

2016



2017



“High School” Player Registration Form
***High School recognized as players in grades 9 - 12**

PLAYER NAME (PRINT) _____

BIRTHDATE _____ CITY _____

BIRTH DATE ____/____/____ GRAD YEAR _____ POSITION: A M D G

PHONE: _____ School you are representing: _____

EMAIL: _____

******* PRINT CLEARLY *******

Years of Lacrosse Experience _____ Interest in the Summer Travel Team? Y / N

Payment method: Checks only please (for record keeping purposes) Check # _____

***A Man Up Lacrosse pinnie is required to play in this league. If you do NOT own one, you must purchase one – pinnies are \$10 each – please add this to your total.**

UNIFORM SIZE (only if you are purchasing) Small / Medium Large / XL

REGISTRATION DETAILS

✂ Registration Fee (circle one) – Fall League **OR** Winter League Fee - \$155
BOTH Leagues - \$280
Register before 8.30.16 Both League Early Bird Special - \$260

✂ Mail this completed form along with registration fee (checks payable to **Man Up Lacrosse LLC**) to **“Man Up Lacrosse LLC” 7910 Dresden Ave / Parma, OH 44129** by September 23, 2016 (**Fall**) November 25, 2016 (**Winter.**)

Last season we had to turn players away due to the league selling out. Don't be left out! Sign up early to guarantee your roster spot & any special requests such as carpooling or playing with teammates!

League Details

- **SIXTEEN** 7 v 7 (24 minute) lacrosse games per 'season'
- Every game will be officiated by a minimum of TWO officials
- Winning championship team will receive a Man Up Lacrosse gift!

- ✂ **League Schedule: Fall: 10/02/16-11/20/16; Winter: 12/4/16-1/29/17**
Sundays: FALL SEASON - 6, 7, 8 PM / WINTER SEASON - 5, 6, 7, 8 PM
- ✂ **League Structure:** Eight-week season consisting of a single elimination playoff tournament or consolation games (pending teams seeding.)
- ✂ **Uniforms/Equipment:** Players must provide their own gear; mouth guards are mandatory; **tennis shoes / molded cleats only permitted on turf. Man Up Lacrosse pinnie is required for play (NOT included in league fee-see page 1)**
- ✂ League complies with all OHSLA rules and regulations for off-season play.

What sets Man Up Lacrosse League apart from the competition?

- ✂ Man-Up Lacrosse provides NCAA coaches the opportunity to scout.
- ✂ Diversity: Eleven different schools were represented in the 2014 season!
- ✂ Goalie insurance: A goalie will ALWAYS be in cage. No more tipping the goals!
- ✂ Two -24 minute running games provide for a better competitive experience!
- ✂ Facility with true turf, lined fields, bright lighting, and additional viewing area.
- ✂ Centrally located – minutes off of the Route 82 exit on 71!
- ✂ Director of Lacrosse Operations: Jeff Fedor – Baldwin Wallace Defensive Coach
- ✂ Assistant League Director: Conor Regin – Two-Time Collegiate Champion

HOLD HARMLESS AGREEMENT

I/we, the undersigned participant/parent, on behalf of myself and/or my designated minor child, and our heirs, legatees, personal representatives, successors and assigns, hereby agree to defend, indemnify, save, and hold harmless and waive any liability of the North Royalton Field House and its owners, officers, agents, representatives, employees, successors and assigns in connection with our health, safety, security, and any injury, death and/or disability arising out of, or resulting from our respective participation in the Man Up Lacrosse League presented by North Royalton Field House. We further agree, understand and represent that we are participating in these activities and programs on a strictly voluntary basis, and understand the possible consequences, risks, and dangers of such participation. I/we further agree to waive, release and relinquish, to the fullest extent of the law, any and all claims, damages, injuries, expenses and causes of action arising in our participation in the Man Up Lacrosse League presented by North Royalton Field House in any manner. We therefore do fully release and discharge, and agree to defend, indemnify and hold harmless the Man Up Lacrosse League presented by North Royalton Field House and its owners, agents, servants, employees, insurers, successors and assigns from any and all claims resulting from injuries, including but not limited to loss of life, damages and losses sustained by us arising out of, connected with, or in any way associated with activities of the program. Refunds of any kind will not be given following payment processing. "High School" league is open to any player between the ages of 13-18, or, any player who represents a local high school team.

PARENT SIGNATURE _____ **DATE** _____

PLAYER SIGNATURE _____ **DATE** _____



2017 Summer Travel Teams

Northeast Ohio Mighty Ducks

Man Up Lacrosse LLC is focused on having athletes develop their game year round to compete at the highest level possible. We believe that dedicated and relentless hard work will not only increase player fundamentals and athletic ability, but will also help these athletes grow as men and learn the true meaning of leadership. We will take this additional time over the summer months to work to make each player better than they were when they arrived. We are committed at Man Up Lacrosse LLC to do whatever it takes to not only grow the game of lacrosse in northeast Ohio, but to honor it as well.

Travel teams serve two main purposes. The first is to truly showcase each player's talent to college coaches in hopes to achieve a spot on a college roster or to earn an athletic scholarship. All attended tournaments will have numerous collegiate coaches on hand scouting for the upcoming years. The second reason is keep a stick in your sons' hand year round giving him a greater opportunity to become a better all around player.

Each team will be comprised of approximately 25 players and a minimum of two highly qualified coaches. Each team will have a minimum of 12 practices and will play a minimum of 14 games spread over three tournament events. All high school players will have an option to fill out a recruiting portfolio that will be forwarded onto college coaching staffs if they so choose.

Three tournaments will be chosen from the following list for the 2017 Summer season.

Cincinnati, OH – Warrior Lax-N-Nati Tournament

Hershey, PA – Hogan's Hershey Tournament

Youngstown, NY – Niagara Lacrosse Classic

Pittsburgh, PA – Warrior Steelcase Lax Tournament

Sandusky, OH – Warrior Roller Coaster Rumble

Traverse, MI – Cherry Bomb Lacrosse

Ann Arbor, MI – Michigan WAR CAMP

Bethlehem, PA – Lehigh Sweetlax

Expected Travel Teams for Summer 2017

2018/2019 Select Team: High School graduation years of 2018 or 2019.

2020/2021 Select Team: High School graduation years of 2020 or 2021.

***Man Up Lacrosse Alumni Team:** Players who have graduated high school are eligible for this team.

***Those 2020 or younger may tryout for the 19/20 team if they would like as you can always 'play up.'**

Team Try Outs: It is highly recommended to all players interested in playing on the Summer team to attend the tryout. There will be a tryout fee of \$15 per player. **This fee will be waived for players who participated in both Fall & Winter leagues in 2016.** Any player may tryout for the travel teams regardless if they participated in Man Up Lacrosse leagues in the past. Tryout dates will be finalized by the January 3rd, 2016 and will be posted on www.manuplacrosse.com. Tryouts will be held at North Royalton Fieldhouse. If more roster opportunities remain, players will be asked to join the team by coach's invitation.

Cost to Participate: \$700 per player. This fee covers the costs of tournament fees, insurance fees, uniforms, field rental for practices, equipment overhead, and coaching staff. This fee does not cover, nor is Man Up Lacrosse responsible for, travel expenses of families or players. As of this point, Man Up lacrosse has the lowest cost for summer teams in the state of Ohio. Fee can be paid all at once or in two equal installments of \$350 due no later than 2.28.17 and 5.30.17.

Interested? Let Us Know! If you're interested in playing for one of the tournament teams please fill out the questionnaire found on www.manuplacrosse.com. Simply click the "Tournament Teams" tab and submit. This will help immensely if you're playing in the Fall or Winter Man Up Leagues as coaches will have an opportunity to see you play prior to the try out date increasing your chances of making the final roster!

If you have any questions please e-mail Coach Jeff Fedor at Jdfedor@hotmail.com