

Reasons to keep Hamster as ESA

You cannot deny the positive benefits which you can get from your emotional support animals. Research has also shown that animals can help to deal with mental issues and stress. You may think that you can only keep cats and dogs as an emotional support animal but believe me it is not a case. An ESA can be a cat or [presa canario](#) or any other animal that can provide emotional support to people with mental disabilities. These animals provide support in day to day life by providing care, love, and affection. The main role of emotional support animals is to provide company and support. Although ESA is mostly dogs other animals such as cats, horses, ducks, monkeys, the hamster can also be an emotional support animal.

Hamster is a pint-size pet that is independent, inexpensive and full of happiness and joy which reduce the mental disorder symptoms. Here are the reasons why hamster is considered as a great choice as an ESA.



They are cheap to buy

For budget-conscious people, hamsters are considered as a perfect choice. Most of the pet stores have a large range of hamsters breed for sale. Hamster is cheap and comes in all colors, shapes, and sizes. All you need is a small hamster habitat as it is sufficient for your cute little friend to play and explore and get an [ESA letter](#) for it. Unlike cats and dogs, it is very cheap to feed your little hamster. All your cute little

friend need is a bag of hamster food that contains grains and proteins. This will deliver the hamster with all their nutrition requirement.

Need little Space

Hamster is a perfect ESA for those living in a small house as they take very little space. Even the biggest hamster possibly take a small corner of a room. You can take your [kangal shepherd dog](#) wherever you go. But remember if you bring your little hamster around with you then make sure that your cute little hamster is secure and safe all the time.

Do not need much Care

Hamsters are very low maintenance ESA. They groom and exercise themselves and are happy in their own company. Though they are independent emotional support animal they also likes to hang out with their owner.

Perfect for Children with anxiety disorder

Do you know that hamsters are ideal ESA for kids and teens? These little cute pocket pals are best for children who are suffering from any kind of mental disorder. They can carry hamsters with them and also cuddle whenever they need it. If your kid is suffering from anxiety then hamster is a perfect choice for them.

Although most people link an ESA letter with bigger pets such as cats and dogs, these tiny little hamsters do qualify for ESA certification. Therefore, if you have this tiny pet in your life then find [ESA letter for housing](#) samples online. This will help you to make your pet as a bona fide emotional support animal

Hamsters are super cute. Hamsters have a chill and calm behaviors that make them perfect ESA. If you are not catching onto a happy mood of your cute little pet by just hanging out then hold them and start cuddling. These super cute hamsters will fall asleep in your lap and this makes you calm. Believe me! They make you relax with their squeezed little faces and constant smiles. Hamsters are perfect ESAs for people who travel a lot. Due to their small size you can take your pet anywhere.

Useful Resources:

[HOW TO TRAIN YOUR DOG TO DETECT PANIC ATTACKS](#)

[GET AN ESA LETTER – GUIDELINES](#)

[Tip How To Travel with your ESA on a Plane](#)

[Emotional Support Animals for Depression](#)

[How To Get ESA Pet Fees And Deposits Refunded As An ESA Owner](#)

[I want to keep two ESAs, Can I keep them?](#)