





Principle of PET and some examples of PET developed within the Crystal Clear Collaboration

Dr. Marco Pizzichemi CERN





- Introduction
- The PET system and its challenges
- PET in the Crystal Clear Collaboration
 - ClearPET
 - ClearPEM-Sonic
 - EndoTOFPET-US



Outline

- Introduction
- The PET system and its challenges
- PET in the Crystal Clear Collaboration
 - ClearPET
 - ClearPEM-Sonic
 - EndoTOFPET-US



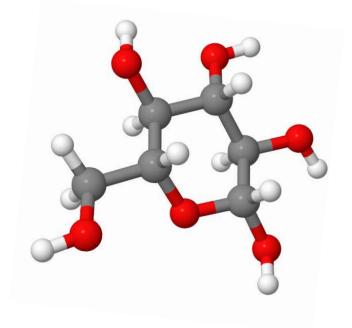
- Definition:
 - In vivo imaging technique to quantitatively measure the 3D distribution of radiolabeled biomolecules



• Definition:

- In vivo imaging technique to quantitatively measure the 3D distribution of radiolabeled biomolecules
- Applications:
 - Oncology
 - Neurology
 - Cardiology
 - Drug development
 - ➢ More…





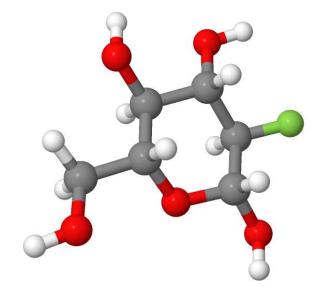


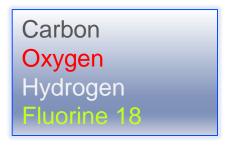
Example of biomolecule: glucose



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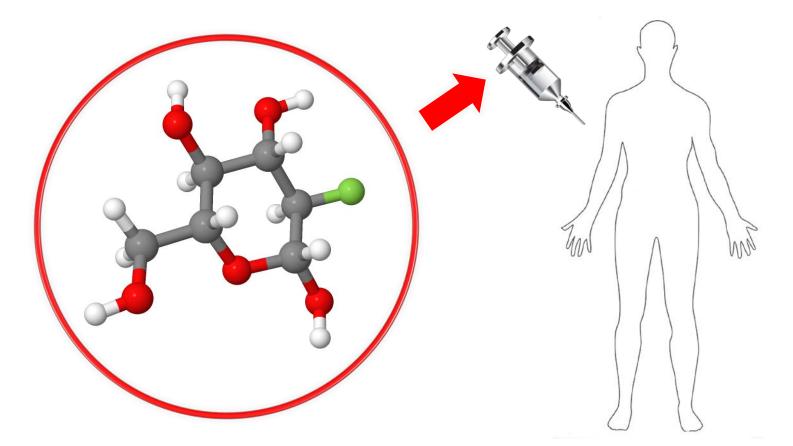
Summer School on scintillation, dosimetric and phosphor materials





OH[⁻] group replaced by ¹⁸F: Fludeoxyglucose (**FDG**)



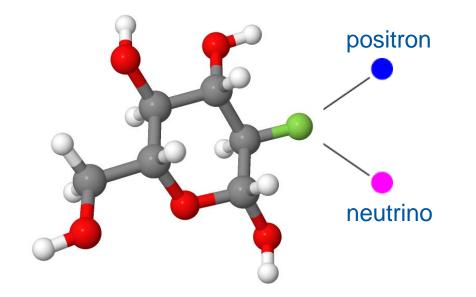


Injection in the patient



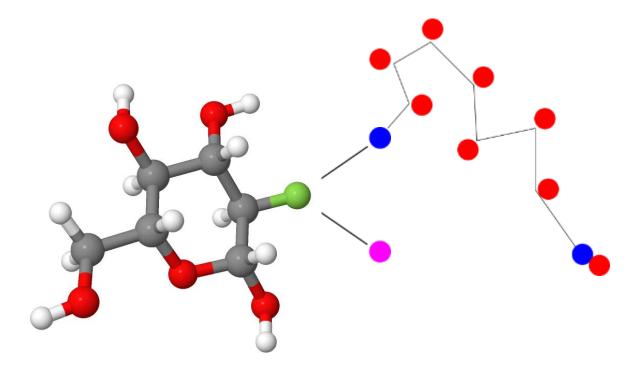
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¹⁸F decays emitting a **positron** and a **neutrino**





The positron travels in the tissue until it annihilates with an electron



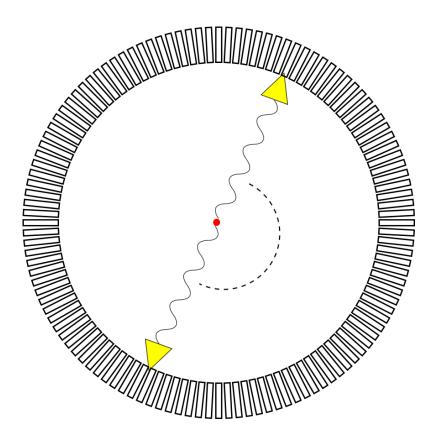
Positron Emission Tomography - 511 KeV 80° - 511 KeV

Two collinear gammas (511 KeV) are emitted



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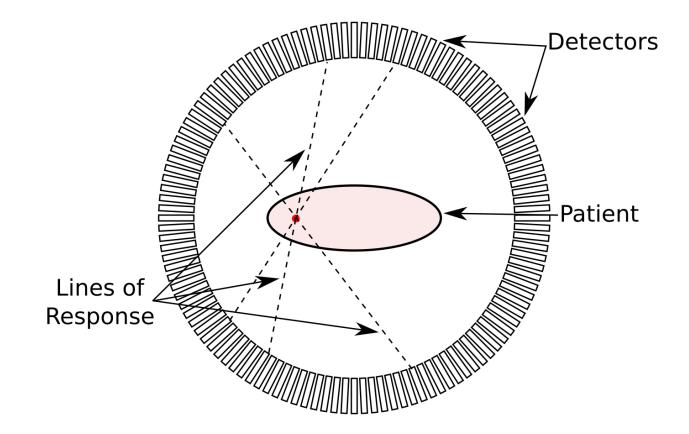
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Detection of two gammas in coincidence



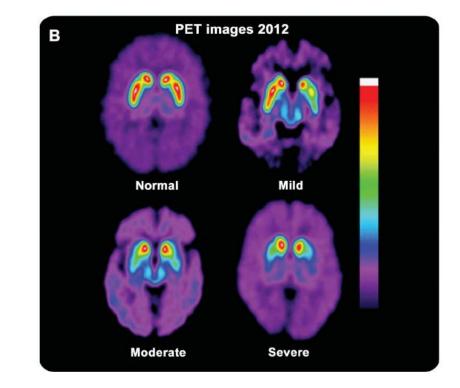
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Find lines of response (LORs), intersection at source







Tomographic reconstruction to get biomolecule distribution in the body



Imaging in vivo

Anatomic	Physic	ologic	Metabolic	Molecular			
(Optical Imaging)							
X-Ray/CT		PET/SPECT					
MRI		MR	Spectroscopy				
fMRI							
Ultrasound							



Why PET?

Imaging technique	Source of signal	Spatial resolution	Sensitivity (mol/l)	Quantitative/Morphological information
PET	γ -rays (511 keV)	$1 - 4 \mathrm{mm}$	$10^{-11} - 10^{-12}$	+++/+
SPECT	γ -rays (< 300 keV)	0.3 – $10\mathrm{mm}$	$10^{-10} - 10^{-11}$	++/+
Optical bioluminescence	Visible light	$3 – 5 \mathrm{mm}$	$10^{-15} - 10^{-17}$ (theoretical)	+(++)/n.a.
Optical fluorescence	Visible light and NIR	$2 - 3 \mathrm{mm}$	$10^{-9} - 10^{-12}$ (probable)	+(++)/n.a.
MRI	Radio waves	$25100\mu\mathrm{m}$	$10^{-3} - 10^{-5}$	++/+++
СТ	X-rays (40–120 keV)	$10200\mu\mathrm{m}$	n.a	n.a./+++

from A. Del Guerra et al., 2016 Positron Emission Tomography: Its 65 years Riv. Nuovo Cimento 39 155

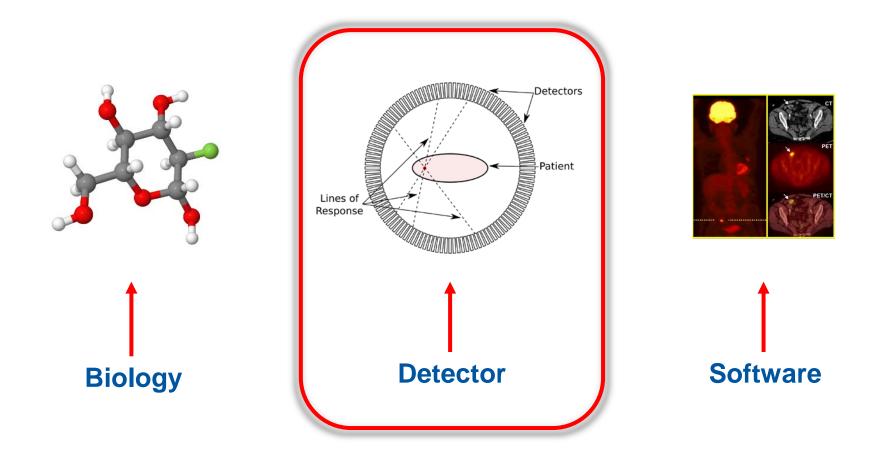




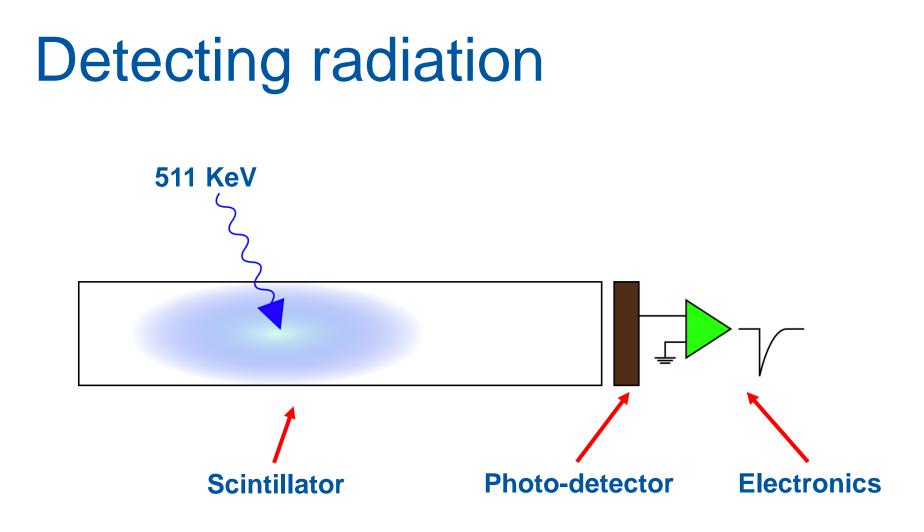
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The PET system







From one gamma to an electrical signal



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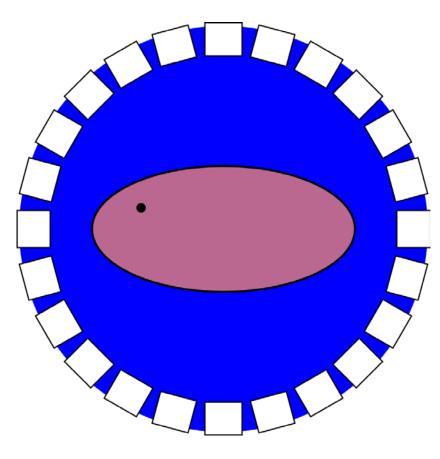
Detector requirements

- Obtain as many counts as possible
 - high sensitivity

- Localize counts as accurately as possible
 - high spatial resolution
 - high temporal resolution

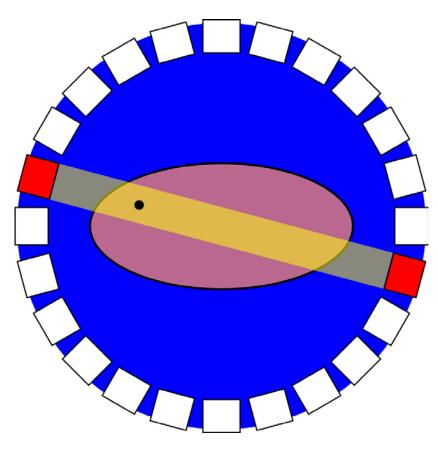


Cylindrical coverage and thick scintillators
 maximize sensitivity



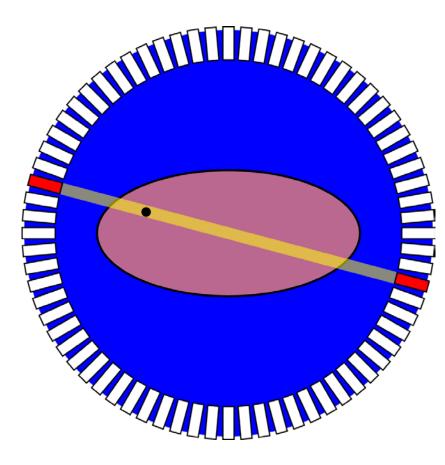


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- **Spatial resolution** is defined by crystal section



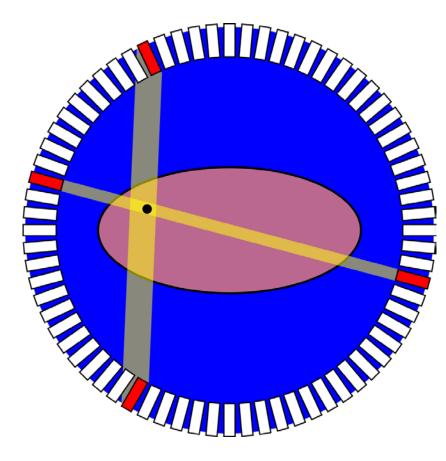


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- Spatial resolution is defined by crystal section
- Segmentation improves spatial resolution...



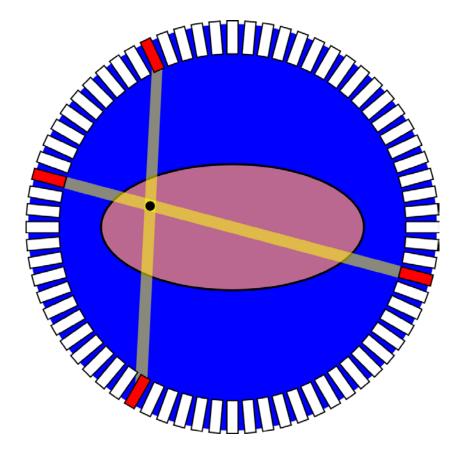


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- ... but at the same time resolution degrades due to parallax effect





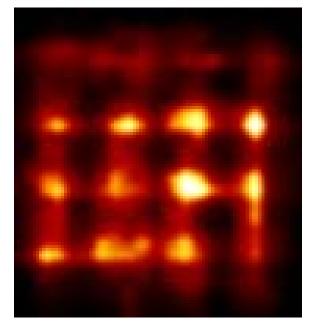
- Cylindrical coverage and thick scintillators
 maximize sensitivity
- Spatial resolution is defined by crystal section
- Segmentation improves spatial resolution...
- ... but at the same time resolution degrades due to parallax effect
- This can be recovered if the **Depth of** Interaction (DOI) of the gamma is
 measured



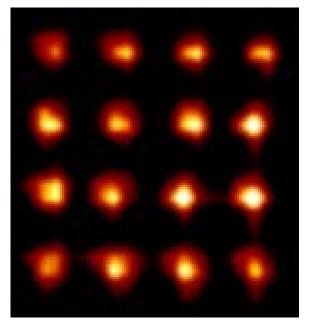


Depth of Interaction

Without DOI



With DOI

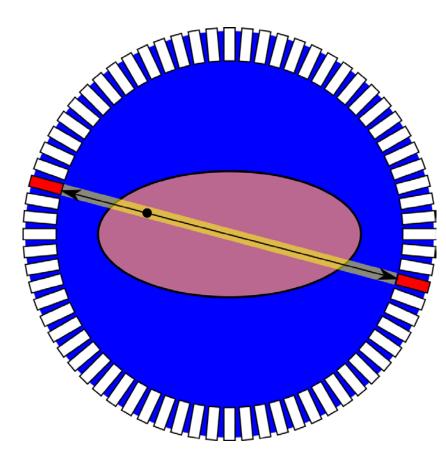


²²Na source moved on a grid of 5 mm pitch



Coincidence sorting

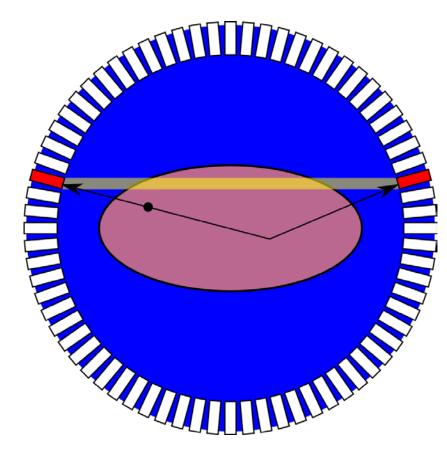
- A true coincidence is identified if two detected gammas have:
 - > energy in the 511 KeV energy window
 - difference in time of arrival within the coincidence window





Coincidence sorting

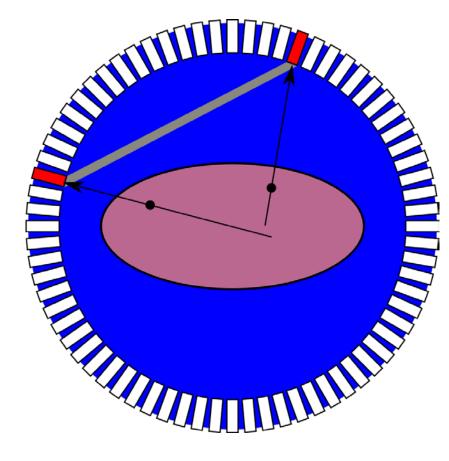
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- The gammas can undergo **scatter** in the patient, changing direction and resulting in wrong LOR reconstruction
 - Good energy resolution is needed to reject these events (usually 10%-15% FWHM)





Coincidence sorting

- A true coincidence is identified if two detected gammas have:
 - energy in the 511 KeV energy window
 - difference in time of arrival within the coincidence window
- The gammas can undergo **scatter** in the patient, changing direction and resulting in wrong LOR reconstruction
 - Good energy resolution is needed to reject these events (usually 10%-15% FWHM)
- The coincidence can be assigned to two gammas that are coming from different annihilation events and fall **randomly** within the coincidence window
 - Good timing resolution is needed to minimize the probability of these false coincidences (<1ns)



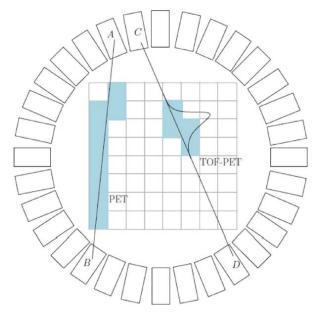


Time of Flight (TOF)

Compute the **difference in time of arrival** of gammas:

 Improve event localization along the LORs

$$\Delta x = c \frac{\Delta t}{2}$$



S. Surti, J.S. Karp - Physica Medica 32 (2016) 12-22



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Compute the **difference in time of arrival** of gammas:

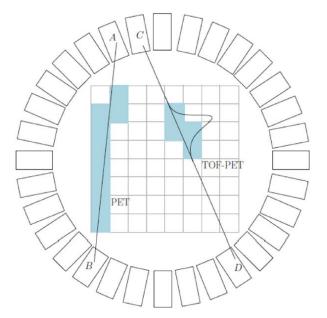
 Improve event localization along the LORs

$$\Delta x = c \frac{\Delta t}{2}$$

 Decrease noise correlation in overlapping LORs, improve signal-tonoise ratio (SNR)

$$SNR_{TOF} \sim \sqrt{\frac{D}{\Delta x}} \cdot SNR_{CONV}$$

D = effective object diameter



S. Surti, J.S. Karp - Physica Medica 32 (2016) 12-22

Time resolution (ns)	Δx (cm)	TOF NEC gain	TOF SNR gain
0.1	1.5	26.7	5.2
0.3	4.5	8.9	3.0
0.6	9.0	4.4	2.1
1.2	18.0	2.2	1.5
2.7	40.0	1.0	1.0

M. Conti - Eur J Nucl Med Mol Imaging (2011) 38:1147–1157



 Improved lesion detectability while keeping scanning time constant

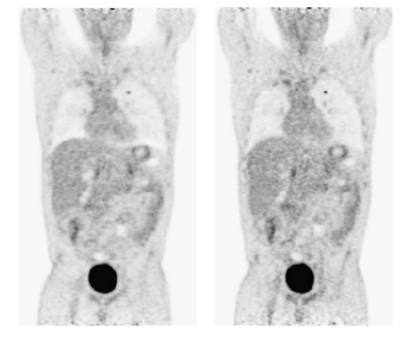


Fig. 1 Coronal images reconstructed from a non-TOF scan (*left*) and a TOF scan (*right*) in a patient with lung cancer. The acquisition time was 3 min per bed position for both images. At the same number of counts, the image quality is better with the TOF reconstruction

M. Conti - Eur J Nucl Med Mol Imaging (2011) 38: 1147



- Improved lesion detectability while keeping scanning time constant
- Reduced scan times for the same lesion detectability

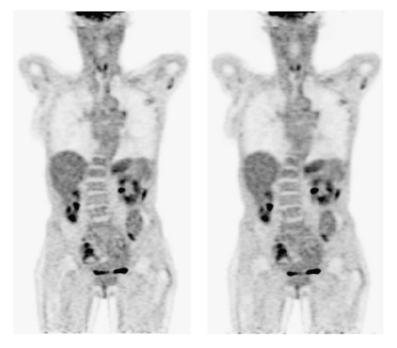


Fig. 2 Coronal images reconstructed from a non-TOF scan (*left*) and a TOF scan (*right*). The acquisition time was 2 min per bed position for the non-TOF scan and 1 min per bed position for the TOF scan. The quality of the non-TOF image and that of the TOF image with half of the counts are similar

M. Conti - Eur J Nucl Med Mol Imaging (2011) 38: 1147



- Improved lesion detectability while keeping scanning time constant
- Reduced scan times for the same lesion detectability
- Fewer iterations of reconstruction algorithms required to maximize lesion contrast -> lower image noise

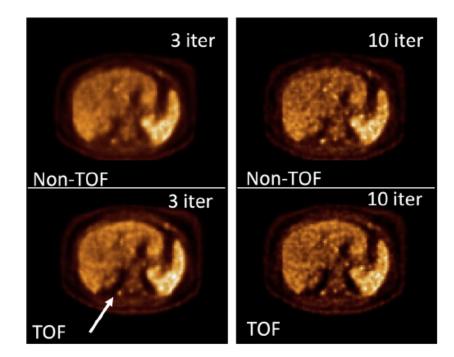
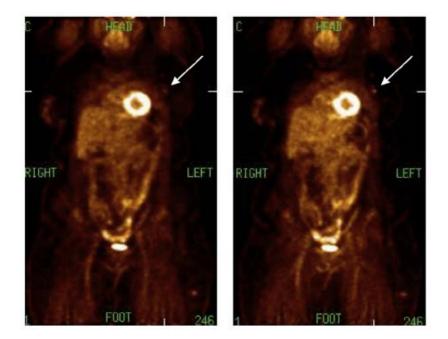


Figure 2. Reconstructed transverse slices of a clinical ¹⁸F-FDG study. As indicated, images are shown for Non-TOF and TOF reconstruction and for iterations 3 and 10 of the reconstruction algorithm. The arrow indicates the lesion for which an accurate SUV is measured after 3 iterations of the TOF reconstruction algorithm.

S. Surti, J.S. Karp - Physica Medica 32 (2016) 12-22



- Improved lesion detectability while keeping scanning time constant
- Reduced scan times for the same lesion detectability
- Fewer iterations of reconstruction algorithms required to maximize lesion contrast -> lower image noise
- Better lesion detectability for larger
 objects



S. Surti, J.S. Karp - Physica Medica 32 (2016) 12–22



Benefits of TOF

- Improved lesion detectability while keeping scanning time constant
- Reduced scan times for the same lesion detectability
- Fewer iterations of reconstruction algorithms required to maximize lesion contrast -> lower image noise
- Better lesion detectability for larger objects
- Better image reconstruction for limited angle PET acquisitions

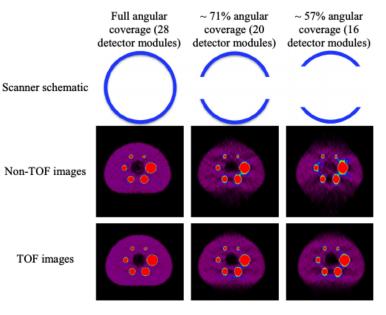


Figure 4. Reconstructed images from a NEMA image quality phantom using full or partial angular data acquired on a clinical TOF PET/CT. The six hot spheres in a ring have diameters of 37, 28, 22, 17, 13, and 10 mm and have an activity uptake of 9.7:1 with respect to background. The central cold region is a lung insert.

S. Surti, J.S. Karp - Physica Medica 32 (2016) 12-22



Scintillator requirements

Requirement	Parameter		
Stopping power	Z _{eff}		
Spatial resolution	Photofraction		
Energy resolution	Light output Homogeneity Proportionality		
Timing resolution	Light output Timing profile		



Common PET scintillators

Material	Density (g/cm^3)	Light yield	Decay time (ns)	$\mu_{511\mathrm{keV}}\ (\mathrm{cm}^{-1})$	Photofraction at 511 keV
Sodium iodide (NaI:Tl)	3.67	41000	230	0.34	17%
Bismuth germanate (BGO)	7.13	8200	300	0.96	40%
Lutetium oxyorthosilicate (LSO:Ce)	7.40	30000	40	0.87	32%
Lutetium yttrium oxyorthosilicate (LYSO:Ce)	7.10	32000	40	0.82	30%
Gadolinium oxyorthosilicate (GSO:Ce)	6.71	8000	60	0.70	25%
Yttrium aluminum perovskite (YAP:Ce)	5.37	~ 21000	27	0.46	4.2%
(1AI .Ce) Lutetium aluminum perovskite (LuAP:Ce)	8.3	12000	18	0.95	30%
Barium fluoride (BaF_2)	4.89	1400 (fast) 9500 (slow)	$\begin{array}{c} 0.6 \ ({\rm fast}) \\ 630 \ ({\rm slow}) \end{array}$	0.43	
Lanthanum bromide (LaBr ₃ :Ce)	5.08	63000	16	0.47	15%

from A. Del Guerra et al., 2016 Positron Emission Tomography: Its 65 years Riv. Nuovo Cimento 39 155

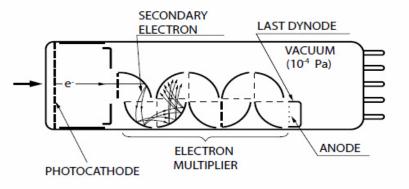


Photodetectors

• Photomultiplier Tubes (PMTs):

- > Very high gain (up to 10⁹)
- Operated at high voltage
- Relatively bulky and expensive
- > Sensitive to magnetic fields

PMT structure







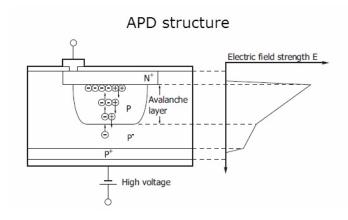
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• Avalanche Photodiodes (APDs):

- Relatively low gain (10²-10³)
- Operated at low voltage
- Compact, 1-to-1 coupling
- Insensitive to magnetic fields







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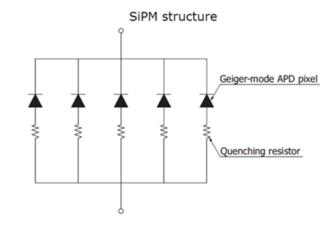
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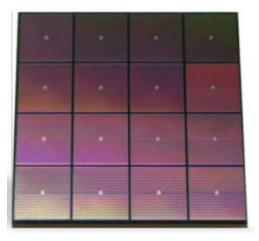
• Avalanche Photodiodes (APDs):

- \succ Relatively low gain (10²-10³)
- Operated at low voltage
- Compact, 1-to-1 coupling
- Insensitive to magnetic fields

• Silicon Photomultipliers (SiPMs):

- \succ High gain (up to 10⁷)
- Operated at low voltage
- Compact
- Insensitive to magnetic fields
- Better timing performance





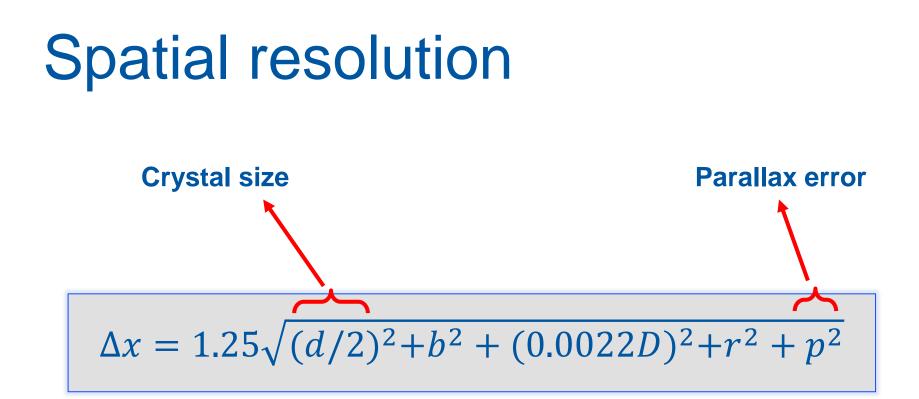


$$\Delta x = 1.25\sqrt{(d/2)^2 + b^2} + (0.0022D)^2 + r^2 + p^2$$

W.W. Moses, S.E. Derenzo, J. Nucl. Med. 34 (1993) 101P



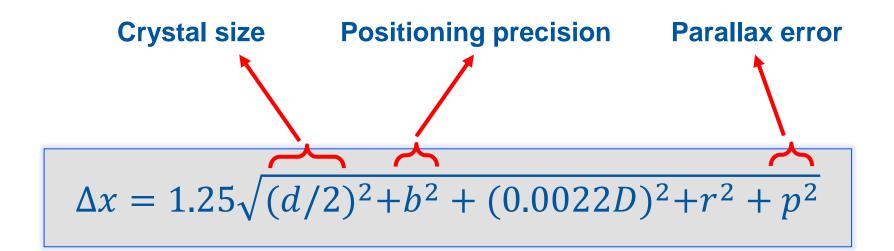
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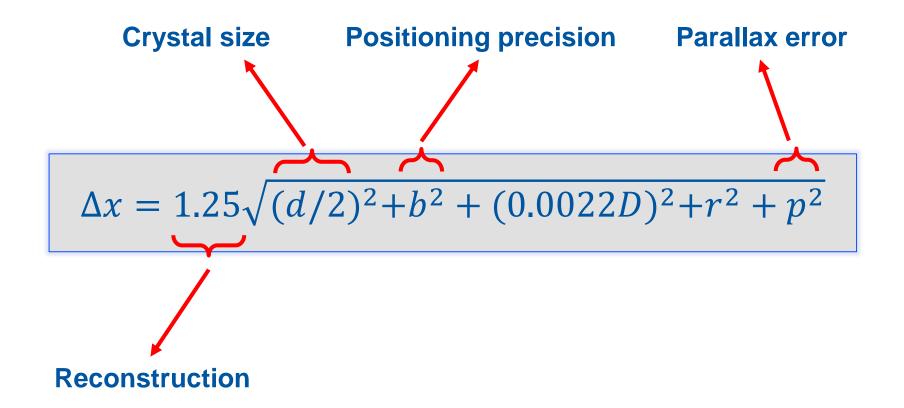
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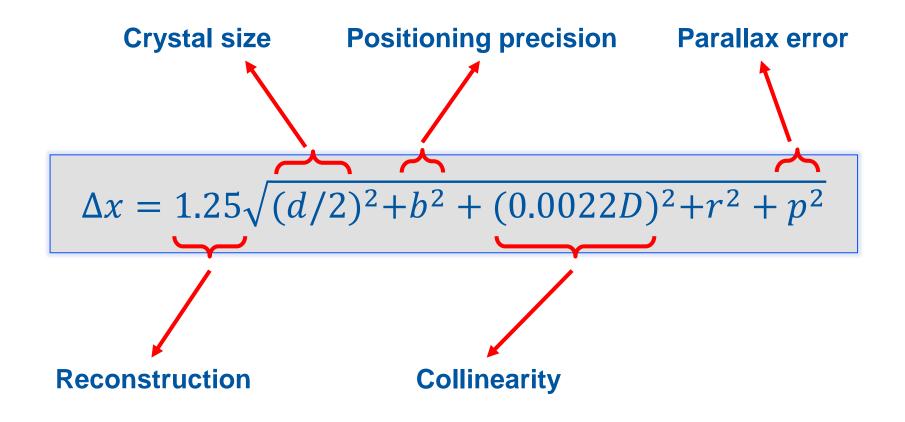
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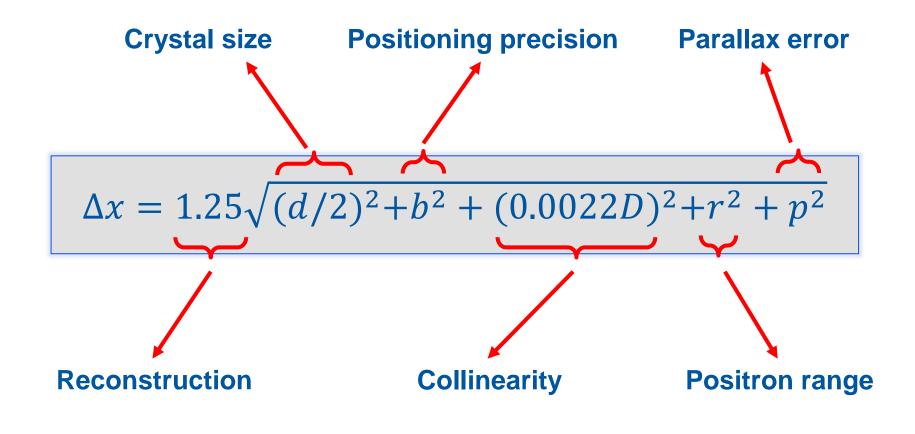
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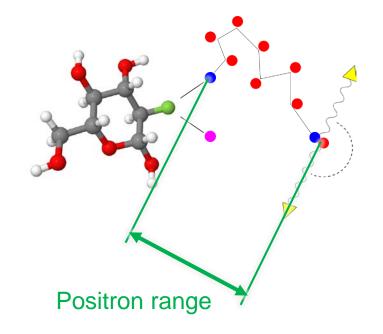
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Positron range

- The two 511 KeV gammas are not emitted at the site of positron emission
- Positron loses energy by scattering in the tissue undergoing a random walk
- The range is determined by the initial energy of the positron



PET signal is blurred "at the source"



Common β⁺ emitters

Radioisotope	Half-life (min)	Positron average kinetic energy (MeV)	Positron kinetic energy endpoint (MeV)	Positron average range in water (mm)
$^{11}\mathrm{C}$	20.4	0.385	0.960	1.2
$^{13}\mathrm{N}$	10.0	0.491	1.198	1.6
$^{15}\mathrm{O}$	2.0	0.735	1.732	2.8
18 F	109.8	0.242	0.633	0.6

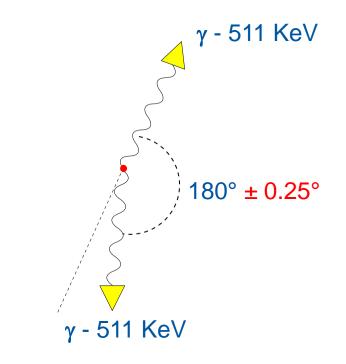
from A. Del Guerra et al., 2016 Positron Emission Tomography: Its 65 years Riv. Nuovo Cimento 39 155

- Several biomolecules can be labeled
 - sugar (e.g. FDG), enzymes, antibodies...
- But keep in mind 2 parameters:
 - Half life (production on site, activity decay during exam)
 - Positron range (signal blurring)



Collinearity

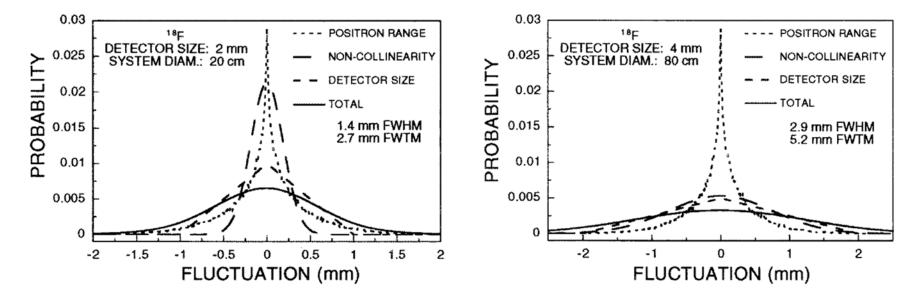
- Bound energy of the electron annihilating with the positron is not negligible
- The annihilation photons are emitted with angle 180° ± 0.25°
- Further blurring on the final image, depending on scanner diameter D (-> 0.0022D)



PET signal is blurred "at the source"



Resolution limit



C.S. Levin and E. J. Hoffman, Phys. Med. Biol. 44 (1999) 781–799



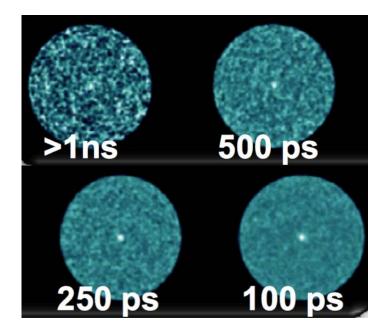
Time of flight: why more?



• @200ps CTR -> Better background rejection for small organs (e.g. EndoTOFPET)



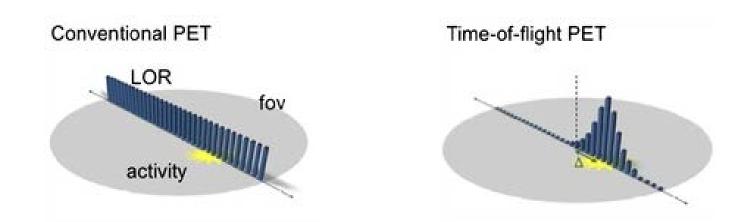
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- @200ps CTR -> Better background rejection for small organs (e.g. EndoTOFPET)
- @100ps CTR -> SNR improved by factor 5 (potential sensitivity gain x25)



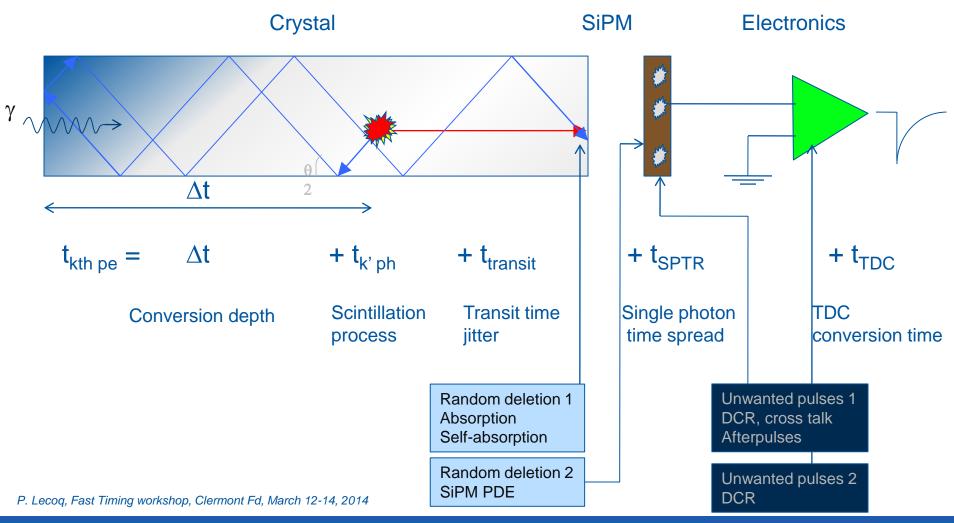
Time of flight: why more?



- @200ps CTR -> Better background rejection for small organs (e.g. EndoTOFPET)
- @100ps CTR -> SNR improved by factor 5 (potential sensitivity gain x25)
- **@ 10ps** CTR -> Direct 3D information, reconstructionless PET and online image



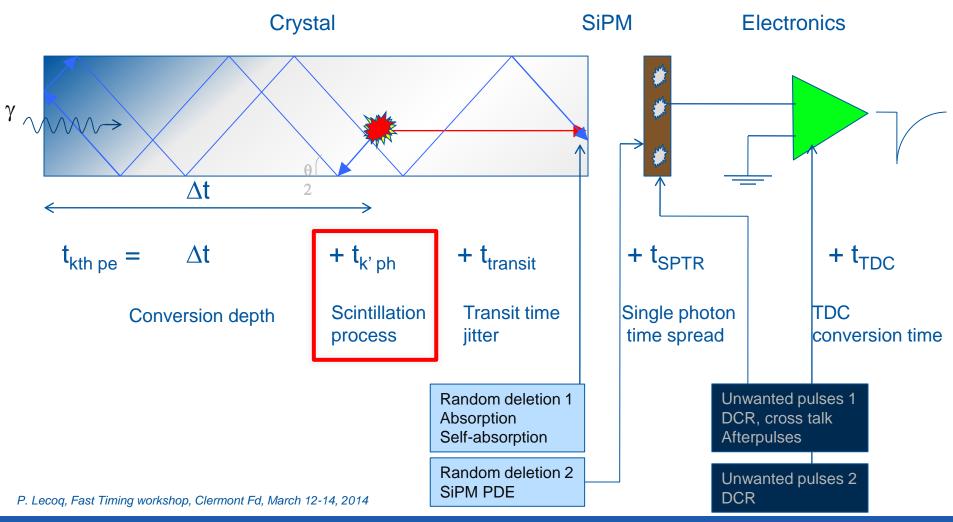
The detection chain





08/09/2019

The detection chain





Scintillators and TOF

Table 2

Scintillators already used or in development for medical imaging. Particularly attractive parameters are marked in bold.

Scintillator	Туре	Density (g/cm ³)	Light yield (Ph/MeV)	Emission wavelength (nm)	Decay time (ns)	Hygroscopic
NaI:Tl	Crystal	3.67	38,000	415	230	Yes
CsI:Tl	Crystal	4.51	54,000	550	1000	Slightly
BGO	Crystal	7.13	9000	480	300	No
GSO:Ce	Crystal	6.7	12,500	440	60	No
LSO:Ce	Crystal	7.4	27,000	420	40	No
LuAP:Ce	Crystal	8.34	10,000	365	17	No
LaBr3:Ce	Crystal	5.29	61,000	358	35	Very

P. Lecoq, NIM A 809 (2016) 130-139

- Scintillation **intrinsically** limits CTR to 100ps (time jitter in relaxation process)
- Research ongoing on **ultrafast emission** mechanisms
 - Cerenkov photons
 - Hot Intra Band Luminescence
 - Nanocrystals



PET detector: summary



• Limiting factors to **spatial resolution**:

- Geometrical (segmentation, size, parallax)
 - Mathematical (no direct info, need for a reconstruction)
- Intrinsic (positron range, collinearity)

• Limiting factors for energy resolution

- Scintillators
- (Photodetectors)

Limiting factors for timing resolution

Main long term limitation: light production mechanism

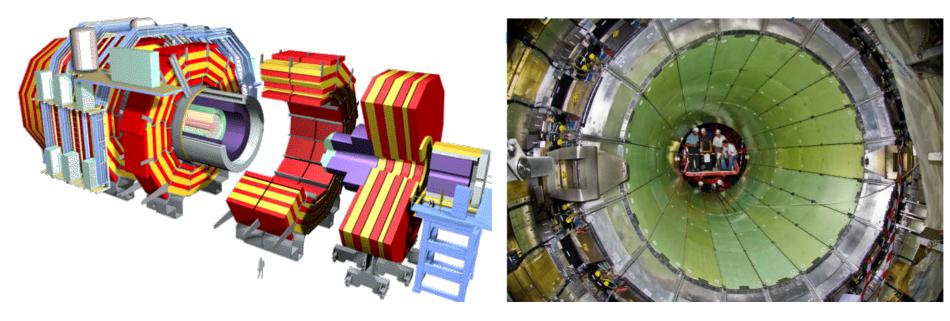




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The Crystal Clear Collaboration



- International collaboration created in 1991 at CERN
- Develop scintillating materials suitable for the LHC collider
- Based on CCC work, CMS in 1994 chose PbWO₄ for its ECAL



The Crystal Clear Collaboration

- Today 29 institutes all over the world
- Main activities:
 - Generic activities on inorganic scintillators and their understanding
 - Scintillation mechanisms, timing properties, radiation hardness
 - Generic activities of photo-detectors
 - > Detector developments, mainly for HEP and medical imaging
- Strong focus on **fast timing** in recent years, through CCC network and European projects initiated by CERN group





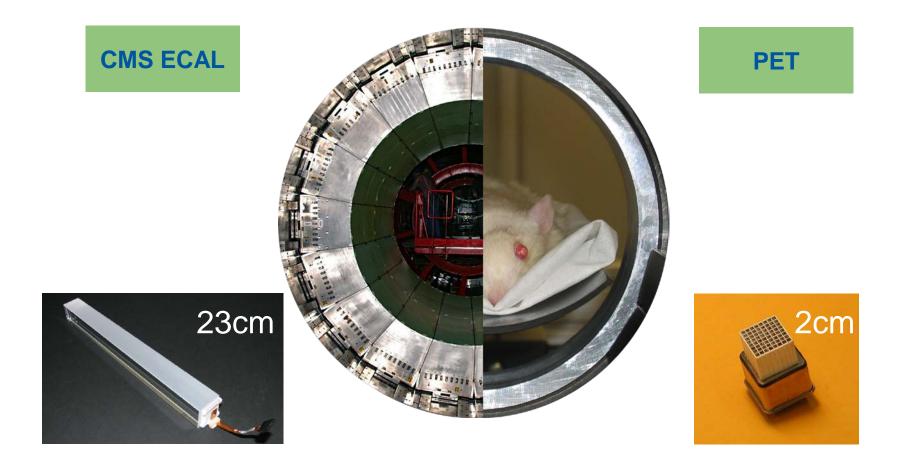








Similar imaging techniques



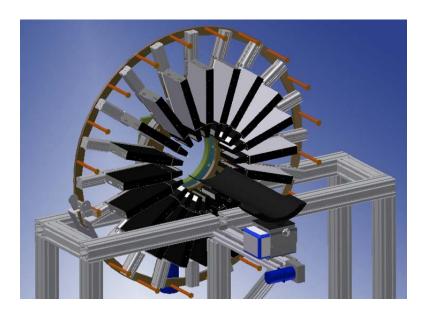




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ClearPET





• Target: pre-clinical PET on small animals

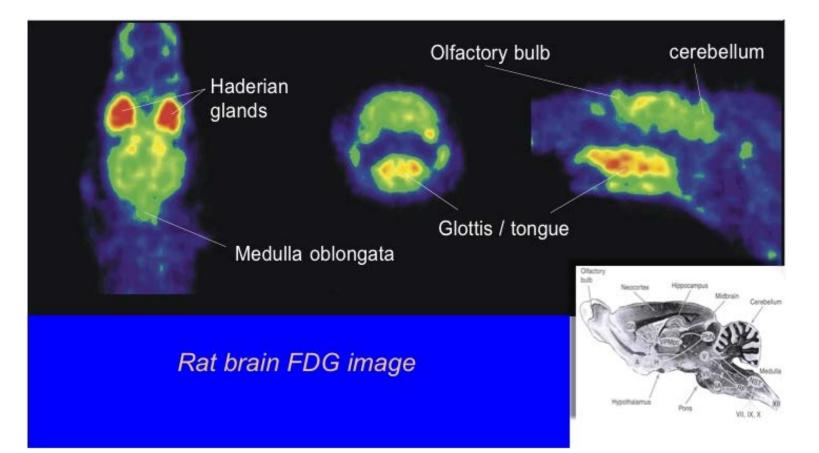
- > Developed in 1995, 4 prototypes built
- > Futher developments ongoing in Marseille an Aachen

• Key features:

- Dual layer LYSO/LuYAP phoswich for DOI (2x2x10mm³ + 2x2x10mm³)
- > 80 multi-channel PMTs
- Spatial resolution 1.5 mm in center of FOV



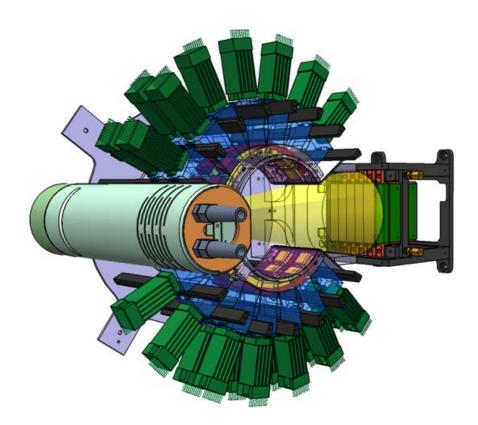
ClearPET

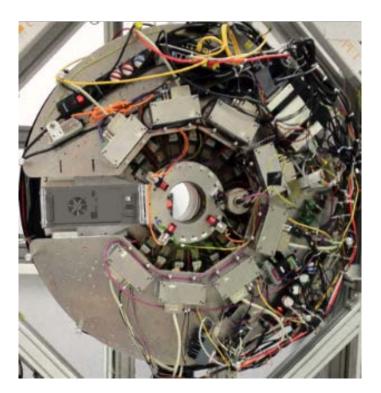


Images acquired with ClearPET in Julich, Germany



ClearPET/Xpad @ CCPM



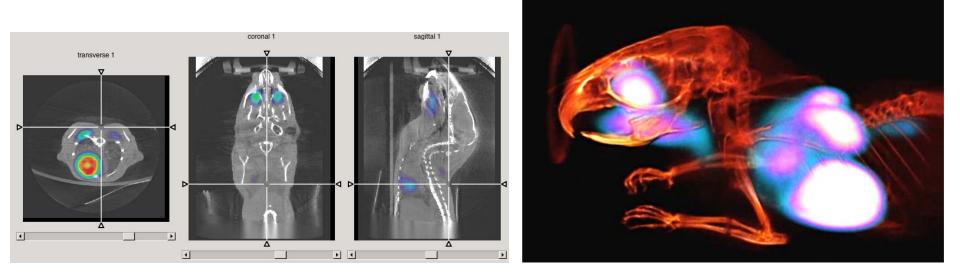


Simultaneous PET/CT



08/09/2019

ClearPET/Xpad @ CCPM



Simultaneous PET/CT



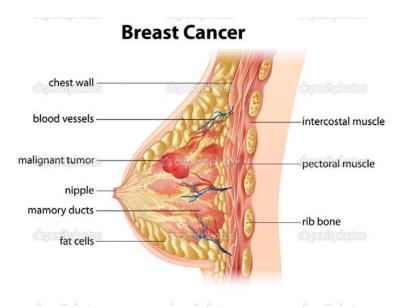
08/09/2019



- Introduction
- The PET system and its challenges
- PET in the Crystal Clear Collaboration
 - ClearPET
 - ClearPEM-Sonic
 - EndoTOFPET-US



ClearPEM: motivation





X-Ray



Target: breast cancer

- > 1 over 8 women affected during lifetime, 2nd cancer-related cause of death in women
- Survival rate dramatically improves if diagnosed in early stage

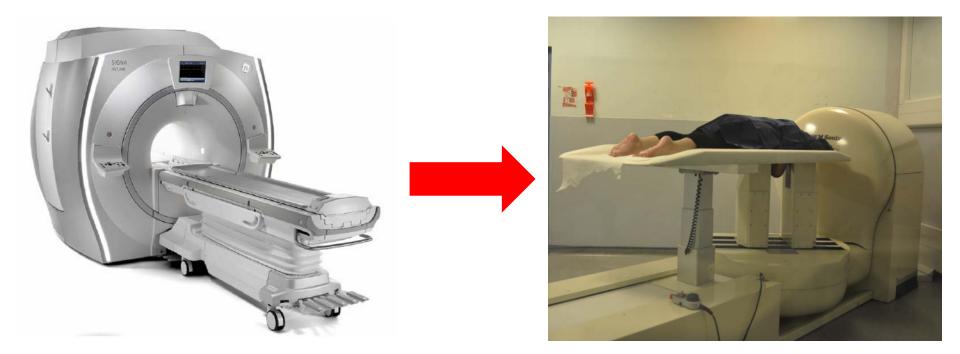
• Issues: standard detection techniques (X-rays) suffer from low specificity

• **Goal**: improve sensitivity and spatial resolution (for breast)

- Better specific sensitivity for breast
- > Very high **spatial resolution**



ClearPEM: sensitivity

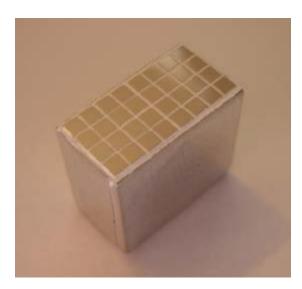


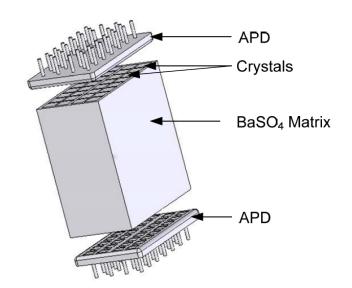
From whole body to organ dedicated scanner



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ClearPEM: spatial resolution





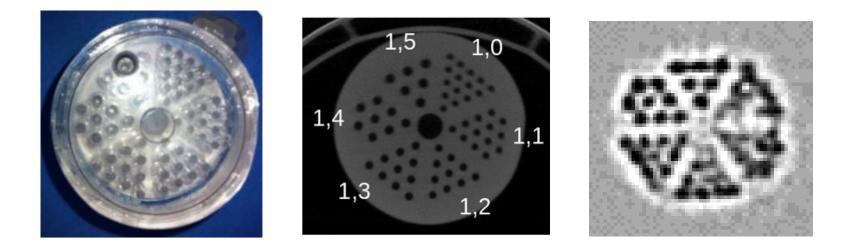
- Small section of individual scintillators (2x2x20mm³)
 - Spatial resolution < 2 mm</p>

Measurement of DOI

- Implemented with double side readout of each scintillator
- Correction of parallax errors
- Improved spatial resolution and homogeneity



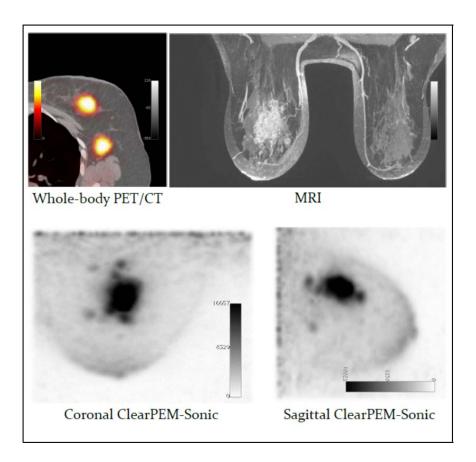
ClearPEM: performance



Parameter	Value
Spatial resolution FWHM	~1.4 mm
Energy Resolution FWHM	15.5%
CTR res. FWHM	2.8 ns
DOI res. FWHM	3 mm



Patient sample image - 1

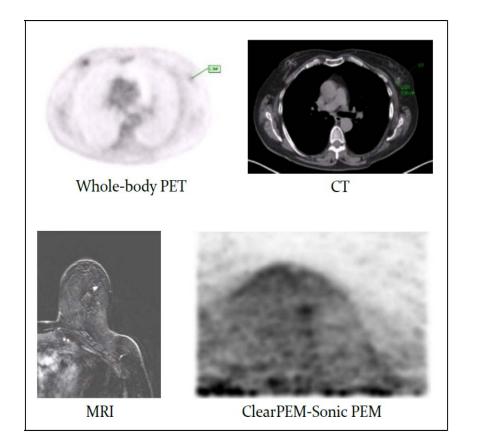


Ability to resolve multifocal lesions



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Patient sample image - 2



Detection of lesions invisible to WB-PET and CT



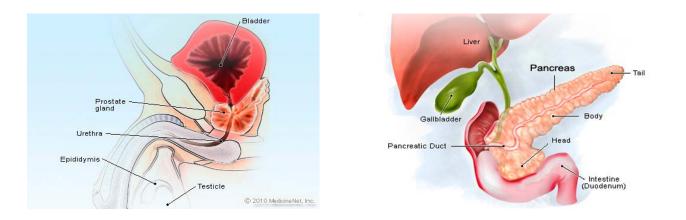


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EndoTOFPET-US



• **Target**: prostate and pancreas cancer

- > Prostate cancer: very **common** in men
- > <u>Pancreatic cancer</u>: very **aggressive**, difficult diagnosis

• **Issues**: currently PET/CT do not provide early diagnosis

- Small lesions, below detectability until advanced stage
- Strong background from neighbouring organs (heart, liver, bladder)

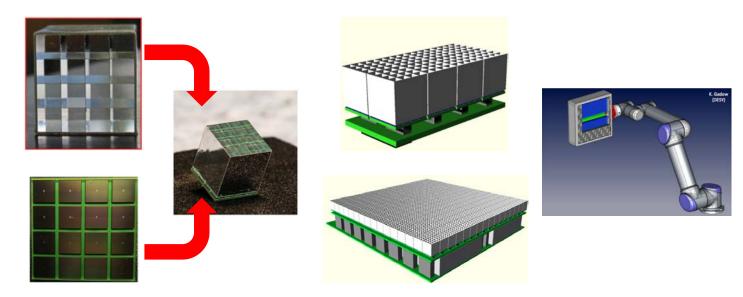
• Goal: achieve high spatial resolution and reject background

- > Endoscopic approach
- Time of flight (TOF) around 200 ps -> 3cm





EndoTOFPET-US: external plate

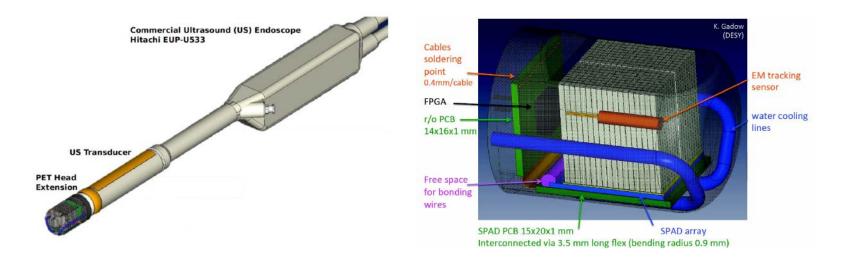


- **Two plates** produced (one for prostate detector, one for pancreas detector)
- 256 arrays of 4x4 LYSO:Ce scintillators for each plate
 - Individual crystal size: 3.5x3.5x15 mm² for prostate, 3.1x3.1x15 mm² for pancreas
 - Crystal pitch: **3.6 mm** for prostate, **3.2 mm** for pancreas
- Discrete Silicon-through-via (TSV) MPPCs by Hamamatsu, RTV 3145 glue
- FEB/A with 8 modules and 2x64ch readout ASICs, 4 FEB/D with 8 FEB/A each
- Cooling system, mechanical arm





EndoTOFPET-US: probe



• Two different versions under development:

- Pancreas probe, diameter 15 mm
- > Prostate probe, diameter **23 mm**

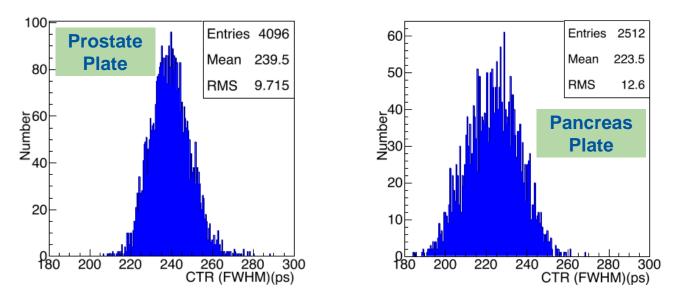
• Scintillators: 1 (pancreas) or 2 (prostate) arrays of 9x18 LYSO:Ce

- Individual crystal size 0.71x0.71x15 (or 10) mm³
- Photo-detector: custom MD-SiPM developed within the collaboration
- EM, and optical tracking, water cooling





Performance: modules



• Light Output of all modules determined as number of pixels fired

- Module excited with ²²Na source
- Current output integrated by QDC over 100 ns gate
- Mean Light Output = 1876 +/- 100 pixels fired
- Mean Energy Resolution FWHM = 12.8%

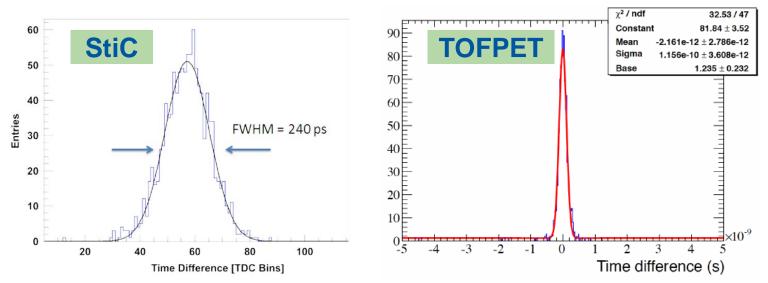
Coincidence Time Resolution (CTR)

- Measured with NINO and HPTDC for each module against a reference module
- > Average prostate plate CTR_{FWHM} = 239.5 ps
- Average pancreas plate CTR_{FWHM} = 223.5 ps





Performance: ASICs



• Two dedicated fast 64 channel ASICs developed: StiC and TOFPET

- Leading edge technique to get timing information
- Linearized Time-Over-Threshold method to provide energy information
- Low noise, low timing-jitter, low power consumption

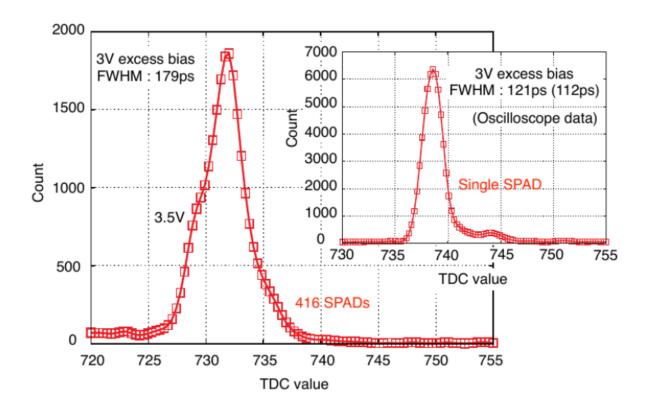
• CTR measured for both ASICs

- Single 3.1x3.1x15 mm³ crystals coupled to 2 Hamamatsu MPPCs
- ²²Na source
- \triangleright StiC average CTR
FWHM=240 ps \triangleright TOFPET average CTR
FWHM=270 ps





Performance: MD-SiPM



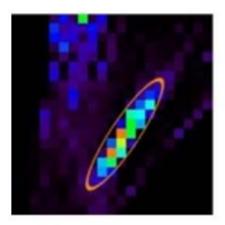
- Single Photon Timing Resolution (SPTR) evaluated
- SPTR_{FWHM} evaluated in 121 ps for single SPADs and 179 ps for entire detector

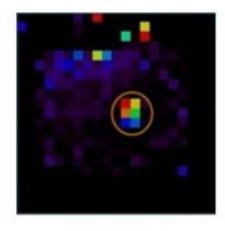


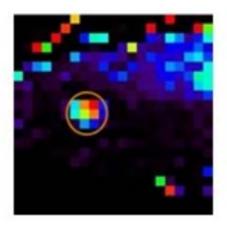


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Reconstruction algorithm







Transverse

Coronal

Sagittal

- Dedicated reconstruction algorithm developed within the collaboration
 - Iterative histogram based ML-EM reconstruction
 - Incorporates TOF information
 - Copes with detector asymmetry
 - Takes into account the limited rotation capabilities

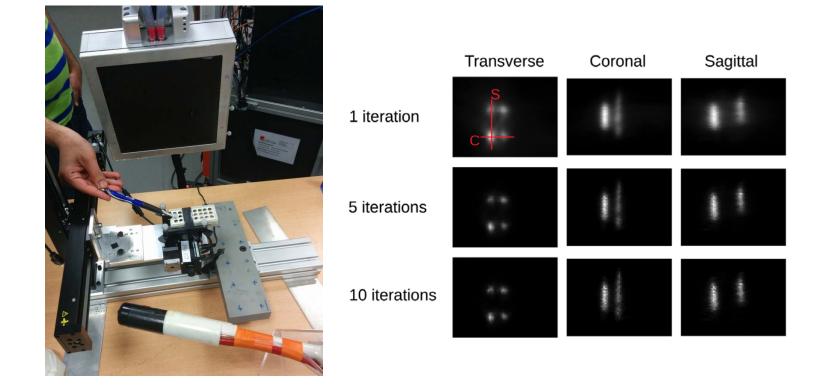
• Expected performance tested on simulated datasets

- Based on GAMOS Monte Carlo toolkit
- 1 mm resolution within reach with 10 minutes scan time





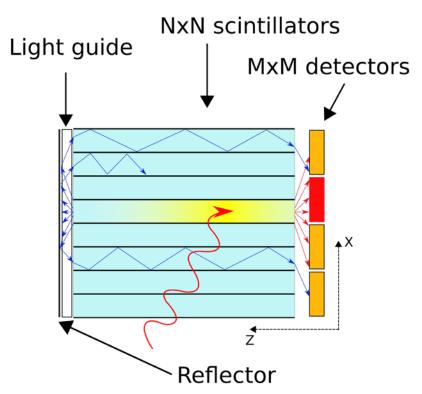
Testing of first prototype



- **Provisional probe** with 2 MPPCs and 2 4x4 LYSO:Ce arrays (3.1x3.1x15 mm³)
- Clamping on prostate US endoscope
- Preliminary images obtained at CERIMED-Marseille on cylinders filled with FDG



Example of current research: DOI and TOF



- DOI information and multiple timestamps to correct transit time jitter
- See presentation **O15-Tue** from A. Polesel on Sept. 11th



Conclusions

- PET is a fundamental molecular imaging technique
- Detectors resolution limits
 - Spatial resolution -> geometrical, mathematical, intrinsic
 - Energy resolution -> scintillators
 - Timing resolution -> scintillators, detectors, electronics

• Various PET developed within Crystal Clear Collaboration

- ClearPET: pre-clinical scanner for animals
- ClearPEM-Sonic: clinical mammography PET
- EndoTOFPET-US: endoscopic PET for prostate and pancreas



Acknowledgements





Radiotracer

• Principle of radiotracer (1943):

"the changing of an atom in a molecule with its radioisotope will not change its chemical and biological behavior"



Radiotracer

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"the changing of an atom in a molecule with its radioisotope will not change its chemical and biological behavior"

- <u>An example</u>: **cancer** and the **Warburg effect (1924)**
 - While healthy cells produce energy by moderate glycolysis followed by oxidation of pyruvate mitochondria...
 - ... in cancer cells the glycolysis rate is much higher, followed by lactic acid fermentation
 - > As a result, the **uptake of glucose by cancer cells** is much higher
- With the proper radiotracer, it is possible to gain information on specific **metabolic processes**



Common radiotracers

Oncology

- ¹⁸F-FDG (glucose metabolism)
- ¹¹C-Thymidine (DNA synthesis)
- ¹⁸F-FLT (DNA synthesis)

Neurology

- ¹⁸F-FDG (glucose metabolism)
- ¹⁸F-DOPA (dopamine)

Cardiology

- Rubidium-82 (potassium analog)
- ¹³N-Ammonia (myocardial perfusion)
- 15-O₂ (oxygen cycle)

