

		State			
		Waking	Light Sleep	Deep Sleep	Liberated
Individual	Most Active Mental Layer	Conscious	Subconscious	Unconscious	All 3
	Physical Bodily Existence	Strong	Weak	Neglible	x
	Awareness on State	Obvious	Difficult	Olympic	x
	Creativity	Weak	Drunk	da Vinci	x
	Logical Reasoning	x	Weak	Einstein	x
	Most Active Bodily Process	5 Senses/Breath	Breath	Sensations*	x
	Active Receiver Location	Tail Bone - Mid Spine	Mid spine - Chin	Forehead & Crown	x
	Active Transmitter Location	x	x	x	x
	Life Expenditure	60%	36%	4%	x
	Fear of Death	Strong	Medium	Small	x
Individual & Universal	Time Impression	seconds - years	Warped	Negible	x
	Dimensions Experienced	3D	x	x	x
	Frequency:	x 	Medium 	High 	x
	Accessible Memories:	Past Year	Past Years	[Your Age]	x
	Element	Earth, Water	Fire, Air	x	x
	Associated Colours				x
	Associated Sounds	Mmmmm	Ooooo	x	x
	Material Size:	> 1cm	1cm - Atomic	x	x
	Plane:	Physical	Astral	x	x
	Clairvoyance Channels:	Foggy	Distorted	Clear	x
	Observer Location:	In-Body	In & Out of Body	x	x
	Dualism Impression	Subject-Object	x	x	x
	Equipped Human Tool*	x			