



# SHARING THE SPECTRUM

## An Autism Canada Newsletter

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September 8, 2020

### Welcome to Sharing the Spectrum



A unique Canadian bi-weekly newsletter written by Autistics for Autistics. We are very proud to showcase the work of our Autism Ambassadors and hope you enjoy their perspectives.

Interested in becoming a contributor? Email us at [info@autismcanada.org](mailto:info@autismcanada.org)

### Autistics and Weddings: How We Get Through

by Jason Oldford

"We're going to focus on weddings. The service isn't usually that bad; the madness and the sore mind may come, for example, if they're playing the wedding march on a pipe organ when the bride makes her entrance, that could set off an autistic attendee."



[Click here to read Jason's article](#)

### Neurodiversity Storytime

by Christopher Whelan



"So, Neurodiversity Storytime became a weekly event. Every Saturday at 3 PM PST, I jump on my advocacy page, Neurodiversity YMM, and I livestream myself reading literature written by neurodivergent people about our experiences, our pride, our needs, our passions, and about disability justice, with permission from the author."

[Click here to read Christopher's article](#)

### What does Autistic music sound like?

by Bruce Petherick

"My music is Autistic because I am. My music is Neurodiverse because I am - and just like a lot of my not understanding Neurotypical social cues, I often don't "get" some music. I shouldn't be expected to because we live in a diverse world."



[Click here to read Bruce's article](#)

### Tangle-Tongue

by c.e chapple

"..the words tripping over themselves in so many empty convos fuelled by fast food blurred by alcohol the tongue is tangled.."



[Click here to read c.e.'s poem](#)

### How Do You See Your True Colours?

by Katherine Gallagher



[Click here to read Katherine's article](#)

"People will often say this when they want to end a friendship or relationship. They can say this when they are upset with one another. What if you are showing your true colours without the intention of trying to offend someone else?"



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