

THE INCEL MOVEMENT

A history from the perspective of ReformedIncel

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For many people, the Toronto van attack was probably the first time they had heard the term “Incel” and have only seen the websites of “incels.me”, “reddit”, and “4chan”. The truth is that the originals of the online Incel community predates all these sites. 4chan began on Oct. 1, 2003 and reddit on June 23, 2005, but the first Incel communities began in the mid/late 90s and effectively took form in the first few years of the 2000s.

Over the two decades, I have seen first-hand seen the downward spiral of the Incel community. I’ve seen misogyny, entitlement, and self-victimization take over the Incels.

Although Incel communities have gone downhill, I will end on a positive note with possible suggestions to make forums better.

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I’m no authority on Incel and nothing I say should be taken as official. All of this is based upon my experience in the community and the trends I’ve observed in the forums over the years, turned decades. As an eyewitness, I’m working on memory and virtually all of this document is based upon me remembering and looking up keywords and trying to find long-gone websites. As such, I have provided as many links as I can so that you don’t have to take my word for it – I want you to see for yourself. Make up your own mind. (As many websites are only found on archives, the dates might be a bit off. This is not because I’m trying to mislead you but it’s because I want this to be as fact-based as possible.)

ReformedIncel¹

¹ I’m what you kids would probably call an “OldCel”

****INVCEL (1993/1997)****

No, that is not a typo. The word “Incel”, which is a blend of involuntarily celibate, was a term used by a woman who wanted to learn more about us back in 1993. She has a website called “Alana’s Involuntarily Celibacy Project.”² Originally it was actually “invcel”, and Alana’s personal story has the url of “invcel.html”, but the community decided “Incel” would be easier to pronounce and not sound like “imbecile”. (In-v-cel sorta sounded like Im-be-cile)

From the very beginning, it was a very imprecise term and definition, and there were many of alternatives.³ There were always problems with what exactly we were talking about but I think it’s safe to say that we were all unhappy with the consistent lack of our sexual and/or romantic lives. Whatever the discussions of terms and definitions, the term “Incel” was adopted and we seemed to have an intuitive understanding of what it meant.

Additionally, in the early years, one didn’t have to be a virgin to be Incel. We based this off of another early researcher, Dr. Donnelly, stated this: “we define the involuntary celibate as one who desires to have sex, but has been unable to find a willing partner for at least 6 months prior to being surveyed.”⁴ This number was admittedly arbitrary, as explained in the following lines of her article, but it was good enough for us.

² Alana’s Involuntarily Celibate Project (from Feb 20, 2003, before she stopped maintaining it)
<https://web.archive.org/web/20030212170914/http://www.ncf.carleton.ca:80/~ad097/ic-home.html>

³ Alana’s ICP, terms and definitions:
<https://web.archive.org/web/20030213112926/http://www.ncf.carleton.ca:80/~ad097/definitions.htm>
<https://web.archive.org/web/20030220154025/http://www.ncf.carleton.ca:80/~ad097/terms.html>

⁴ Involuntary Celibacy: A Life Course Analysis
Author(s): Denise Donnelly, Elisabeth Burgess, Sally Anderson, Regina Davis and Joy Dillard
Source: The Journal of Sex Research, Vol. 38, No. 2 (May, 2001), pp. 159-169

****ALT.SUPPORT.SHYNESS (Late 90s)****

The first communities of people who would make up the Incel community were found on the Usenet Newsgroup of alt.support.shyness. For those who don't know what I'm talking about, think of them the open forums where anyone can read and join. On alt.support.shyness, like any modern day forum, there were interesting discussions. The typical dating advice and coping strategies.

However, here is where I would mention the first beginning of a gender separation. When it came to shyness, men tended to talk about Incel-related problems while women tended to shyness in non-romantic settings (like public speaking or not having enough friends, in general). There was talk about splitting things up between genders since it pained some of the men too much to hear about a young woman needing help not being shy during a job interview when they, themselves, were twice her age and hadn't even kissed anyone.

Anyway, on May 16, 1998, we were invited to her Incel/Invcel website and mailing list.⁵ Thus, the people who would make up the early Incel communities were separated based on being Incel, rather than based upon gender. (Another early community was the Yahoo group (Oct. 28, 1999).⁶) Compared to today's Incel boards, the overall tone of the conversation was different: Incel was not a permanent thing, and women were part of the Incel community. Because of this, fatalistic and defeatist attitudes as well as misogyny and anti-feminism weren't as problematic as it is now. But there still was negativity and Alana left.

In my experience, self-describing as Incel wasn't a negative thing even though the state of being Incel was negative. I would say it remained that way for over a decade, which ranged from the end of the 90s to the end of the 2000s.

⁵ Alana's post to invite us to her website:
[https://groups.google.com/forum/#!searchin/alt.support.shyness/involuntary\\$20celibacy\\$20alana%7Csort:date/alt.support.shyness/qsZKuUTf2dk/h3zK9DUEf3QJ](https://groups.google.com/forum/#!searchin/alt.support.shyness/involuntary$20celibacy$20alana%7Csort:date/alt.support.shyness/qsZKuUTf2dk/h3zK9DUEf3QJ)

⁶ Yahoo group: <https://web.archive.org/web/20011218014941/http://groups.yahoo.com:80/group/celebrity1/>

****INCELSITE and INCELSUPPORT (2004-2008)****

To greatly summarize and simplify things, a website called Incelsite.com was made in 2004.⁷ This is the IncelSupport forum of 2006.⁸ This is the Incel community that I know and look at the reasons we gave for our involuntary celibacy.

- Geographic isolation
- Social Isolation
- Work-related Stress
- Economic Hardship
- Discouragement from Past Experiences
- Unconscious Repetition of Childhood Patterns
- Unresolved Family Issues
- Anxiety and Depression
- Low Self-Esteem
- Physical Illnesses
- Primacy Incels (*this means everything is okay in life except, for some reason, sex and relationships*)

This is the community that I knew. Incelsite had a forum and a few years later, we made our own standalone forum called IncelSupport in 2008.⁹ (I'll explain why I can't link directly to this forum in later sections)

Based on the research of Dr. Donnelly, we basically included anyone who would self-identify with being Incel and this meant that we'd include women, non-virgins, and even people who had children but were in a sexless marriage, etc. (I'm mentioning this to contrast to how the Incels nowadays would reject these people as "normies")

⁷ Incelsite.com (Feb. 20, 2004): <https://web.archive.org/web/20040220054403/http://www.incelsite.com:80/>

⁸ IncelSupport of 2006: <http://z15.invisionfree.com/IncelSupport/index.php?showtopic=1174>

⁹ IncelSupport.com (Feb. 25, 2008): <https://web.archive.org/web/20080225121026/http://Incel.myonlineplace.org:80/forum/>

****WIKIPEDIA ARTICLE (2004)****

The first Wikipedia article on Incel came about half-a-decade after the very beginnings of the self-identified community back in the late 90s. Wikipedia debuted on Jan. 15, 2001 and the Incel page was made on July 29, 2004.¹⁰ Using archive.org, you can see that the idea of Incel was presented as a neutral term as well as gender-neutral. It was nicely unbiased, as how the Incel community had had it for so many years.

For the next decade, incels could find IncelSupport through Wikipedia and see that it was a place for anyone. Here is an example from 2006: “Yes, hickoryridge, Cernan posted a link to this site on Wikipedia! He's doing a great job, isn't he?”¹¹

¹⁰ First updated article on Wikipedia (July 29, 2004):
https://web.archive.org/web/20040729080456/http://en.wikipedia.org:80/wiki/Involuntary_celibacy

¹¹ An example of a member “Kavi” coming to IncelSupport via Wikipedia:
<http://z15.invisionfree.com/IncelSupport/ar/t42.htm>

****INCELSUPPORT (2008-2013)****

Because IncelSupport was feminist and wouldn't allow for misogyny, we would strictly moderate and consistently ban members who promoted it. One of the **MOST** important things we did was create "The Deadly Sins of Involuntary Celibacy". (I will return to this; I'll call it the "Deadly Sins").

In retrospect, the unintended consequence of this was that banning misogynistic posters helped rid it from IncelSupport but it didn't actually fix the misogyny from these posters. Many of these banned members would migrate to LoveShy, which was another Incel rival community.

****LOVESHY (2003 onward)****

Love-shy.com was around since 2003.¹² Although I try to refrain from unsubstantiated gossip and would like to link directly to posts, from what I recall, the very original owner (who was an older male virgin) left after getting into a relationship and then turned over ownership. Anyways, this handover of power started a trend of allowing misogynistic, suicidal¹³, and violent rhetoric.

Love-Shy.com was the forum in competition to IncelSupport and they were, after the original owner left, not feminist. Despite what they claim to stand for¹⁴, they were eventually run by someone who actually admired killers and promoted violence against women¹⁵. And, skipping forward to 2016, it was “blithely misogynistic”¹⁶. Thus, the old owner promoted violence while the new owner doesn’t really care enough about the misogyny to do anything about it. This is how they are known nowadays.¹⁷

IncelSupport didn’t have such a problem because we were able to moderate the forum very heavily. Jokes about violence against women weren’t not allowed and would result in instant bans and/or serious warnings. Any threads were removed or put into our “Trash”/rubbish section subforum. (I think that’s what it was called, and you could only see it if you were signed in and scrolled down to the bottom)

Here is a very important quote to understand the early leadership of Love-Shy.com:

“That said I would also like to clarify a few things. Yes, I did encourage Alexius to go buy a gun and kill his crush. Yes, in fact I do admire Cho, The Columbine Duo, George Sodini and any other individual who has found the courage to do what they did and both deliver a warning to society and at the same time challenge our collective morality. I will neither retract, apologize or somehow make my opinion more palatable. I have stood by my comments and I will continue to do so. If you have a problem with that somehow ruining the forums for you, then tough shit. I’m the owner and I say what I want whereas at a moments notice I can restrict your right to do the same.” (Old Owner)

In short, IncelSupport was feminist and wouldn’t allow for misogyny while LoveShy was misogynistic and *at best* made light of violence and *at worst* promoted it.

¹² 9/05/03: <https://groups.google.com/d/msg/alt.support.shyness/31xEwEDNpqS/GHoRD9Lkv2IJ>

¹³ An obsolete trolling blog which had “Painless Methods of suicide” <http://archive.is/fMJCn#selection-1571.0-1571.50>

¹⁴ <http://love-shy.com/>

¹⁵ <https://web.archive.org/web/20170910183330/http://www.fstdt.com/QuoteComment.aspx?QID=72551&Page=1>

¹⁶ <https://www.elle.com/life-love/sex-relationships/a33782/involuntary-celibacy/>

Context: “For several weeks, I’d checked in on love-shy.com almost daily, and much of what I read there was blithely misogynistic—nothing as extreme as what Rodger posted, but pretty dark. Michael claims to think so, too. So why is the site still there?”

¹⁷ <https://rationalwiki.org/wiki/Love-shy.com>

Alexius, who is known in Incel communities as “Marjan Siklic”¹⁸ is one of the most well-known personalities. (I have to use the name Marjan Siklic because his online names have changed so consistently over time that if I even used the current one then it will probably be changed within a few years. I will refer to him as Marjan Siklic from now on since that’s what the site that researches him calls him)

¹⁸ https://lolcow.wiki/wiki/Kiwi_Farms#Marjan_.C5.A0ikli.C4.87

**** PRAISING MISOGYNISTIC KILLERS (since alt.support.shyness)****

Unfortunately, Incel communities have always had a problem with people praising misogynistic killers from the very beginnings. Even if it is a fake post, it can influence others who sympathize with their struggles regarding women. From looking at the Incel community now, they were probably being exposed to this kind of post whenever there is an “anniversary” of a misogynistic killer for over the course of over a decade.

Alt.support.shyness, due to its relatively early nature, mainly had Marc Lepine (from 1/18/11)¹⁹, (from 9/16/06)²⁰, (from 12/6/06)²¹, (from 12/5/04)²², (from 8/31/03)²³, (from 12/12/04)²⁴, (from 9/18/06)²⁵, (from 3/26/05)²⁶, (from 10/11/04)²⁷, (7/12/11)²⁸, (3/7/12)²⁹, (from 12/6/06)³⁰. Even if we take these as a joke – which, I’d hope (and suspect) most are – it still creates an environment where violence against women is taken lightly. What seems to have happened is that now incels have made so much promotion of killers that they call them “saints”, though there were “martyrs” back then.³¹ If we skip forward in time, we’re seeing the very same thing, but with Sodini, Rodger and – unfortunately, but probably – Minassian (despite if he’s actually associated with the incel community or not)

The main killer to look out for was George Sodini, who was the Pittsburg Gym killer. The reason why this was more problematic than Lepine was because it was during times the

¹⁹

<https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:date/alt.support.shyness/z7HzGaTYmew/dvVPQsoZm1QJ>

²⁰

https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:date/alt.support.shyness/_iOfk7I3BKQ/5DJBUXxuvxcJ

²¹ <https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:date/alt.support.shyness/bsf-BxmyLLM/9VOnfPSNuDkJ>

²²

<https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:date/alt.support.shyness/dYtg1isC878/yi0B4xp85ncJ>

²³ <https://groups.google.com/d/msg/alt.support.shyness/2ItNEbuQcq8/aQr7qDLCCn8J>

²⁴

https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:relevance/alt.support.shyness/hZGecqC0bw8/I5-OMTF_lf8J

²⁵ https://groups.google.com/d/msg/alt.support.shyness/_iOfk7I3BKQ/ZtRbgPeB3GwJ

²⁶ <https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:relevance/alt.support.shyness/QB-c7OIONlo/ix13rid-qZwJ>

²⁷ <https://groups.google.com/forum/#!topic/alt.support.shyness/HfQ0CiXK73M%5B1-25%5D>

²⁸

<https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:relevance/alt.support.shyness/A4AUwbdybk8/KczhT85fIEsJ>

²⁹

https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:relevance/alt.support.shyness/4GrBCbgrDSU/c_25Fj6GXdEJ

³⁰ https://groups.google.com/forum/#!searchin/alt.support.shyness/lepine|sort:relevance/alt.support.shyness/bsf-BxmyLLM/_GhrFYsZOwcJ

³¹ https://groups.google.com/d/msg/alt.support.shyness/iwW7afkf_LI/hB-aPMvHENYJ

Incel communities were around.³² In that discussion one member states this: “He didn't get help because he was NUTS. He blamed the women instead of looking inside of himself and recognizing that he needed help.” In contrast to now, the way Incel communities used to look in at internal factors rather than looks or society.

Another important aspect of us on alt.support.shyness was that some of us were able to distance ourselves from PUA (Pick-Up Artists) and MRA (Men's Rights Activists).³³

Men's Rights Activists : the looniest men on the internet. There are hundred of web sites about them. Most of these guys are closeted gay, pedophiles, admirer of George Sodini, rapists, women abusers, racists and angry guys that cannot get laid. As an example the Spearhead :

<http://www.the-spearhead.com/2010/01/30/life-without-feminism/>³⁴

There is a guy that they admire because he claims to be a PUA and brag about abusing women - it's him that got in trouble with the female blogger I was talking in the other thread. This is his advice to find a girlfriend :

<http://roissy.wordpress.com/2009/09/23/owning-a-dog-is-training-for-owning-a-woman/>³⁵

I would argue that this is what is now known as the “Manosphere”, which is discussed on these referenced wikis.³⁶

³²

[https://groups.google.com/forum/#!searchin/alt.support.shyness/pittsburgh\\$20gym|sort:relevance/alt.support.shyness/3Jab_WiM5FU/7FGDeddw9OAJ](https://groups.google.com/forum/#!searchin/alt.support.shyness/pittsburgh$20gym|sort:relevance/alt.support.shyness/3Jab_WiM5FU/7FGDeddw9OAJ)

³³ From 10/23/10: https://groups.google.com/d/msg/alt.support.shyness/sB1Q9i1_vmw/2TXjwcbAmnIJ

³⁴ From Feb 2 2010: <https://web.archive.org/web/20100202000758/http://www.the-spearhead.com/2010/01/30/life-without-feminism/>

³⁵ From May 7 2010:

<https://web.archive.org/web/20100507123248/http://roissy.wordpress.com/2009/09/23/owning-a-dog-is-training-for-owning-a-woman/>

³⁶ <https://rationalwiki.org/wiki/Manosphere> and <https://en.wikipedia.org/wiki/Manosphere>

And a collection of sites: <https://rationalwiki.org/wiki/RationalWiki:Webshites/Sexuality#Manosphere>

****PUA and PICK UP ARTISTS****

Regarding PUA, Elliot Rodger posted on PUAHate, which has now become SlutHate.³⁷ On the Forum's wiki, which I linked to, he is actually referred to as an "Incel activist" and is included with other murderers as "supreme gentlemen." (And, looking at the edit history of those groups, it has been that way since 2014/2015)

Some of the terminology that Pick-up Artists use, like the "pills", were discussed about a month after the Matrix movie came out in March 31, 1999.³⁸ What we call "the red pill" was adopted very early by internet communities. One of the example is in the discussion called "Turned on by Brains was: WYRS was: New 'LJBF' theory." (note: LJBF is a PUA acronym for "let's just be friends") (This was originally posted on alt.soc.singles on May 3, 1999):

When you take the red pill you vow to ignore those rules and make up your own. And deal with the consequences of facing off with those "alphas" designated as rule enforcers.

(note: skipped down to the ending of the message)

There aren't enough super smart, super good looking men for all the women in the world. Which is probably why the personal ad market has seen such a huge explosion in female participation, perhaps. Good ol' fashioned superficiality is like cigarettes - it ain't just a male thang anymore :)

The Red Pill refers to something that allows or drives someone to overcome illusion and perceive harsher reality.³⁹ The Manosphere has adopted this and the misogyny which relates to it has been around for at least the near-decade. Browsing through that discussion thread, there are many similarities between then and now – which is the reason for including the end of the message.

By using this red pill terminology, the MRAs and the Manosphere say that they are offering the "truth" rather than just saying they are offering a different point of view. Thus, young men are conditioned to associate the manosphere with what is supposedly the true way the world works rather than what is simply a certain kind of political position and personal interpretation. After years and decades, young men have internalized this anti-female and anti-feminist propaganda and have become extreme misogynists because of it.

³⁷ http://sluthate.com/w/Elliot_Rodger

³⁸ https://groups.google.com/d/msg/soc.singles/1tcS-FRlqDE/ymkX_IsDI-oJ

³⁹ There are new blogs related to the "black pill": <https://omegavirginrevolt.wordpress.com/contact/> but I don't really know these new incel community terms

****LOVESHY (1987 onwards)****

Love-shyness, like Incel, was made by a researcher. His name was Dr. Brian Gilmartin and he made a book called “Shyness and Love” in 1987, and it can be found on the Loveshy forum.⁴⁰ And there was a Wikipedia article on Love-shyness, but it is now deleted.⁴¹

First talk about love-shyness particularly on alt.support.shyness was in the mid-90s but it didn’t start getting regularly commented upon until 2001 which was when some of the book got posted online.⁴² There was also a yahoo group from 2002-2016.⁴³ And there was someone who did “the Love Shy project”.⁴⁴

⁴⁰ <http://www.love-shy.com:80/resources>

⁴¹ Last Wikipedia article on Love-Shy (May 13 2013):
<https://web.archive.org/web/20130512210013/http://en.wikipedia.org/wiki/Love-shyness>

⁴² <http://www.angelfire.com/ab6/polepino/toc.html#appendix1>

⁴³ https://web.archive.org/web/20060115034646/http://health.groups.yahoo.com/group/loveshy_drgilmartin/

⁴⁴ <https://web.archive.org/web/20080405182836/http://loveshyproject.com:80/index.html>

****INCELSUPPORT VS LOVESHY forums (since mid-2000s to late 2013)****

Over the course of almost a decade, the general trend of these two main Incel support communities was that one became more feminist while one became more MRA. According to posts on r9k from 2013 (each paragraph is a different post)⁴⁵:

- ◆ “There is incelsupport, which I used to post on, but it's heavily moderated and overly PC, so 4chan types would hate it. There is the love-shy board - they basically seem like /r9k/ misogynists on steroids. That's about it, really.”
- ◆ >wizardchan - overmoderated, slow, autistic
>incelsupport - overmoderated, slow, PC
>loveshy - slow, makes /r9k/ look like tolerant women's libbers”
- ◆ “All these places have their own ideologies though. The incelsupport board was kind of PC and wanted to ignore anything related to physical appearance or gender issues, whereas the love-shy board is essentially misogynist and bitter like /r9k/.”

Ultimately, the forums became so ideologically split that – ironically – during this period, LoveShy forum became more like what Incel is nowadays and focused on external forces and sex, while IncelSupport forum was more like what love-shyness would be like and focused on the personality issues and self-improvement.⁴⁶

In Shy Boys IRL (a documentary about Love-shy.com), there was this discussion which wouldn't be allowed on IncelSupport:⁴⁷

UWT: "I don't know. I think you have somewhat feminist views but I mean that's it"

Kyle (a non-member): "Yeah, I agree that women are people."

Advanced: "No see, that's bullshit. And if you don't realize that, you've been brainwashed."

If you fast forward to today, the same anti-feminism and dehumanization exists, as well as the extreme focus on looks (which is what Advanced had).

⁴⁵ October 24 2013: <http://archive.is/jW9yh#selection-4478.9-4478.11>

October 06 2013: <http://archive.is/P17dL#selection-8127.0-8102.16>

May 25 2013: <http://archive.is/f4220#selection-4206.6-4206.8>

⁴⁶ Someone praising incelsupport: <http://archive.is/Xq8O7#selection-9595.172-9594.3> and mentioning our Deadly Sins thread: <http://archive.is/SE2DD#selection-1413.53-1423.212>

⁴⁷ About 17:24 on <https://www.youtube.com/watch?v=sJ8EAwRauoM>

The ideological split between the forums was, in my opinion, due to the policy regarding “free speech vs hate speech”, “supportive vs toxic threads”, and the moderation (*or lack thereof*).⁴⁸

⁴⁸ A humorous take on the ideological divide: <http://archive.is/oaFbm>
Someone liking a thread of ours: <http://archive.is/3yC5E>

****TRUE FORCED LONELINESS (2008'ish)****

True Forced Loneliness⁴⁹, known as TFL, was promoted by the three youtubers of William Greathouse (bill1224601), Dwayne Holloway, and Steve Hoca. Youtube is a video hosting site that was made in 2005. Around 2008, they began to make youtube videos online and, in my opinion, their ideas have become what is today's Incel community. (Although it's not a perfect synonym, consider how "true forced" became "involuntary", while "loneliness" developed into "celibacy") Two channels that host their videos:

- 1) Steve Dougson⁵⁰ from May 2008
- 2) Keith34545⁵¹ from May 2008

Back in 2008, TFL was very much extremist as it only consisted of these three and was very often mocked – especially by forums, like Sherdog Off Topic forums (usually referred to OT).⁵² (I even remember on love-shy.com where one of the older incels mentioned how TFL'ers were kind of conspiracy theorist but they did have good points)

TFL is the early version of what would become the anti-feminist version of Incel. In frank honesty, no ideas I see said on Incels.me are new – only the wording is new. I have given possible parallels in brackets:

- 1) The "New World Order" (Feminism) is preventing you from finding sex and love
1 note) Bill tended to be the more conspiracy theorist-related one
- 2) "If you did this for women" (You're a nice guy) you deserve sex and love
2 note) Dwayne tended to be the more "nice guy"-related one
- 3) Women are "picky picky picky" (super judgmental and restrictive)
3 note) Steve tended to dislike how women have choice

To combine the trio, you would get the victim-complex from Bill, the entitlement of Dwayne, and the anti-feminism of Steve. Other themes included sympathizing with George Sodini, who was the 2009 Collier Township shooter.⁵³ In one video⁵⁴, Bill said this: "there was no fucking excuse for [Sodini] to have to spend his life alone." As with some posts at alt.support.shyness, there were some who sympathized with killers on youtube. Unfortunately, now, this has turned into praising of killers.

In the end, those who tried but failed with women or those who failed to try with women, could now call themselves victims and sufferers of TFL. The TFLers blame external forces for their internal problems. What my incel communities of 2008 once called an extremist ideology, that same ideology is now mainstream Incel ideology of 2018. 10 years and the extreme has become mainstream due to forum dynamics, in my opinion.

⁴⁹ Sept. 10, 2009: <https://web.archive.org/web/20090910173207/http://trueforcedloneliness.com/about/>

⁵⁰ <https://www.youtube.com/user/SteveDougson/videos>

⁵¹ <https://www.youtube.com/channel/UC5FUyvHihD2bIAvJbgbCb9Q/videos>

⁵² <http://forums.sherdog.com/threads/l-o-l-fess-up-how-many-of-you-suffer-from-true-forced-loneliness.776808/>

⁵³ https://en.wikipedia.org/wiki/2009_Collier_Township_shooting

⁵⁴ 2:46 seconds into <https://www.youtube.com/watch?v=ahtr1qBTp1Q>

****INCELSUPPORT CRASHED (2013, late)****

In 2013, around the end, IncelSupport crashed. All the combined information in the support threads that helped me in the 2000s was gone. We made a temporary board (which I'll call IncelTemporary) but it wasn't the same atmosphere but we figured it would only be a while till our forum would return. We figured it would return in full, to its previous supportive nature.

****WIKIPEDIA DELETION (2014, mid)****

The last updated version of the Incel article was deleted from Wikipedia about a month after the 2014 Isla Vista killings.⁵⁵ Thus, IncelTemporary wouldn't be found via our neutral Wikipedia article.

The term "Incel" could only be found by already misogynistic communities and our feminist board wouldn't be what they'd want. The term Incel couldn't be redeemed. Meanwhile, we were giving up hope on restoring our IncelSupport forum.

In short, after the 2014 killings, only the toxic incels could gain momentum.

****INCELTEMPORARY ABANDONED (2014, late)****

In 2014, we began losing interest in IncelTemporary and efforts in fixing IncelSupport were eventually abandoned. IncelTemporary was abandoned too. Both forums are gone now and everything positive and supportive from the Incel community from the last 15 years is gone too.

Despite still being incel, this was when I stopped associating myself with the incel community.

⁵⁵ Last updated article on Wikipedia (Dec. 14, 2013):
https://web.archive.org/web/20131214044229/http://en.wikipedia.org/wiki/Involuntary_celibacy

****INCEL (2014 onwards)****

In a previous section, I mentioned “Deadly Sins”, and that was one most – if not the single most – important threads on IncelSupport. Each of the sins had short essays on what language to look out for and how it’s only self-defeating to improvement and self-perpetuating in problems. But, because the forum is lost, we only have the titles of what we had pages of support on.⁵⁶

I will list all that remains:

1. Apathy.
2. Excuses and justification.
3. Overanalysis.
4. Naivete.
5. Fear.
6. Rage.
7. Shame.

Without IncelSupport and its collected wisdom, there is virtually nothing to counter any toxic ideology and thus it’s the only thing new incels are exposed to. In fact, because IncelSupport enforced these ideas, anyone who did these things – especially rage – would have migrated to Incel sites.

In a sickening and ironic twist, Incel communities nowadays are quite literally represented by people who would have been banned from our IncelSupport community *which was one of the first true incel forums!*

Misogyny, entitlement, and self-victimization is what Incel has meant for the last 4 years and I hate to say that might just be the beginning.

****INCELS.ME****

I’d suspect the nature of Incels.me are incels who would have been banned from other forums due to misogyny, or have disagreed with self-improvement information from Incel forums. Thus, the most extreme views of the perpetual rejects from other places had nowhere to go and now show up in a forum with misogyny that would normally be seen in multiple places. Also, as the tone of the Incel community became more extreme, it would tend to only listen to most extreme views.

⁵⁶ IncelSupport thread: <http://incelblog.blogspot.com/>

****MARJAN SIKLIC (2012--)****

I return to Marjan Siklic because he is one of the most well-known incels of today by Incel communities, as well as ones which criticize them. He is also an example of how extremist ideologies can spread since he, himself, was extremized by a fellow Incel member called Franklin Richard Schmidt.⁵⁷

I will, as long as I'm alive, will be grateful to a brilliant man I met on Love-shy.forums, Franklin/fschmidt, who founded a virtual (for now) coalpha society and introduced me to the right literature.

Franklin Schmidt, fschmidt, himself a misogynistic extremist, posted this⁵⁸:

My concern for level of pain of rape would be greater if it weren't for the fact that most American women deserve to be raped because they oppose prostitution as a sexual outlet for men. Since they deserve to be raped, I cannot concern myself with the pain rape causes them.

In a 2014 Reddit AMA, the former admin/owner said this (remember that he did nothing about the misogyny)⁵⁹:

Laskuraska: Was there ever a post that made you stop and do a double-take? What's the worst post you remember?
Rammspieler: fschmidt's rape apology posts. The bad thing is that a lot of the guys look up to him as some sort of visionary

Over the course of the years, which have now turned into decades, I'm still weary to call "Incel" a movement or to say that there will be an "Incel Revolution" – but this is based upon my own bias and how I've known the community for such a long time and how I know women, non-virgins, non-heterosexuals and even married people who'd call themselves Incel.

Nowadays, it seems like some of them – like Marjan Siklic – want it to be a movement:

My blog will now be about Incel, love-shyness, anti-feminism, modern culture (which is an evil and psychopathic one), looking for women abroad and everything else that might be interesting to me and readers of this blog. Will my blog become just another MRA/manosphere blog? I don't think so and will try to not make it so. I think I can offer some unique perspectives as somebody who had been 100 percent Incel for most of his life and has experiences

⁵⁷ <http://archive.is/JUeWB#selection-239.29-238.1>

⁵⁸ <https://web.archive.org/web/20170911035126/http://www.fstdt.com/QuoteComment.aspx?QID=71305&Page=10>

⁵⁹ <http://archive.is/muKO2#selection-2773.4-2848.1>

most people will never have. I have taken my own red pill but of a quite different nuance.⁶⁰

As of now, Marjan Siklic has over half-a-million views. By looking at a wiki that catalogues and organizes him, there are topics as varied as the following: gender and sexuality (which includes statutory rape, and pedophilia); sexual violence (including rape, predatory behaviour, and coercion); law and politics (typically conservatism and traditionalism and, and basically anything anti-feminist and/or religious); and racism.⁶¹ He is still violent.⁶²

Also note the amazing amount of manosphere keywords in his post which could bring the most extreme MRAs to his blog. His blog's subtitle is "Anti-modernist, anti-feminist, anti-liberal, anti-MRA, anti-seduction pro-patriarchy/reactionary, pro-Islam blog on Incel, love-shyness, decline of the Western civilization/modern culture, concept of coalpha men/society and life in general."⁶³

What Marjan Siklic might talk about might sound insane yet only a decade ago my Incel community called TFL insane as well. The insanity of 10 years ago is now mainstream in the Incel community due to forum dynamics. Originally, he had the idea of "Croatian Government must find me a girlfriend" and calling them murderers for not doing so.⁶⁴ This entitlement exists today, be it girlfriends or sex workers (but it would mostly devolve into sexual slavery).

Board index » Member forums » Open Forum

CROATIAN GOVERNMENT MUST FIND ME A GIRLFRIEND

 new topic  post reply Posted: Sun Feb 07, 2010 1:22 pm

Author	
Alexius	
	

⁶⁰ <http://archive.is/j3vg7#selection-201.0-201.323>

⁶¹ https://lolcow.wiki/wiki/Marjan_Šiklič

⁶² You can see posts in this thread: <https://forum.facepunch.com/f/sh/bsruc/What-is-an-incel/6/>

⁶³ <https://caamib.wordpress.com>

⁶⁴ Shy Boys IRL at 4:40

My government has still not found me a girlfriend




[new topic](#)



[post reply](#)

📅 Posted: Fri Jan 21, 2011 10:00 am

Author	
Alexius	Post subject: My government has still not found me a girlfriend
	They are murderers.

****PREDICTIONS****

My main prediction is that the most extreme members of the Incel communities, and general manosphere, will start using new words to define themselves. Some of this has already been noted by WeHuntedTheMammoth and EncyclopediaDramatica.⁶⁵

One example is (relatively) new words. For example, “CoAlpha” is a term used by both Marjan Siklic and Franklin Schmidt and they’re trying to build communities based off that.⁶⁶ In regards to violence, they don’t seem to deem certain things violence because they’ve dehumanized their victim.

Another example are acronyms which make up a new code which go unnoticed in one’s regular reading. For example, “MAP” means “minor attracted person” and this could be useful for the more pedophile and predatory incels. (For example, a thread named “I made a map collection” could actually be child pornography for the incels who tend to like preteen/young teen girls). Marjan Siklic is a pedophile and he supports other maps.⁶⁷ It might be his goal to make a community of incels under this extreme viewpoints. (A lot of the anti-feminist sites he links to could be places to recruit members since there is a lot of talk of prepubescent girls being sexually attractive)

On forums, another acronym would be “going ER” which stands for “going Elliot Rodger.” (shooting people). Possible threats like this would be extremely hard to decode, especially if a name becomes something very simple, like “going AM.” (van attack)

They’d probably use religious freedom to justify their actions, particularly the three Abrahamic religions: Judaism⁶⁸, Christianity, and Islam⁶⁹. They will wish to reinforce patriarchy and strict sexual practices and morality, mostly upon women.

About possibly driving the movement underground, all these sites are surprisingly very easy to find and you just need to Google search the correct words. Almost as disturbing as the content that is posted is the fact that no one has really spoken up about it – or the fact that no one really cares to listen. Even when misogyny and threats are brought up, law enforcement would probably say they don’t have the resources or it’s out of their jurisdiction since this is the internet and who knows where people are posting.

⁶⁵ <http://www.wehuntedthemammoth.com/2014/05/31/coalpa-forum-member-on-elliott-rodger-had-he-just-butchered-as-many-sorority-girls-as-he-could-he-would-have-been-a-true-hero/>
[https://encyclopedia-dramatica.rs/CoAlpha Reactionary Forum](https://encyclopedia-dramatica.rs/CoAlpha%20Reactionary%20Forum) (Although I know the reputation of this site and the “Hate Speech” argument, this site is helpful encyclopedia for internet drama)

⁶⁶ <http://www.coalpha.org/>

⁶⁷ <http://archive.is/pL8E2#selection-161.476-161.631>

The people he supports: <https://americanrifleman09.wordpress.com/page/1/> and

<https://djtrashporn.wordpress.com/2018/01/24/in-addition-to-bangladesh-and-brazil-i-support-sri-lanka-and-thailand-because-they-have-child-prostitutes/>

⁶⁸ <http://www.mikraite.org/>

⁶⁹ <http://www.friendsofislam.org/> and <https://caamib.wordpress.com/2016/01/28/i-support-the-islamization-of-europe/>

Still regarding driving the movement underground, oddly, with Love-shy.com, you can't actually see the "Resources and Recovery" on the main page. However, by tinkering with the URL, you can easily find it.⁷⁰ One might think it's not so underground, yet, for a forum that was made in 2003, none of the threads have a last post that is before 2013. It seems that they must have moved the threads to the private sections of the site (or there is some sort of automatic forum cleanup that removes threads that are over 10 years old?)

Ultimately, due to various forum dynamics over the years, love-shy.com which was our rival incel forum have radicalization of members. In particular, Franklin Richard Schmidt influencing Marjan Siklic and now both are extremists and hoping to radicalize others. If you'd want to see the future of incel, in my opinion, this is it. I don't think they'll be successful but there are always violent people out there who feel they have nothing to lose.

⁷⁰ <http://www.love-shy.com/lsbb/viewforum?f=3>

****PEDOPHILIA and CO-OPTING OTHER SOCIAL JUSTICE CAUSES****

Incels might try to recruit “male sexualists” who are basically advocates of rape and pedophilia, but they frame it under “youth rights”.⁷¹ If Incel was a movement then I could very likely see them recruiting from these sites.

I’m not sure what’s with the attraction with young teen girls but it might be due to rejection from young women whom they find attractive, or from past negative experiences when they were rejected and they’re trying to recapture their stolen youth? There also might be a trend of sexually frustrated men wanting younger and younger girls since they might be easier to control. (For example, Sodini wanted young women too.⁷² Maybe the trend in the incel communities is that we want younger and younger girls and what was 2009’s college age women is now 2018’s teen and preteen girls). (There might also be something about the banning of Reddit’s jailbait and how that didn’t stop attraction to underage girls, and now some have merged into Incel?)

As of now, “male sexualists” are a very small community, as how TFL once was:⁷³

We don't have a forum yet. In order to grow as a community, we should be able to communicate not only on and through our respective blogs, but on a forum-like platform. This board allows us, in the meanwhile, to have something similar to a forum so we

⁷¹ Eivind Berge calls himself a "sex-positive men's rights activist" but is basically an advocate of what most would consider rape <http://eivindberge.blogspot.com/>

Tom Grauer <https://triweeklyantifeminist.wordpress.com/2018/05/05/snapping-incels-out-of-their-complacency-with-the-force-of-a-lightning-bolt/>

On <https://holocaust21.wordpress.com/about/> - “This blog promotes the idea that teenagers are adults and feminist inspired anti-sex & anti-children’s rights legislation cloaked in the warped rhetoric of “paedophile hysteria”, “rape hysteria” & “child protection” is leading to a holocaust of men, kids & ironically even women. (Infact I’d even argue that making a legal distinction between “adult” and “child” is a stupid, dangerous idea anyway)

Why are there so few other blogs like this? Because men are scared of being murdered by feminist political predators, that’s why.”

And

“Promoting the idea that teenagers are adults and feminist inspired anti-sex & anti-children's rights legislation cloaked in the warped rhetoric of "paedophile hysteria", "rape hysteria" & "child protection" is leading to a holocaust of men, kids & ironically even women. Why are there so few other blogs like this? Because men are scared of being murdered by feminist political predators, that's why.”

The Manosphere Aggregator: “An Aggregator of Manosphere / Red Pill Websites”:
manosphereaggregator.blogspot.com

Puritanism is Anti-White: <https://prowhitemalesexualist.wordpress.com/2018/04/14/puritanism-is-anti-white/>

⁷² <http://archive.is/FcIV5>

⁷³ <https://8ch.net/msism/index.html>

can share our ideas and discuss the issues relevant to our movement.

Although TFL never became a movement, it might be possible that, with the apparent growth and the rising extremism of the Incel community, the male sexualists might be absorbed into Incel. Of course, this would further radicalize the Incels more than they normally are.

For the reasons why Incel seems to be the longest standing community, it's probably because it's so very easy to identify with it in comparison to all the other labels. The question of "Have you ever had lack of success in your love and sex life?" is relatable to everyone – especially guys who tend to get perpetually rejected and always seem to be single. The amazing broadness of the term "Incel" that helped include all those 90s incels – now, that same broadness is what can include absolute extremists.

****OVERVIEW OF TRENDS (of the nearly last 20 years)****

The online Manosphere exists and contains very much victim status, misogyny, and entitlement. They are all related in some way (MRA, TFL, Incel, loveshy, anti-feminism, PUA, MGTOW, the Red Pill, etc.) but they're not synonymous as they each have their own perspective on men, women, and society. But one aspect of these all is extreme misogyny which has only become worse over time and which can, at its most extreme, includes rape, child abuse, and femicide.

This post (be it a troll post or not) of 2003 on alt.support.shyness which would have been the exception *at its time* might be something relatable nowadays to the extreme members of the Incel communities and the general Manosphere.⁷⁴

The disadvantage of being male is hard to quantify. Men have a more intense role to play. This takes 8 yrs off their life. For million of men who can't find a mate, take off another 8 yrs. Women are accepted into society no matter what. Guys have to earn a place in society by getting a job in an economy where most jobs are more suited to females. Females are not shy and have much less social anxiety. they basically are given a free pass. This was fine in the days when women did not have jobs. Nature gave them a bunch of social and sexual advantage to compensate for their lack of resources. Now that they have resource and sex power, things are out of balance. We need laws that prevent females from going to university or taking family supporting jobs from men. Our prisons are full of men who could not feed their families. the rape laws should be repealed. Females are artificially restricting the supply of available females in their reproductive years. Rape is the answer. Societies go to war over lack of females and jobs. Females have become a threat to society and must be put back in their place. Marc Lepine , you were ahead of your time.

Post from 8/31/03

About 15 years ago this would have been extremely rare to see, but now it's something which many Manosphere members could find something to relate to in some degree.

Rather than saying Incel is a movement and Incel.me is the main forum, I'd say that we're seeing what happens over time when the most extreme voices gradually converge and become a downward vicious cycle and echo chamber. Many of the problems of Incel.me have existed for the online Incel communities for basically 2 decades but now they've all coalesced.

Looking at the transition of incel communities from 1997 to 2008, and 2008 to 2018, I'd predict that incel will just get more extremist to the point that it's at "coalpha"-levels of misogyny. Personally, I'm not sure if the term of incel would actually be replaced since the main

⁷⁴ <https://groups.google.com/d/msg/alt.support.shyness/2ItNEbuQcq8/aQr7qDLCCn8J>

reasons of becoming a “coalpha” almost always stem from and revolve around problems with women, and thus “incel”/”involuntarily celibate” would probably still remain.

As for being violent or criminal, the incels of the future will *most likely* not see the crime of what they’re doing as a crime⁷⁵:

Yes, I consider myself a coalpha. No, coalphas aren't the most victimized group. Betas are, due to their natural desire to exchange resources for marriage. A coalpha like myself is too intelligent for that and will have no problem impregnating a mentally ill woman who really shouldn't be making such decisions (though this one legally could). We also have no problem with raping or killing a human being we find to be outside of our group, and that is very important to remember. The universalist mentality is silly for us. We would have no trouble killing billions of people if we deem them outside of our group. That is not what morality is for us. Morality strictly applies to members of our own group. A member of my group could go out and kill whoever first crosses the street and I wouldn't give a flying fuck. But if they even lie to a member of my own group it is a matter of great concern for me. We apply the morality of ancient Jews who never tried to spread their religion but simply occasionally slaughtered their neighbors in war if need be.

Marjan Siklic

If we consider previous incel killers like Sodini, Rodger, (and the suspected Minassian), I’d consider them more like guerilla warfare soldiers. But, were I to consider incel a movement, then I’d predict that, rather than committing crimes, they’re simply advocate for legalizing it and turning back women’s rights. For example, making it so that you can’t rape your wife because you can’t rape your property. (Rape tends to be a favourite topic, possibly due to how it’s sexual power and control over a woman – and that sex is something Incels have been denied). As how the incels of 2018 adopted the ideas of tfl of 2008 and that extremism became the norm, the incels of 2028 may adopt the ideas of “coalphas” of 2018 *and this extremism might be the new norm*.

In a one-line summary, the trend is this: fueled by 100% misogyny, incels would want to create 100% patriarchy and they’ll recruit from the Manosphere.

⁷⁵ <https://forum.facepunch.com/f/sh/bsruc/What-is-an-incel/6/#postcepar>

****ReformedIncel's CONCLUSIONS****

Men have always been misogynistic, entitled, or manipulative and that is nothing new. What is new is the internet and that it has given such men another platform. In an online social experiment gone terribly wrong, we have the horrific effects of 20 years of echo chambers, lack of moderation, and the eventual overtaking of the most extreme voices.

In the end, I can only summarize things as this:

- ❖ the Incel community isn't really a movement as it's just an online community of lonely people, but the most extremist misogynistic ones want it to be a movement. Some right now might see violence like guerilla warfare but I think the main goal is to turn back women's liberation.
- ❖ the extremists of yesterday's misogyny is the mainstream of today's, and if you want to see what might be the future's misogyny, then look at the extremists of today. If you don't think anyone could believe Marjan Siklic or Franklin Schmidt who were radicalized on Love-shy.com, then consider how the current incel community was gradually radicalized by the insidious TFL trio.
 - (In fact, although it's kinda meta, consider how people might have been killed because of some virgins complaining on the internet. If you can't believe it, that's okay. I've been on the internet since the 90s and I've seen these incel communities develop and even I can't believe it.)

****ReformedIncel's POSSIBLE SOLUTIONS****

What I believe won't work, based upon how the two forums have interacted:

- ❖ Banning Incels due to misogyny won't delete or fix misogyny because that's what IncelSupport did. The banned members just went to LoveShy and then created an echo chamber. Recently, banning Incels on Reddit didn't fix misogyny, they just found a new place to inhabit. Also, banning might just fuel the victim-complex of the Incel and say people are restricting their freedoms and other forums are employing censorship of "hate speech"
 - Reformed's personal comments
 - As much as I hate "hate speech", I hate "hate speech laws" even more, because what is "hate" depends on who is in power. For example, if I was on an Incel.me then they might be able to ban me for "hate speech (against incels)" by saying that women should have the ability to have sex with whoever they consent to have sex with.
 - About driving misogyny underground, consider that all the sites I've linked are public and online and can be easily found if you know what to look for. In my opinion, as heartbreaking as this may be, we turned a blind eye to misogyny *even when it was at femicide-level of extremism.*
- ❖ Can't foster an attitude of victim mentality and hierarchies since the Incel communities of today may be best described as "intersectional MRA", where incels are perceiving themselves the lowest valued people in comparison to others in an intersection of hierarchies for whatever reason(s). If a new term of incels is made then even the terminology would need to change so that it can't be co-opted (like the "involuntary" in Incel that leads to victim-complex or the "celibacy" which makes one think it's only about sex) and nor do we need to make it another type of disorder (like with "love-shyness").
 - Reformed's personal comments
 - My theory on what might cause the frustration in Incels.
 - 1) Assuming the typical Incel is a "young straight white male" then, according to intersectional feminism, they are very privileged and powerful. Thus Incels should be placed high status in society and should enjoy their status.
 - 2) However, when the Incel is told this, they look at their environment and don't feel high status. Not only are women ("Stacy/Becky") able to get sex, but there are also some men ("Chad") who are doing better for some reason.
 - 3) Then, the Incel applying their intersectional MRA, they start to interpret the world as one in which they don't have privilege and power – despite what they're told.
 - 4) The longer one stays Incel, the more this disconnect grows and they cannot reconcile things. Ultimately they block out what they're told and only relate to what they feel. Thus they disconnect from reality and resort to toxic online forums where they "feel" better since they are relating to people who understand their struggles.
 - 5) Ultimately the Incel feels worthless and feels they've nothing to lose, and some might resort to violence and hurt others or themselves.

- ❖ Don't have double-standards in how forums are moderated regarding men and women, otherwise it would just produce the victim-complex and the perceived hierarchies
- ❖ (Worst case?) Maybe forums could ban those who are trying to create a "movement" where *if such suggested changes in society were applied* society would become violent and a violation of people's rights. But with banning, we need to clearly explain the ban so that others can see why it was a last resort. Depending on what is said, the post might also need to be reported to the correct authorities if they are possibly violating people's rights right now. If there's no moderation whatsoever, then the extremists of today will become the mainstream of tomorrow.

What I think needs to be in place for things to work:

- ❖ The forums have to be run by someone who is consistently not misogynistic and doesn't condone violence *let alone encourage it*. In its early years, LoveShy forum was handed over to someone who advocated violence. So, rather than a someone, maybe some school's psychology department could help incels (*using the traditional definition*). (Also, it can't really be given away to strangers like Alana's Involuntarily Celibate project since who knows where it would lead)
 - Or even, no joke, a mental hospital since I've known many incels who have suffered from disorders like schizophrenia, depression, seasonal affective disorder, etc.
- ❖ The forums would need to have consistent regulation so that it doesn't delve into the misogyny Incel communities are today. As necessary as freedom is to discuss our problems, we can't delve into things which are promotions and threats of violence. The regulation shouldn't be in immediate bans (*except in the most extreme circumstances*) but in dialogue to deescalate extremist behavior and help ground an Incel in reality. There should also be a helpful explanation of problematic behavior (like the IncelSupport's Deadly Sins thread) because if there is consistent problems then they could be noticeable by self-aware members.
- ❖ The forums would need to be inclusive and yet also have men's only sections as well as women's only hidden sections. IncelSupport had this. The general forum was everyone but once you became a legitimate non-hateful member, you could access private/special forums to talk about various gender-specific topics. These forums will be, of course, moderated. (Love-shy, as of 2011, had a senior-member section too)⁷⁶
- ❖ There needs to be a link to and an overall encouragement towards topics that might become too much for the moderators to handle. Moderators are still volunteers and we aren't really equipped to deal with suicidal people or people who made such kind of threats. (Unlike LoveShy, it probably shouldn't have a thread on painless methods of suicide since it somewhat treats Incel communities like a suicide cult)⁷⁷
- ❖ A neutral way for people to find the forum and a neutral way to frame their problems, like how IncelSupport was with their Wikipedia article. This way it doesn't become a specific demographic like LoveShy but a general support group where members can see that everyone, despite demographic, can have problems with sex and relationship.

⁷⁶ 4:34 in the Shy Boys IRL

⁷⁷ 4:50 on Shy Boys IRL

anyone feel like they might snap one day?

Painless methods of suicide

God kill me now

- ❖ Ironically, the Incel forum can't make it seem that getting sex, dating, or relationships is the cure to your problems. (For example, an Incel that gets sex probably won't fix the problems which led to the state of Incel. It would be like sudden drastic weight loss that doesn't last, rather than lifestyle change that does last) Virtually always, problems in one's love life is due to problems in one's life in general. The Deadly Sins can be applied to virtually anything (apathy, excuses and justification, overanalysis, naivete, fear, rage, shame)
- ❖ Maintain a place where positive (or at least non-toxic) members can stay even after they succeed because worse thing Incel communities can do is drive off those who are successful because of bitter, envious, or hateful posts. Incel communities of today seem to keep the very members who have been negative the whole time.
- ❖ Perhaps "how to"s and "what to watch out for"s when it comes to coping with negativity due to the status of being Incel. (Note the term of "status" rather than the "condition")
- ❖ Be able to read subtext. For example, someone says, "I don't blame picky women for my Incel. I blame nature, like my hairline." That still perpetuates the idea of picky (superficial and judgy) women because they're still saying they're Incel because women care about their hairline when in fact she might not notice or doesn't actually care if she did. At the end of the day, even though the wording is phrased in a nicer way, by blaming nature, the Incel is still blaming picky women.
- ❖ (Note: this is based on what greatly helped me) A wiki section on the website that is based upon a collection of examples of media to help people understand and to relate to various Incel problems. For example, the nice guy mentality of Hal in Megamind (2010) where he does things for a woman and expects something in return. When he gets rejected, he says, "This isn't right. You're supposed to be with me!" He becomes a villain since he can't understand the meaning of the word "no" and can't deal with not getting what he thinks he deserves.

What society could possibly do:

- ❖ In comparison to almost all incel communities, it seems that IncelSupport was unique in our feminist stance, in having women in leadership roles, and in having *and promoting* consistent female participation. As such we never had a situation like this: “Does this website have a problem with misogyny? Let’s ask the men.” Thus, I would say the single aspect of IncelSupport which was different from all the toxic and misogynistic sites was the inclusion of women in defining ourselves as incels, and having women in leadership roles. We had women in our teams of moderation, administration, and ownership. On IncelSupport, we did not develop our sense of self through the lens of the Manosphere, but rather through the feminist one. Through inclusion of women, we did not “other” them, nor reject women incel’s problems, and we could never ever dehumanize them.
 - Considering that this is happening online, the only real societal suggestions I could have is increased focus on creating role-models for women in STEM and, in particular, the computer sciences, and more women in leadership roles to fight cybercrime.
- ❖ In the 2010s, websites on blogging platforms are the most common way various extremist Manosphere people can communicate. Forums are only really helpful once there are enough people but blogging sites can be easily found platforms that are apparently easy to link with each other. Many of them tend to be on the same sites so maybe report systems tend to get ignored.
- ❖ Comprehensive sex education that is taught from the very beginning so that people don’t get a non-realistic idea of what sex is like. Pornography might be discussed in how it is sexual fantasy.⁷⁸

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If you want to learn more about Incel communities (mostly post 2010) then visit David Futrelle’s website <http://www.wehuntedthemammoth.com/> and talk to him dfutrelle@gmail.com as he is more up-to-date than I am.

As for me, I’m done.

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ReformedIncel

⁷⁸ Personal note: for the most part, I’ve always considered pornography as a film of sexually arousing performance art. I’ve always considered that even though the sex workers are physically doing those sex acts, it is still a portrayal of such sex acts – rather than the sex act itself. I think the main reason why most incels might have a problem concerning pornography is because they can’t break their “suspension of disbelief” and thus they can’t distinguish from porn/fantasy sex and real sex. Also, considering the situations in which sex takes place in pornography, and considering how incels tend to be obsessive *and coupling that with their inability to see reality*, they might be seeing the world through a distorted pornographic interpretation.

Ultimately, this disconnect from reality is a common problem for Incels and this is why we are susceptible to extremist views over extended periods of time.