

# Jill Douka MBA, PCC International Speaker #1 Awarded International Bestselling Author

"I got the power of positive thinking, new ways to deal with changes and setbacks and had great fun. Thank you!"

**Matina Chatzipavlou HR Director Microsoft**

I have changed my approach towards challenge because of your workshops.

You are amazing and I am grateful to have met you.

**S. Zoupanou HR Director KRAFT**



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## JILL DOUKA MBA, PCC

**Jill supports business executives and Entrepreneurs to create healthy relationships, to successfully cope with change and unlock their leadership skills.**

A exceptionally engaging motivational speaker and entrepreneur, Jill Douka gets her message across with sincerity and fascination. Her moto is: by developing a healthy relationship with ourselves we create Miracles!

- Speaker and author presenting to over 3.000 people worldwide every year.
- Chosen and got an award as a European Business Mentor.
- One of the first Europeans invited to 2 TEDx events in Europe and Asia, India.
- Has consulted and done trainings and speaking engagements for Iberdrola Renewable, Microsoft, Kraft, TUI, Peiraios Bank
- Topics covered include : Leadership from within, Creating healthy relationships via clear communication, Making Failure a good friend, How to Achieve Exceptional Customer Service, Incorporating and enhancing change, Entrepreneurship and life balance The Power Of Engaged Employees.



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## SPEAKING STYLE

A natural performer, combining her dance and acting skills obtained in some

of New York's best art schools, together with MBA studies and developing a company from 80 staff to 350 as an HR Manager combined with many years of multinational corporations consulting and an entrepreneur herself, Jill Douka is both appealing and accessible whether she is addressing a room full of academics or a group of executives. You may view Jill Douka TEDxChennai speech Our Unique Failures and TEDxNicosia speech 3 ways to have fun and RE-Act at work here:

Our Unique Failures: <http://ow.ly/WAL44>

3 ways to have fun and RE-Act at work: <http://ow.ly/WALeU>



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# BIOGRAPHY

Background



Jill Douka MBA, PCC is the #1 Awarded Best-selling Author of the book Create Love, an International Speaker, Coach and Author. She has spoken to, mentored and coached thousands of people, in

Europe, USA and Asia. Miss Douka is referred by the press as the Happiness Guru and she is one of the first Europeans invited to speak to a TEDx event in Asia. She is an active entrepreneur and was selected and Awarded as a European Business Mentor. She is invited to speak at European Mentoring and Coaching Global event as a guest workshop leader in November 2013.

Miss Douka has consulted and spoke to Fortune 500 companies and she is a founding member of European Evolutionary Business Council. She is a member of ATL Association of Transformational Leaders of Europe.

Also, a founding member of Better Life Day, the global platform dedicated to spread solutions, connection and inspiration via educational events and online tools. For more information [www.betterlifeday.com](http://www.betterlifeday.com)

She commits to working with people's values, focusing on their strengths via positivity. She holds an MBA from ALBA and is a graduate of International Coach Academy. She has studied Human Resources at Cornell University and has a Masters degree in Cultural Management and in Political Science from University Paris Dauphine. Some of her teachers are Jack Canfield, Anthony Robbins and Leonard Orr. Miss Douka travels the world with her husband Nikolas Ouranos, who is the founder of [www.academyofrelationships.com](http://www.academyofrelationships.com) and their daughter.

## TOPICS COVERED

- ☉ Making failure a good friend /Leadership From within
- ☉ Creating healthy Relationships /Incorporating and enhancing change
- ☉ Entrepreneurship and Life Balance
- ☉ Intrapreneurship
- ☉ The Strength Of Engaged Employees

## LANGUAGES

- ☉ English
- ☉ Greek
- ☉ Italian

