

[NOTE: This is just an EXAMPLE. The information in my email provides a wealth of resources and education that would help you author your own genuine individual letter with additional points to strengthen your exemption claim. Please take the time to study and learn that valuable material in the email (it is a lot, but anyone who has had a job or taken classes, has done more work than this each week – consider this your full-time job for the next week or two and become fully informed so you may better defend your values and freedom), especially the information on sites such as Dr. Fleming’s <https://www.flemingmethod.com/> and sermon and points in the **email/article**, that may help you write **your own genuine exemption letter based upon your religious objection**. Below is an example that a FB friend was kind enough to share with all of us; I hope this may help provide you with more ideas and guidance. For more information please visit the article at: <https://truthhealthfreedom.substack.com/p/information-to-help-with-medical>]

Dear [Name of Human Resources Officer or another appropriate supervisor]:

On [set forth date], I and other employees of [name of employer] were notified that all employees must be fully vaccinated against COVID-19 and provide proof thereof or face termination of our employment. This letter will serve as my formal notice to [name of employer] of the following:

Receiving the COVID-19 vaccination would violate my sincerely-held religious beliefs, practices and/or observances. The following is a description of my religious beliefs that prevent me from receiving the mRNA gene therapy experimental drug (otherwise referred to as the “COVID-19 vaccination”). It is also important to note that this mRNA gene therapy experimental drug has only been given emergency use authorization by the FDA, which means that it is an experimental drug that is being tested on humans. My religious beliefs are not necessarily based on any official, institutional tenet or doctrine. These beliefs are my own and are based strictly on scripture and the Holy Spirit.

As a Christian, I live by a number of principles that are clearly outlined in scripture. Indeed, I adhere to the only religion defined by scripture --“Pure religion and undefiled before God and the Father is this ... to keep [one]self-unspotted from the world.” (James 1:27) The Apostle Paul echoes this admonition by telling us to “keep thyself pure.” (1 Tim. 5:12) It is paramount for me to live a pure life uncontaminated by worldly doctrine and practices.

I also believe, just as Paul the Apostle taught, that my body is a temple--“Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you?” (1 Cor. 3:16) A temple is the most holy of all earthly structures. Therefore, I cannot allow my body, which is God’s temple, to be defiled in any way for to do so will only bring God’s displeasure and judgment — “If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are.” (1 Cor. 3:17)

Since the beginning of God’s recorded dealings with His children, God has always been concerned with the things we take into our bodies. In the Garden of Eden, Adam and Eve were told that they could not eat of the “fruit of the tree which is in the midst of the Garden” or they would “die”. (Gen. 3:3) Later on in Leviticus chapter 11, we learn that God’s people could only eat certain kinds of foods and they were to avoid other kinds of food, which were classified as “an abomination”. (Lev. 11:10,11)

In the sixth chapter of Numbers, we also learn that individuals who wanted “to separate themselves unto the Lord” would have to abstain “from wine and strong drink”. (Num. 6:3) The priests were also commanded not to drink “wine nor strong drink” when they went into the tabernacle. (Lev. 10:9) I personally believe that these rules were given because, as we all know, strong drinks contain alcohol

and alcohol is a drug, a naturally occurring one at that. This drug has defiled the lives of millions around the world for millennia and has caused untold misery, pain and suffering.

The mRNA gene therapy injection is also a drug, albeit an experimental one. It has already caused tens of thousands of deaths and hundreds of thousands of severe reactions after only a few months of usage. We haven't even seen the long-term havoc that will also be brought upon the world for its wide-spread usage. There are also reports that the mRNA experimental drug contains other ingredients that would be repulsive to a Christian such as myself. According to these reports the mRNA experimental drug contains graphene oxide and aborted fetal tissue. The one is poisonous to the human body and the other is a complete abomination to a Christian such as myself.

The scriptures also warn against idolatry, which occurs when men "worship the work of their own hands, that which their own fingers have made" over and above the things of God. (Is. 2:8). During Daniel's day, people had to worship the "golden image" of the King and could speak of nothing else. (Dan. 3:12) The mRNA experimental drug is man-made, and people are being forced to worship it like in the days of Daniel. No one can even speak of other alternatives without being threatened, censored or locked down. No one can speak of the things God has provided to us in nature to heal us from the virus including such things as Vitamin D, Vitamin C, and Zinc. I, personally, cannot in good conscience and according to my sincere religious beliefs allow this experimental drug into my body knowing full well that it will also defile me as it has thousands of others and thereby risk God's judgment on me.

Under established law, including the U.S. Constitution, the definition of religion is broad and protects beliefs, practices, and observances which may be unfamiliar, so an employer must assume that an employee's statement of objection to a vaccination requirement is based on a sincerely held religious belief, practice, or observance.

Because receiving the COVID-19 vaccination would violate my sincerely-held religious beliefs, I hereby request an accommodation of those beliefs with respect to the recently-imposed vaccination requirement. Under Title VII of the federal civil rights laws, an employer may not discharge or otherwise discriminate against an individual because of the individual's religion. 42 U.S.C. § 2000e-2(a)(1).

As the U.S. Supreme Court has held, this law requires an employer to seek to accommodate an employee whenever there is a conflict between a requirement of the employment and the employee's religious beliefs, practices or observances. *Trans World Airlines, Inc. v. Hardison*, 432 U.S. 63 (1977). An accommodation that fully eliminates the conflict with my religious beliefs must be provided unless any and all accommodations would impose an undue hardship. To the extent the law of the State of [insert state] imposes a similar duty to accommodate the religious beliefs, practices or observances of employees, I hereby invoke any and all rights under state law as well.

Having formally notified [name of employer] of the conflict between the COVID-19 vaccination requirement and my religious beliefs, I look forward to receiving, in a prompt and timely manner, your decision on what accommodation you will provide. Failing that, I reserve my right to pursue legal remedies available to me with the Equal Employment Opportunity Commission or otherwise in accordance with established law.

Sincerely yours,
[Signature]
[Your name printed]