

Breaking up with your one true love can be very difficult

how to text your ex

Breaking up with your one true love can be very difficult, and there are ways you can get your boyfriend back.

Whatever the reason for the breakup was, it's not going to change with your begging. The only thing that begging will do is make you look like a weak and insecure person. Your instincts will tell you that if you just agree to everything your ex wants, they will come back. Your instincts will tell you that your needs, values, desires, and goals don't matter.

Your instincts will tell you that the only thing that matters is getting your ex back. And for that, you can sacrifice everything.

You let your ex walk all over you. You become a doormat. You agree to the most ridiculous demands your ex has. But your instincts tell you, it's OK. Because having your ex in your life is the only thing that matters.