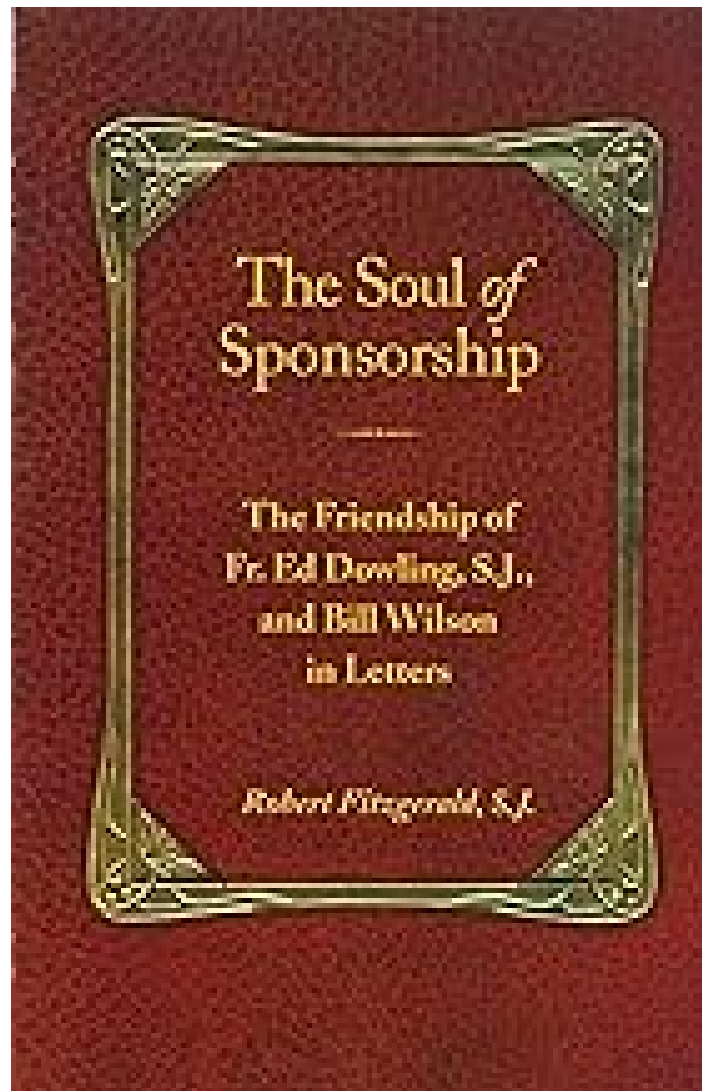
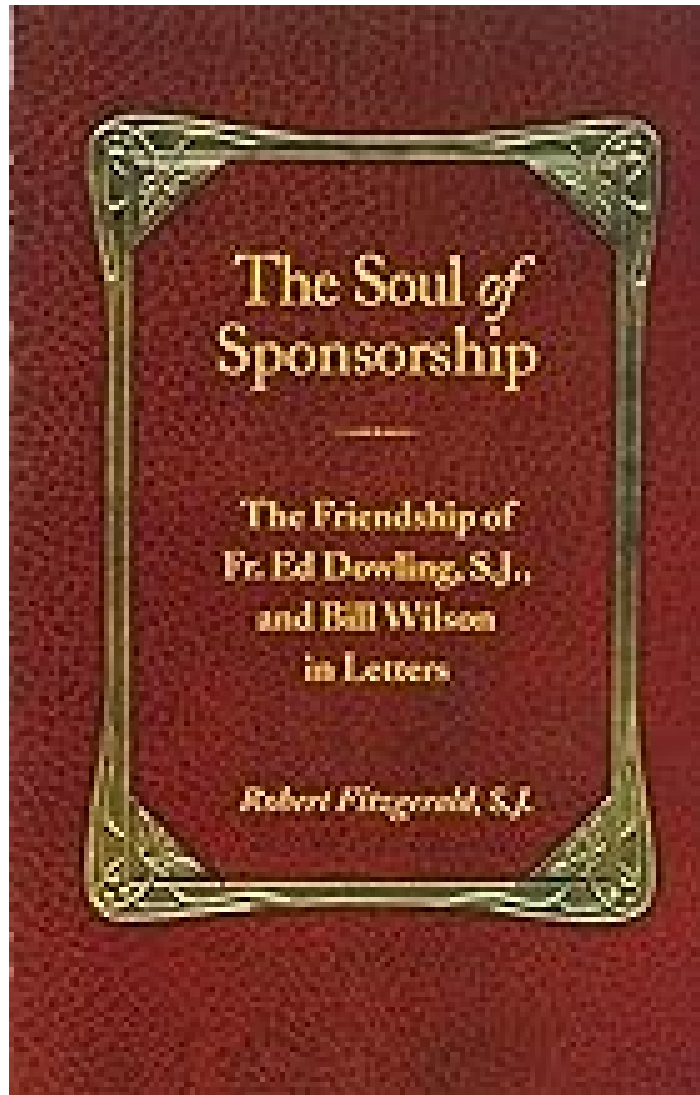


The Soul of Sponsorship: The Friendship of Fr. Ed Dowling, S.J. and Bill Wilson in Letters





• Whether we choose the traditional reading format of paperback and hardcover books or if we go for modern solutions like audiobooks or e-books, there is no question about it: reading has a ton of benefits for us. Ever since the first-ever written novel, *The Tale of Genji* by Murasaki Shikibu, people haven't stopped reading fiction, and there are many reasons behind this. Reading is a fun activity, one that can help you relax and feel better after a long day, it gives us a way to escape

our daily routines and troubles, and provides us with endless learning possibilities. Reading is equally effective in boosting both our physical well being and our mental health and is appropriate for people of all ages. Because we know youâ€™re interested in finding out as much as possible about how your hobby can improve your life, you will find below detailed explanations about each separate benefit, split into relevant categories.

Reading helps your vocabulary According to researchers, children who regularly read books at an early age develop large vocabularies in the long run. When the child has the benefit of vocabulary, they affect their academic success by passing the different set tests, eventually getting college admissions, and having vast job opportunities. Many employers are looking for people with soft skills, such as communicating clearly. The benefits of reading books include exposing the reader to new words directly from the read context and increasing your soft skills. Vocabulary growth is an inevitable consequence of reading. The more you read, the more you expose yourself to new words that slowly become a part of your usual repertoire. This is probably one of the most relevant pros of reading books and one you should

definitely learn to take full advantage of.

