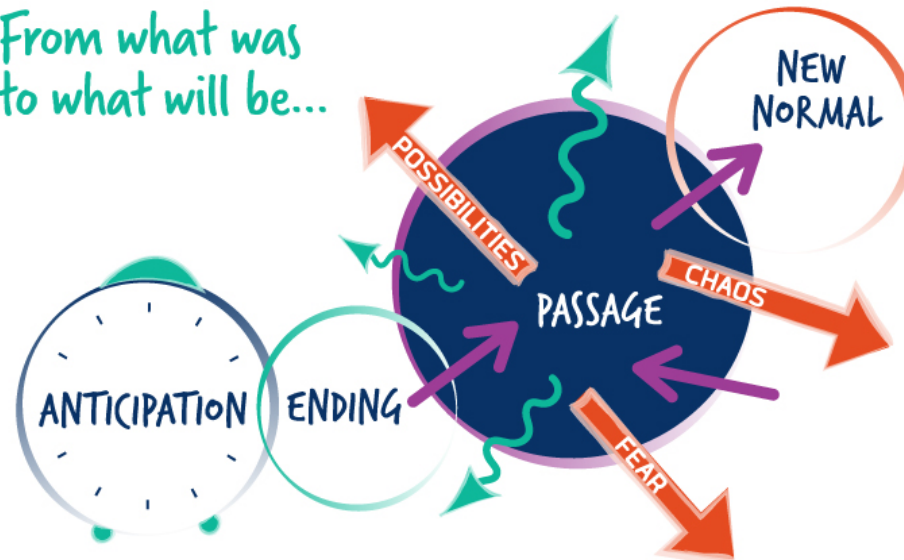


TRANSITIONS HAVE FOUR STAGES

From what was
to what will be...



Transitions begin with an **end** and typically take **longer** than expected. They are often a time of **confusion...** and always a time of **opportunity.**

FLOW

Identity Intact

Clarity

Hopeful/Resilient

Realistic About Possibilities

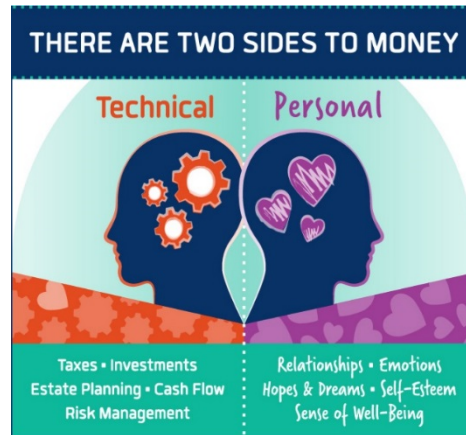
Refreshed/Energized

Open/Collaborative

Focused/Attentive

Consistent Behavior

Composed



STRUGGLE

Identity Compromised/
Loss of Identity

Confusion/Overwhelm/Fog

Hopeless

Invincible

Mental & Physical Fatigue

Numb/Withdrawn

Narrow or Fractured Focus

Inconsistent Behavior

Combative

*“When money changes life changes and when life changes money changes”
Susan Bradley, CFP®, CeFT™, founder of the Sudden Money Institute*

