

# Love Your Local

How much do you love your local café, restaurant, pub, gym, retailer, hairdresser, beautician, market or florist?

Our local economy needs your help to bounce back after COVID-19 and the best way to do this is to support local small businesses.

So here's a little challenge, how many of these items can you tick off over the coming weeks?

Put this handy chart on your fridge and give it a go! 

Don't forget to follow and like your favourite small business online. Leave a positive review and share your love with others.



<input type="checkbox"/> Buy a coffee 	<input type="checkbox"/> Get a hair cut 	<input type="checkbox"/> Meet a friend for brunch 
<input type="checkbox"/> Get your bike or boat serviced 	<input type="checkbox"/> Buy flowers for someone you love 	<input type="checkbox"/> Shop at a local market 
<input type="checkbox"/> Get your nails done 	<input type="checkbox"/> Update your wardrobe 	<input type="checkbox"/> Buy a coffee 
<input type="checkbox"/> Make a dinner reservation 	<input type="checkbox"/> Buy a coffee 	<input type="checkbox"/> Visit your favourite pub 
<input type="checkbox"/> Buy a new BOOK 	<input type="checkbox"/> Support your favourite retailer 	<input type="checkbox"/> Buy a BIRTHDAY PRESENT 
<input type="checkbox"/> Shop at a local market 	<input type="checkbox"/> Cook a meal using local produce 	<input type="checkbox"/> Visit your favourite café or bakery for lunch 
<input type="checkbox"/> Pay it forward... SURPRISE SOMEONE! 	<input type="checkbox"/> Shop at a local market 	<input type="checkbox"/> Buy a new pair of runners 
<input type="checkbox"/> Buy a coffee 	<input type="checkbox"/> Buy a gym membership/return to the gym 	<input type="checkbox"/> Enjoy your favourite take away 
<input type="checkbox"/> Support your favourite retailer 	<input type="checkbox"/> Pay it forward... SURPRISE SOMEONE! 	<input type="checkbox"/> Buy a gift voucher 