

Learn to Prevent Suicide - Free Lunch - Walk *Merilee's March for Mental Wellness*

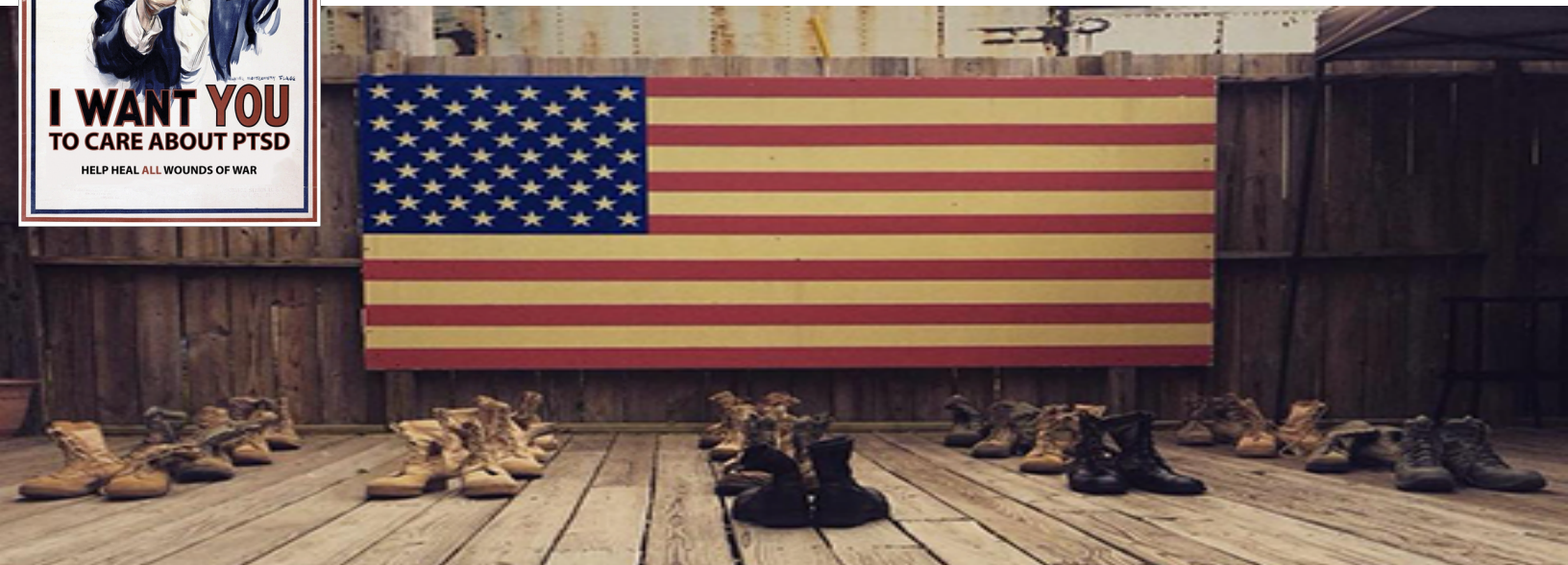
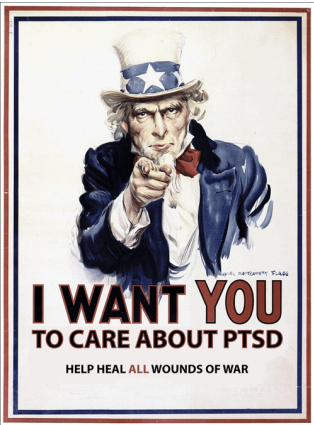


***Come Together in Fairport on May 15th
to learn about local resources & to help save lives.***

Register for free @ [facebook.com/CharityWalk](https://www.facebook.com/CharityWalk)

A free community event for the entire family. Help turn tragedy into something positive. 105 people will die by suicide today. More than 22 will be Veterans. One life lost is too many.

Come together May 15 to learn how we can save lives. Camaraderie, free lunch, important information and a peaceful 2.2-mile walk along the historic Erie Canal. Merilee's March for Mental Wellness is a free, family-friendly event for all interested.



On average 22 Veterans die by suicide every day. We're bringing together the best resources available.

#22TooMany

What is Needed of You

1. Register online now so we know how many to expect
2. Encourage friends and family to join you
3. Come May 15 to learn to save lives, maybe your own
4. Enjoy lunch & March with us for Mental Wellness
5. Tell your friends and family what you experienced and learned about suicide prevention and depression

How You Will Save Lives

1. Your participation will increase local awareness about depression and suicide
2. You will learn about local resources, warning signs and how to get help for loved ones when needed
3. Your willingness to come out in support of this cause, talking about it, will comfort those suffering alone

We are raising awareness not money

Perinton Park in Fairport - May 15, 2016
Resources Open - 11 a.m. | Lunch is served - 11:30 a.m. | March the Towpath - 1 p.m.
To learn more about this cause and event visit [facebook.com/CharityWalk](https://www.facebook.com/CharityWalk)