

BEAUTY

By Jeanette Zinno

Summer Grooming Guide

The sweltering temperatures and sizzling sun are no match for these summer-grooming must-haves.

HYDRATE SKIN

Ideal for daily use, the **Jack Black Double-Duty Face Moisturizer** is a lightweight moisturizer with a built-in SPF 20 sunscreen. The formula provides lasting hydration without oiliness or heaviness. Bergdorf Goodman, \$48

DENTAL HYGIENE

Quip is a sleek electric toothbrush that offers delivery service for new toothbrush heads, making it impossible to forget to replace them. It comes in copper, gold, slate, and silver, and it has a vibrating timer so you have no excuse to brush your teeth for less than two minutes. *getquip.com*, \$65

SHAVING SET

Take your shaving experience to a new level with the exclusive **Aidan Gill for Men** complete grooming set. Included are the handcrafted badger-hair shaving brush, a razor, and a stainless steel stand. *aidangillformen.com*, \$200

TRAVEL KIT

The Men's Spa Collection Kit by Arianna is perfect for the gentleman on the go this summer! The kit includes a nutritive shampoo therapy for hair and scalp, an invigorating mineral shower gel, a hydrating mineral facial cream, and an after-shave recovery balm. arianna-skincare.com, \$340



Belize: Relax & Explore

Whether you're seeking to relax and enjoy a beautiful tropical resort and spa or an adrenaline-packed adventure through a jungle and caves, Belize is the right destination for you.

Located on the eastern coast of Central America,

Belize is a quick direct flight from New York.



The San Ignacio Resort Hotel is a full-service resort in Belize, located in the middle of the jungle in the Cayo district. The luxury hotel is centrally located for adventure tours to nearby Mayan ruins, caves, and zip lining. It affords

views of the rainforest from each of its lavish suites. Belize has thousands of caves to explore, including a breathtaking canoe tour through Barton Creek Cave, where you'll view the Mayan underworld with just the light from your flashlight. It's a true adventurer's paradise!

After a long day of escapades, melt away any tension with a visit to the San Ignacio Resort Hotel Day Spa, which offers guests innovative Belizean spa treatments. The hot stone massage promotes muscle relaxation with tropical oils, through the placement of smooth, water-heated stones on key points of the body. If you had too much fun in the sun, try a cooling cucumber facial or a soothing mask for sensi-

tive skin. The spa is located adjacent to the pool area, so post treatment, enjoy a dip in the pool while watching exotic birds fly through the jungle.



Men's Summer Haircare Tips

Paul Labrecque, a master stylist and the founder of the Paul Labrecque Salon and Spa, shares expert summer haircare tips for men:

1

Men tend to over shampoo and under condition and this is the biggest cause of dry frizzy hair. Men should shampoo their hair only when it is dirty, but should condition during every wash.

2

Exposure to a lot of salt, chlorine, and sun will harm your hair. You can apply oil to your hair, like the Paul Labrecque Lemongrass Deep Hair Conditioner. An intensive oil treatment like this will saturate the hair and make it less porous.

3

The Paul Labrecque Repair Collection is a 4-step hair care system for dry and damaged hair. Restore natural luster to



weak hair; potent ingredients like aloe vera as well as egg and milk proteins hydrate and improve elasticity for stronger and healthier hair. paullabrecque.com, \$99

EDITOR'S PICK



Filson Rolling Carry-On Bag

Filson designed the perfect Hamptons weekend carry-on bag. Whether you're traveling by helicopter, train, or jitney, you'll love its lightweight feel and its interior straps that will keep all of your gear in place. filson, \$625

