



**EARLY AUTISM
PROJECT**

WHAT IS APPLIED BEHAVIORAL ANALYSIS (ABA)?

ABA IS THE ONLY RESEARCH-BASED TREATMENT FOR AUTISM WITH FINDINGS THAT ALMOST 50% OF KIDS WHO RECEIVE IT ARE ABLE TO CATCH UP TO THEIR TYPICAL AGE.

THERE HAVE BEEN OVER 1000 JOURNAL ARTICLES TO SUPPORT THE EFFICACY OF THE ABA APPROACH.

40 STATES IN THE USA HAVE STATE FUNDING OR INSURANCE COVERAGE FOR ABA TREATMENT FOR CHILDREN WITH AUTISM.

HOW DOES ABA WORK?

BASED ON PRINCIPLES OF OPERANT CONDITIONING, CONSEQUENCES HAVE AN IMPACT ON INCREASING OR DECREASING BEHAVIOUR.

COMPLEX SKILLS ARE:

1. BROKEN DOWN
2. PAIRED WITH REINFORCEMENT
3. PROVIDED WITH SUFFICIENT PRACTICE



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INDIVIDUALISED PROGRAMMES

AS AUTISM IS A SPECTRUM DISORDER, IT IS CRITICAL THAT EACH CHILD'S PROGRAMME IS TAILORED TO THEIR NEEDS, AGE AND SKILL LEVELS.

INTENSIVE HOURS (35 HOURS A WEEK)

1 WEEK = 168 HOURS
FREE TIME = 84 HOURS
(MINUS SLEEP)

INTENSIVE HOURS OF ABA HELP ESTABLISH EMERGING SKILLS AND AVOID A CHILD STAYING IN THEIR OWN WORLD.

ONE-TO-ONE TEACHING

IN THE INITIAL STAGES OF TREATMENT, A CHILD WITH AUTISM REQUIRES FULL FOCUS AND ATTENTION TO MAXIMIZE THEIR POTENTIAL.

EARLY INTERVENTION

A CHILD'S BRAIN IS STILL DEVELOPING IN THE EARLY YEARS AND STARTING EARLY INCREASES THE LIKELIHOOD OF CLOSING THE GAP.

WHY IS ABA SO EFFECTIVE?

START WITH SUCCESS

COMPLEX SKILLS ARE BROKEN DOWN TO SMALLER COMPONENTS PARTS TO MAKE LEARNING EASIER, REFLECTING IN A POSITIVE LEARNING EXPERIENCE AND INCREASED CONFIDENCE.

POSITIVE APPROACH OF TEACHING

ABA USES POSITIVE REINFORCEMENT TO INCREASE POSITIVE BEHAVIORS AND SOCIAL INTERACTION, AND DECREASE INAPPROPRIATE BEHAVIORS. NO ADVERSE TEACHING IS TOLERATED.

MULTIPLE LEVELS OF SUPERVISION

IT IS ESSENTIAL THAT A CHILD WITH AUTISM RECEIVES THE BEST QUALITY TREATMENT AND THEREFORE, EVERY LEVEL OF THE EAP TEAM RECEIVES ONGOING SUPERVISION AND TRAINING.

COMPREHENSIVE PROGRAMME

THE EAP PROGRAMME INCORPORATES ALL AREAS OF DEVELOPMENT INCLUDING EARLY LEARNER SKILLS, LANGUAGE AND COMMUNICATION, PLAY AND SOCIAL SKILLS, DAILY LIVING SKILLS, PRE-ACADEMIC SKILLS, AND GENERALISATION.

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