

## Montre xiaomi

### **Smartwatch & Phone— Specialized shop for connected watches**

**If you are looking for the best smartwatch  
then you are at the perfect place.**

**Smartwatches have been around for a  
while now. They are becoming more and  
more common and have become an  
essential part of our everyday lives. In this  
article, we will be discussing the different  
types of smartwatches on the market  
today and what they are used for.**



The montre xiaomi watch features a 1.69-inch TFT color touchscreen with a pixel density of 237 PPI and 2.5D glass that blends into its slim chassis, housed in a rectangular metal body. It also has heart rate and SpO2 tracking, as well as onboard GPS. You also get over 60 training modes and sleep and stress tracking. The Bip 3's 280 mAh cell is said to offer two weeks of battery life. It also comes with 5 ATM water resistance, as well as multiple exercise modes. The Bip 3 Pro comes with GPS and GLONASS support. Amazfit has equipped the Bip 3 with a 24-hour heart rate monitor, as well as an SpO2 sensor to monitor blood oxygen saturation levels. This smartwatch weighs 120 grams with its strap attached. The Bip 3 is expected to last 11 days between charges. The smartwatch offers a plethora of sensors for health tracking, such as a PPG sensor for 24/7 heart rate tracking, SpO2 sensor for blood oxygen tracking, and also offers many other health features like sleep tracking, stress tracking, female cycle tracking, etc. The smartwatch offers more than 60 sports modes and integrates a dual satellite positioning system (GPS and GLONASS) to accurately track your walking, running or cycling routes. This

**women's xiaomi connected watch comes with over 50 cloud-based watch faces, two of which are highly customizable and it is also possible to choose an image to make it a watch face.**

**The xiaomi mi watch lite also comes with all the usual features such as notifications, call alerts, media control, camera control, etc. It is also waterproof 5ATM and its dimensions are 44.2 x 36.6 x 7.6 mm. It records your exercise data to help you train at a higher level. You can check your walking distance, speed, heart rate changes, calories burned, and other key factors, such as whether you're exercising in your fat burning zone or cardiopulmonary strengthening zone based on your heart rate, as well as provide instant alerts when your heart rate gets too high. This smartwatch is equipped with a recently upgraded optical biological tracking sensor, the BioTracker, which measures blood oxygen saturation. In case of discomfort, mental stress, intensive training such as a marathon or gym session, or in hypoxic or high-altitude environments, you can immediately measure your blood oxygen saturation and understand your physical state. The watch accurately monitors your sleep status, including deep sleep, light sleep, REM sleep, wakefulness and afternoon naps, and interprets the characteristics to provide you with a sleep quality score and tips for improving it. The Bip U can track**

heart rate over 24 hours.obviously the best watch designed for 2022 ou meilleur montre connectée 2022 is the mi watch lite



**Xiaomi Mi Watch Lite**



