

## **INFO-PACK for Partner Organizations and Participants**

### **Description of the project.**

Young people from Europe live nowadays in a context of rising extremism. All forms of negative prejudices, attitudes and speeches towards other individuals and communities, be it refugees and migrants, Jews, Muslims and other religious groups, Roma people, sexual minorities (LGBTQ) etc., have dramatically increased. Nationalist and extreme right movements are growing more and more popular. The rejection and exclusion of Muslim EU residents and immigrants in general is making them live in isolated communities, where the danger of radicalisation is higher, making them vulnerable to such negative transformations.

In order to combat these, we, a consortium of organisations from Romania, Estonia, Albania, Portugal, Belgium, Slovenia, Macedonia, Luxembourg and Italy would like to train a new critical mass of peer trainers.

### **To achieve this aim, our objectives are the following:**

1. To equip 20 youth workers through 2 x 6-day training activities to raise awareness about the complexity of diversity and to tackle discrimination, exclusion and extremism;
2. To provide youth workers with competences (knowledge, skills and attitudes) and a certification to facilitate discussions and lead workshops about anti-discrimination with their peers;
3. To prevent various forms of extremism among young people through the projects initiated by the peer trainers after their trainings;
4. To promote the powerful impact of youth-led peer education projects on the integration of vulnerable groups.

During and after the project, participants will implement anti-discrimination workshops in their communities, making them more welcoming for the people with a religious or non-religious background and more open to a multi-cultural experience. Moreover, given that peer education is powerful in the sense that it has a strong long-term multiplier effect, a broader impact is expected through this network of “catalysts”, the trained peer educators who will act as multipliers that are able to inspire other people in their local contexts afterwards. In this context, it is important to mention that the participants in this 2-part training will develop the capacities to also train other peer educators. The members of this newly created network will become the main multipliers of the project at local level. Partners are expected to disseminate the results of their work and to

cooperate in creating a new training programme that will engage even more youth NGOs.

Our long term aim is to create a huge snowball effect through participants, partner organisations and their respective spheres of influence (target groups, stakeholders, other partners, etc.) in different regions / countries, covering various topics, namely diversity and anti-discrimination, islamophobia, peer education and non-formal education.

## Participants/Participating countries/Transportation Flat rates for the training in Arad, Romania

Partners	Number of youth workers each partner will need to send to the mobility	Maximum transportation rates
Macedonia - VCS Skopje	2	180 Euro/person
Albania – Center for Promotion and Social Development	2	275 Euro/person
Portugal - PAR	2	360 Euro/person
Belgium – AMO Reliance	2	275 Euro/person
Italy - Associazione Attiva-Mente	2	275 Euro/person
Luxembourg – 4 Motion	2	180 Euro/person
Belgium - EPTO	3 (out of which 1 will be a trainer)	275 Euro/person
Estonia - Seiklejate Vennaskond	2	275 Euro/person
Slovenia – Zavod Voluntariat	2	275 Euro/person
Romania – Ofensiva Tinerilor	4 (out of which 1 will be staff and one will be the trainer)	-

**\* Partners will need to inform Ofensiva Tinerilor if they are not able to send the number of participant required, 1 month before the mobility will take place. Ofensiva Tinerilor in liaison with 4 Motion and the National Agency in Luxembourg will try to redistribute the empty places to other partners.**

## **Profile/Recruitment/Selection of the participants:**

**It is very important for partners to select participants that will be able to attend both training modules as well as organize the workshops foreseen in the project between the two training courses.**

Participants who commit to this training will have to complete 6 hours of practice (facilitation of activities with their peers) and to fill in a “self-assessment form” between the first and second training module. This form will help them to reflect on the current state of their competences as peer trainers and will be used during the second training module as a basis to assess and improve those competences. Also, the participants in the second training module would need to present a draft idea of their future action plan and to demonstrate their capacity to take action afterwards.

Each partner will need to select his own participants and notify the coordinating organization 5 weeks before in case participants were not identified.

**For the 1<sup>st</sup> training module – Peer training against discrimination and extremism (according to EPTO certification standards “Thematic Awareness Training”- TAT): 19.03.2018 – 26.03.2018 in Arad, Romania**  
**Arrival Day 19<sup>th</sup> of March**  
**Departure Day 26<sup>th</sup> of March**

The target group: EPTO peers trainers as well as trainers and youth workers who want to explore further and acquire more skills in anti-discrimination and social action through peer education. The common denominator of the participants will be their personal and professional need and honest willingness to deal concretely with discrimination and take effective social action after the training. For that purpose, the selection procedure will be carried out through an accurate applicant questionnaire, checking the candidates' motivations and, above all, their potential for organising actions and projects tackling the different topics in their local environments.

Attached you can also find the online application form which each participant will need to fill in.

Participants should be involved in youth work, being part of the staff or volunteers of the sending organization.

**For the 2<sup>nd</sup> training module – Train-the-Trainer against discrimination and extremism: estimated date is October 2018 in Luxembourg.**  
**The foreseen target group is: participants who have attended the first training; in case of EPTO members: peer trainers who already attended**

**another EPTO “TAT “ in the past. They will be selected on the basis of the quality of their application forms and motivation.**

### **Expected Learning outcomes of the training modules:**

Each training module will focus on developing specific competencies:

**The 1<sup>st</sup> training module** will focus on discovering and experiencing new powerful tools to raise awareness of the uniqueness and complexity of each individual’s religion and belief identity; to facilitate dialogue and sharing of experiences in the area of religion and culture; to confront all forms of discrimination and extremism.

We want to provide participants with different activities to understand religion-based discrimination (on 4 levels: individual, interpersonal, institutional, ideological) and extreme ideologies (roots of radical Jihadism, scapegoating processes of current right-wing movements, historical and contemporary forms of Antisemitism and Islamophobia, etc.).

They will be introduced to strategies to confront speeches and acts of this kind in their personal and professional environments.

Then we want them to initiate reflections about how to tackle the multifaceted issue of extremism among young people through peer education: we will use peer training (which is one form of peer education) to start a cascade effect of social change. Knowing that a message delivered by youth to their peers is often more credible and efficient than when it is delivered by authority figures, we will give participants opportunities to become role-models for their peers by helping them to become critical, creative, free, active and responsible members of society. We planned to allow a few months to the participants between the 2 activities to integrate all the concepts and ideas into their daily routine and then, to start practicing their facilitation skills around those issues in their local environment in order to come back with a more structured idea for social action.

**The 2<sup>nd</sup> training module** focuses on giving youth workers competences and a certification to facilitate activities and workshops for their peers. EPTO's certification process and competence framework is built upon 6 milestones with associated competences. It will be of course presented during the training, with the aim to offer a transparent frame for peer trainers to progressively assess, develop, validate and utilize their competences through training and practice. It helps each peer trainer to have a sense of progression and achievement, and encourages them to take action with their peers.

In terms of learning outcomes, this activity will enable peer trainers to go deeper in the field of diversity education and develop leadership skills to better tackle discrimination, specifically adding expertise on extremism. It will increase their

capacity to facilitate action planning with diverse groups on various issues related to prejudice and exclusion. This training will emphasize the importance of taking action and provide activities and facilitation techniques to support trainers and participants in problem/solution/context identification and strategy development.

## Responsibilities of the Sending Partners

- The SOs will be providing support to participants during all the phases of the project, including during and after the mobility. Each SO will assign one person to be responsible from its side for this initiative;
- The recruitment of participants will be the responsibility of each partner;
- Each SO will be responsible for the pre-mobility preparation of their participants;
- Each SO will provide support related to travel (buying tickets, preparing participants for the trip, etc.) and also related to health insurance and the conditions associated to it. Upon request, the coordinating organisation can provide support or other relevant information;
- SOs must check that participants have all the necessary travel documents and that they understand the role and importance of each one, also in terms of reimbursement of costs: valid id/passport, travel tickets, visa (if required);
- Each partner will be responsible for gathering relevant evaluation data and for insuring a proper exploitation of results in each local community and the visibility of the project, including the visibility of the Erasmus+ Programme;

## Preparation of the participants

Prior to their arrival in Romania, the participants will be part of a preparatory process organized by the SO. This will prepare them both for the intercultural encounters with other people with different backgrounds and cultures and also for the learning experience abroad. **The preparation should be organised at least 2 weeks before the mobility by the SO.**

It will approach the following topics:

- Erasmus+ and intercultural aspects related to the experience;
- Learning agreement (will be provided in time by Ofensiva Tinerilor);
- Code of conduct (will be provided in time by Ofensiva Tinerilor);

- Rights and responsibilities for them;
- Specifics about the hosting country;
- Expected conditions related to accommodation and food;
- Youthpass;
- Medical coverage offered by the insurance (private, European Health Card or any other choice the organisations or participants consider useful);
- Benefits and costs of roaming services.

**We advise each partner to use following toolkit as inspiration for he preparatory training:**

**<http://www.communicate.projects.org.ro/index.php/en/training-tools>**

**Use the titles on the left side of the screen to reach the topic you are interested in. You can also download the whole T-Kit as a pdf file from the same website.**

Before the second training module, some specific preparation will be needed. For being certified by EPTO as “Peer Aware” and “Peer Certified”, participants will organise anti-discrimination workshops in their home communities, using the methodology presented. Given that for participating in A2 it is necessary to be Peer Aware, we aim for at least 80% of the participants to organise such workshops. EPTO and SOs will provide the necessary support. Participants will have to complete 6 hours of practice (activities/workshops for their peers) and to fill in a self-assessment form before the 2<sup>nd</sup> training (the form will be sent to each participant and SO after the 1<sup>st</sup> training module). This questionnaire will help to launch the reflection on their use of pedagogical materials and identify their strengths and weaknesses to be improved during the training. These questionnaires will allow the facilitators to finalize the content of the training according to the participants' needs by focusing on the development of specific skills among the group. The forms will be sent to Ofensiva Tinerilor together with photos from the local activities of each participant.

As follow up activities of the second training module, at least 10 new thematic awareness-workshops (from 4h to 2-days workshops) in the field of anti-discrimination and peer education will be developed by partners at local level until the end of the project; at least 100 additional youth will be impacted; each peer trainer will provide a complete online report for every workshop (including dates about the number of participants, age, context, schedule, agenda).

**INTERNATIONAL TRANSPORT:** Members of the coordinating team will assist partners and/or participants to purchase travel tickets and choose the most suitable route to the venue of the project. Pick up of the participants from airports or stations will be assured by the hosting organisation. Each participant will receive a reimbursement form; participants' travel costs will be reimbursed according to the funding rules of the ERASMUS+ program.

Reimbursement will be done by bank transfer to each sending organization (which will then reimburse the participants) just after the coordinating organisation will receive all original both way travel documents from all participants (round trip boarding passes, flight itinerary, bus or train tickets). As participants will need to organize activities between the two mobilities, the reimbursement time frame also depends on each participant or sending organization, sending proof of the undertaken local workshops.

**For arrival to Arad, Romania, participants can:**

- Use the airport of Budapest 250 km away from Arad – a special shuttle bus or direct train can be used to arrive to Arad. Ofensiva Tinerilor can book shuttle buses for the participants (they need to send e-mail to us in which they will indicate the exact arrival time to Budapest, the flight number and a copy of their ID card so the shuttle company can do the invoice in their name. In case the participant would like to use the shuttle for also returning to Budapest we would need the same information about the flight. The price for one-way travel is 30 Euro per person and needs to be paid directly to the bus driver).
- Use the airport of Timisoara 40 km away from Arad – one of our colleagues can pick you up but in order to do so we would need the exact time of your arrival or a copy of your flight itinerary.
- Use the train, as there are direct routes from Budapest several times each day. It takes 3 to 4 hours to Arad so any train that can bring you to Budapest you can then change and takes another one to Arad.
- Use the car, in case you do so please keep your pay toll recipes we would need those to show your route, as well as a Google map print showing your route of both way travels.
- Use the bus; there are several private bus companies on the Internet that are going around Europe through different cities.

You can of course combine all the means of transportations from above.



**ACCOMMODATION:** in an authorized accommodation place, 2 separate beds/room, same-gender bedrooms. Each room will have a private bathroom.

The name and photos of the hotel will be sent to partners as soon as it will be booked. In case participants face any kind of disability and would need accessible rooms please let us know in time, it will help us prepare and offer the best conditions possible.

As a general reminder please pack personal items you may use as well as towels even if the hotel may provide them.

**MEALS:** 3 meals and 2 coffee breaks/day will be provided. Participants will be asked for special dietary needs in the application form, please make sure to fill in the specific section, it will help us and the hotel staff prepare and offer the best service possible. In case you will not mention your special dietary need in the application form we will not be able to guarantee it will be taken into consideration by the restaurant (Please keep in mind that we here refer to allergies, intolerance to any food groups as well as not eating specific types of food out of religious reasons).

**INTERNET ACCESS:** wi-fi will be provided in the training rooms and accommodation place. Please keep in mind that you will be a big group of participants, in case Internet is slow or not working at times it is due to the fact that most probably all of you will try to connect at the same time to the same wireless router. Patience and understanding are required :)

**TRAINING:** all necessary material resources will be supplied by the hosting organization. Only certified trainers will be facilitating. They will provide learning materials that are easy to read use also graphical facilitation and have an interactive, friendly approach.  
In case you face any kind of disability or special need and use some special accessible technology or would need any kind of support please let us know!

**INSURANCE:** Participants are advised to have a European Insurance card with them or buy travel insurance before departure. This cost will **not** be reimbursed to the participants.

## Dissemination of results

### Dissemination channels:

The main dissemination channel will be on-line: the EPTO website, social media pages of partner organisations, social media accounts of participants, on-line media. We all will have to promote the project before, during and after the on-site events (through live-Tweeting, posting picture on a daily basis, publishing quotes from participants on Facebook and Instagram).

In case you don't want to appear and/or be tagged on pictures, you can notify the coordinating organisation and facilitators prior and/or at the beginning of the first training. Anyway, a consent form will be handed out to all participants at the beginning of the first training to ask them whether they allow or not pictures of them to be taken and used.

### **Dissemination indicators:**

- At least one post referring to the programme and EPTO website will be published by each partner/participant at each mobility. This will also allow us to capitalize on the newly created cooperation mechanisms and on the associated networking opportunities;
- E-mails presenting the relevant results will be sent to more than 500 organizations active in the youth field, until the last month of the project. Ofensiva Tinerilor will lead this task. Each partner will also share the resources with their own networks, to at least 30 other NGOs.
- At least 5 on-line resource sharing groups will also be used for the same purpose;
- To reach independent trainers that could include the methods in their work, the training kit and the link to the website will be shared on the Salto-Youth platform, until the last month of the project, making them available to more than 600 registered trainers and to some thousands more that are visiting the platform in order to find new resources for their work;
- At least 2 articles about the project will be published in local news websites;
- Participants will register on the EPTO online platform for sharing activities and concerns;
- EPTO will share the results through its own mailing list.

**Also, as presented before, the participants will be asked to implement an activity in their local communities (e.g. organizing an anti-discrimination workshop), ensuring the dissemination of the project at community level. Partners will need to support their participants in organizing the local activities.**

### **Visibility of the programme:**

Each material used in the dissemination will, of course, make reference to the Erasmus+ programme, both in the form of the mandatory programme logo and, where appropriate (like on the website), further information about it that is relevant to the target group it addresses (objectives, type of support offered, examples of initiatives that are eligible, etc.). Each mobility will include a session for presenting the Erasmus+ programme. Each workshop organised by the trained peer educators will include references to the Erasmus+ programme. In case partners need to receive the Erasmus+ Logo Ofensiva Tinerilor can provide it.

### **Role of partners in the dissemination activities:**

Each partner will be equally involved in the dissemination activities, each being empowered to choose the best way to disseminate, taking into consideration the quantitative criteria mentioned above and the need to approach the following channels of dissemination:

- E-mails
- Social media
- Organization's website
- Mailing groups and lists
- Mass-media

Each partner will also act as a local multiplier, organising anti-discrimination workshops in their communities, promoting the results of the project and offering information to the ones that request it.

### **“Arad – a city with personality”**

Few place you can explore during your stay in Arad :)

<http://www.aradcityguide.ro/en/>

A small presentation of the city that will host you for a week!

<https://www.youtube.com/watch?v=XzdyRHdiV0>

### **Important!!!!**

Please DO NOT forget to pack:

- Your good mood!
- Some traditional sweets or drinks you can share with other participants during free evenings.
- Music you like, we could use it during the breaks and working sessions.
- In case you use any kind of medication please make sure you would have enough for your stay.
- Laptop/tablet/mobile phone/photo camera.
- Everything you need for your own personal comfort and for your evenings entertainment: musical instruments, games, sports shoes and clothes, etc.