



# Hollander<sup>®</sup>

an Eastar company

## MelkMeisje<sup>®</sup>

# STANDARD INFANT MILK

### Ingredients

Demin. Whey powder, Vegetable oils (*palm oil, coconut oil, sunflower oil, soy oil*), Skimmed milk powder, Lactose, Whey protein concentrate, Dried glucose syrup, Polyfructose (FOS), Minerals (*calcium carbonate, calcium chloride, tri potassium citrate, tri sodium citrate, magnesium chloride, potassium iodide, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, sodium selenite*), Arachidonic acid oil (AA), Docosahexaenoic acid (DHA), Choline, Vitamins (*ascorbic acid, nicotinamide, DL-alpha-tocopheryl acetate, D-pantothenate, calcium, retinyl acetate, thiamine HCl, pyridoxine HCl, riboflavin, folic acid, phytomenadione, biotin, cholecalciferol, cobalamin*), Taurine, Inositol, L-Carnitine.

### Feeding table

Feeding table for a normal, healthy baby (*unless otherwise prescribed by a physician*).

Baby's age	Feeding schedule per 24 hr	Cooled down (to 37°C) boiled water in ml (cc)	Scoops
1 - 2 weeks	6	90	3
3 - 4 weeks	5	120	4
2 months	5	150	5
3 months	5	180	6
4 - 6 months	5*	210	7

\* = For babies from 4 till 6 months, you may replace one feeding by rice, fruit or a vegetable meal. Consult your Infant Welfare Centre.

### Nutritional value

	per 100 kJ	per 100 ml. 13,5 g powder + 90 ml water
Energy	kJ/kcal	100/23,9 281,6/67,4
<b>Fat</b>	<b>g</b>	<b>1,2 3,4</b>
Linoleic acid	g	0,2 0,5
Linolenic acid	g	0,018 0,050
Arachidonic acid (AA)	mg	2,5 7
Docosahexaenoic acid (DHA)	mg	2,5 7
<b>Protein</b>	<b>g</b>	<b>0,6 1,6</b>
Whey protein	g	0,4 1,0
Casein protein	g	0,2 0,6
<b>Carbohydrate</b>	<b>g</b>	<b>2,75 7,7</b>
Lactose	g	2,44 6,9
Dextrins	g	0,2 0,5
Polyfructose (FOS)	g	0,13 0,4
<b>Vitamines</b>		
Vitamin A	µg RE	21,1 59,4
Vitamin B1	µg	27,1 76,3
Vitamin B2	mg	0,1 0,2
Niacin	mg	0,2 0,7
Pantothenic acid	mg	0,1 0,4
Vitamin B6	µg	13,9 39,3
Vitamin B12	µg	0,1 0,2
Vitamin C	mg	4 11,3
Vitamin D	µg	0,3 0,9
Vitamin E	mg α-TE	0,3 0,8
Vitamin K1	µg	1,3 3,6
Folic acid	µg	3,2 9
Biotin	µg	0,7 2,0

	per 100 kJ	per 100 ml. 13,5 g powder + 90 ml water
Choline	mg	3,3 9,2
Inositol	mg	2,1 6
<b>Minerals</b>		
Calcium	mg	19,4 54,7
Chloride	mg	16,8 47,3
Phosphorus	mg	10,6 29,7
Iodine	µg	2,7 7,5
Potassium	mg	22,6 63,7
Copper	µg	17,2 48,4
Magnesium	mg	2,2 6,3
Manganese	µg	1,5 4,2
Sodium	mg	9,1 25,7
Selenium	µg	1,2 3,4
Iron	mg	0,2 0,7
Zinc	mg	0,2 0,5
<b>Overig</b>		
Alfa-lactalbumin	g	0,1 0,2
Lactoferrin	mg	4,6 13
Taurine	mg	2 5,6
L-Carnitine	mg	0,7 2,1

### After feeding

Do not keep any Infant Milk left in the bottle. Rinse both bottle and nipple well.

### Storage

Store the container (*not in the refrigerator*) in a cool, dry place and tightly closed. Use content within 4 weeks after opening.

### Important notice

It is important to choose breast feeding above Infant Milk. Infant Milk is specifically suitable for nutritional use by infants from birth, when they are not breast fed. Infant Milk should be used only on advice of an independent and qualified expert in the field of medicine, nutrition or pharmacy, or by another professional responsible for maternal and child care.

### Allergy information

Contains milk protein, lactose, soy and fish oil.

### Warning

Health hazards can arise from inappropriate preparation. This Infant Milk must not be consumed by infants allergic to the intact proteins from which it is manufactured.

### Storage life

Maximum 36 months.

Packaged in a protective atmosphere.  
Produced in Holland.

### Contains:

- AA / DHA
- FOS
- Taurine

For babies from  
0 to 6 months



**Infant milk**

No.: HM01

**800 grams powder**

Consumer price: € 10,95



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# Hollander<sup>®</sup>

an Eastar company

## MelkMeisje<sup>®</sup>

# STANDARD FOLLOW-ON MILK

### Ingredients

Demin. Whey powder, Vegetable oils (palm oil, coconut oil, sunflower oil, soy oil), Skimmed milk powder, Whey protein concentrate, Glucose syrup, Polyfructose (FOS), Minerals (calcium carbonate, calcium chloride, tri potassium citrate, tri sodium citrate, magnesium chloride, potassium iodide, ferrous sulphate, zinc sulphate, copper sulphate, manganese sulphate, sodium selenite), Fish oil: Docosahexaenoic acid (DHA), Vitamins (ascorbic acid, nicotinamide, DL-alpha-tocopheryl acetate, D-pantothenate, calcium, thiamine HCl, retinyl acetate, pyridoxine HCl, folic acid, phytomenadione, cholecalciferol, biotin), Lactose, Choline chloride, Arachidonic acid oil (AA), Taurine, Meso-Inositol, Nucleotides (cytidine-5'-monophosphate di sodium salt, uridine-5'-monophosphate di sodium salt, adenosine-5'-monophosphoric acid, inosine-5'-monophosphate di sodium salt, guanosine-5'-monophosphate di sodium salt), L-Carnitine.

### Feeding table

Feeding table for a normal, healthy baby (unless otherwise prescribed by a physician).

Baby's age	Feeding schedule per 24 hr	Cooled down (to 37°C) boiled water in ml (cc)	Scoops
6 - 8 months	3	210	7
	4	180	6
9 - 12 months	3	180	6

This formula is developed for babies from around 6 months onwards, in addition to baby's initial food. From this age you can, after consulting a paediatrician, start to gradually introduce other foods like cereals, vegetables, fruits, meat and fish. Do not use before 6 months of age.

### Nutritional value

	per 100 kJ	per 100 ml. 14 g powder + 90 ml water		per 100 kJ	per 100 ml. 14 g powder + 90 ml water		
Energy	kJ/kcal	100/24	286/68	Vitamin E	mg α-TE	0,25	0,72
<b>Fat</b>	<b>g</b>	<b>1,2</b>	<b>3,4</b>	Vitamin K1	µg	1,9	5,3
Saturates	g	0,58	1,7	Folic acid	µg	3,6	10
Mono-unsaturates	g	0,36	1	Biotine	µg	0,59	1,7
Polyunsaturates	g	0,23	0,66	Choline	mg	4,2	12
Trans isomers	mg	3,5	10	Inositol	mg	2,3	6,5
Linoleic acid	g	0,18	0,5	<b>Minerals</b>			
Linolenic acid	g	0,02	0,05	Calcium	mg	24	70
Arachidonic acid (AA)	mg	2,2	6,2	Chloride	mg	21	59
Docosahexaenoic acid (DHA)	mg	0,96	2,8	Phosphorus	mg	15	42
<b>Protein</b>	<b>g</b>	<b>0,77</b>	<b>2,2</b>	Iodine	µg	3,8	11
Whey protein	g	0,44	1,3	Potassium	mg	29	84
Casein protein	g	0,33	0,96	Copper	µg	14	39
<b>Carbohydrate</b>	<b>g</b>	<b>2,6</b>	<b>7,6</b>	Magnesium	mg	2,7	7,8
Lactose	g	2,3	6,7	Manganese	µg	2,4	7
Glucose	mg	1,3	4	Sodium	mg	11	32
Dextrins	g	0,17	0,5	Selenium	µg	0,69	2
<b>Fibres</b>	<b>g</b>	<b>0,13</b>	<b>0,38</b>	Iron	mg	0,32	0,91
Polyfructose (FOS)	g	0,13	0,38	Zinc	mg	0,16	0,45
<b>Vitamins</b>				<b>Nucleotides</b>			
Vitamin A	µg RE	24	68	Adenosine	mg	0,20	0,57
Vitamin B1	µg	31	89	Cytidine	mg	0,34	0,96
Vitamin B2	mg	0,06	0,17	Guanosine	mg	0,07	0,19
Niacin	mg	0,21	0,61	Inosine	mg	0,14	0,39
Pantothenic acid	mg	0,20	0,58	Uridine	mg	0,23	0,67
Vitamin B6	µg	25	71	<b>Others</b>			
Vitamin B12	µg	0,08	0,23	Taurine	mg	1,9	5,6
Vitamin C	mg	3,5	10	L-Carnitine	mg	0,8	2,3
Vitamin D3	µg	0,37	1,1				

### After feeding

Do not keep any Follow-on Milk left in the bottle. Rinse both bottle and nipple well.

### Storage

Store the container (not in the refrigerator) in a cool, dry place and tightly closed. Use content within 4 weeks after opening.

### Important notice

Follow-on Milk is suitable only for specific nutritional use by infants over the age of six months. Follow-on Milk should only be part of a diversified diet and may not be used as a substitute for breast milk during the first six months of life. The decision to start complementary feeding should be made only on the advice of an independent and qualified expert in the field of medicine, nutrition or pharmacy.

### Allergy information

Contains milk protein, lactose, soy and fish oil.

### Warning

Health hazards can arise from inappropriate preparation.

### Storage life

Maximum 36 months.

Packaged in a protective atmosphere.

Produced in Holland.

### Contains:

- AA / DHA
- FOS
- Taurine
- 5 Nucleotides

For babies from  
6 to 12 months



Follow-on milk

No.: HM02

800 grams powder

Consumer price: € 10,95



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## MelkMeisje<sup>®</sup>

# STANDARD GROWING UP MILK

### Ingredients

Skimmed milk powder, Full cream milk powder, Vegetable oils, Demineralized whey powder, Fructose, Maltodextrine, Dried glucose syrup, Polyfructose (FOS), Whey protein, Minerals (tri calcium diphosphate, calcium carbonate, calcium chloride, tri potassium citrate, tri sodium citrate, ferrous sulphate, magnesium chloride, zinc sulphate, copper sulphate, potassium iodide, sodium selenite), Docosahexaenoic acid (DHA), Arachidonic acid oil (AA), Vitamins (ascorbic acid, nicotinamide, DL-alpha-tocopheryl acetate, pantothenic acid, retinyl acetate, thiamine HCl, pyridoxine HCl, phytomenadione, cholecalciferol, folic acid, biotine), Vanillin, Choline, Inositol, Taurine, Nucleotides (cytidine-5'-monophosphate, uridine-5'-monophosphate, adenosine-5'-monophosphoric acid, inosine-5'-monophosphate, guanosine-5'-monophosphate), L-Carnitine.

### Feeding table

Feeding table for a normal, healthy baby (unless otherwise prescribed by a physician).

Baby's age	Feeding schedule per 24 hr	Cooled down (to 37°C) boiled water in ml (cc)	Scoops
> 12 months	2	180	6

Do not use before 6 months of age.

### Nutritional value

	per 100 kJ	per 100 ml.
		14,5 g powder + 90 ml water
<b>Energy</b>	<b>kJ/kcal</b>	<b>100/24 275,2/65,8</b>
<b>Vetten</b>	<b>g</b>	<b>1,0 2,7</b>
Linoleic acid	g	0,1 0,3
Linolenic acid	g	0,012 0,033
Arachidonic acid (AA)	mg	3,2 8,7
Docosahexaenoic acid (DHA)	mg	1,6 4,4
<b>Eiwitten</b>	<b>g</b>	<b>1,0 2,7</b>
Wei-eiwit	g	0,3 0,8
Caseïne eiwit	g	0,7 1,9
<b>Carbohydrate</b>	<b>g</b>	<b>2,9 7,9</b>
Lactose	g	1,8 4,9
Dextrins	g	0,9 2,3
Polyfructose (FOS)	g	0,2 0,7
<b>Vitamins</b>		
Vitamin A	µg RE	30 82
Vitamin B1	µg	21 56
Vitamin B2	mg	0,1 0,1
Niacine	mg	0,3 0,8
Pantothenic acid	mg	0,1 0,3
Vitamin B6	µg	16 45
Vitamin B12	µg	0,1 0,3
Vitamin C	mg	4 10,1
Vitamin D	µg	0,5 1,3
Vitamin E	mg α-TE	0,3 0,9
Vitamin K1	µg	1,7 4,6
Folic acid	µg	1,2 3,4
Biotine	µg	0,6 1,7
Choline	mg	4 11
Inositol	mg	3 8,9

	per 100 kJ	per 100 ml.
		14,5 g powder + 90 ml water
<b>Minerals</b>		
Calcium	mg	40 109
Chloride	mg	28 77
Phosphorus	mg	26 71
Iodine	µg	4 12
Potassium	mg	38 105
Copper	µg	23 64
Magnesium	mg	3 9
Manganese	µg	3 9,3
Sodium	mg	14 39
Selenium	µg	1,3 3,5
Iron	mg	0,3 0,9
Zinc	mg	0,2 0,6
<b>Nucleotides</b>		
Adenosine	mg	0,2 0,6
Cytidine	mg	0,4 1
Guanosine	mg	0,2 0,6
Inosine	mg	0,1 0,4
Uridine	mg	0,1 0,4
<b>Others</b>		
Alfa-lactalbumin	g	0,1 0,2
Lactoferrin	mg	5,2 14,4
Taurine	mg	1,3 3,5
L-Carnitine	mg	0,9 2,4

### After feeding

Do not keep any Growing Up Milk left in the bottle. Rinse both bottle and nipple well.

### Storage

Store the container (not in the refrigerator) in a cool, dry place and tightly closed. Use content within 4 weeks after opening.

### Allergy information

Bevat melkeiwitten, lactose en visolie.

### Warning

Health hazards can arise from inappropriate preparation.

### Storage life

Maximum 36 months.

Packaged in a protective atmosphere.  
Produced in Holland.

For good growth and development



### Contains:

- AA / DHA
- FOS
- Taurine
- 5 Nucleotides

For toddlers from  
12 to 36 months



Growing up milk  
No.: HM03

800 grams powder  
Consumer price: € 10,95