



CYTOMEGALOVIRUS (CMV)

can be transmitted to an unborn baby during pregnancy leading to **birth defects and long-term disabilities**.

Typically a harmless cold virus, CMV can be devastating to individuals who are immunocompromised or to an unborn child.

Some of the **permanent disabilities** CMV can cause include: **hearing loss, vision loss, developmental concerns, intellectual disabilities, small head size, cerebral palsy, abnormal muscle tone, feeding difficulties, seizures, and even death.**

If you are pregnant, planning to become pregnant, or need more information, please contact your physician and visit:

Idaho CMV Advocacy Project

idahocmv.com

Information provided by the National CMV Foundation and the Utah Department of Health

CMV is spread through the direct contact of bodily fluids including saliva and mucus

Hearing loss is the most recognized symptom of CMV at birth

1 in 150 children are born with CMV

Nearly 1 in every 5 children born with congenital CMV will develop permanent disabilities

Most CMV infections are “silent” meaning women infected have no signs or symptoms

