

# "The God Who Hears 听到的上帝"

## Psalm 诗篇 4

2016 年5 月15 日

Theme 主题: Seeking help from God in times of Distress 在烦恼的时候寻求上帝的帮助

Problem 问题: We think asking for help diminishes us 我们认为, 寻求其他人的帮助让我们减小自己

Key Question 关键问题: How do we seek God's help in Distress?

在烦恼的时候, 我们这么可以寻求上帝的帮助?

1. Desire God in Distress 在烦恼的时候, 欲望上帝
  - a. Desiring God to Hear 欲望上帝听到我们 (1 节)  
Because of 因为 ...
    - i. God's righteousness 上帝的正义 (1a 节)
    - ii. God's record 上帝的记录 (1b 节)
  - b. Desiring Shame to End 渴望耻辱快快结束 (2 节)
  
2. Claim God in Distress 在烦恼的时候, 要求上帝  
How 这么做呢?
  - a. Trust his hedge 信靠祂的树篱 (3a 节)
  - b. Trust his hearing 信靠祂听到我们 (3b-4 节)
  - c. Trust His hands 信靠祂的手 (5 节)
  
3. Look to God in Distress 在烦恼的时候, 仰望上帝
  - a. Look for His light outside 仰望上帝的光 (6 节)
  - b. Look for His joy Inside 仰望上帝的喜乐 (7 节)
  - c. Turn out the other lights 关其他的“光” ... and go to sleep 和睡觉了 (8 节)

Conclusion 结论: How babies sleep 宝贝这么可以睡觉