



WEARING A FACE MASK IS HARMFUL FOR YOUR HEALTH AND INEFFECTIVE AT STOPPING A VIRUS FROM SPREADING

Face masks are to be made mandatory on public transport in the United Kingdom as of June 15th. Studies have proven that wearing a face mask is not only dangerous to human health but also ineffective at stopping the spread of a virus.

We want the public to be able to make their own informed decision on whether or not they would like to wear a face mask and not feel forced to by refusal of travel or enforcement of a large penalty fine.

Did you know the ONS recorded **only 587.4 deaths due to Covid-19 for every **100,000** persons across the UK?**

THE GOVERNMENT ANNOUNCED ON 19TH MARCH 2020 THAT:
“COVID-19 IS **NO LONGER** CONSIDERED TO BE A HIGH CONSEQUENCE INFECTIOUS DISEASE. PUBLIC HEALTH BODIES IN THE UK HAVE REVIEWED THE MOST UP TO DATE INFORMATION AND DETERMINED SEVERAL FACTORS HAVE NOW CHANGED SUCH AS MORTALITY RATES WHICH ARE CONSIDERED **LOW OVERALL**”

UK CHIEF MEDICAL OFFICER CHRIS WHITTY STATED:
“EVEN WITHOUT A VACCINE, A HIGH PROPORTION OF PEOPLE **WILL NOT GET COVID-19**. A MINORITY OF PEOPLE WILL GO TO CRITICAL CARE AND SOME OF THOSE WILL SADLY DIE, BUT THATS JUST A MINORITY, 1% OR POSSIBLY EVEN **LESS THAN 1% OVERALL**”

FORCING THE POPULATION TO WEAR FACE MASKS, CREATING FEAR, COLLAPSING OUR ECONOMY AND REMOVING OUR FREEDOM IS NOT JUSTIFIABLE FOR A VIRUS WHICH HAS A **LOWER MORTALITY RATE** THAN THE **SEASONAL FLU**.

RESTRICTING THE MOVEMENT OF SICK PEOPLE IS QUARANTINE, RESTRICTING THE MOVEMENT OF HEALTHY PEOPLE IS **TYRANNY**

THE FACTS

1. Wearing a mask reduces blood oxygenation, especially in people over 35. A team of researchers from the Department of Neurosurgery at the University of Ankara in Turkey reported that the longer a mask is worn the more the blood is desaturated. These researchers also assert that: "Surgeons in the operating room frequently experience physical discomfort, fatigue, and possibly even deterioration of surgical judgment and performance. Although considerable information exists about the effects of ambient environment on both mental and physical performance, the final "personal" environment for the surgeon beneath the surgical mask is often very inadequately conditioned. It is known that heat and moisture trapping occurs beneath surgical masks" (Source 1)
2. Wearing a mask increases blood carbon dioxide levels. Citing four different scientific studies, Dr. Zheng Zhaoshi, PH.D. M.D. at the Department of Neurology, The Third Hospital of Jilin University, "Oxygen concentration inhaled by healthy subjects wearing a surgical mask covering an N95 respirator decreases to about 17%, and the concentration of carbon dioxide increases to about 1.2% – 3% in a short period of light work. Although participants did not show any obvious changes in physical function and did not have any discomfort ratings, the average carbon dioxide concentration inhaled was far higher than the limit of 0.1% of indoor carbon dioxide concentration in many countries.
With prolonged mask wearing, untoward reactions may gradually appear. In another long-term study, after wearing an N95 mask for 12 hours the CO₂ concentration of subjects increased to 41.0 mmHg, far higher than the baseline value of 32.4mm Hg at the beginning of the test. The subjects mainly reported headache, dizziness, feeling tired and communication obstacles. In real life, the situations and time of wearing masks are much longer than the above experimental research setting. Source 2)
3. Wearing a mask increases risk of headaches. It also increases risk of brain fog, difficulty concentrating, and exhaustion, most likely due to insufficient oxygen and increased exposure to carbon dioxide. (Source 3)
4. Masks made overseas have been found to be faulty and inadequate. Nearly all of them contain known carcinogens. This is why there is a warning label on the carton. Breathing in carcinogens during the day and having them in contact with your skin may increase your risk of cancer. (Source 4)
5. Masks may increase your risk of infection, mostly because they are worn inappropriately, and also because mask-wearers fiddle with them, frequently touching their face. There is no scientific evidence that shows that cloth masks will help reduce the spread of COVID-19, according to Lisa Brousseau, ScD, and Margaret Sietsema, Ph.D. (Source 5)
6. Wearing a mask concentrates the exhaled viruses in the nasal passages. Our bodies have several effective detoxification pathways. One of the ways we rid ourselves of a viral infection is by exhaling. If you are sick with COVID-19 or any other viral infection, the last thing you want to do is impede your ability to breathe. (Source 6)
7. Wearing a mask causes problems for people with special needs. Deaf people who rely on lip reading, people with autism who have trouble understanding verbal cues and need visual cues to help them, and anyone who is hard of hearing suffer the most when people are wearing masks. (Source 7)

8. Wearing a mask can cause severe and painful contact dermatitis, painful rashes, and other skin damage (source 8) on your face (source 9). Russell Blaylock, M.D. - a retired neurosurgeon, does not mince words about how wearing a mask can harm your health if worn for extended periods while exercising or in hot weather. Paul Thomas, M.D. - a Dartmouth-trained paediatrician with over 30 years of medical experience stated: "Wearing a mask promotes fear, which we know is bad for the immune system". Thomas also states "It reduces breathing in fresh air, which is also bad for the immune system, and it does little to nothing to prevent spread of a virus."
9. Wearing a face mask whilst pregnant poses a larger risk to an unborn child. Oxygen is essential for human life and for a fetus it is vital for growth and development. (Source 10)
10. Wearing a mask has been found to significantly increase diastolic blood pressure in both pregnant and none pregnant women. (Source 11)

SOURCES

Source 1: <http://scielo.isciii.es/pdf/neuro/v19n2/3.pdf>

Source 2: <https://jamanetwork.com/journals/jama/fullarticle/2764955>

Source 3: <https://www.healio.com/news/primary-care/20200407/ppeassociated-headaches-increase-among-health-care-workers-amid-covid19>

Source 4: <https://www.businessinsider.com/coroonavirus-holland-recalls-over-half-a-million-masks-imported-from-china-2020-3?r=US&IR=T>

Source 5: <https://publichealth.uic.edu/news-stories/commentary-masks-for-all-for-covid-19-not-based-on-sound-data/>

Source 6: <https://www.jpost.com/health-science/could-wearing-a-mask-for-long-periods-be-detrimental-to-health-628400?>

Source 7: <https://www.ctvnews.ca/health/coronavirus/masks-problematic-for-asthmatic-autistic-deaf-and-hard-of-hearing-health-advocates-1.4948802>

Source 8: [https://www.jaad.org/article/S0190-9622\(20\)30392-3/pdf](https://www.jaad.org/article/S0190-9622(20)30392-3/pdf)

Source 9: <https://pubmed.ncbi.nlm.nih.gov/32170800/>

Source 10: <https://www.hellomotherhood.com/article/254453-what-happens-to-a-baby-that-isnt-getting-enough-oxygen-in-the-womb/>

Source 11: <https://www.ishn.com/articles/102497-are-face-masks-safe-during-pregnancy>

**CLICK THE LINK BELOW TO SIGN THE PETITION TO STOP
MANDATORY FACE MASKS ON PUBLIC TRANSPORT:**

<https://www.thepetitionsite.com/181/262/966/stop-mandatory-face-masks-on-public-transport-in-the-uk/>