

# MATCHDAY

EDITION 05 SAT 25TH AUG VS ALLOA ATHLETIC



## AMONGST OLD FRIENDS

JAMIE McCART DISCUSSES FACING ALLOA.

PLUS DUNFERMLINE REPORT, HOTSHOTS,  
NoS CUP & CONTINUED YOUTH SUCCESS

# CONTENTS

**3. MANAGER PREVIEW**

**7. FROM THE CHAIRMAN**

**8. CAPTAIN CARL**

**9. COMMUNITY NEWS**

**12. MATCH REPORT**

**13. JAMIE MCCART**

**16. ALLOA PREVIEW**

**18. OTHER RESULTS**

**19. MATCH SQUADS**

**20. CODE OF CONDUCT**



# MANAGER PREVIEW

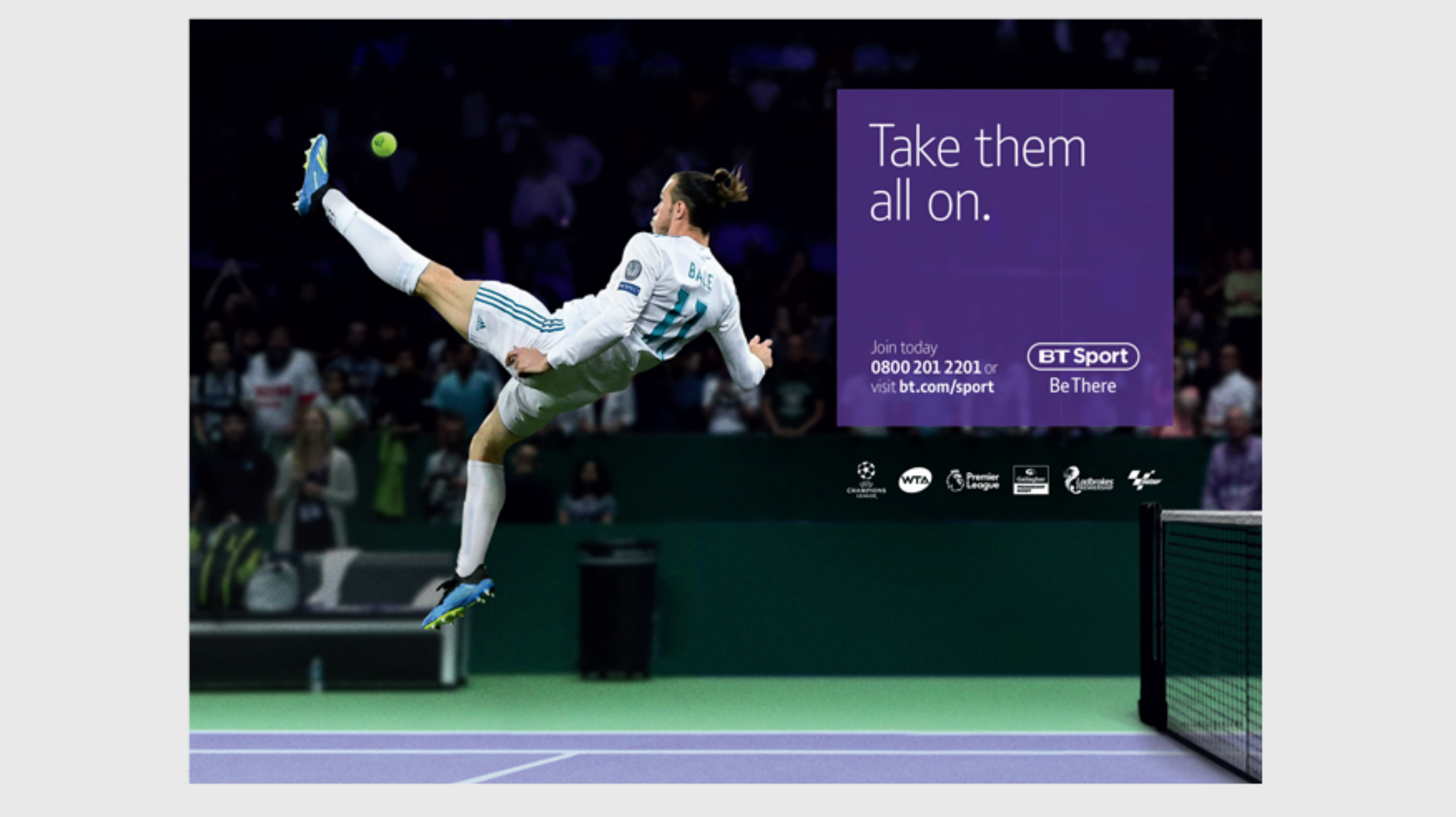
WITH JOHN ROBERTSON

Good afternoon and welcome to this afternoon's Ladbrokes Championship match against Alloa Athletic. I warmly welcome Jim Goodwin, his players and their fans to the Tulloch Caledonian Stadium.

Alloa have been very unlucky in both of their matches so far and will be dangerous and well organised opponents for us this afternoon. They showed their quality by coming up through the play offs, by knocking out Raith Rovers and then Dumbarton, to rightfully earn their place in the Championship this season. We should be well warned of the quality that they possess.

They crafted the best chance in the entire game when they travelled up to Dingwall for their opening fixture against Ross County, with Greg Spence spurning a very well worked move. Only a late scrambled goal gave County all 3 points. Despite falling behind against Morton, they had the better of the second half and had chances to draw level before Millar's wonder strike sealed the points for the Ton, so they have every right to feel confident that they can pick up points in this league. We must be alert and clinical to make sure that those points are not picked up today.

It's sad that today I have to appeal to the small minority of the fan base who subjected Liam Polworth to abuse when singing about his partner Katie and sister Ellie last week - to please stop this. Indeed, if that is their attitude to him or any staff member at the



Take them  
all on.

Join today  
0800 201 2201 or  
visit [bt.com/sport](http://bt.com/sport)

**BT Sport**

Be There







club, they must simply stay away from the stadium, as this is something we cannot condone nor accept. No player or staff coaching member is immune from criticism over a bad pass, shot or decision and we all fully accept that there will be times when fans frustration will boil over and you will show your annoyance, but when they revert to this sort of behaviour, then they have crossed a line that cannot be allowed to continue. Liam is a very highly valued member of our team and hugely popular in the dressing room. The fact that he has started every game bar one of my tenure since I came back, shows you how highly I rate him. I will never stop him trying to find that killer pass and whilst it may not always come off, he will not be discouraged from trying to do the right things for the team. I urge the huge majority of our support to get behind Liam, show how much they appreciate his efforts and stop this kind of thing happening again. I am sure that this will be the case going forward.

We had a small setback when our Challenge Cup defence was taken from us, after losing to a late goal against Dunfermline. We really should have had the game won in the second half, when we missed numerous chances to win comfortably and then got caught on the break. We said to the players that to be successful, you must be clinical at both ends of the pitch. Whilst the defeat was not what I wanted, I was more frustrated with the way we started the game - our play was slow and pedestrian-like. Maybe a few of the players thought it was going to be a straightforward evening against a young Dunfermline side. They soon found out that was not going to be the case and it shows once more the importance of having the correct attitude at all times. That will be the case today as we attempt to keep our very solid start of the season going.

The cup game was the opportunity for several players who have not had the opportunity they felt they should have, to show you and myself that they were worthy of a place in today's starting line up. Some of them did not grasp that opportunity and will therefore have to remain patient to get

their chance in the side. We continually reiterate to all of the players that every opportunity in training for the Challenge cup and North of Scotland cup matches should be taken as a chance to show they are ready to play in the team, as we have a stronger squad available this season and that every opportunity should be taken to force themselves into my selection plans.

We have been working hard on our play in the final third this week, because in every match this season, we have created more than enough opportunities to score more goals than we have so far - if we get this part of the game right, we will be more than a match for everyone in this hugely competitive league. Once more, I ask you to continue to give us your continued loyal support and roar the lads on for today's game.

All the best,

***Robbo***



# FROM THE CHAIRMAN

I would like to welcome the Directors, Management, Players and Supporters of Alloa Athletic Football Club to Inverness. Here's to a competitive game of football and no injuries. We ask that all of our supporters in Inverness and across the Highlands get behind ICTFC and cheer on our team.

This year's Championship is very competitive and there is much to play for. Everyone at the Club is committed to do their very best. By standing together and being in full voice, we can collectively reinforce our PRIDE and demonstrate our encouragement for our footballers and the management team.

Please note that the ICTFC values across our Club are based on being:

**P Pro-family**

**R Respectful**

**I Interactive**

**D Determined**

**E Excellent**

Please join me in wishing our team the very best for today's match.

***Graham Rae***

**Chairman**

# CAPTAIN CARL

## TREMARCO'S MATCH PREVIEW

Welcome to this afternoon's match against Alloa, I hope you're all well.

Our last game in the IRN-BRU Cup against Dunfermline was a bit disappointing, we were the holders of the trophy and we would have liked to have done as well as we could to defend it. However, it has been put to bed now and we've had a little resting period. We're very eager to get back and we know today's game will be tough.

Having spoke to a couple of the lads from Ross County, I've been told how Alloa did themselves credit in Dingwall on the opening day of the season. We need to be patient today. Hopefully we can get an early goal to force them to take the game to us, which suits us. I wouldn't be surprised if the game is similar to the game against Ayr Utd, if we had taken an early lead in that match, then they would have had to come out and play, as we aim to take seven points from the first nine available.

We have got tough matches coming up too, so it would be nice to get the points on the board to gain a bit of confidence.

Thanks again for your support, enjoy the game!

***Carl Tremarco***





# COMMUNITY NEWS

## Hotshots

This summer was a successful one in the community department where we delivered our fun hotshots program to 333 kids. Our coaches have travelled over 1,400 miles, which was spread over the holidays in Inverness, Nairn, Forres, Aviemore and also Fort William. In these weeks, the kids were able to learn all different aspects of football in fun and competitive sessions. Luckily the weather stayed nice for most of it! Thank you to all of the kids who attended and worked hard in the drills, it's great to see so many familiar and new faces and hopefully we will see you all again very soon.

## Weekly Courses

We now have a small break until next week where our weekly courses start up again at Hilton, Milton of Leys and Smithton. Our Weekly Courses are designed for





young footballers of all abilities between the ages of 3 and 14. We aim to provide quality football coaching with an emphasis on safety and fun. In this time we will also have our September in service days at Milton of Leys for the kids. This will take place on the 17th and 18th of September. There is still time to sign up to our classes and our timetable can be found in the community section of the club's website under weekly courses.

### **Walking Football**

Over the holidays we have also been able to take our walking football sessions outdoors at Millburn Academy and Milton of Leys Primary School whilst we have had our hotshots programs there. The boys have been able to try walking football on a different surface and also in different conditions. Just lucky the rain stayed off on those Thursdays! Walking football returns this Thursday, back to our normal location of the Hilton Community Centre from 1pm-2.30pm and will now cost £4.







TAKE YOUR SEAT

sky sports

feel it all

# MATCH REPORT

14.08.18, TULLOCH CALEDONIAN STADIUM  
INVERNESS, IRN-BRU CUP

**INVERNESS CT 1**  
**DUNFERMLINE ATH 2**



RICCARDO CALDER AND PARS' CALLUM SMITH CHASE

It was a disappointing early exit in this season's Irn-Bru Cup for ICTFC, as Dunfermline won 2-1 to advance to the next round. The Pars now go on to face English club, Boreham Wood in the next round.

Caley Thistle started well early on and Daniel Mackay went close with a couple of efforts.

Dan Hoban was forced into a good save, on his debut, as he did well to keep out Andy Ryan's shot from 20 yards.

The Pars had the lead after 23 minutes as Brad McKay was judged to have taken Ryan down in the box, despite the foul looking to have taken place outside the box. Higginbotham stepped up and slotted the ball past Hoban.

Caley Thistle dominated the second half and were rewarded with the equaliser on the 62nd minute, as Jordan White finished a great ball by Ricky Calder.

Despite ICTFC dominating and having big chances, Dunfermline nicked it at the end with a counter attack, as Callum Smith finished from close range after meeting Andy Ryan's cross.



# JAMIE MCCART

## OPENS UP ABOUT FACING HIS FORMER SIDE

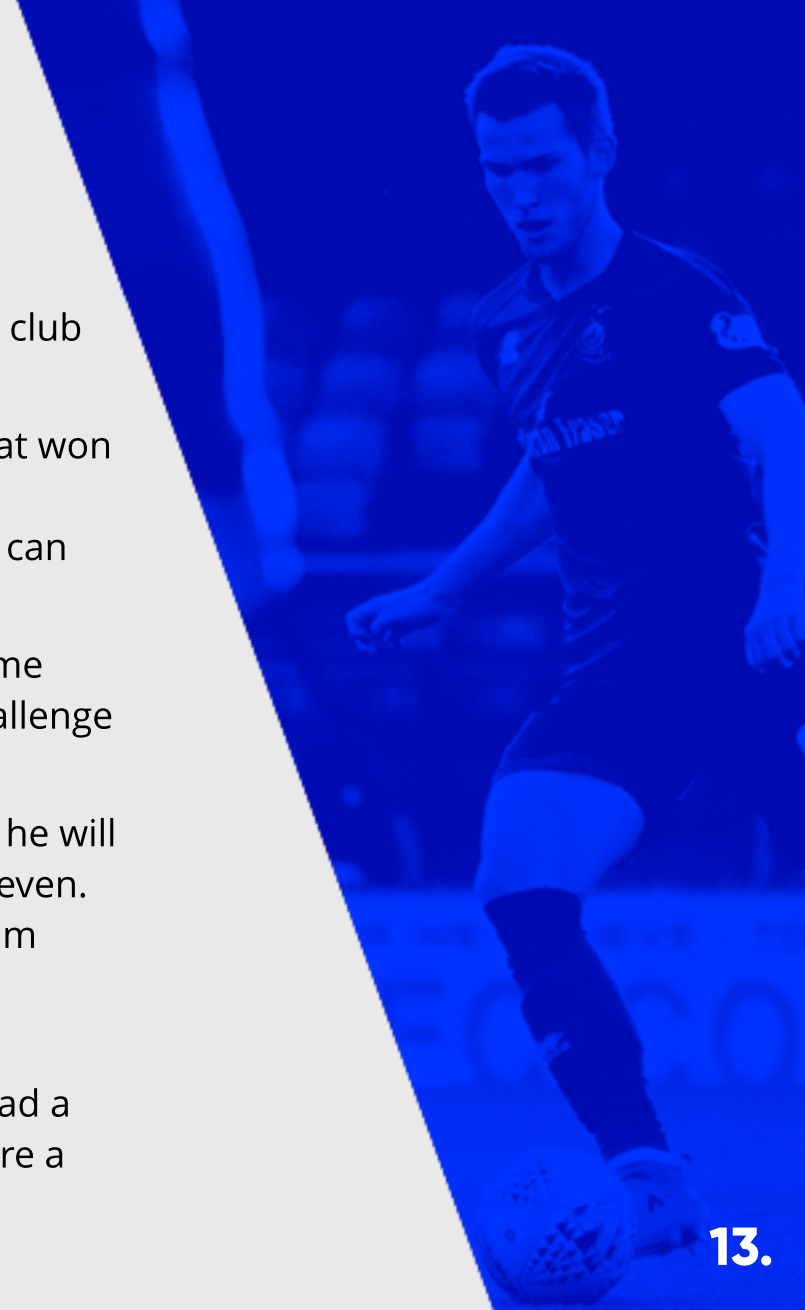
Jamie McCart will see a few familiar faces this weekend as he prepares to take on the club he was on loan for during the second-half of last season, Alloa Athletic.

McCart left Alloa with some pretty special memories, as he was a part of the team that won promotion to the Championship. McCart returned to his parent club Celtic and then eventually made the move back to the Caley Jags - he's now hoping that Caley Thistle can continue their unbeaten start to the league campaign.

McCart has played in the North of Scotland Cup matches and featured for the first time competitively - in his second Caley Jags stint - against Dunfermline in the Scottish Challenge Cup.

Unfortunately he has had to watch much of the season so far from the sidelines, but he will wait for his opportunity to change that, and to break into the Caley Thistle starting eleven. In his few appearances so far, he has been impressive. While the results from the team have been good this season, McCart acknowledges that there is some room for improvement to be made.

The Caley Jags defender said: "We're unbeaten in the league so far, so it's good. We had a good result away to Falkirk in our first game of the season, but then obviously we were a





wee bit disappointed with the draw with Ayr, especially with them going a man down. It's only the early stages of the season, so you can always build on it."

"People say we should be winning these types of games, but you go into every game thinking that you should win it. The Championship is a very tough league, especially with the sides that were relegated last year. We look at every game on we should be winning, but especially at home we're aiming for the three points."

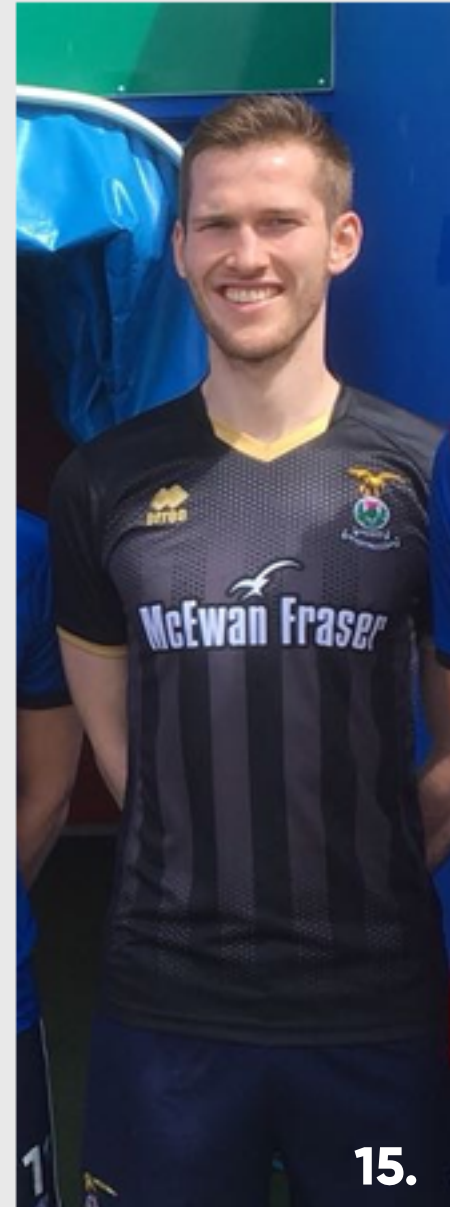
McCart knows more than anyone the threat that the Wasps pose, as he said: "Alloa are getting used to life in the Championship. It's tough, I was there last season and they've lost quite a lot of guys they had last season. It's going to be a transition for them, but they had a tough first match of the season, losing 1-0 to County in the last minute. Hopefully they do well, kick on and get a few results but after this weekend, I wish them all of the best." He added, "I'm not surprised that teams are finding it difficult to break them down, they have a lot of good players there. The Manager, Jim Goodwin, is brilliant. It's quite a close knit group, so they will be keen to take spirit from their first couple of games regardless of the results."

Despite today's match being a tough test for the Caley Jags, McCart knows that winning your home matches is key for a successful season in the Championship. The 21-year-old said: "It's a home fixture and we're aiming for a home win. It's one we'll be aiming for three points from. After a good weekend off, where we got a break and it was good to refresh our minds. I think everyone is positive and looking forward to it. Hopefully we will win."

McCart is back in Inverness and had impressed in his first stint at the club, despite the club being relegated to the Championship during his time there. Since leaving the Caley Jags, he has spent time at St Mirren and then he signed on loan for the Wasps.

McCart's sole focus now is to try to break into the Caley Jags first team after limited minutes so far this season. One of his biggest challenges this term will be to break the centre-back pairing of Coll Donaldson and Brad McKay. McCart said: "I've obviously not played in the league yet, so I've not played very many minutes, but sometimes that happens in football and you have to be patient; wait for different scenarios to come up. It's really frustrating right now but you just have to deal with it."

## THANK YOU TO OUR KIT SPONSORS



MANAGER  
**JIM  
GOODWIN**

## **PAST RESULTS**

**L 1-0**

AWAY, 09.04.16  
LEAGUE CUP

**W 6-1**

AWAY, 24.08.05  
LEAGUE CUP

**W 5-1**

AWAY, 26.04.03  
LEAGUE

# **ALLOA ATHLETIC**

THE OPPONENT



Alloa Athletic are back in the Championship after winning promotion through the play-offs, as they beat Raith Rovers and Dumbarton to ensure promotion.

Player-Manager Jim Goodwin was linked with a move to St Mirren in the summer, as Jack Ross left the Buddies to join Sunderland, however Goodwin stayed put with the Wasps despite getting permission to speak to the Saints.

Alloa have started their league campaign with narrow defeats against Ross County and Morton. The Wasps have done well in the cup competitions so far this season, beating Dundee Utd on penalties in the Betfred Cup and also getting wins over Arbroath and Elgin City. They are also through to the next round of the challenge cup, after beating Stirling 3-1, and will face Dundee Utd in the next round.

The Wasps were busy in the summer window as they brought in Ahmed Aloulou (University of Dundee), Adam Brown (Airdrieonians), Liam Dick (Dumbarton), David Galt (Queen's Park), Chris Henry (St. Mirren), Zdravko Karadachki (Edinburgh City), Reis Peggie (Falkirk), Greig Spence (Raith Rovers), Alan Trouten (Albion Rovers), Jake Hastie (Motherwell, loan), Dario Zanatta (Hearts, loan).





NEW CUSTOMER OFFER

# BET £5 GET £20 IN FREE BETS

Available to new online & mobile customers  
using promo code: 20FREE

DOWNLOAD  
THE APP



WHEN THE **FUN** STOPS **STOP**

BeGambleAware.org

18+

£20 IN FREE BETS: Available to new online & mobile customers only. Applies to the first real money bet of £5+ on any sports market at odds of 1/2 or greater placed within 14 days of registration. Tote & Pools excluded. 4 x £5 free bets issued on qualifying bet placement. Free bets valid for 4 days. Free bet stake not returned. Offer not valid with Cashout. Paypal & other deposit types excluded. Full terms at ladbrokes.com. 18+ PLEASE BET RESPONSIBLY begambleaware.org - Need Help? Call the National Gambling Helpline on 0808 802 0133

# OTHER RESULTS



## **Under 18s**

### ***ICTFC U18 5-1 Dundee Utd U18***

ICTFC U18s made it four wins on the bounce to start the season as they beat Dundee Utd 5-1 at the Highland Football Academy.

ICTFC took an early lead through Roddy MacGregor, as he finished from the edge of the box. Ross Gunn scored twice before half-time to make it 3-0 at the break. United pulled one back in the second half, via goals off the bench from Shane Harkness and Fraser Russell. The result finished 5-1 to ICTFC.

## **North of Scotland Cup**

### ***Lossiemouth 0-6 ICTFC***

ICTFC are through to the semi-finals of the North of Scotland Cup, after beating Lossiemouth 6-0 on Wednesday.

Jordan White had the Caley Jags ahead early on and goals from Aaron Doran, Sean Welsh from the spot and Logan Johnstone, had the Caley Jags 4-0 up after just 20 minutes.

Daniel Mackay scored just before the break to make it 5, while Welsh rounded off the scoring in the second half with his second of the game.

ICTFC now have a home draw against Forres in the semi-finals, with the game to take place on September 12th. **18.**

# SQUADS

## MATCH OFFICIALS

BARRY COOK, ALASTAIR MATHER, CHRIS PHILLIPS

## ICTFC

### JOHN ROBERTSON & SCOTT KELLACHER

- |                         |                              |
|-------------------------|------------------------------|
| <b>1</b> MARK RIDGERS   | <b>15</b> SEAN WELSH         |
| <b>2</b> SHAUN ROONEY   | <b>16</b> RICCARDO CALDER    |
| <b>3</b> CARL TREMARCO  | <b>18</b> ZAK ELBOUZEDI      |
| <b>4</b> JOE CHALMERS   | <b>19</b> JORDAN WHITE       |
| <b>5</b> COLL DONALDSON | <b>22</b> BRAD MCKAY         |
| <b>6</b> JAMIE MCCART   | <b>24</b> CHARLIE TRAFFORD   |
| <b>7</b> LIAM POLWORTH  | <b>25</b> OWAIN FON WILLIAMS |
| <b>8</b> ANGUS BEITH    | <b>27</b> DANIEL MACKAY      |
| <b>9</b> NATHAN AUSTIN  | <b>31</b> CAMERON MACKAY     |
| <b>10</b> AARON DORAN   | <b>33</b> CAMERON HARPER     |
| <b>11</b> TOM WALSH     | <b>37</b> JACK BROWN         |
| <b>14</b> GEORGE OAKLEY | <b>42</b> DANIEL HOBAN       |

## ALLOA ATHLETIC

### JIM GOODWIN & PADDY CONNOLLY

- |                             |                              |
|-----------------------------|------------------------------|
| <b>G</b> NEIL PARRY         | <b>M</b> STEVEN HETHERINGTON |
| <b>G</b> ANDREW WILSON      | <b>M</b> ADAM BROWN          |
| <b>G</b> CHRIS HENRY        | <b>M</b> LIAM BURT           |
| <b>D</b> SCOTT TAGGART      | <b>F</b> KEVIN CAWLEY        |
| <b>D</b> ANDY GRAHAM        | <b>F</b> GREIG SPENCE        |
| <b>D</b> LIAM DICK          | <b>F</b> ALAN TROUTEN        |
| <b>D</b> ZDRAVKO KARADACHKI | <b>F</b> DARIO ZANATTA       |
| <b>D</b> REIS PEGGIE        | <b>F</b> JAKE HASTIE         |
| <b>M</b> JOHN ROBERTSON     | <b>F</b> AHMED ALOUOU        |
| <b>M</b> JIM GOODWIN        | <b>F</b> DECLAN MCDONALD     |
| <b>M</b> IAIN FLANNIGAN     | <b>F</b> MARK GREENE         |

# ICTFC CODE OF CONDUCT

**Inverness Caledonian Thistle FC will not tolerate unacceptable conduct at the Tulloch Caledonian Stadium or any away football stadia.**

**Unacceptable conduct is conduct which is deemed violent or disorderly.**

**Violent conduct is any actual, attempted or threatened physical violence against any person, or intentional damage to property.**

**Disorderly conduct includes:**

**Conduct which stirs up or sustains or is likely to or is designed to stir up or sustain hatred or ill will towards people or groups of people based on their membership of the following categories:**

- **Gender, Race, Nationality (including citizenship) or ethnic or national origin.**
- **Membership or presumed membership of a religious group or a social or cultural group with perceived religious affiliation.**
- **Sexual orientation**
- **Transgender Identity**
- **Disability**
- **Or against an individual who is perceived to be a part of such group**
- **Using threatening, abusive or insulting words or conduct**
- **Displaying or writing anything which is abusive or insulting**
- **Using words or conduct or displaying any writing or other thing which indicated the support or affiliation to, or the celebrating of, or opposition to an organisation or group proscribed in the terms of the terrorism act of 2000**

**All persons entering the Tulloch Caledonian Stadium on a matchday are subject to these rules, including employees and volunteers of ICTFC whilst discharging their duties.**

**Any person who engages in unacceptable conduct will be liable for sanctions imposed by the club, which may involve possible criminal proceedings, ejection from the stadium, withdrawal of a season ticket and/or exclusion from future matches at the club.**