

Predispositions to mental disorders in numerology and zodiac

by Johnny Stuff

This study is addressed to anyone who wants to know a person's predisposition to different affections of the mental.

I believe that for a person alone, finding itself these predispositions would be a tedious task. With a subjective view, the lesser aspects of his/herself would be hard to analyze on their own person and questioned when they are showed to them by other persons.

I have come to observe that out negative aspects are those that we choose to ignore the most, even if nature makes them obvious to us. It might be just human nature, ego, or a reaction inherited from our predecessors.

In this study I chose to expose them and make us aware of the vulnerabilities they generate us. I managed this, by analyzing 2 sciences that have decisive role in the destiny of the individual. These sciences are numerology and zodiac.

They are presenting to us the aspects of human as a pattern, as pure features, with the required objectivity for us to become aware of them.

Numerology

Assuming that you are new to numerology, the system that I will use is the Chaldean system. In this system, a person's main number is revealed by adding the figures of the day in which the person is born. It will result a number from 1 to 9.

For example, a person born on the day of 25 of the month is a 7; a person born on the day 10 of the month is a 1; a person born on the day 4 of the month is a 4.

This number reveals some characteristics of his "owner". I am choosing this system because the characteristics gave to the numbers, I have found in their owners in most of the cases, and so, I have been convinced by its accuracy.

The issue is that description of these characteristics is quite poor in details. Although, with those that I found in the *Cheiro's Book of Numbers*, I managed to make a correlation between them and certified mental disorders.

Predispositions by numbers

1 Number 1 persons are characterized by ambition, definite views, individual ideas and principles and a never ending urge to get ahead of society. 1 will aim for leading positions and in most of the cases, he will achieve it and he will not hesitate to impose his ideas on others from that position.

Also, number 1's physical properties will always overtake the mental ones that compound a weak mental structure. The sanity of this individual's mental could be in danger, especially when he is confronted with the stress of his high state.

As a conclusion, number 1 individual is more likely to develop a dictator-like dogmatic personality.

2 Number 2 persons are emotionally oversensitive. They ruin their mood if they face negative surroundings. They are more likely than the other numbers to fall under depression.

3 Number 3, as well as number 1 is characterized by ambition, is never satisfied with subordinate positions and tend to force its authority over others. Nevertheless this number is predisposed to dogmatic personality, just like number 1.

4 Number 4 is a little different. It always has a different point of view and that will give it a distorted perception of reality. It rebels against rules and regulations and will strive to fight for its own principles, making a great deal of secret enemies. All of these, added with his high emotional sensitivity will make it predisposed to psychotic disorders.

5 Persons of this number have a tendency to switch moods very quick, from which they can develop bipolar disease. Also because of their nervous breakdowns during tensions, a passive-aggressive personality is possible to emerge; and by possible I mean more likely than the other numbers. As a footnote, more than 70% of number 5 people will develop a gambling problem due to their desire of getting rich fast.

6 Number 6 will be predisposed to histrionic personality due to their magnetism. They make friends very easy, so there is no danger of isolation. But a great deal of psychological conditions can be developed from their obsessive love. They become slaves of the person they love and feelings of jealousy and discord will follow this process. Among these conditions we highlight dependent behavior, paranoia and chronic anxiety.

7 This number is a lucky number to be born under. Not many diseases tend to bother this figure. His owner shall be careful still, for the anxiety caused by his pessimist vision of the future.

8 The 8 people are very strong on the appearance and soft on the inside. Their psyche can be easily influenced by their environment. They can become depressive personalities because of their coldness and loneliness on the inside.

9 Number 9 is hasty. It will rush into bad decisions and will probably fall in the hands of the wrong people in life. They also have a special need for love and affection, so they are very easy to be deceived into making bad partnerships without which they cannot leave. Dependent behavior is a great problem for this number.

Periods

These numbers also have what is called favorable periods. A person born under the period of his/her number will have the attributes of their number even more pronounced.

Each period is about the length of a month and there are 12 such periods during one year. Each number has 2 periods assigned to it; one positive and one negative (irrelevant for the moment), except with the 2 and 7 which only have one period.

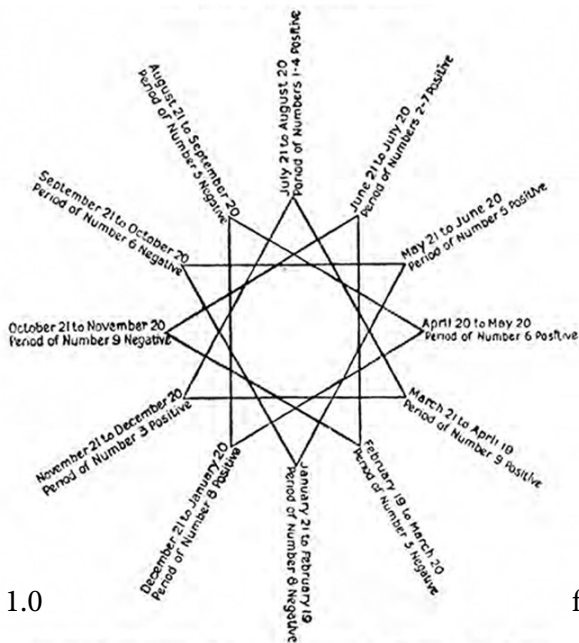


fig. 1.0

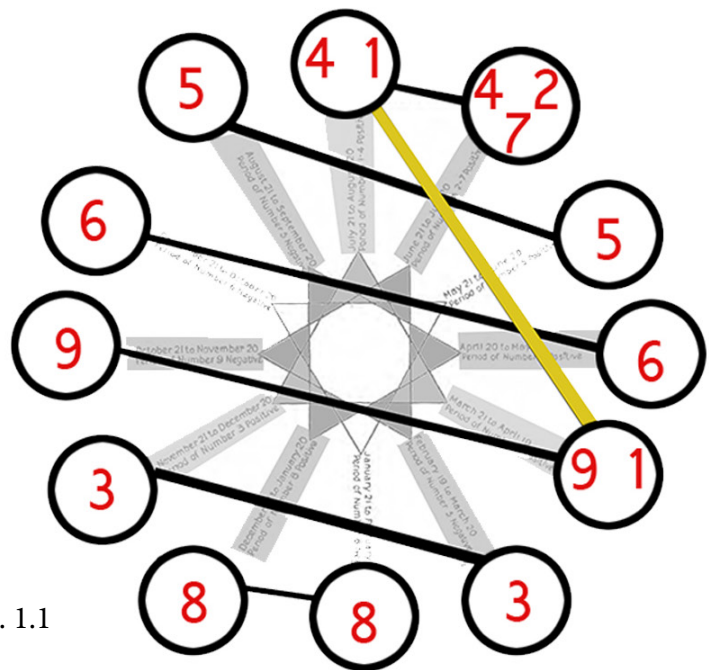


fig. 1.1

Predispositions to mental disorders







DATES:	ZODIAC SIGN:		NUMBER
21 January - 19 February		AQUARIUS	8
20 February - 20 March		PISCES	3
21 March - 20 April		ARIES	9, 1
21 April - 21 May		TAURUS	6
22 May - 21 June		GEMINI	5
22 June - 22 July		CANCER	2,7,4
23 July - 23 August		LEO	1, 4
24 August - 23 September		VIRGO	5
24 September - 23 October		LIBRA	6
24 October - 22 November		SCORPIO	9
23 November - 21 December		SAGITTARIOUS	3
22 December - 20 January		CAPRICORN	8

fig. 2.0

These periods are assigned to signs of the zodiac which also have some very particular behavioral characteristics from which predispositions can be extracted in order to make a more precise analysis.

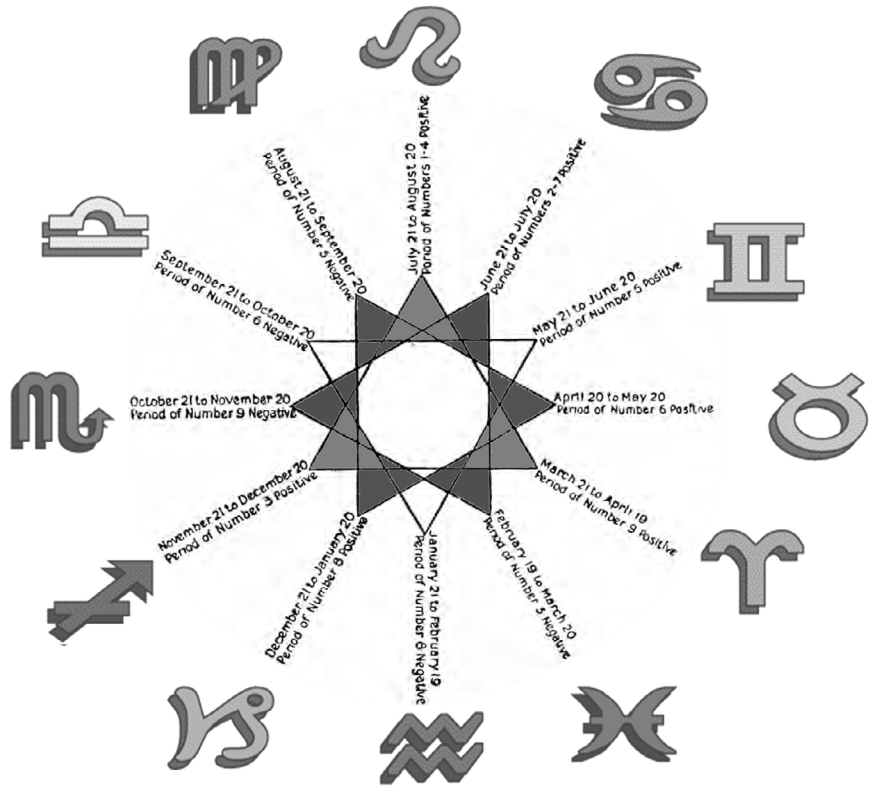
Predispositions by zodiac

Aries

The main negative attributes are hastiness, demanding things instantly, reacting fast and aggression. Often feel angry but it doesn't last more than few minutes. This behavior may lead to oppositional defiant disorder.

Taurus

The main negative characteristics are: stubbornness, laziness, greed; inflexibility and possessiveness, one-track mind. They also love food and combined with their lack of wish for innovation and change may lead to an eating disorder; binge eating is common for them.



Gemini

Their negative characteristics are: artificiality, indecisiveness, very sudden changing of moods; they usually are two-faced persons and there is a great chance of them developing borderline personality;

Cancer

Their lesser attributes are: oversensitivity, restless, worrying, constantly changes of emotions. They are more likely to develop Cyclothymia, but also they innate predisposition to depression.

Leo

The Leo's lesser aspects are: egoism, intolerance and extreme pride. From their deformed impression of themselves, histrionic personality may emerge.

Virgo

Their downs are: rushing, egocentrism, demanding of immediate results. With very few exceptions, they are worrying too much and they can develop anxiety at great extent.

Libra

Their negative attributes are: rushing and hastiness and they cannot execute tasks by sole decision. They have a predisposition to dependent personality

Scorpio

The Scorpio's negative aspects are: possessiveness, jealousy and envy. Most of these come from intense love so they are very likely to develop paranoia, as well as bipolar disorder.

Sagittarius

Their negative aspects are: exaggeration in speech and thought, fanaticism, extremism. Due to their inexhaustible energy, they may develop ADHD in childhood and later even dissociative fugue.

Capricorn

The Capricorn's downs are stubbornness, materialism, pessimism and a very strong bond with the material world. From this, they tend to take high responsibility and they are subjects to stress and anxiety disorder.

Aquarius

Their main negative characteristics include: rebellious behavior, restless and rejection of the traditional. Because of this behavior, schizotypal personality can be developed.

Pisces

Their main negative aspects are: lack of self-confidence, rejecting and questioning the concept of reality from which psychosis is likely to be developed.

Recap

Predispositions by zodiac signs can be summarized in:

SIGN	DISORDER
Aries	Oppositional defiant disorder
Taurus	Eating disorder
Gemini	Borderline personality disorder
Cancer	Cyclothymia , Depression
Leo	Histrionic personality disorder
Virgo	Anxiety disorders
Libra	Dependent personality disorder
Scorpio	Paranoia , Bipolar disorder
Sagittarius	ADHD , Dissociative fugue
Capricorn	Anxiety disorders
Aquarius	Dependent personality disorder
Pisces	Psychosis

fig 4.0

Predispositions by numbers can be summarized in:

NUMBER	DISORDER
1	Dogmatism
2	Depression
3	Dogmatism
4	Psychosis
5	Bipolar disorder, Passive aggressive disorder, Gambling addiction
6	Dependent personality disorder, Paranoia, Anxiety
7	Anxiety disorders
8	Depression
9	Dependent personality disorder

fig 4.1

Now that the diseases and disorders have been revealed, it's time to find out in what measure they affect the person.

Percentages

Rank 1

Non-favorable periods with one number

In this category, the percentage of predisposition is around: 20% the disorder of the number of birth, 10% of the zodiac sign and 10% of the number of which the month is favorable.

This rank includes:

1 born in Taurus, Gemini, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

2 born in Taurus, Gemini, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, Pisces.

3 born in Taurus, Gemini, Virgo, Libra, Scorpio, Capricorn, Aquarius

4 born in Taurus, Gemini, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius.

5 born in Taurus, Libra, Scorpio, Capricorn, Aquarius, Pisces.

6 born in Gemini, Sagittarius, Aquarius, Pisces.

7 born in Taurus, Gemini, Libra, Scorpio, Sagittarius, Aquarius, Pisces.

8 born in Taurus, Gemini, Virgo, Libra, Scorpio, Sagittarius, Pisces.

9 born in Taurus, Gemini, Virgo, Sagittarius, Capricorn, Aquarius, Pisces.

Rank 2

Non favorable periods with 2 numbers

Respectively Aries, Cancer and Leo.

In this category, the percentage of predisposition is: 20% the disorder of the number of birth, 10% of the zodiac sign and 5%-15% of all of the numbers of which the month is favorable.

The number, from which the person will take the most influence in the last percentage, is different from case to case.

This rank includes:

1 born in Cancer

2 born in Aries or Leo

3 born in Aries, cancer or Leo

4 born in Aries

5 born in Aries, cancer or Leo

6 born in Aries, cancer or Leo

7 born in Aries or Leo

Rank 3

Favorable periods

In this category, the percentage of predisposition is: 40% the disorder of the number of birth and 10% of the zodiac sign.

There is no difference if the month is favorable for more than one number.

This rank includes:

- 1 born in Aries or Leo,
- 3 born in Sagittarius or Pisces
- 4 born in cancer or Leo
- 5 born in Virgo or Gemini
- 6 born in Taurus
- 7 born in Cancer
- 8 born in Capricorn or Aquarius
- 9 born in Aries or Scorpio

Rank 4

The most dangerous combinations between days of birth and months

In this special category, the percentage is almost 60%, because the disorder of the number is the same as the one of the zodiac sign.

This rank includes:

- 2 born in Cancer
- 4 born in Pisces
- 5 born in Scorpio
- 6 born in Virgo, Libra, Scorpio, Capricorn
- 7 born in Virgo or Capricorn
- 8 born in Cancer

Examples of analysis

Rank 1 example

Let's take for example the individual born on the 25th of May. It will be a 7 of Gemini. A 7 is mostly a stable number. No great threats are coming upon it, except its own idea of itself, which bring anxiety to the host.

The problem comes with its blend with Gemini, which has a predisposition to borderline disorder. The Gemini's aggressive reaction caused by the distorted perception of self, combined with the anxiety of 7 can lead the person to ACT more than to think/feel according to this perception. An apparently mentally safe person can develop great dysfunctions.

Rank 2 example

The person born on 2nd of August will be a 2 in Leo. Number 2 is predisposed to depression because of its intolerance to negative vibes of environment. Also, persons in Leo are predisposed to histrionic personality.

There are two scenarios:

Either the change of emotion and need for validation characteristic to Leo will lead the individual to depression; either the oversensitivity of number 2 will turn the individual into a manipulative histrionic-like behavior.

What we can tell about the influence of other 2 numbers of the month over this person is quite different from case to case. Its reality can be distorted by the influence of 4 and might cause some troubles of perception, but in this case we cannot talk about the influence of 1, for the individual will be too "soft" to develop such dictatorial personality or to let it affect its behavior in some way.

Rank 3 example

A person born on the 19th of April. It will be under the number 1 and the sign of Aries. 1 is predisposed to dogmatic personality. Aries are predisposed to oppositional defiant disorder. We might conclude that a dogmatic personality with anger issues is the perfect recipe for the authentic dictator.

Rank 4 example

Another example can be a person born on the 13th of March. It means that its reality might be very easily distorted. There are 60% more chances for this person to develop psychosis than other persons.

These individuals of rank 4 should give special attention to their mental health.

How to fight them

Through my study and my independent analysis I have come to conclude that everyone is predisposed to a certain affection of the mental, but very few reach the point of chronicity. I also realized that there are certain ways to avoid the blooming of even the most threatening disorders.

These affections of the mental come from our impressions of the world some way or another and the most important, of ourselves.

A healthy self-esteem is the main protector of our mental sanity. A good image of self will be the one to get a person out of its inveterate behavior.

Suffering caused by unhealthy mental habits can be avoided if these habits are not allowed to compose. This can be achieved by a permanent activity of the mind.

This means that if the individual is always in a state of evolution, of development, of creation of some thing or another, it will never have to worry about the establishment of such habits.

Methods of keeping ourselves mentally healthy are various and most of the time the individual manages by itself to “fight its demons”.

The most important thing that I tried to accomplish with my study is to make us aware of these threats, so we would not be helpless when we'll face them.

Thank you for reading my study

Your one and only,

Johnny Stuff

