New Era Dianetics Series 4R

ASSESSMENT AND HOW TO GET THE ITEM

A great deal of material has existed about assessment of the preclear. In New Era Dianetics, Dianetic assessment has been summarized and simplified and added to. These New Era Dianetics assessment steps are precise. And they will detect and isolate the things that have to be handled to make a pc a well and happy being.

It is important to understand what assessment is and what you are attempting to accomplish when doing an assessment.

If you simply understand that you are trying to find an item that reads well, brings in the pc's indicators, in which the pc is interested, an item which was usefully worded and would run, you would have it.

In New Era Dianetics, several different kinds of assessment are used to get items to run out R3RA on the pc.

The New Era Dianetics Original Assessment Items

This is the first assessment done in New Era Dianetics. It has been known by various names, "Health Form," "Preclear Assessment Sheet" and is now reissued with only minor changes as HCOB 24 June 78RA, NED Series 5RA, ORIGINAL ASSESSMENT SHEET.

It contains the pc's physical history and background, and gives the auditor and C/S a picture of the case. It is an assessment as it is done on the meter and enables the auditor and C/S to see what needs to be handled.

Original Item

The original item is a condition, illness, accident, drug, alcohol or medicine, etc., that has been given by the pc to the auditor. This will come from the Original Assessment Sheet, from another New Era Dianetics rundown or may simply be offered by the pc.

Original items tend to be general in character, such as "lame" or a medical condition, and are either lacking things you will find on the Preassessment List

or are too broad to be audited. Pcs normally give items this way when asked for them on the New Era Dianetics Original Assessment Sheet, NED Series 5RA.

Preassessment

Preassessment is a new procedure in New Era Dianetics. It is done with a prepared Preassessment List and determines what categories of somatics are connected to the original item, and which of these is the most highly charged.

It is called the preassessment because it comes before the assessment of the actual item to run out R3RA. (The item to be run out is now called the running item.)

Preassessment is done on the original item with the Preassessment List.

Preassessment List

This is found in New Era Dianetics Series 4-1.

A prepared list of categories of somatics which is assessed in connection with the original item. (The list includes pains, sensations, feelings, emotions, attitudes, misemotions, unconsciousnesses, sorenesses, compulsions, fears, aches, tirednesses, pressures, discomforts, dislikes, numbnesses.)

Preassessment Item

The largest reading item obtained on an assessment of the Preassessment List. This item is used to get running items.

LISTING FOR RUNNING ITEMS

The auditor now takes the preassessment item and makes a list on a separate sheet of paper and asks the pc, **"What (preassessment item found) are/is connected with (original item found)?"**

The auditor writes down exactly what the pc says in a column and notes the meter reads at the exact moment the pc ends the statement of the running item.

The result is a list called the running item list.

If the pc gives you an exact feeling ("feeling scared," "a burning feeling in my ear," "a sharp pain in my toe"), the feeling is simply run out R3RA Quad if it reads and the pc is interested.

An item which states a somatic and is runnable is called a running item. Running items are exactly stated pains, sensations, feelings, emotions, attitudes, misemotions, unconsciousnesses, sorenesses, compulsions, fears, aches, tired-nesses, pressures, discomforts, dislikes, numbnesses.

If the pc gives you a general type item like "stomach problems," a drug, alcohol, medicine, medical term or narrative, which does not state a feeling (etc.), the feelings (etc.) for the item must be found so they can be run. The preassessment is done to get running items.

Running Item

The auditor takes the best reading item on the running item list (possibly an LF or an LFBD or an instant F/N) and checks with the pc, "Are you interested in this item?" and if so it becomes the running item which you will run by R3RA Quad.

Running items are sometimes abruptly volunteered by the pc and if they are within the categories of the assessment list they can be run, but be careful of (1) jumping onto some other subject than the original item you are trying to handle or (2) upsetting the pc because you refuse to audit it. Warning: If you go off New Era Dianetics assessment procedure, you will be potshooting all over a case and never finish it.

All this New Era Dianetics procedure is leading up to finding running items that will run and resolve the case. So the thing you are after in assessment is the running item and it is most accurately obtained as above.

This is done by taking the original item, say "stomach problems," doing a preassessment on it and, with the preassessment item, finding a running item.

(Example: Stomach problems is the original item. A preassessment is done and "sorenesses" is the largest reading item on the Preassessment List. The auditor then lists for running items, using sorenesses, and gets "A dull soreness on my left side." This is the running item, which will be handled with R3RA Quad.)

PREASSESSMENT

Previous to New Era Dianetics you would have taken a Dianetic item such as a drug or a chronic condition or an accident and you would have asked the pc to give you the attitudes, emotions, sensations and pains connected to the item.

I have just developed a new procedure on the handling and running of Dianetics. It is called the preassessment. This is how it works.

1. The auditor obtains an original item from the pc. This will be from a drug list, the Original Assessment Sheet or other New Era Dianetics rundown. (It will be a drug, a condition, an illness, an accident, etc.)

2. He then preassesses the feelings on the Preassessment List to find out which preassessment item is the most highly charged in connection with the original item.

3. From the preassessment item (the largest reading Preassessment List item) the auditor can get specific somatics, called running items, from the pc. These running items will be the ones the pc is most interested in.

4. The running item found in step 3 is run R3RA Quad.

Example: The original item is "bronchitis." The auditor assesses the Preassessment List below by asking the pc:

"Are _____ connected with bronchitis?"

pains	compulsions
sensations	fears
feelings	aches
emotions	tirednesses
attitudes	pressures
misemotions	discomforts
unconsciousnesses	dislikes
sorenesses	numbnesses

He gets an LF on misemotions. This is the largest read.

"What misemotions are connected with bronchitis?"

As the pc tells him, the auditor takes them down, noting meter reads while the pc is giving the items. (And that's all there is to the preassessment.)

PREASSESSMENT ITEM

This is in turn the largest reading item on the Preassessment List above and then subsequently lesser reading items from the same list are taken up.

With the preassessment item gotten, the auditor can list to find the running items.

(Example: The preassessment item is "misemotion." The auditor asks, "What misemotions are connected with bronchitis?")

He writes down all the answers the pc gives him, with their reads.

Feeling like I want to give up   X

Worried about my lungs   LFBD

Feeling angry about not breathing   F

Scared to death   sF

The auditor would first run "Worried about my lungs" R3RA Quad and then would return to the next best reading item, in this case, "Feeling angry about not breathing."

RUNNING ITEM

The auditor chooses the largest reading item the pc has given and checks interest for the next chain. This is the running item.

ACTUAL AUDITING

Having found the running item, the auditor then runs it out R3RA Quad.

FINDING THE NEXT RUNNING ITEM

The auditor has a choice of taking a lesser reading item from the Preassessment List or the running item list or (safer) do a new preassessment on the same original item. (You don't stop working on the original item until it is gone completely and forever.)

Having done a preassessment on the same original item, you do a new running item list, take the best read (Fall, LF, instant F/N) and use it as your new running item.

ASSESSMENT COMMANDS

Commands for the Original Assessment Sheet of the New Era Dianetics rundown:

1. Ask the question on the Original Assessment Sheet. Write answer and note meter read.

2. **"Are (preassessment item being called) connected with (original item being preassessed)?"**

3. **"What (largest reading preassessment item) are connected with (original item)?"**

4. **"Are you interested in running (largest reading or instantly F/Ning running item found in 3 above)?"**

5. Go straight into R3RA Quad, using the item in 4 if the pc is interested.

HANDLING SOMATICS

The Preassessment List is designed to locate somatics which the auditor can then handle with R3RA.

By somatic is meant a pain or ache, sensation, misemotion or even unconsciousness. There are a thousand different descriptive words that could add up to a feeling. Pain, aches, dizziness, sadness, they are all feelings.

All chains are held together by the general various awarenesses which are named on the Preassessment List.

One generally identified difficulty given by the pc on the Original Assessment is, in actual fact, in almost all cases composed of pains, sensations, feelings, emotions, attitudes, misemotions, unconsciousnesses, sorenesses, compulsions, fears, aches, tirednesses, pressures, discomforts, dislikes and numbnesses as well as one or more postulates. It is very possible that any major Original Assessment item contains 3 or 4 full chains for each one of these.

Hence an auditor really hasn't got a prayer of eradicating a major Original Assessment unless he runs 64 or more complete chains thoroughly and accurately. Some might give up with less and some might require many more.

If you follow the New Era Dianetics assessment procedure perfectly and flawlessly, well, you have every chance of achieving a well and happy human being.

HANDLING NARRATIVES

A narrative is a story, an account, a tale.

For many years narratives were held in disrepute and auditors were sometimes warned against running them. The reason for this is that when you try to solve a case on narratives alone it takes several thousand hours of auditing.

However, to abandon narratives totally is to abandon some of the most dramatic case changes you can get.

Occasionally the pc will come into a session after a physically or emotionally painful experience, an accident, illness, loss or great emotional stress. Running these incidents out narrative erases the psychic trauma the person has undergone and speeds recovery.

You sometimes find that a person's whole life changed around the death of a relative or child or a divorce or an auto accident or some other similar catastrophe. This is usually found and handled in ACTION NINE in the HCOB 22 June 78RA, NED Series 2RA, NEW ERA DIANETICS FULL PC PROGRAM OUTLINE.

When running a narrative, one is running out the narrative *incident*. A narrative needs to be run and run and run on that one incident. You are running that incident to erasure and you only go earlier-similar if it starts to grind very badly. The trick in running narratives is to find the earlier beginning each time the person is moved through it. (See ACTION NINE, NED Series 2RA.)

A condition or circumstance without an incident is NOT narrative. An example of this would be "obstruction of justice." It would not run as there is not an exact incident. "Hitting a cop" is a narrative. "Feeling sick about cops" is not a narrative as there is no story connected with it, but there is a somatic.

RUNNING NARRATIVES

To run a narrative item, the auditor must first find out exactly what happened with the pc, then, by asking the pc "What shall we call this incident?" he will have the preclear's wording and can run it Narrative using the New Era Dianetics Narrative commands. One would run a narrative item ONLY if it reads well and the pc is interested in running it out.

Narrative handling to its full EP can give miraculous results, but it can take a long time to get the pc through it. A full Dianetic EP of postulate off (which *IS* the erasure), F/N and VGIs must be reached. If the pc gives a cognition which is not the actual postulate from the incident or doesn't sound like it to the auditor, the postulate is asked for.

If you follow the New Era Dianetics assessment procedure perfectly and flawlessly, well, you have every chance of achieving a well and happy human being.

HANDLING NARRATIVES

A narrative is a story, an account, a tale.

For many years narratives were held in disrepute and auditors were sometimes warned against running them. The reason for this is that when you try to solve a case on narratives alone it takes several thousand hours of auditing.

However, to abandon narratives totally is to abandon some of the most dramatic case changes you can get.

Occasionally the pc will come into a session after a physically or emotionally painful experience, an accident, illness, loss or great emotional stress. Running these incidents out narrative erases the psychic trauma the person has undergone and speeds recovery.

You sometimes find that a person's whole life changed around the death of a relative or child or a divorce or an auto accident or some other similar catastrophe. This is usually found and handled in ACTION NINE in the HCOB 22 June 78RA, NED Series 2RA, NEW ERA DIANETICS FULL PC PROGRAM OUTLINE.

When running a narrative, one is running out the narrative *incident*. A narrative needs to be run and run and run on that one incident. You are running that incident to erasure and you only go earlier-similar if it starts to grind very badly. The trick in running narratives is to find the earlier beginning each time the person is moved through it. (See ACTION NINE, NED Series 2RA.)

A condition or circumstance without an incident is NOT narrative. An example of this would be "obstruction of justice." It would not run as there is not an exact incident. "Hitting a cop" is a narrative. "Feeling sick about cops" is not a narrative as there is no story connected with it, but there is a somatic.

RUNNING NARRATIVES

To run a narrative item, the auditor must first find out exactly what happened with the pc, then, by asking the pc "What shall we call this incident?" he will have the preclear's wording and can run it Narrative using the New Era Dianetics Narrative commands. One would run a narrative item ONLY if it reads well and the pc is interested in running it out.

Narrative handling to its full EP can give miraculous results, but it can take a long time to get the pc through it. A full Dianetic EP of postulate off (which *IS* the erasure), F/N and VGIs must be reached. If the pc gives a cognition which is not the actual postulate from the incident or doesn't sound like it to the auditor, the postulate is asked for.

NARRATIVE ASSESSMENT COMMANDS

1. Ask the questions called for on the Original Assessment Sheet.

2. Note any original items that contain recent losses, illnesses, accidents, upsets or deaths and ask: "Are you interested in handling <u>(description of item on the Original Assessment Sheet)</u>?"

3. If the pc signifies that he is, go immediately into R3RA Narrative.

ASSESSING TONE OF VOICE

The auditor does the assessing by asking the question as a question, not as a statement of fact. To assess the question as a statement tends to evaluate and can even invalidate the preclear.

You can go around asking questions with a tape recorder going. Play it back and you will notice the voice tone rises on a question and goes down on a statement. So the right way to assess the questions would be to have a slight upcurve at the end and actually assess it as a question.

ASSESSMENT IS DONE BY THE AUDITOR BETWEEN THE PC'S BANK AND THE METER. THERE IS NO PARTICULAR NEED IN DIANETIC ASSESSING TO LOOK AT THE PC. JUST NOTE WHICH ITEM HAS THE LONGEST FALL OR BD. THE AUDITOR LOOKS AT THE METER WHILE DOING AN ASSESSMENT.

Rote procedure gets heavily in the road of a Dianetic assessment. The pc gives a list, the auditor doesn't watch the reads and note them, then the auditor commonly goes back to assess the list. By that time the surface charge is off. He should have watched the meter in the first place and taken reads while the pc was originating the item. Why all this assessing of the finished list? Of course, when you already have a list done by another with no reads marked on it, you have to read it off and mark what reads. And using a list a second time, you have to read it off to the pc to see what reads.

In Dianetics one always handles an instant F/N first, then any LFBD, LF, F or sF, in that order. The largest reading items are the ones the pc can most easily confront. When the largest reading item is handled, go on to the next biggest reading item (and so on) until all reading items have been handled. This same principle applies to all New Era Dianetics auditing. Take up the biggest reading areas and handle those first.

You may find there is something plainly visible that is wrong with the preclear, like a broken leg, yet it may not read at all. Instead the meter is reading on the pain in his arm. You do the standard action of handling the items that the meter reads on.

In assessing a prepared list such as the Preassessment List, always take up the item which got an instant F/N first, followed by the next largest read.

In a list like the running items list you continue listing until the pc says that's all or you've got an F/N item. If you get in trouble right after listing a running item list on a pc and the pc seems upset and you are not a Scientology auditor, go get a Scientology auditor Class IV fast and have him repair the list for you as it may have become a Scientology list either through auditor error or inability to read a meter or missing a read or whatever.

The laws of listing and nulling always apply to Scientology lists and sometimes on rare occasions apply to a Dianetic list and can on these cases cause trouble.

Listing for a running item on the running item list usually doesn't cause trouble as it is already taken from the Preassessment List and is not a very broad question.

This and a failure to follow New Era Dianetics assessment and R3RA procedure exactly or failure to actually erase the basic on a chain is about all the trouble you'd run into.

Review New Era Dianetics Series 1R on what is expected of a student.

L. RON HUBBARD
Founder