

Substance abuse is on the rise in New Jersey. In fact, the state is considered a hotbed for illegal drugs, alcohol, and prescription medication abuse. Alcohol and opioid addiction are the primary concerns in the state. In fact, the statistics for overdose from the drug heroin alone is three times more than the national average in the U.S. Since 2004, there have been more than 14,000 deaths caused by drug overdoses.

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While these are disheartening numbers, there is a bright light in the form of New Jersey's tremendous collection of treatment programs. As of 2016, there have been more than 76,000 patients admitted to one of these facilities for treatment. Even though this shows that many are reaching out for help, it also signals that there is a boost in drug abuse in New Jersey.

The first steps of recovery are admitting that a problem exists and entering some type of treatment program. With more than 1,000 rehabs and treatment facilities in the state, there are numerous options for those who are looking to beat drugs. These treatment centers are an assortment of facilities including state-funding locations, semi-funded and private establishments. Each one presents a different option for individuals seeking appropriate assistance for their substance abuse issues.

Other than denial, the most frequent reason addicts cite in not pursuing treatment is just how much cost is involved with something like rehabilitation. There are some insurance policies that cover the cost of a limited stay at an authorized rehabilitation center in the state. Also, clinics might offer payment plans or other forms of financing to help out those unable to just pay for the involved expenses.

However, for those not able to seek treatment due to high costs, it is possible to ask non-profit organizations for assistance. State funded facilities are a solid option since these services are usually covered, but there are restrictions on the length of stay. Also, the waiting lists are usually quite long. Government grants are another way to finance your recovery program at a treatment facility in NJ.

There are many other factors that you need to consider when choosing the right drug rehabilitation facility in NJ. Various facilities, clinics, and centers each offer distinct treatment programs. It's crucial to learn what the various kinds of treatment programs in order to know which ones are good fits for a certain person.

One of the factors would be the time spent in a treatment facility. There are facilities that have a 28-day recovery plan while some other centers will offer treatment programs until the patient is completely recovered - no matter how long it takes. Another good idea is to learn more about what additional care is provided and what activities and amenities are available. Check the credentials of the staff at the facility as well as the staff to patient ratio.

Another factor is finding a treatment center that provides aftercare. This is not offered universally, so it is important to ask about this before you commit to a program. A treatment center that helps a patient to re-integrate into society following rehabilitation will offer a lower chance of relapse.

There are numerous resources that are available to learn more about drug treatment and addiction in New Jersey like NJ Connect, Rehab Hotline, Narcotics Anonymous, Alcoholics Anonymous, and many more.