

Romans 8:1-16  
Calming Storms  
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Introduction: A troubled soul that cries out, "I am a freak! Not good. Not Strong. Not loved.

I. Calming the storm of self-condemnation

- A. Cast the Word (v1)
- B. Broadcast Grace (v2-4)

II. Calming the storm of Self-doubt

- A. The helplessness of those not "in Christ" (v5-8)
- B. The power of those "in Christ" (v9-13)

III. Calming the storm of self-rejection

- A. Facing the sin (v9, 10, 11)
- B. Embracing the Spirit (v14-16)

Conclusion: Peace for our storm in the face of the failures revealed in our own families