

Are you NDIS Ready?

A positive difference!



The rollout of the National Disability Insurance Scheme (NDIS) has the potential to profoundly impact the nature and level of supports that you, as a participant, could be eligible to receive.

It's important, therefore, to understand the NDIS eligibility requirements and planning process and to prepare thoroughly for your initial plan assessment.

This is your opportunity to advocate for the appropriate levels of service and support that you require, both now & into the future.

This information is correct as of January 2018.

Whilst the information contained in this publication has been presented with all due care, Assured Home Care does not warrant or represent that the information, including that sourced from third-parties, is free from errors or omission. Readers should make their own enquiries.



The NDIS – preparation is the key

The National Disability Insurance Scheme (NDIS) promises to deliver a profoundly improved support framework for those living with a disability.

Transitioning to the Scheme, however, can seem quite daunting to many when looking to apply for support and funding.

At Assured Home Care, our highly trained staff are here to help support your NDIS journey – from initial application; through the planning process and implementation of your approved plan – and of course, through direct provision of support in the home.



Assured Home Care can help:

- > **Plan Preparation Assistance**
- > **Initial Plan Meeting Advocacy & Support**
- > **Plan Management**
- > **Provision of Support Services**



Start your journey with NDIS

Assured Home Care is here to assist at every step of the way



Can I access the NDIS?

- You can access the NDIS depending on your age, residency and disability
- Participants with existing disability supports will automatically have their details provided to the National Disability Insurance Agency (NDIA).
- Participants who do not currently receive disability supports will need to request access from the NDIA.

Eligibility criteria

Participants must:

- Have a permanent and significant disability
- be under 65 years of age
- be an Australian citizen OR
 - hold a Permanent Visa OR
 - hold a Protected Special Category Visa



My first Plan

- On confirmation of eligibility, an NDIA Planner will arrange an initial time to meet with you and/or your nominee to assess your needs.
- This meeting is vitally important as a tool used by the NDIA to assess the level of funding support that you will be eligible for under the NDIS.
- It is important to be well prepared.



Starting my Plan

- Following confirmation of your approved plan, you will be contacted by an NDIA Support Coordinator to discuss how you wish to implement the plan and manage your supports.
- It is important to notify Assured Home Care and any other current service providers when your plan is approved.



Reviewing my Plan

- Following 12 months, your plan will be formally reviewed at a Plan review meeting to ensure you are getting the support you need.
- At any time, you will have the ability to change how your plan is managed and the service providers that you engage.

When will the NDIS come to me?

The roll-out schedule in Regional & Metro SA

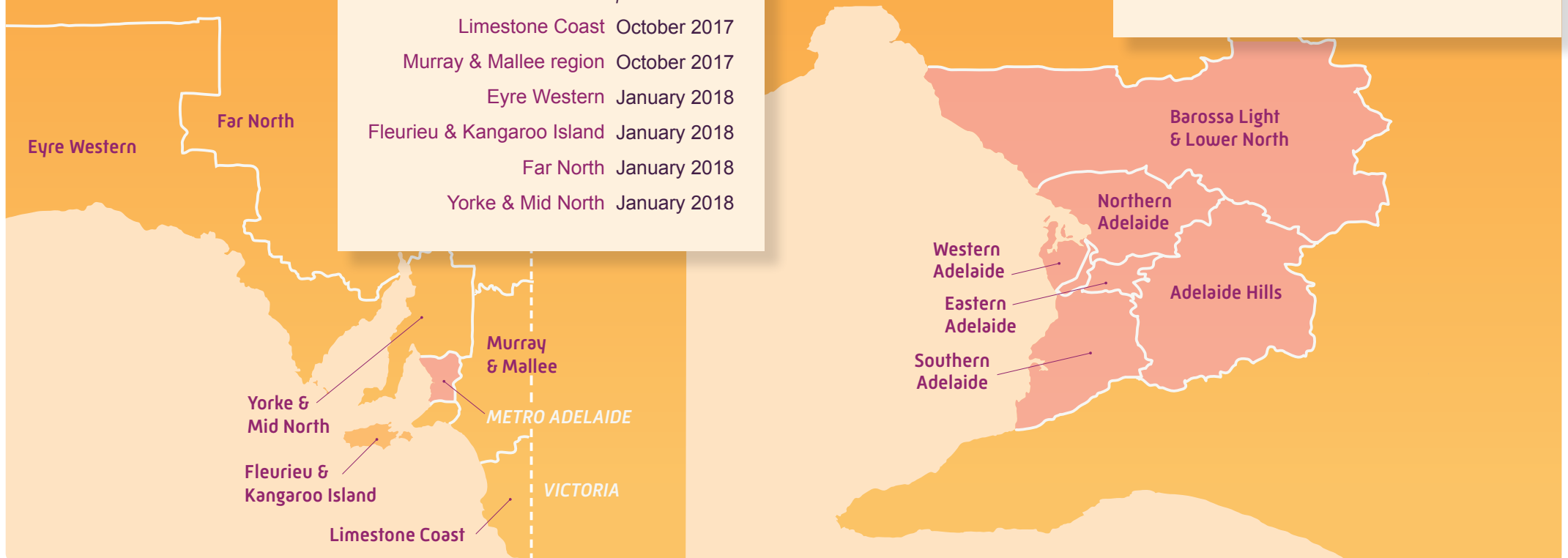
Keep up to date at www.ndis.gov.au

REGIONAL SA from:

Limestone Coast	October 2017
Murray & Mallee region	October 2017
Eyre Western	January 2018
Fleurieu & Kangaroo Island	January 2018
Far North	January 2018
Yorke & Mid North	January 2018

METRO ADELAIDE from:

Barossa Light & Lower North	July 2017
Northern Adelaide	October 2017
Southern Adelaide	January 2018
Eastern Adelaide	April 2018
Western Adelaide	April 2018
Adelaide Hills	April 2018



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What supports are available?

The 8 categories of eligible supports identified under the NDIS:

Daily Living

Assistance with Daily Life

Domestic support | Personal care | Meal Preparation
Transport | Supported independent living
Short term accommodation (*i.e. respite care*)
Assistance with social & community participation

Independence

Improved life choices

Coordination of supports | Plan management
Financial intermediary

Relationships

Improved Relationships

Behaviour support strategies | Social skills support

Health & Wellbeing

Improved Health & Wellbeing

Physical activities | Therapeutic support

Community, Social & Civic

Increased Social & Community Participation

Recreation | Community access programs | Group activities

Home Living

Improved living arrangements

Assistive technology | Home modifications
Assistance with accommodation & tenancy obligations

Education

Improved learning

Support transition through school & to further education

Employment

Improved work outcomes

Employment support | Work skills | Assistance in the workplace

Note: The NDIS will not fund day-to-day living costs that are unrelated to a participant's disability needs, or take responsibility for the housing (infrastructure) needs of participants.

The assessment process

On confirmation of eligibility:

An NDIA Planner will arrange an initial time to meet with you and/or your nominee to assess your needs.

During the initial plan session, your support needs will be assessed with consideration to your existing supports (including any existing informal, mainstream and community supports received) and any requirement for further supports that will assist you in meeting your goals.

The NDIA will assess your needs based on what it deems as 'reasonable and necessary', considering your disability, the value for money received from implementing requested supports, and the likelihood of the effectiveness of requested supports.

NDIS funding will depend on your level of need:

Lower, Standard, High

Funding will also depend on purpose, whether:

Core, Capital, Capacity

Assured Home Care can provide you and/or your nominee with assistance throughout the initial plan process to achieve best outcomes.

We can be present at your initial plan meeting to support and advocate on your behalf.



Assured Home Care is here to assist at every step of the way.

Preparing for your initial plan

It's important that you:

- Check your eligibility
- Request a face-to-face meeting with your **NDIA planner** where possible
- Request that an Assured Home Care staff member is present at your initial plan meeting with the NDIA planner, or another independent advocate familiar with your current situation and support needs
- Familiarise with the NDIS plan terminology, particularly relating to the 8 eligible support areas identified
- **Prepare a checklist of supports and resources that you require; those supports currently received and those required to fulfil your goals**

We can assist you to detail your goals and to identify the full range of supports that you require to ensure that all aspects of your care needs are covered.

Implementing your plan

Once your plan is approved:

You will be contacted by an **NDIA Support Coordinator** to discuss how you wish to implement the plan and manage your supports.

Plan Management will involve coordinating all funded supports from selected providers; managing all plan expenditure, supplier payments and expense reimbursement, and ensuring all government reporting requirements are met.

It's your choice in how you wish your plan to be managed:

1. Self-Managed/Self-Directed
2. **Independent Plan Management Provider**
3. NDIA Managed

Should you wish to appoint an independent plan management provider, these services should be included within your funding request.

We can provide you and/or your nominee with assistance as a plan management provider.



Reviewing your plan

now

Your NDIS plan will be formally reviewed annually to ensure that your funded supports continue to meet your needs and assist you to achieve your goals.

*within
3
months*

If you are unhappy about any aspect of your approved plan, you can request an internal review by the NDIA within the first three months of commencement.

*after
3
months*

After three months, your plan will only be reviewed if you have experienced a significant change of circumstances.

We can assist you in assessing your support needs, both now and into the future.

CORE SUPPORTS

Assistance with Daily Personal Activities

Assistance with self-care activities

Bathing and personal hygiene
Dressing and grooming
Medication prompting and administration
Assisting with mobility and exercise
Palliative care
Welfare visits
Specialised services e.g. PEG feed and medication administration, bowel care etc.

Assistance with household tasks

General Housework
General Yard Clean
Rubbish Removal
Window Cleaning
Laundry
Shopping & Errands
Prescription Delivery
Spring Cleans
Squalor Cleans

Preparation and delivery of meals

Meal Preparation

Transport

Transport

Assistance with Social & Community Participation

Community/social support
Community integration

Short-term Accommodation

Short-term supported accommodation
Accommodated emergency respite
Day options

Supported Independent Living

Assistance in shared living arrangement
Weekend assistance
24 hr live-in care
Relief for the primary care giver

CAPACITY BUILDING

Support Coordination

Coordination of support services

Improved Relationships

Family strengthening
Outcomes monitoring

Improved Life Choices

Planning and plan management
Financial intermediary

Improved Daily Living

Coordination of therapeutic support
Community nursing care

Increased Social and Community Participation

Skills retention and development

Daily living
Community, Social & Civic

Independence
Community, Social & Civic
Relationships
Health & Wellbeing

Assured Home Care is here to assist at every step of the way.



Start your journey today

> Need further assistance?
We'd love to help!

T: (08) 8374 2444

E: letschat@assuredhomecare.com.au

www.assuredhomecare.com.au



Accredited Quality, Safety &
Environmental Management Systems

