, and nearly penniless. Worse, I didn't want to stop traveling. So I thought of ways to continue traveling and not have to work a 9-to-5 job again. It was difficult at first, but I learned new skills to earn money. The blog started to attract more readers and I was able to create a decent income stream through advertisers. Every now and then, there are offers to go on sponsored trips."

YOU CAN AFFORD TO SEE THE WORLD, TOO:

"If you want it bad, you will make it happen. I made a lot of sacrifices to keep traveling. I simplified my life by selling most of my possessions and I took on a lot of odd jobs. I traveled the cheapest ways possible. It's all been worth it."

WHEN SIGHTSEEING SOLO?

"I don't reveal that I'm traveling by myself to others. I try to blend in and when I'm asked, I always say I'm going to meet friends or a boyfriend."

WHY YOU NEED TO TRAVEL:

"We Pinays should travel to have a better understanding of the world. Ultimately, we should travel to be ambassadors of our country. We travel to see the world, but the world also sees our country through us."

LOIS YASAY

Co-founder and editor-in-chief
We Are Sole Sisters
wearesolesisters.com



STEPHANIE DANDAN

Writer, travel blogger, and photographer
infinitesatori.com

HOW SHE DOES IT: "I used to have a cycle of work-save-travel-repeat. But last July, my work as a freelance photographer, writer, and copywriter allowed me to be location-independent and to travel freely like I had always dreamt. You do have to be disciplined enough to work on your own pace while wandering and exploring."

YOU CAN AFFORD TO SEE THE WORLD, TOO:

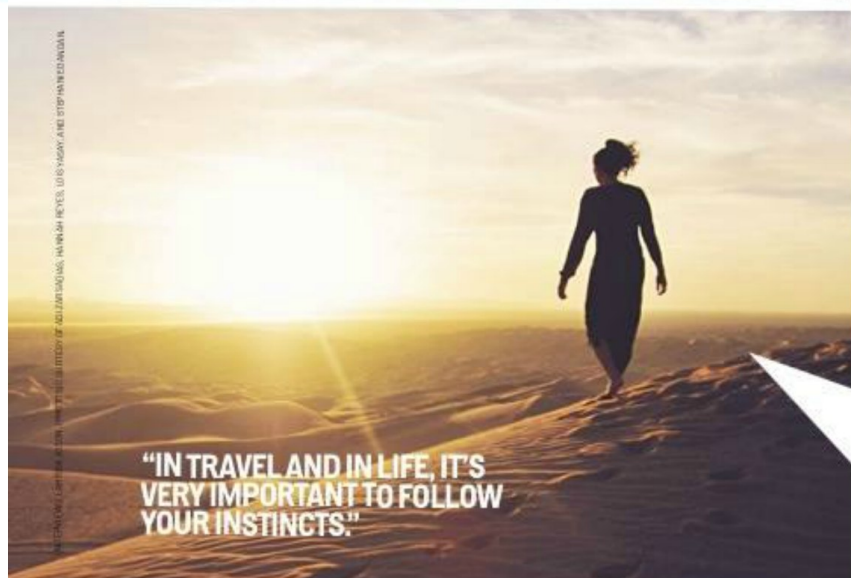
"Stop buying things you don't need, let go of the things that are weighing you down—physically, emotionally, and financially—and be disciplined in saving. Work, save, travel, repeat, but also, don't let money hold you back. Paulo Coelho said that travel is never really a matter of money but of courage. I know a handful of people who left their countries with only a couple hundred bucks in their pocket—they hitchhiked, stayed with locals, volunteered, and did some of the most unimaginable things for the sake of travel."

WANT TO TAKE A TRIP ALONE?

"Don't get too drunk and wander around dark alleys at night. If someone or something seems dodgy and the situation feels wrong, then trust your hunches and take precautions. In traveling and in life, it's very important to follow your instincts."

A WINNING TRAVEL TIP:

"Do something every day that scares you and pulls you out of your comfort zone. I find that every time I get out of my comfort zone, something amazing always happens."



"IN TRAVEL AND IN LIFE, IT'S VERY IMPORTANT TO FOLLOW YOUR INSTINCTS."