

CONTACT INFORMATION

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Goshen Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call 1 (574) 364-1000 (TTY: 711 or 1 (800) 743-3333 to be connected with Relay Indiana).

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1 (574) 364-1000 (TTY: 711 o llame al 1 (800) 743-3333 para comunicarse con Relay Indiana).



Goshen Hospital

GOSHEN REHABILITATION

LSVT BIG[®] and LSVT LOUD[®]
FOR PEOPLE WITH PARKINSON'S DISEASE



Goshen Rehabilitation

Lee Silverman Voice Treatment BIG[®] and LOUD[®]

An evidenced based rehabilitation program for people with Parkinson's disease

Goshen Rehabilitation offers LSVT BIG[®] and LSVT LOUD[®], to improve functionality in patients with Parkinson's disease. This is accomplished through focusing on simple targets with high intensity/high effort to promote motor movement, sensory awareness, and neuropsychological cueing. The emphasis is on targeting communication and movement problems early in the diagnosis, thereby promoting increased functionality and longevity of effects. We have therapists certified by LSVT Global[®] in both BIG[®] and LOUD[®] and are ready to receive referrals.

LSVT LOUD[®]

Following extensive research over the past 25 years, LSVT LOUD[®] is the gold standard in speech and voice therapy for people with Parkinson's disease. It is proven to improve functional vocal loudness, intonation, and voice quality in 90% of patients from pre- to post-treatment. A speech-language pathologist certified in LSVT LOUD[®] conducts four consecutive treatment sessions per week for four consecutive weeks following the initial evaluation.

LSVT BIG[®]

LSVT BIG[®] was created using principles of LOUD[®] to train individuals with Parkinson's disease to use bigger movements anywhere, anytime in their daily lives to help empower them to stay moving and active. Just like LOUD, BIG focuses on high intensity movements, self-perception, and increased amplitude of output. Extensive research in BIG has shown improved limb and body movement for improved functionality in daily living activities. (LSVT Global, INC[®]). LSVT BIG[®] treatments are conducted by physical/occupational therapists and assistants. The program consists of four consecutive treatment sessions per week for four consecutive weeks following the initial evaluation.



Referrals can be faxed to Goshen Rehabilitation at (574) 537-8951.
If you have questions, please call (574) 537-0962.

Prescriptions should include:

- Medical diagnosis: Parkinson's disease or Secondary Parkinsonism
- "LSVT LOUD[®]" for speech therapy and/or "LSVT BIG[®]" for physical therapy
- Treatment diagnosis

Appropriate treatment diagnosis for LSVT LOUD[®] include:

- Dysarthria (R47.1)
- Dysphonia (R49.0)
- Aphonia (R49.1)

Appropriate treatment diagnosis for LSVT BIG[®] include:

- Difficulty balancing (R29.818)
- Difficulty walking (R26.2)
- Frequent falls (R29.6)
- Abnormality of gait and mobility (R26.9)
- Decreased coordination (R27.9)
- Muscular deconditioning (R 29.898)
- Difficulty transferring (R 68.89)

While the main emphasis of this program is to target patients early in their diagnosis, our LSVT certified therapists will evaluate your patient in any stage of Parkinson's disease to determine qualification for participation in the LSVT program. If the patient is not deemed appropriate for LSVT, a more traditional approach to therapy may be taken.

LSVT is supported by:

- The National Institute of Health—National Institute on Deafness and Communication Disorders (NIH-NIDCD)
- Office of Education—National Institute of Disability and Rehabilitation Research (OE-NIDRR)
- Coleman Institute for Cognitive Disabilities
- Hearst Foundation
- Axe-Houghton Foundation
- Davis Phinney Foundation for Parkinson Disease
- The Michael J. Fox Foundation
- The Parkinson Alliance